

3rd Abu Dhabi Geriatric & Senior Citizens Conference 2019



Friday, 19 April 2019
Intercontinental Hotel, Abu Dhabi, UAE

**CME HOURS
UNDER PROCESS**

**Group bookings available,
email: hassan@mco.ae**

FEATURED SPEAKERS



Dr. Hanan Sheikh Ibrahim
MD, MAGS, FACP
Consultant Geriatrician
Cleveland Clinic Abu Dhabi,
Abu Dhabi



Dr. Salwa Alsuwaidi
MBBS, Dip.Ger, MRCP
Consultant Geriatric,
Dubai Health Authority,
Dubai, UAE



Dr. Ardeshtir Hashmi
MD, FACP
Director Center for
Geriatric Medicine
Cleveland Clinic Headquarters in
Cleveland, Ohio, USA



Faten Al Damen
Occupational Therapist
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Tamer Farid
Consultant Geriatric
Dubai Health Authority,
Dubai, UAE



Dr. Hassan Galadari
Consultant Dermatologist,
Assistant Professor
College of Medicine and
Health Sciences,
UAE University, Al Ain, UAE



**Dr. Haitham Hassan
Mancy**
Specialist Geriatric Medicine
Dubai Health Authority,
Dubai, UAE



Dr. Khalid Alnaqbi
MD MSc, FRCPC FACP FACR
Consultant Rheumatologist
Al Ain Hospital,
Abu Dhabi, UAE



Dr. Thana Saif
Consultant Physician/
Palliative Medicine
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Dr. Mohammed Abuelkhair
Chief Executive Officer
Health and Style Medical Centre,
Abu Dhabi, UAE

FEATURED WORKSHOPS

A

**Senior Citizen in Our Home: Handling,
Home Adaptation & Transfer**

**Year of Tolerance & Senior Citizen:
Family Education, Social Interaction,
Brain & Sensory Stimulation**

B

**Successful Aging with Preventive
/ Wellness "Blue Zones"**

Geriatrics Quality of Care

C

**Drug Adherence in Elderly Patients:
Case Studies in Rheumatic Diseases**

**Nurse Support in Geriatric
Patient-centered Care: Arthritis Model**

**WHO SHOULD
ATTEND?**

Family Medicine
Internists
Medicine Specialties
Surgical Specialties

Nurses
Physiotherapists
Occupational Therapists
Dietitians

Pharmacists
Speech and Language
Therapists

Rehab Physicians
Residents
Medical Students

**For more information or to register: Mob. +971 56 993 4072 | Tel. +971 2 627 5507
Email: hassan@mco.ae | www.conferences.ae/geriatric | www.mco.ae**



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**Geriatric &
Senior Citizens**
Conference 2019

Friday, 19 April 2019
Intercontinental Hotel,
Abu Dhabi, UAE

WELCOME MESSAGE



Dear Colleagues,

I'm honored and delighted to welcome you all to the 3rd Abu Dhabi Geriatric conference. This year we take the pride to change the title of the conference to "3rd Abu Dhabi Geriatric & Senior Citizens", going with the initiative launched by H.H. Sheikh Mohammed Bin Rashid.

In this upcoming scientific event, we continue to introduce new topics such as geriatric dermatology, geriatric rheumatology, palliative care... etc to emphasize that geriatric is multispeciality discipline. In addition, several workshops like: "Senior citizen in our home", "The Year of Tolerance and care of Seniors". These titles and the contents have been chosen to reflect ongoing national initiative in UAE. Beside other new workshops which serve as great opportunity for attendees to gain new or strengthens their skills when providing the care for the seniors.

I want to thank the speakers who agreed to join us in this conference. Their expertise had enrich our conference agenda.

At the end, I am looking forward to meet you again, wishing for you useful and enjoyable time.

