



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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RHEUMATOLOGY AND MUSCULOSKELETAL MEDICINE FOR PRIMARY CARE

**Las Vegas, Nevada – Wynn Las Vegas
February 1 – 3, 2019**

Friday, February 1st:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am

Evaluating the Patient with Joint Pain

Differentiating between inflammatory and non-inflammatory joint pain; the utility of joint aspiration and lab workup with interpretation of synovial fluid analysis; differential diagnosis of joint pain and inflammatory arthritis

8:30 am – 9:30 am

Update in Pharmacology for Arthritis

Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; analgesics (narcotics and tramadol) and acetaminophen

9:30 am – 10:30 am

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

10:30 am – 10:40 am

Coffee Break

10:40 am – 11:40 am

Physical Examination of Joints and Soft Tissue and Diagnosis of Regional Pain Syndromes

Includes: carpal tunnel syndrome; DeQuervain's tenosynovitis; epicondylitis; impingement; hip, knee, ankle and foot overuse syndromes

11:40 am – 12:40 pm

Workshop: Hands-On Joint and Soft Tissue Examination

12:40 pm

Session Adjourns

Saturday, February 2nd:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am

Fibromyalgia

Differential diagnosis and treatment of this difficult-to-manage pain syndrome;
Treatment options of anti-epileptics and SNRI's

8:30 am – 9:30 am

Controversies in Pain Management

Urine drug testing, cannabinoids

9:30 am – 10:30 am

Primary Care Approach to Inflammatory Arthritis

Clinical presentation and laboratory work-up for rheumatoid arthritis, systemic lupus erythematosus, spondyloarthropathies (SPA), infectious arthritis and systemic sclerosis;
Treatment of RA with DMARDS; and treatment principles of SLE, Sjogrens, SPA and PMR

10:30 am – 10:40 am

Coffee Break

10:40 am – 11:00 am

Panel Discussion: Rheumatology cases and Q & A

11:00 am – 11:45 am

Joint Injection Technique

11:45 am – 12:40 pm

Workshop: Joint Aspiration and Injection Technique

12:40 pm

Session Adjourns

Sunday, February 3rd:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am

Osteoarthritis

Pathogenesis, diagnosis and treatment

8:30 am – 9:30 am

Crystal Disease: Gout and Pseudogout

Properly diagnosing and treating crystal diseases such as gout and pseudogout

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
- Describe the technique of joint aspiration, joint injection, and synovial fluid analysis
- Perform a musculoskeletal examination
- Evaluate and treat osteoarthritis, fibromyalgia, spinal pain, regional pain syndromes, osteoporosis, and gout
- Utilize current evidence to design treatment strategies for rheumatoid arthritis

Learning Outcome

To provide updates in primary care medicine to office based providers

Disclosure of Conflicts of Interest

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All lectures incorporate time for questions and answers

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians

This Live activity, *Rheumatology and Musculoskeletal Medicine for Primary Care*, with a beginning date of February 1, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*TM from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.