

Endorsed by:



EUROPEAN FEDERATION
OF INTERNAL MEDICINE



FOUNDATION FOR THE
DEVELOPMENT OF INTERNAL
MEDICINE IN EUROPE

Under the auspices of:



UNIVERSITY OF THESSALY
MEDICAL SCHOOL,
LARISSA, GREECE



HELLENIC SOCIETY
OF INTERNAL MEDICINE

ORGANIZERS:



INSTITUTE
OF INTERNAL MEDICINE
& HEPATOLOGY



DEPARTMENT OF MEDICINE & RESEARCH LABORATORY
OF INTERNAL MEDICINE, NATIONAL EXPERTISE CENTER
OF GREECE IN AUTOIMMUNE LIVER DISEASES,
UNIVERSITY HOSPITAL OF LARISSA, LARISSA, GREECE

11th International Congress of

20 21

INTERNAL MEDICINE

NEW DATES



WATCH ONLINE

4-6

ATTEND ON-SITE

Divani Caravel Hotel, Athens, Greece

July 2021

www.internalmedicine-uth.gr

Preliminary Programme



Welcome Message

Dear colleagues,

Given the many complications we are working to minimize the impact and this brings us with the new dates of the congress.

The 11th International Congress of Internal Medicine originally set for March 2020 has been rescheduled to **4-6 July 2021**.

This change we hope that will help to place the congress in stronger position for a face to face event or at least will be held in a safer environment.

The Congress will be organized by the **Institute of Internal Medicine and Hepatology**, the **Department of Medicine and Research Laboratory of Internal Medicine**, **National Expertise Center of Greece in Autoimmune Liver Diseases of the University Hospital of Larissa** and under the auspices of the **University of Thessaly Medical School, Larissa, Greece** and the **Hellenic Society of Internal Medicine**.

The congress is also endorsed by the **European Federation of Internal Medicine** and the **Foundation for the Development of Internal Medicine in Europe**.

The initial program and our exceptional guests are included in the 3 day programme as well oral and E-poster presentations.

We look forward to welcoming you all in the **11th International Congress of Internal Medicine** to exchange ideas and share experiences with other high level professors, colleagues and friends, representing many well-known Universities and Medical Institutes together with members of relevant international organizations.

In light of the continuing COVID-19 pandemic and its likely impact on travel restrictions and physical distancing requirements well into 2021, the congress will also give the opportunity to participants and invited faculty members to participate on line.

With my warmest regards



George N. Dalekos

President of the Organizing Committee

*Head, Department of Medicine and Research Laboratory of Internal Medicine,
National Expertise Center of Greece in Autoimmune Liver Diseases,
University Hospital of Larissa, Larissa, Greece*

Organization

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY
OF INTERNAL MEDICINE, NATIONAL EXPERTISE CENTER
OF GREECE IN AUTOIMMUNE LIVER DISEASES,
UNIVERSITY HOSPITAL OF LARISSA, LARISSA, GREECE
Director: Professor G.N. Dalekos**

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HELLENIC SOCIETY OF INTERNAL MEDICINE

Scientific Information

Abstracts

Abstract submission deadline extended to March 31!

All authors with an accepted abstract retain their acceptance for 11th International Congress of Internal Medicine, July 4-6, 2021.

Until March 31, you will be able to submit NEW abstract.

Authors who wish to revise or withdraw abstracts that have already been accepted as oral or e-poster presentations should contact us at info@conferre.gr the latest by February 28th 2021.

Authors are encouraged to retain their already accepted abstract or if they wish, to update the content of their abstract should new data be available to reflect current research.

All abstracts accepted for Oral & e-Poster Presentations will be included in the e-Abstract Book of the Congress which will be provided electronically to all registered participants.

Presentation Certificate (applies to Presenting Authors)

All presenting authors, who will participate in the scientific programme of the Congress with oral presentations, will be entitled to also receive upon request a Certificate for their presentation at the Registration Desk. Certificates will be issued only upon confirmation of complete presentation.

IMPORTANT NOTE:

In light of the continuing COVID-19 pandemic, the congress will also give the opportunity to participants with oral or e-posters presentation to participate on line.

Oral Presentations

Duration:

Each oral presentation should not exceed **8 minutes**.