Dr. Abdulla Saeed Al Ali
Conference Chairman

HIGHLIGHTED TOPICS

- Frailty: Clinical Applications
- Falls: Office Based Assessment
- Geriatric Rheumatology: Case Discussion
- Palliative Care: Management Of Malignant And Non-malignant Pain In Geriatric Patients
- Sleep Disorders In Elderly
- Antibiotic Use In Elderly: Challenges & Controversies
- Interesting Cases In Medications Management
- Dermatological Diseases In Elderly: What Should You Know?
- Geriatrics Models of Care
- The Impact of Medical Interpreter Services on the Quality of Care if Elderly Patients

AGENDA

07:00	REGISTRATION - PRE TEST	10:30	Palliative Care: Management of Malignant and Non-Malignant Pain in Geriatric Patients Dr. Thana Saif Consultant Physician/ Palliative Medicine Sheikh Khalifa Medical City, Abu Dhabi, UAE
08:15	Opening Remarks		
08:30	Frailty: Clinical Applications Dr. Hanan Sheikh Ibrahim MD, MAGS, FACP Consultant Geriatrician Cleveland Clinic Abu Dhabi, Abu Dhabi	11:00	Geriatric Rheumatology: Case Discussion Dr. Khalid Alnaqbi MD MSc, FRCPC FACP FACR Consultant Rheumatologist Al Ain Hospital, Abu Dhabi, UAE
09:00	Falls: Office Based Assessment Dr. Salwa Alsuwaidi MBBS, Dip.Ger, MRCP Consultant Geriatric, Dubai Health Authority, Dubai, UAE	11:30	Dermatological Diseases in Elderly: What Should You Know? Dr. Hassan Galadari Consultant Dermatologist, Assistant Professor College of Medicine and Health Sciences, United Arab Emirates University, Al Ain, UAE
09:30	Geriatrics Models of Care Dr. Ardeshir Hashmi MD, FACP Director Center for Geriatric Medicine Cleveland Clinic Headquarters in Cleveland, Ohio, USA	12:00	The Impact of Medical Interpreter Services on the Quality of Care if Elderly Patients Qadriya Abdallah Hassan Al Marzouqi Registered Nurse Abu Dhabi, UAE
10:00	Discussion & Coffee Break	12:30	Discussion

12:45 - 14:00

PRAYER AND LUNCH BREAK

14:00	Sleep Disorders in Elderly Dr. Tamer Farid Consultant Geriatric Dubai Health Authority, Dubai, UAE	15:00	Interesting Cases in Medications Management Dr. Mohammed Abuelkhair Chief Executive Officer Health and Style Medical Centre, Abu Dhabi, UAE
14:30	Antibiotic Use in Elderly: Challenges and Controversies Dr. Haitham Hassan Mancy Specialist Geriatric Medicine Dubai Health Authority, Dubai, UAE	15:30	Discussion & Break

16:00 - 18:00 Workshops: Concurrent

WORKSHOP - A

Senior Citizen in Our Home: Handling, Home Adaptation & Transfer

Year of Tolerance & Senior Citizen: Family Education, Social Interaction, Brain & Sensory Stimulation

Speaker

Faten Al Damen
Occupational Therapist
Zayed Military Hospital, Abu Dhabi, UAE

WORKSHOP - B

Successful Aging with Preventive / Wellness "Blue Zones"

Geriatrics Quality of Care

Speaker

Dr. Ardeshir Hashmi MD, FACP
Director Center for Geriatric Medicine
Cleveland Clinic Headquarters in Cleveland, Ohio, USA

WORKSHOP - C

Drug Adherence in Elderly Patients: Case Studies in Rheumatic Diseases

Nafaja Alhasni
Rheumatology Nurse
Al Ain Hospital, UAE

Nurse Support in Geriatric Patient-centered Care: Arthritis Model

Hodan Hussein
Rheumatology Nurse
Al Ain Hospital, UAE

18:00 **Post Test and Closing Remarks**



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The Intercontinental hotel is a luxury Abu Dhabi resort with a private beach and marina on the Arabian Gulf. Urban style meets beachfront leisure at this 5-star Abu Dhabi resort, set high on a hill between downtown businesses and the Corniche. With dazzling views of the skyline and Arabian Gulf, this landmark hotel in Abu Dhabi is prized for its white-sand beach, marina and buzzing restaurants overlooking the water.

REGISTRATION FEE:

Category	Early Bird Rate (Until March 19, 2019)	Standard Rate
Doctors / Physicians	AED 500	AED 600
Allied Health Non Physicians	AED 400	AED 500
Students		AED 200

REGISTER TODAY!

BECOME A SPONSOR

Sponsorship opportunities please contact:

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Program Coordinator | MCO
M. 055 586 0152 ▪ T. 02 658 8717
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ORGANIZED BY:



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