

13th congress of the European Federation of Sexology

Sexology: body, mind and culture

DUBROVNIK, May 25-28
Hotel Valamar Lacroma

2016

PRELIMINARY PROGRAMME



Letter from the Presidents

Dear EFS Members, Colleagues, and Friends,

on behalf of the European Federation of Sexology (EFS) and the Croatian Association for Sex Therapy (CAST) it is a great honour to welcome you to the 13th Congress of the European Federation of Sexology in the beautiful town of Dubrovnik, from 25th to 28th of May, 2016.

Sexology: body, mind and culture: this title was selected since sexology is a human experience that is truly influenced by our bodies, our mind and psychology, and also by our culture, values, religion, politics and attitudes. Therefore it is a truly multidisciplinary and multi-level area of research and clinical work.

Therefore, following the EFS tradition, we invite all the professionals who work in the realm of sexology: psychologists, psychiatrists, urologists, gynaecologists, general practitioners, endocrinologists, educators, teachers, social workers, basic researchers, nurses and many, many others to be part of this endeavour.

We will try hard to make the Congress the place where new and innovative approaches to both research and clinical work, and also sexual education and sexual rights, can be presented, heard and promoted. Therefore, we invite all of you who have something to say in regard to Sexology, to come and share your work with the scientific sexologists community; and all of you who want to hear and learn, to come and enjoy. Our Scientific Committee is working on a rich and outstanding program that soon will be available for you.

The Congress will be held in Dubrovnik, town rich in history and beauty, clear blue sea and clear blue sky. The City is situated in the southern part of Croatia, the country with more than a thousand islands (1.185 islands and 4058 km of coastline, to be precise). So, you can enjoy not just the scientific and professional work at the Congress, but also relax from your everyday work in a beautiful natural and cultural context.

We would like to invite you and welcome you to actively become a member of the great family of EFS, and share with us the beauty of dealing with sexuality and helping people being more happy and satisfied with their sexual lives.

Chiara Simonelli
President of the
European Federation of Sexology

Goran Arbanas
President of the
Local Organizing Committee

Executive Committee

Officers

Chiara Simonelli Rome, Italy (*President*)

Kevan Wylie Sheffield, UK (*Vice-President*)

Moshe Mock, Netanya, Israel (*General Secretary & Treasurer*)

Antonio Pacheco Palha, Oporto, Portugal (*Past President*)

Members

Elsa Almas, Grimstad, Norway

Goran Arbanas, Karlovac, Croatia

Beatrice Cuzin, Lyon, France

Trudy Griffioen, Tilburg, The Netherlands

Miren Larrazabal Murillo, Madrid, Spain

Mehmet Sungur, Istanbul, Turkey

Francesca Tripodi, Rome, Italy

Sandra Vilarinho, Porto, Portugal

Scientific Committee

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Salvatore Caruso, Italy

Liaison Officer

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Members

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Adele Fabrizi, Italy

Alain Giami, France

Woet Gianotten, The Netherlands

Ilse Krah, The Netherlands

Evie Kirana, Greece

Tillmann Krüger, Germany

Mijal Luria, Israel

Timo Nieder, Germany

Cobi Reisman, The Netherlands

Mehmet Sungur, Turkey

Pedro Vendeira, Portugal



Local Scientific Committee

Josip Begovac
Ivana Božičević
Gordana Buljan Flander
Nataša Jokić Begić
Tanja Jurin
Marina Kuzman
Maja Mamula,
Vladimir Mozetič
Aleksandar Štulhofer

Local Organizing Committee

Goran Arbanas
Nataša Barolin Belić
Mia Boljat
Silvana Čeko Jurišić
Tanja Jurin
Nataša Mrduljan-Đujić
Josipa Rožman
Igor Salopek
Aleksandar Štulhofer
Iva Žegura

Scientific Information

ABSTRACT SUBMISSION

Deadline for abstract submission: January 4th, 2016.

Abstracts can only be submitted on-line.

Abstracts received after January 4th, 2016 or incorrectly drawn up will not be accepted.

Before preparing and typing your abstract, please read carefully the following instructions.

