



QRC: 3004

Price

One Day : \$385 inc. GST

Two Days: \$506 inc. GST

Date

24 - 25 Jul 2017

Venue

Venue TBA, Sydney

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CPD Hours

12 Hours | 15 Mins

General Surgical and Orthopaedic Nursing - Sydney 2017

Includes: Trends in Surgical Nursing; Postoperative Deterioration; Infection Prevention; Consent; Litigation; Orthopaedic Assessment; Joint Replacements and much, much more ...

Need for Program

General nurses and those working in surgical or acute areas, care for people with a broad range of conditions that require surgical intervention, including orthopaedics. Due to the adverse outcomes associated with preventable errors across the surgical pathway, nurses must ensure their practice is safe and underpinned by evidence so as to guarantee patient safety and satisfaction.

Purpose of Program

This program updates surgical nurses on current best-practice in regard to several fundamental aspects of surgical and orthopaedic nursing care so as to prevent errors and minimise complications for patients undergoing a range of surgical procedures.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Outline the factors that contribute to a patient being considered 'high-risk' in regard to surgical procedures and how nursing care can prevent these errors
- Examine pain management best-practice in relation to surgical nursing, with particular focus on assessing pain and administering pharmacological agents to treat pain
- Clearly understand your scope of professional practice as a surgical nurse to minimise your risk of litigation and enhance patient safety
- Describe the current indications for a range of joint replacements so as to provide appropriate patient education and improve patient satisfaction

Program Schedule

Day One

8:30am - Registration and Refreshments

9:00am

Making a Difference - Changes and Challenges

Surgical nursing requires special skills and surgical patients are often more vulnerable. The key issues explored in this first session are:

- Factors and trends that have affected the role of the surgical nurse. What are some of the obstacles we currently face?
 - What makes a patient high-risk for anaesthetic and procedures, and what are considered high risk surgeries?
 - A look at the issue of consent
 - Important factors for the day surgery patient
-

9:45am

When Everything Old is New Again

Surgical units are becoming busier and more complex. How are we meeting the challenge to keep pace with the need to provide care for increasingly complex patient requirements?

- Code blue versus early warning systems and deteriorating patients
 - Nursing care plans versus surgical pathways
 - Nursing notes versus documentation by variance and implications for practice
 - The ISBAR tool for communication
 - Fast-track surgery and enhanced recovery after surgery (ERAS) programs
-

10:30am - Morning Tea and Coffee

11:00am

Important Acute Surgical Considerations

In this interesting and interactive session we will link the operative and recovery room phase of patient care with the immediate post-operative assessment phase of care. This session will give you ample opportunity to interact with the lecturer in order to clarify key points.

- How types of anaesthetics and anaesthetic agents affect the recovery phase, and the implications this has for nursing care
 - Post-anaesthetic recovery unit (PACU)
 - Much has been said about the 'golden hour' after trauma, but is there also a 'platinum 24-hour period' after surgery, when effective post-operative nursing assessment is particularly important?
 - Linking the patient's medications to need, especially when PRN orders are in place, including the re-introduction of pre-surgical medicines and the impact they may have on the patient's post-operative care
-

12:30pm - Lunch Break and Networking

1:15pm

Orthopaedic Surgical Nursing

Orthopaedic assessment is a specialised skill that is applicable in many areas of nursing. Discussion includes:

- The prevalence and impact of musculoskeletal disorders in Australia
- The core principles of an orthopaedic assessment that are applicable to all patients within general clinical areas.

Orthopaedic conditions and procedures have a major impact on the patient's biomedical, functional and psychosocial health status. This part of the session will focus on recognising orthopaedic emergencies and complications:

- Compartment syndrome
 - Fat embolism
 - Other emergencies - paralytic ileus, DVT, osteomyelitis and PEs
-

2:00pm

Low Trauma Fracture Management

Every day more than 40 Australians sustain a hip fracture associated with osteoporosis. A year later, less than half of those original 40 people will be able to walk as well as they did before and 6 or 7 will have died. This session will focus on the prevention and management of low trauma fractures of the hip, shoulder and spine.

