

Implementing the New National NICE Clinical Guideline on Care of the Dying Adult

Thursday 19th May 2016 Hallam Conference Centre, London

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THE
NATIONAL
COUNCIL FOR
PALLIATIVE
CARE



**COMPASSION
IN DYING.**
SUPPORTING YOUR CHOICES





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The new national Clinical Guideline for Care of the Dying Adult was published by NICE on 16th December 2015.

This conference will support your service to ensure the clinical guideline is implemented effectively in your organisation to improve end of life care, outcomes and experience for dying people and their families.

On release of the guideline Prof Ahmedzai, Chair of the NICE Guideline Development Group said *"Until now we have never had guidelines in this country on how to look after people at the end of life. This evidence-based guideline provides a good overview of how to give good end of life care in any setting in the NHS."* He added: *"The main way this guideline differs to the LCP is that it stresses an individualised approach rather than a 'blanket' method of using the LCP in an unthinking way. The guideline also stresses that the patient should be reviewed daily, and the person should always be taken as an individual."*

"We know the vast majority of people in this country receive very good end of life care, but this isn't always the case. Looking after people who are dying can be challenging and our new evidence-based guideline will support doctors, nurses and other healthcare professionals to provide the best care possible for every patient."

Prof Gillian Leng, deputy chief executive of NICE, 16th November 2015

"We want to ensure that people who are dying receive the best possible care, including effective communication between them, their loved ones and the professionals looking after them..." This draft guidance is therefore welcome, and I would encourage members of the public and professionals alike to contribute to the consultation." Professor Bee Wee, National Clinical Director for End of Life Care, NHS England

Follow the conference on twitter #endoflifecare

10.00 Chairman's welcome and introduction

Dr Jane Bywater

Trustee The National Council for Palliative Care & Palliative Medicine Consultant

10.15 Putting personal experience first

Patient Speaker

- ensuring engaged, informed individuals and carers
- improving information about what to expect at the end of life

10.40 The New NICE Clinical Guideline on Care of the Dying Adult The Guideline was published on 16 December 2015

Prof Sam Ahmedzai

Chair Guideline Development Group
Clinical Guideline on Care of the Dying Adult NICE
& Professor of Palliative Medicine Department of Oncology
School of Medicine and Biomedical Science
The University of Sheffield

- the NICE Clinical Guideline on Care of the Dying Adult
- implementation in practice
- priorities and challenges

11.10 Question & answers followed by tea & exhibition at 11.20

11.50 EXTENDED SESSION: Predicting the end of life and managing uncertainty

Representative

Sue Ryder

- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- determining when the dying person is entering the last few days or weeks of life
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of health care professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties

12.50 Informing and engaging with individuals and their loved ones to plan for end of life: implementing every moment counts

Engagement Lead

The National Council for Palliative Care

- coordinated care using the National Voices narrative for end of life care
- ensuring the most appropriate available professional discusses the dying person's prognosis with them (unless they do not wish to be informed) as soon as it is recognised that they may be entering the last days of life and include those important to them in the discussion if the dying person wishes.
- developing competence in effective narrative for engagement

13.15 Question & answers followed by lunch & exhibition at 13.25

14.00 EXTENDED SESSION: Improving communication at the end of life: Implementing the Clinical Guideline recommendations on Advanced Care Planning

Dr Chris Farnham

Medical Director
Heart of Kent Hospice,
Chair, The Education Committee,
The Association of Palliative Medicine
& Member Leadership Alliance for the Care of Dying People

- how individualised care plans differ from the LCP's
- developing and monitoring care plans for every patient and communicating with family and carers
- ensuring the care plans reflect the new NICE clinical guideline
- ensuring the individual plan of care, which includes food and drink, symptom control and psychological, social and spiritual support, is agreed, coordinated and delivered with compassion
- setting individual goals with patients
- our experience

14.45 EXTENDED SESSION: Developing individual care plans and goals for every end of life care patient in line with the new Clinical Guideline

Dr Carol Davis

Lead Consultant in Palliative Medicine
& Clinical End of Life Care Lead
University Hospital Southampton NHS Foundation Trust

- how individualised care plans differ from the LCP's
- developing and monitoring care plans for every patient and communicating with family and carers
- ensuring the care plans reflect the five priority areas
- ensuring the individual plan of care, which includes food and drink, symptom control and psychological, social and spiritual support, is agreed, coordinated and delivered with compassion
- setting individual goals with patients
- our experience

15.30 Question & answers followed by tea & exhibition at 15.40

16.00 Implementing the recommendations on medication management and symptom control

Dr Dee Traue

Consultant in Palliative Medicine
East and North Hertfordshire NHS Trust

- delivering effective medication review at the end of life
- symptom control in the last day of life
- implementing the clinical guideline recommendations

16.30 Closing Address: Monitoring adherence to the guideline and monitoring and improving end of life care outcomes moving forward

Maggie Morgan-Cooke

Programme Delivery Lead
National End of Life Care Programme
NHS Improving Quality

- monitoring progress against the five priorities
- monitoring adherence to the new clinical guideline at a local and national level
- measuring and monitoring end of life care outcomes and experience

17.00 Question & answers followed by close 17.10



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Conference Registration

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Organisation

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Venue

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Date Thursday 19 May 2016

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
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