Guidelines for abstract submission

- Abstracts must be written in English
- Authors can submit a maximum of two abstracts
- The Author submitting the abstract will be the “Corresponding Author” and will be responsible for informing all the other co-authors about the abstract status
- Text must not exceed 250 words (including heading)
- The title should be in bold and capitalized
- The presenting author name should be listed first. A maximum of ten authors and affiliation are allowed
- The text will be divided into four paragraphs boxes: aim, method, results and conclusions
- Do not include references. Do not include tables
- Please select a Topic
- It is the author's responsibility to submit the abstract in perfect order with no errors in spelling or grammar

13th congress of the European Federation of Sexology

- Notification of acceptance of the abstracts will be e-mailed to the “Corresponding Author” by the beginning of March 2016
- The Presenting Author of the accepted abstracts will pay the early registration fee till April 15, 2016
- Abstracts will not be published unless registration documents and fully payment fees are settled

For any problem or questions regarding abstracts submission please contact the Organizing Secretariat AIM Congress (ph.: + 39.06330531– Fax: +39. 0633053249, e-mail: efs2016.abstract@aimgroup.eu)

GENERAL INFORMATION

Delegate's Fee

The registration fee includes admission to the Opening Ceremony and the Welcome Reception, unlimited access to all scientific sessions, access to the exhibition, congress kit and attendance certificate.

Registration fees VAT 25% included	UNTIL January 15, 2016	UNTIL April 15, 2016	From April 16 to April 30 and ON-SITE
Physicians (MD) EFS Members	€ 420,00	€ 530,00	€ 650,00
Physicians (MD) Non Members	€ 470,00	€ 580,00	€ 700,00
Paramedics/Psychologists/Psychoterapists/ Nurses/Teachers/Social Workers EFS Members	€ 300,00	€ 350,00	€ 450,00
Paramedics/Psychologists/Psychoterapists/ Nurses/Teachers/Social Workers Non Members	€ 350,00	€ 400,00	€ 500,00
Students* (younger than 35 years)	€ 200,00	€ 200,00	€ 200,00
Developing Countries**	€ 200,00	€ 200,00	€ 200,00
Physicians Host Country	€ 300,00	€ 300,00	€ 300,00
Paramedics/Psychologists/Psychoterapists/ Nurses/Teachers/Social Workers Host Country	€ 250,00	€ 250,00	€ 250,00



All fees are requested in Euro (25% VAT included, except for Gala dinner and buffet lunches, which are inclusive of 13% VAT). Registrations will be processed only if accompanied by full payment.

DAILY REGISTRATION IS NOT PROVIDED

- * Students must submit copy of their identity document (born after May 1981) and of their student card or a certificate from their learning institution as proof.
- ** Registration at reduced fee is possible for residents of developing countries and host country. A proof of your citizenship will be required on-site at the registration desk.
- *** Three sessions of six parallel workshops will take place on Wednesday, May 25 from hrs. 14.00 to 15.30, from hrs. 15.30 to 17.00 and from hrs. 17.00 to 18.30. Participants willing to take part must be registered to the congress.

Lunches

Lunches are not included in the registration fee. Coupons for lunches on Thursday 26 and Friday 27 can be purchased. The amount to be paid for lunch coupon will be available shortly.

Payment

Payment should be made **ONLY ON LINE** at web.aimgroupinternational.com/2016/efs by one of the following methods:

- **by Bank Transfer**

Please transfer the payment to AIM CONGRESS

Bank details: INTESA – SANPAOLO – AG. 37 – VIA CAMPANIA, 49 – 00187 ROME (ITALY)

IBAN IT5810306903240100000005348 – SWIFT/BIC: BCITITMM

The payment transfer form should clearly state “EFS 2016” and the name(s) of the delegate(s).

- **by Credit Card**

Is available an “on line” registration form with payment by credit card in security certificate mode “Verisign” and “SSB”. A regular invoice will be issued for each registration and will be sent by e-mail: please indicate your fiscal code and/or VAT number. Registrations without these data for invoicing will not be accepted.

The invoice will be considered as a confirmation of your registration.

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PLEASE NOTE

Deadline for pre-registration is April 15, 2016. From April 16 to April 30 you can still register but the fee to be paid is the on-site one. After April 30, 2016 registrations cannot be accepted. Participants will have to register on site in Dubrovnik.