- Osteoporosis prevalence and associated fractures.
 - Treatment for osteoporosis.
 - Fracture prevention.
 - Management options for the osteoporotic fracture.
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2:45pm - Afternoon Tea and Coffee

3:00pm

Surgical Interventions for the Orthopaedic patient

In 2010 there were 35 996 hip replacements and 44 490 knee replacements performed In Australia. This session will focus on the joint reconstruction and arthroplasty procedures from pre-admission through to rehabilitation systems.

- Joint replacements
- Joint reconstructions and arthroplasty
- Rehabilitation

3:45pm

Fracture Management, Traction and Spinal Fractures

This session considers traction (non adhesive skin traction and skeletal traction) and spinal fracture management (halo brace and spinal beds).

4:00pm

Future Trends in Orthopaedic Patient Management

What are the new and expected developments in orthopaedic surgery and patient management?

- The most recent developments and how this has changed patient management
- Future developments
- Impacts on nursing care and patient outcomes

4:45pm - Close of Day One of Program

Day Two

9:00am - Commencement of Day Two

9:00am

Preventing Surgical Site Infections (SSIs)

Surgical site infections are common and costly health care associated infections (HAIs). Patient

morbidity, mortality and length of stay in hospital are all affected by SSIs. This session looks at SSI prevention and includes:

- Assessment and preparation of the skin prior to surgery
 - What are the side effects for antiseptic agents?
 - How to select the most appropriate antiseptic agent and its application
 - Guidelines for the management of surgical wounds post-operatively
-

9:45am

Postoperative Prophylaxis? - Antimicrobial Stewardship

Antimicrobial stewardship (AMS) is crucial to counteracting the emergence of resistant bacteria. In the surgical setting, this is of particular importance as traditional practices that routinely use intravenous antibiotics (IVABs) postoperatively are now not always indicated. Knowledge of best practice and a willingness to speak up on inappropriate use of antibiotics represents an opportunity for nurses to improve patient outcomes and reduce harm and cost associated with antimicrobial resistance. This session looks at:

- What evidence now exists regarding antimicrobial resistance?
 - Therapeutic Guidelines - putting evidence into practice
 - How can nurses speak up if inappropriate use is suspected?
-

10:30am Morning Tea and Coffee

11:00am

Surgical Pharmacology - Update for Nurses

Medication management plays a crucial role in meeting patient outcomes along the surgical pathway. From a preoperative medication risk assessment, to intra-operative medications and medication management post-operative, it is imperative that all nurses have an understanding of surgical pharmacology. This session will apply medication management principles in the surgical setting, to:

- Improve patient care in pre-admission
 - Reduce perioperative risk for patients with comorbidities e.g. diabetes, cardiovascular disease
 - Prevent infection using antibacterial prophylaxis
 - Assess venous thromboembolism risk and align appropriate prophylaxis
 - Risk assess and manage post-operative pain and nausea/vomiting
-

12:30pm - Lunch Break and Networking

1:15pm

Surgical Nursing, the Law and Duty of Care

In this interesting first session of day two, you will refresh your knowledge of the law and how it relates to the 'Code of Professional Conduct for Nurses in Australia'. In particular you will consider:

- What constitutes a nurse's duty of care and what does the law take into consideration when examining a case of professional neglect?
-

2:00pm

Surgical Nurses - Scope of Practice, Decision Making and Accountability

Many nurses continue to be confused about their scope of professional practice. However, it is important to be clear about your professional boundaries as breaching them can be catastrophic. In this session you will review your scope of practice as a surgical nurses and how it affects the decisions you are able to make. You will also look at the consequences that arise from poor accountability and role confusion.

- Review your legal limitations
 - How does professional indemnity insurance work and what happens if there is a claim?
-

2:45pm - Afternoon Tea and Coffee

3:00pm

Case Scenario - Right of a Patient to Be Warned of Material Risks Relating to Surgery

This session will look at the case of Rogers vs Whittaker and discuss the implications of the outcome of this case and what it means to everyday surgical nursing practice.

- How much information does a patient have a right to be told about risks relating to elective surgery?
 - Who should advise the patient of the risks - only the doctor or does a surgical nurse have a responsibility to warn of potential risks?
-

3:45pm

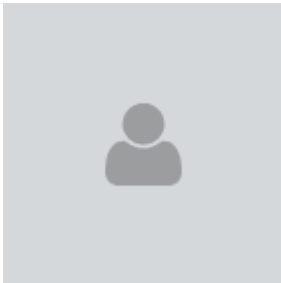
Trends in Litigation in Healthcare

As law is a dynamic and ever changing construct, it is important that nurses have access to ongoing information about recent cases that have implications for professional practice. Professional Indemnity and related issues will also be included.