It will be followed by **2 minutes** discussion.

Oral Presentations Schedule

Sunday,

July 4, 2021

MAIN HALL

09:00-10:30

ORAL PRESENTATIONS

Cardiovascular Medicine - Hypertension

Chairpersons: **Eleni Boutati** (*Athens, Greece*),
Vaia Lambadiari (*Athens, Greece*)

Monday,

July 5, 2021

MAIN HALL

08:30-10:00

ORAL PRESENTATIONS

Hepatology - Immunology

Chairpersons: **Kalliopi Zachou** (*Larissa, Greece*)
Melanie Deutsch (*Athens, Greece*)

PARALLEL SESSION

08:30-10:00

ORAL PRESENTATIONS

Gastroenterology - Immunology - Diabetes

Chairpersons: **Alexandra Alexopoulou** (*Athens, Greece*)
Stella Gabeta (*Larissa, Greece*)

Tuesday,

July 6, 2021

MAIN HALL

08:30-09:30 ORAL PRESENTATIONS
Infectious Diseases

Chairpersons: **Nikolaos Sipsas** (*Athens, Greece*)
Aggelos Stefos (*Larissa, Greece*)

PARALLEL SESSION

08:30-09:30 ORAL PRESENTATIONS
Infectious Diseases

Chairpersons: **Aggelos Pefanis** (*Athens, Greece*)
Garyfallia Poulakou (*Athens, Greece*)

e-Poster Viewing

All e-posters will be displayed on exclusive plasma screens (ppt form) and will be available during all Sessions of the Congress and on line.

e-Poster Viewing Schedule

Sunday,

July 4, 2021

11:00-11:30 e-POSTER VIEWING / Break
14:30-17:00 e-POSTER VIEWING / Leisure time

Monday,

July 5, 2021

11:30-12:00 e-POSTER VIEWING / Break
13:30-15:30 e-POSTER VIEWING / Leisure time
17:45-18:15 e-POSTER VIEWING / Coffee Break

Tuesday,

July 6, 2021

11:30-12:00 e-POSTER VIEWING / Coffee Break
15:00-17:00 e-POSTER VIEWING / Leisure time

Scientific Programme

Sunday,

July 4, 2021

MAIN HALL

09:00-10:30 ORAL PRESENTATIONS
Cardiovascular Medicine - Hypertension

(8 min presentation and 2 min discussion)

Chairpersons: **Eleni Boutati** (*Athens, Greece*)
Vaia Lambadiari (*Athens, Greece*)

MAIN HALL

10:30-11:00 STATE - OF THE ART - LECTURE

Chairperson: **Stella Douma** (*Thessaloniki, Greece*)

Metabolically healthy obesity: Fact or myth?
Peter Nilsson (*Malmo, Sweden*)

11:00-11:30 e-POSTER VIEWING / Coffee Break

MAIN HALL

11:30-13:00 ROUND TABLE
An update in the management of dyslipidemia

Chairpersons: **Moses Elisaf** (*Ioannina, Greece*)
Haralampos Milionis (*Ioannina, Greece*)

Treating blood lipids according to the current
European guidelines
Alberico L. Catapano (*Milan, Italy*)

Statin-associated side-effects: Myths and facts
Peter Lansberg (*Groningen, The Netherlands*)

Today's trials, tomorrow's therapies
Lale Tokgozoglul (*Ankara, Turkey*)

Sunday,

July 4, 2021

MAIN HALL

13:00-14:30

ROUND TABLE

Current evidence in obesity treatment

Chairpersons: **Peter Nilsson** (*Malmö, Sweden*)

Vasilios Kotsis (*Thessaloniki, Greece*)

Obesity as a disease: beyond BMI

Luca Busetto (*Padova, Italy*)

Practice guidelines to treat obesity induced hypertension, diabetes and dyslipidemia from the ESH WG on obesity, diabetes and the high risk patient and EASO

Vasilios Kotsis (*Thessaloniki, Greece*)

The effects of Metabolic Surgery on health.

What is the evidence?