Cancellation Policy

Notification of cancellation must be sent in writing to AIM Group – AIM Congress. Cancellations will be accepted until April 15, 2016 with a refund of all prepaid fees except for a 30% administration charge.

No refunds will be made for cancellations received after this date.

All approved refunds will be processed and issued 60 days after the Congress.

Simultaneous Translation

The official language of the Congress is English. Simultaneous translation into a particular language will be provided for plenary session only for a minimum of 60 requests received by one month before the Congress.

The scientific programme of the congress will include the submission of scientific works.

The Scientific Committee will select abstracts received for oral or poster presentation. Nevertheless, it is possible to indicate a preference.

Hotel accommodation

The Organizing Secretariat has arranged very special rates for the congress at the Valamar Group hotels.

All the hotels are located on Babin Kuk peninsula, close to the famous Old town of Dubrovnik (6 km) **and are walking distance from the Congress Venue (Valamar Lacroma).**

Booking form on online available on web.aimgroupinternational.com/2016/efs



CONTACTS



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Organizing Secretariat



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Wednesday – May 25

TIME TABLE

Time	Elafiti	Elafiti 1	Elafiti 2	Asimon
14:00-15:30		Workshop 1	Workshop 2	Oral paper 1
15:30-17:00		Workshop Human Sexual Dynamics D.Trotta T. Strepetova	Workshop 4	Oral paper 2
17:00-18:30		Workshop The body-mind connection in the treatment of lifelong vaginismus R. Bernorio G. Mori G. Polloni	Workshop 6	Oral paper 3
18:30-19:00	Master Lecture Body, Mind and Culture C. Simonelli			
19:00-20:00	OPENING CEREMONY			
20:00	Welcome Reception			



Thursday – May 26

Time	Elafiti	Elafiti 1	Elafiti 2	Asimon
9:00-9:30	Social, cultural and political dimensions of Transgender A. Giami	Norway and Turkey Symposium	Lecture 4	Oral paper 4
9:30-10:30	Round Table 1		FISS Symposium	
10:00-10:30	High frequency sex problems amenable to transcranial brain stimulation N. Prause			Oral paper 5
10:30-11:00	Body, mind or medication - what affects sexual health in psychiatric patients?" M. Lew-Starowicz			
11:00-11:30	Coffee break			
11:30-12:30	Plenary Section 1			
12:30-13:30	From Penile Rehabilitation to Sexual Rehabilitation. C. Reisman	Hypersexuality and Paraphilia Round Table	FISS Youth Symposium	Oral Paper 6
	An integrative conceptual framework for the development of multi-level sexual health services E. Kirana			
13:30-14:30	Sponsored Lunch panel			
14:30-15:00	Master Lecture F. Tripodi			
15:00-16:00	Plenary Section 2 About Flibanserine			
16:00-16:30	Coffee break			
16:30-17:00	Erotic imagery R. Rossi	Teenagers' Sexuality Symposium	Portuguese Society of Clinical Sexology Symposium	Oral Paper 6
17:00-17:30	Sleep and sexuality A. Fabrizi			
18:00-18:30	GOLD MEDAL 1			
18:30-20:00	General Assembly			

TIME TABLE

Friday – May 27

Time	Elafiti	Elafiti 1	Elafiti 2	Asimon
9:00-10:30	Croatian-Slovenian Symposium	WPA-EFS Symposium	Israeli Society for Sex Therapy (ISST) and the Sexual & Marital Dutch Sexology Association (NVVS) Symposium	Oral Paper 7
10:30-11:00	GOLD MEDAL 2			
11:00-11:30	Coffee break			
11:30- 13:00	EFS-ESSM Round Table	EFS Youth Round Table	Understanding and coping with sexuality in neurological diseases	Oral Paper 8
13:00-14:00	Sponsored Lunch panel			
14:00-14:30	How to Survive Infidelity M. Sungur	Sexology in European context: North and South Symposium	Masturbation - from sin to health benefits Symposium	Oral Paper 9
14:30-15:00	Are health care providers ready to provide sexual health? M. Luria			
15:00-15:30	From Africa to Sicily: sexual health in immigrants S. Caruso		Sexologies Presentation	
15:30-16:00	Coffee break			
16:00-16:30	GOLD MEDAL 3			
16:30-18:00	Plenary session 3			
20:00	Gala dinner			