- What are the latest updates, issues and current trends in litigation in healthcare in Australia?

Presenters

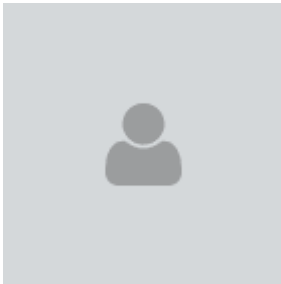
Suzanne Querruel



Suzi has been working in the perioperative field for the past decade. Her passion lies in perianaesthesia nursing and has been seeking to advance the field over the past few years. She is a tutor/lecturer for Western Sydney University [WSU] in the Bacheor of Nursing program and WSU The College in their Academic Pathways Programs. She is the unit coordinator at WSU The College for the subjects Health Communication and Skills in Health Science. She was previously Anaesthetic Coordinator at Westmead Private Hospital and also has held Sessional Nurse Educator positions at the Australian College of Nursing, Wesley Health Management and the University of Technology, Sydney, Sydney University and The University of Tasmania. She has been a Nurse Educator for Ausmed Education for the past three years and has collaborated program development for the perianaesthesia, perioperative, day surgery and surgical nursing seminars. She has held the position of National Vice President and NSW/ACT President of the Australian Society of Post Anaesthesia & Anaesthesia Nurses [ASPAAN] for two years and has recently seen the transition of ASPAAN to the Australian College of PeriAnaesthesia Nurses [ACPAN].

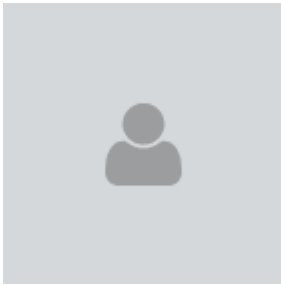
Suzi holds a Bachelor of Nursing, Graduate Diploma in Nursing (Anaesthetics & PACU), Masters of Nursing (Education), Certificate IV in Workplace Training & Assessment and a Neuro-Linguistic Programming [NLP] Practitioner Certificate.

Jane O'Brien



Jane O'Brien is a Clinical Nurse Specialist 2 Orthopaedics at Lismore Base Hospital. Previously, Jane held the role as a Clinical Nurse Consultant Orthopaedics at Royal North Shore Hospital, Sydney.

Fiona De Sousa



Fiona De Sousa is a Registered Nurse with a Masters of Advanced Practice in Nursing - Infection Control from Griffith University, Queensland and a Bachelor of Nursing from the University of Tasmania. Fiona has ten years' experience in the specialty of infection prevention and control and has previous experience in diverse ward specialties including urology, colorectal, vascular, general medical and surgical nursing with a specific focus on orthopaedics. Fiona has previously worked as a Nursing Unit Manager and Infection Control Coordinator in both regional and metropolitan hospitals in Australia. She is currently working on an orthopaedic / neurosurgical ward at Newcastle Private Hospital.

Margaret Jordan



Margaret is a clinical pharmacist with experience hospital practice, medicines information, and programs development. Margaret has been involved in the development and delivery of educational programs to GPs, hospital resident medical officers, pharmacists and general practice and hospital nurses, and has conducted several research projects in the general practice and aged care setting. As the Drug and Therapeutics Committee Pharmacist in Illawarra Shoalhaven Local Health District, she is involved in patient safety, especially in the use of opioids. She has undertaken research projects on anticoagulation and is a member of the CEC Expert Advisory Group on anticoagulants.

Frances Lalic



Frances Lalic completed a Diploma in Applied Science (Nursing) at the University of Western Sydney. She was employed by South Western Area Health Service and worked at Fairfield Hospital in a variety of units but predominantly in the Medical/Surgical Wards. She has also worked in the community as a Primary Health Nurse, Child and Family Health Nurse and Palliative Care Nurse. In 2001, having completed a Bachelor of Laws, she commenced working with the Office of the Director of Public Prosecutions. During 2001 she was part of the team that taught Health Law and Ethics at the University of Western Sydney. In 2011 she became a Barrister which included experience in medical negligence. She is currently undertaking a Master of Laws.

Registration form

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