Dror Dicker (*Petach-Tikva, Israel*)

14:30-15:30

SATELLITE SYMPOSIUM

14:30-17:00

e-POSTER VIEWING / Leisure time

MAIN HALL

17:00-18:00

Debate: Blood pressure targets

Chairpersons: **George S. Stergiou** (*Athens, Greece*)

Konstantinos Tsioufis (*Athens, Greece*)

<130mmHg

Michel Burnier (*Lausanne, Switzerland*)

<140mmHg

Roland Schmieder (*Nuremberg, Germany*)



Voting

Sunday,

July 4, 2021

MAIN HALL

18:00-19:30

ROUND TABLE

Ageing and renal function

Chairpersons: **Michel Burnier** (*Lausanne, Switzerland*)

Demetrios Vlahakos (*Athens, Greece*)

Epidemiology of aging and chronic kidney disease:

Is aging a renal disease?

Carmine Zoccali (*Reggio Calabria, Italy*)

Relationship between aging and hypertension:

Which came first the chicken or the egg?

Pierre Boutouyrie (*Paris, France*)

Cardiorenal anemia syndrome in aging

Demetrios Vlahakos (*Athens, Greece*)

Guidelines for cardiovascular diseases in elderly people

Michel Burnier (*Lausanne, Switzerland*)

MAIN HALL

19:30-20:45

OPENING CEREMONY

Welcome

Inaugural Lecture

Challenges in the broad spectrum of Internal Medicine:

The paradigm of Gastroenterology and Hepatology challenges

Michael P. Manns (*Hannover, Germany*)

Monday,

July 5, 2021

MAIN HALL

08:30-10:00 ORAL PRESENTATIONS
Hepatology - Immunology

(8 min presentation and 2 min discussion)

Chairpersons: **Kalliopi Zachou** (*Larissa, Greece*)
Melanie Deutsch (*Athens, Greece*)

PARALLEL SESSION

08:30-10:00 ORAL PRESENTATIONS
Gastroenterology - Immunology - Diabetes

(8 min presentation and 2 min discussion)

Chairpersons: **Alexandra Alexopoulou** (*Athens, Greece*)
Stella Gabeta (*Larissa, Greece*)

MAIN HALL

10:00-11:30 Teaching course: Acute ischemic stroke

Chairpersons: **Konstantinos Vemmos** (*Athens, Greece*)
Eleni Korompoki (*Athens, Greece*)

Ischemic stroke in disabled or demented patients
Janika Korv (*Tartu, Estonia*)

Repeated intravenous thrombolysis after recent stroke
Timo Kahles (*Aarau, Switzerland*)

Blood pressure management during intravenous thrombolysis
Alexandra Pavlovic (*Belgrade, Serbia*)

Oral anticoagulation after ischemic stroke: How early?
Patrik Michel (*Lausanne, Switzerland*)

11:30-12:00 e-POSTER VIEWING / Coffee Break

Monday,

July 5, 2021

MAIN HALL

12:00-13:30 ROUND TABLE
Embolic Stroke

Chairpersons: **Patrik Michel** (*Lausanne, Switzerland*)
Konstantinos P. Makaritsis (*Larissa, Greece*)

Non-stenotic carotid plaques and ischemic stroke: How strong is the association?

George Ntaios (*Larissa, Greece*)

Detection of atrial fibrillation among patients with stroke due to large or small vessel disease

Robin Lemmens (*Leuven, Belgium*)

Detection of atrial fibrillation after transient ischemic attack

Eleni Korompoki (*Athens, Greece*)

PARALLEL SESSION

12:00-13:30 ROUND TABLE
Updates in hepatitis B, D and E

Chairpersons: **Michael P. Manns** (*Hannover, Germany*)
George V. Papatheodoridis (*Athens, Greece*)

When can we stop NUCs in chronic hepatitis B?

George V. Papatheodoridis (*Athens, Greece*)

What is the future of the hepatitis B cure?

Alessio Aghemo (*Milan, Italy*)

Future management of hepatitis D

Ramazan Idilman (*Ankara, Turkey*)

Hepatitis E revisited

Heiner Wedemeyer (*Hannover, Germany*)

Monday,

July 5, 2021

13:30-14:30 SATELLITE SYMPOSIUM

14:30-15:30 e-POSTER VIEWING / Leisure time

MAIN HALL

15:30-16:30 SYMPOSIUM
Metabolic (dysfunction) associated fatty liver disease (MAFLD)

Chairpersons: **Francesco Negro** (*Geneva, Switzerland*)
Eirini I. Rigopoulou (*Larissa, Greece*)

Who is at risk and whom to biopsy?