Saturday – May 28

Time	Elafiti	Elafiti 1	Elafiti 2	Asimon
9:00	Transgender Health and the Resource of Sexualities Symposium	Spanish Symposium		Oral Paper 10
10:30			WAS Youth Symposium	
10:30-11:00	Coffee break			
11:00-12:30	Recent and new approaches in sexual therapy: Where do we go? Symposium	Where does the research on LGB goes? An overview.		
12:30-13:30	Closing Ceremony			

Thursday, May 26

9:00 - 11:00 | Elafiti 1

Norway and Turkey Symposium
SEXUAL PAIN: BODY, MIND AND CULTURE

Chairs: **Elsa Almås, Mehmet Sungur**

TURKEY:

Body & Mind

Anıl Gunduz

Culture

Rayka Kumru

Understanding vaginismus: Symptom or disease or culture-bound syndrome?

Treatment pitfalls due to misunderstandings

Mehmet Sungur

NORWAY:

Body

Anita Paulsen

Mind

Ingvild van der Beld

Culture

Rikke Pristed



Thursday, May 26

9:30 - 11:00 | Elafiti 2

FISS Symposium
**SEXUAL HEALTH AND TECHNOLOGICAL
INNOVATIONS:
HOW THE SEXOLOGY CHANGES**

Chairs: **Roberta Rossi** (Italy), **Salvo Caruso** (Italy)

Male Sexuality and Social Network
Adele Fabrizi (Italy)

Using Smartphone Apps to Find Sexual Partners
Antonio Prunas (Italy)

Technological innovation in the treatment of sexual dysfunctions related
to depression and anxiety
Mariateresa Molo (Italy)

Sexual Addiction 2.0: Assessment Tools, Treatment and Prevention
Anna Tampelli (Italy)

Thursday, May 26

12:30 - 13:30 | Elafiti 1

Round Table **HYPERSEXUALITY AND PARAPHILIA**

Chairs: **Peer Briken** (Germany), **Aleksandar Štulhofer** (Croatia)

An Empirical Deconstruction of Hypersexuality: Toward a More Heterogenous Clinical Phenomenon

Aleksandar Stulhover (Croatia)

Self-efficacy to change pedophilic sexual interest

Safiye Tozdan (Germany)

Paraphilic disorders- Does gender and sexual orientation influence clinical decision making?

Verena Klein (Germany)

Neurobiology of pedophilia

Tillmann Krüger (Germany)



Thursday, May 26

12:30 - 13:30 | Elafiti 2

FISS Youth Symposium

Chairs: **Margherita Colombo** (Italy), **Simona Di Santo** (Italy)

Personality traits in men with Erectile Dysfunction and/or Premature Ejaculation

Marco Silvaggi (Italy)

Survey on Italians' male and female erotic imagination and its clinical implications

Cristina Rossetto (Italy)

Sexual health and contraceptive behaviors of female university students

Valentina Fava (Italy)

Thursday, May 26

16:30 - 18:00 | Elafiti 1

Teenagers' sexuality Symposium
SEX EDUCATION MEETS THE 21ST CENTURY

Chairs: **Mijal Luria** (Israel), **Stefano Eleuteri** (Italy)

Do current sex education programs meet the 21st century needs?

Joanne Zack Pakes (Israel)

Social media, relationships and sexuality

Stefano Eleuteri (Italy)

Pornography and adolescence

Mijal Luria (Israel)

Religious doctrine and modern sexual behaviors in teens

Anna Woloski-Wruble (Israel)



Thursday, May 26

16:30 - 18:00 | Elafiti 2

Portuguese Society of Clinical Sexology Symposium
HOW SEX WORKS... FROM LAB TO CLINIC

Chairs: **Sandra Vilarinho** (Portugal), **Ana Alexandra Carvalheira** (Portugal)

ANIMAL LAB. Patophysiology of erectile dysfunction

Pedro Vendeira (Portugal)