Francesco Negro (*Geneva, Switzerland*)

Fatty liver disease in lean persons

Rames Younes (*Newcastle, UK*)

Lifestyle and drugs: What is the crucial element in management?

Frank Tacke (*Berlin, Germany*)

MAIN HALL

16:30-17:00 STATE - OF THE ART - LECTURE

Chairperson: **George N. Dalekos** (*Larissa, Greece*)

Pregnancy and autoimmune liver diseases

Michael A. Heneghan (*London, UK*)

17:00-17:45 SATELLITE LECTURE

17:45-18:15 e-POSTER VIEWING / Coffee Break

Monday,

July 5, 2021

MAIN HALL

18:15-19:45

ROUND TABLE

Infections in the immunocompromised host

Chairpersons: **George L. Daikos** (*Athens, Greece*)
Evangelos J. Giamarellos-Bourboulis
(*Athens, Greece*)

Modulation of the microbiome in immunocompromised patients

Joost Wiersinga (*Amsterdam, The Netherlands*)

Empirical antimicrobial treatment

Antonio Vena (*Genoa, Italy*)

New biological agents and infections

Evangelos J. Giamarellos-Bourboulis (*Athens, Greece*)

MAIN HALL

19:45-20:15

STATE - OF THE ART - LECTURE

Chairperson: **George Dimopoulos** (*Athens, Greece*)

Redefining colistin: How can we use it in the era of new antibiotics?

Murat Akova (*Ankara, Turkey*)

20:15-21:00

SATELLITE SYMPOSIUM

Tuesday,

July 6, 2021

MAIN HALL

08:30-09:30 ORAL PRESENTATIONS
Infectious Diseases

(8 min presentation and 2 min discussion)

Chairpersons: **Nikolaos Sipsas** (*Athens, Greece*)
Aggelos Stefos (*Larissa, Greece*)

PARALLEL SESSION

08:30-09:30 ORAL PRESENTATIONS
Infectious Diseases

(8 min presentation and 2 min discussion)

Chairpersons: **Aggelos Pefanis** (*Athens, Greece*),
Garyfallia Poulakou (*Athens, Greece*)

MAIN HALL

09:30-11:00 Teaching course: Challenging cases in Internal Medicine

Chairperson: **Luis Campos** (*Lisbon, Portugal*)

Commentators: **Carlos Vasconcelos** (*Porto, Portugal*)
Teresa Mesquita (*Lisbon, Portugal*)

Clinical Case 1

Marco Fernandes (*Lisbon, Portugal*)

Clinical Case 2

Ines Egidio (*Lisbon, Portugal*)



Voting

Tuesday,

July 6, 2021

MAIN HALL

11:00-11:30 STATE - OF THE ART - LECTURE

Chairperson: **Dina Tiniakos** (*Athens, Greece*)

Hepatic fibrosis in the context of alcoholic liver disease
Carolyn Lackner (*Graz, Austria*)

11:30-12:00 e-POSTER VIEWING / Coffee Break

MAIN HALL

12:00-13:30 ROUND TABLE
Extra-intestinal manifestations in inflammatory bowel disease

Chairpersons: **Ansgar W. Lohse** (*Hamburg, Germany*),
Peter Lakatos (*Montreal, Canada*)

Arthropathy and arthritis
Peter Lakatos (*Montreal, Canada*)

Eye and skin involvement
Fenna Jansen (*Nijmegen, The Netherlands*)

Metabolic bone disease
Pierre Ellul (*Msida, Malta*)

Hepatobiliary disease
Ansgar W. Lohse (*Hamburg, Germany*)

Tuesday,

July 6, 2021

PARALLEL SESSION

12:00-13:30

ROUND TABLE

Clinical aspects in SLE, Sjögren's syndrome and APS

Chairpersons: **Panagiotis Vlachoyiannopoulos**

(Athens, Greece)