CLINICAL LAB. Sexual Dysfunctions: from lab to clinical implications

Pedro Nobre (Portugal)

FIELD LAB. Sex workers and pleasure

Alexandra Oliveira (Portugal)

MIND&HEART LAB. Sexual functioning, mindfulness and self-compassion

Sandra Vilarinho

Friday, May 27

09:00 - 10:30 | Elafiti

Croatian- Slovenian Symposium
**CROATIAN AND SLOVENIAN STEPS
IN SEXUAL MEDICINE AND SEXUAL THERAPY**

Chairs: **Goran Arbanas** (Croatia), **Irena Rahne-Otorepec** (Slovenia)

Work in an outpatient clinic for sexual health – Croatia and Slovenia – similarities and differences

Irena Rahne-Otorepec (Slovenia), **Goran Arbanas** (Croatia)

Sexualized media and sexual risk taking – prospective study

Aleksandar Stulhofer (Croatia), **Goran Koletic** & **Ivan Landripet** (Croatia)

Working as an gynaecologist in treatment of female sexual problems

Gabrijela Simetingar (Slovenia)

Transsexuality

Iva Zegur (Croatia)



Friday, May 27

09:00 - 10:30 | Elafiti 1

WPA-EFS Symposium

Chairs: **Antonio Palha** (Portugal), **Robert Porto** (France)

Stem Cells in ED

Ruben Hernandez (Venezuela)

Differentiation of genital dysmorphophobia with the development of screening questionnaires

Kevan Wylie (UK)

Transgender Trans-selves: from cultural and clinical perspectives

Radwa S Abdelazim (Egypt)

Friday, May 27

09:00 - 10:30 | Elafiti 2

Israeli Society for Sex Therapy (ISST)
& The Dutch Sexology Association Conjoined Session
Symposium
MIND THE CULTURAL GAP

Chairs: **Trudy Griffioen** (The Netherlands), **Mijal Luria** (Israel)

Challenges in cross-cultural therapy - Discussion groups

Cultural competence in sex therapy

Ronit Aloni (Israel)

Cross-cultural communication skills

Sam Geuens (Belgium)



Friday, May 27

11:30 - 13:00 | Elafiti

EFS-ESSM Round Table
**THE BLINDSPOTS AND CHALLENGES
IN EVERYDAY PRACTICE: WHAT DO WE MISS?**

Chairs: **Chiara Simonelli** (Italy), **Yacov Reisman** (The Netherlands)

Bio-psycho-social approach - what we have and what we miss
Francesca Tripodi (Italy)

The case of ED or The case of unconsummated marriage
Paraskevi-Sofia Kirana (Greece)

The case of infidelity
Mehmet Sungur (Turkey)

The case of low desire
Woet Gianotten (The Netherlands)

Summary and Conclusion
Cobi Reisman (The Netherlands)

Friday, May 27

11:30 - 13:00 | Elafiti 1

Round Table EFS Youth **BUILDING BEST PRACTICE IN SEXUAL HEALTH FOR YOUNG PEOPLE**

Chairs: **Beatrice Cuzin** (France), **Filippo Maria Nimbi** (Italy)

Young people and Sexual Health: new trends and risk factors
Filippo Maria Nimbi (Italy)

Recreational use of PDE5 inhibitors in young males
Anil Gündüz (Turkey)

Online sex and relationships: new fragilities of emotional bonds
Marilena Iasevoli (Italy)

Youth sexuality: implications for social policy makers and clinical practice
Nicholas Briffa (Malta)

Sex and stereotypes: Cultural aspects among young people
Rayka Kumru (Turkey)

Sexual behaviour and education: a cross-sectional study in Romania
Adrian Costin Calomfirescu (Romania)



Friday, May 27

11:30 - 13:00 | Elafiti 2

UNDERSTANDING AND COPING WITH SEXUALITY IN NEUROLOGICAL DISEASES

Chairs: **Axel Brattberg** (Sweden), **Michal Lew-Starowicz** (Poland)

Applying Neurological Thinking to Sexology

Axel Brattberg (Sweden)

Sexuality and Multiple Sclerosis

Michal Lew-Starowicz (Poland)

Sexuality and Parkinson's disease

Gila Bronner (Israel)