Yves Renaudineau *(Brest, France)*

Challenges in systemic lupus diagnosis

Athanasios Tzioufas *(Athens, Greece)*

Epigenetics in Sjögren's syndrome: Implications in clinical practice

Yves Renaudineau *(Brest, France)*

Updates on diagnosis and management of catastrophic APS

Ricard Cervera *(Barcelona, Spain)*

MAIN HALL

13:30-15:00

ROUND TABLE

Practical issues in the management of the diabetic patient

Chairpersons: **Nicholas Katsilambros** *(Athens, Greece)*

Erifili Hatzigelaki *(Athens, Greece)*

Diabetic foot - Modern aspects concerning treatment

Andrew J.M. Boulton *(Manchester, UK)*

Diabetic diet - What is sure and what is questionable?

Gabriele Riccardi *(Naples, Italy)*

Insulin treatment: Cutting-edge data on newer insulin formulations and delivery technology

Roger Lehmann *(Zurich, Switzerland)*

SGLT-2 inhibitors: Their role beyond glucose regulation

Thomas M. Stulnig *(Vienna, Austria)*

Tuesday,

July 6, 2021

15:00-17:00 e-POSTER VIEWING / Leisure time

MAIN HALL

17:00-17:30 STATE - OF THE ART - LECTURE

Chairperson: **George N. Dalekos** (*Larissa, Greece*)

Global Epidimiology of COVID-19 in the era of vaccination
Sotirios Tsiodras (*Athens, Greece*)

MAIN HALL

17:30-18:30 SYMPOSIUM: COVID-19

Chairpersons: **George N. Dalekos** (*Larissa, Greece*),
Nikolaos Gatselis (*Larissa, Greece*)

Holistic approach of SARS-CoV-2 infection
Nicola Montano (*Milan, Italy*)

COVID-19: Update on treatment strategies
Meletios-Athanasios Dimopoulos (*Athens, Greece*)

Tuesday,

July 6, 2021

MAIN HALL

18:30-19:45

SYMPOSIUM

Managing complications in decompensated cirrhosis

Chairpersons: **Paolo Angeli** (*Padova, Italy*)

John Koskinas (*Athens, Greece*)

Multidrug-resistant bacterial infections in patients
with cirrhosis

Paolo Angeli (*Padova, Italy*)

Assessment of kidney function in cirrhosis

Salvatore Piano (*Padova, Italy*)

Key points in EASL guidelines on HCC diagnosis
and management

Gamal Shiha (*Mansoura, Egypt*)

19:45-20:30

SATELLITE SYMPOSIUM

Registration

11th International Congress of Internal Medicine
is offering both an onsite and online option

Note: Participants who wish to submit an abstract for presentation can proceed with submission process. They will be requested to pay the corresponding registration fee upon notification of the evaluation of their abstract

Please note that:

- No Registration will be accepted unless accompanied by proof of full payment (copy of bank remittance) sent by email or fax to the Organizing-Administrative Bureau/Secretariat.

For any questions please contact the Organizing-Administrative Bureau/Secretariat, Conferre SA, by email (info@conferre.gr), telephone (+30 26510 68610) or fax (+30 26510 68611).

HYBRID ACCESS Hybrid Pass holders will have access to all Scientific sessions in Athens AND on the on line transmission of the congress		On LINE ACCESS On line Pass holders will have access only on the on line transmission of the congress	
Physicians	200 euros	Physicians	100 euros
Trainees	150 euros	Trainees	100 euros
Nursing Staff <i>Copy of appropriate documentation is required during the online registration process</i>	Free	Nursing Staff <i>Copy of appropriate documentation is required during the online registration process</i>	Free
Students <i>Copy of student identity card is required during the online registration process</i>	Free	Students <i>Copy of student identity card is required during the online registration process</i>	Free

Fees for Participants with HYBRID ACCESS Include

- Access to all scientific session in person in the congress venue
- Access to all scientific content: on-line and on demand
- Access to all e-posters
- Access to the exhibition hall in-person
- Access to Industry sessions
- In-person networking opportunities
- Earn CME credits

Fees for Participants with ON LINE ACCESS Include

- Access to all scientific content: on-line and on demand
- Access to all e-posters
- Access to Industry sessions
- Earn CME credits

For more information please visit the official congress website:
internalmedicine-uth.gr

Organizing-Administrative Bureau/Secretariat:



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