Sexuality in patients with spinal cord injury

Rafi Heruti (Israel)

Sexuality and traumatic brain injury

Ronit Aloni (Israel)

Friday, May 27

14:00 - 15:30 | Elafiti 1

SEXOLOGY IN CONTEXT: NORTH AND SOUTH APPROACHES Symposium

Chair: **Alain Giami** (France)

The construction of Sexology as a profession in Portugal
Violeta Alarcao (Portugal)

Sexology in Norway, 2001 and 2011
Cecilie Almas (Norway)

Sexology in Spain
Felipe Hurtado Murillo (Spain)

Sexology in Italy, an overview
Roberta Rossi (Italy)

Global sexology: Western Europe and Latin America
Alain Giami (France)



Friday, May 27

14:00 - 15:00 | Elafiti 2

MASTURBATION - FROM SIN TO HEALTH BENEFITS Symposium

Chair: **Gila Bronner** (Israel)

Masturbation as a tool in sex therapy
Gila Bronner (Israel)

Female Masturbation- from assessment to treatment
Einat Elran (Israel)

Masturbation as a tool in care
Woet Gianotten (the Netherlands)

Saturday, May 28

09:00 - 10:30 | Elafiti

TRANSGENDER HEALTH AND THE RESOURCE OF SEXUALITIES

Symposium

Chairs: **Timo O. Nieder** (Germany), **Cecilia Dhejne** (Sweden)

Transgender Health Care: A Paradigm Shift

Timo O. Nieder (Germany)

Relevance and Specialties of Sexual History Taking with Trans* Persons

Cecilia Dhejne (Sweden)

Transitioning also a sexual journey? Sexual desire and Genderconfirming Treatment:

Findings of a European Multi-Center Study (ENIGI)

Els Elaut (Belgium)

Things Trans People Can Do with their Bodies: Lived Realities, Creative Potentials and Challenges of Trans and Gender queer Sexuality

Robin Bauer (Germany)



Saturday, May 28

09:00 - 10:30 | Elafiti 1

Spanish Symposium

Chairs: **TBA**

Miren Larrazabal Murillo

Miguel Angel Cueto Baños

Carlos Pol Bravo

Francisco Cabello Santamaría

Saturday, May 28

09:30 - 10:30 | Elafiti 2

WAS Youth Symposium
**HOW CAN THE NEW DECLARATION OF SEXUAL
RIGHTS BE APPLIED TO EUROPEAN YOUTHS**

Chairs: **Kevan Wylie** (UK) - **Anton Castellanos Usigli** (Mexico)

Sexual rights for the minorities in tech
Katarzyna Peichert (Poland)

The Internet as the new medium to guarantee the right to sexual education
enjoining the scientific progress
Stefano Eleuteri (Italy)



Saturday, May 28

11:00 - 12:30 | Elafiti

**RECENT AND NEW APPROACHES
IN SEXUAL THERAPY: WHERE DO WE GO?**

Symposium

Chairs: **TBA**

The neurobiology of psychotherapy: What are the implications for our daily work
Tillmann Krüger (Germany)

Recent approaches in sexual therapy: What is state of the art for sexual
dysfunctions and couple problems?
Pedro Nobre (Portugal)

New developments in sexual therapy: "A 21st century approach"
Uwe Hartmann (Germany)

Saturday, May 28

11:00 - 12:30 | Elafiti 1

WHERE DOES THE RESEARCH ON LGB GOES? AN OVERVIEW

Chairs: **T.O. Nieder** (Germany), **F. Nimbi** (Italy)

Adolescence and coming out. How to cope with this?

Renée Perrin-Wallqvist (Sweden)

The importance of minority stress in emotional intimacy and sexual difficulties of gay and bisexual men

Aleksandar Stulhofer (Croatia)

Gay & Lesbian parenthood competencies and attitudes toward same-sex legalization

Roberto Baiocco (Italy)

The role of religion on homophobia

TBD

Sexual orientation conversion therapy: the state of the art

Stefano Eleuteri (Italy)

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NOTES

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DEPARTMENT OF CLINICAL
AND DYNAMIC PSYCHOLOGY



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Organizing Secretariat



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