



2015 IPPS Annual Fall Meeting on Chronic Pelvic Pain
Friday, October 23 – Saturday, October 24, 2015
Loews Coronado Bay Hotel, San Diego, CA

PRELIMINARY PROGRAM

Speakers and times are subject to change.

WEDNESDAY, OCTOBER 21, 2015

4:00 p.m. – 6:00 p.m. **Registration/Information Desk Open**
Location: Constellation Foyer

THURSDAY, OCTOBER 22, 2015

7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Constellation Foyer

7:00 a.m. – 8:00 a.m. **Continental Breakfast**
Location: Constellation Foyer

10:00 a.m. – 6:30 p.m. **Exhibit Hall Open**
Location: Constellation Foyer

Optional Concurrent Pre-Conference Sessions

BASICS COURSE – Thursday, October 22, 2015 7:30 a.m. - 5:00 p.m.

Location: Constellation

Recommended for medical students, residents, gynecologists, physical therapists, urologists, primary care physicians, nurses, surgeons, pain management physicians, psychologists, neurologists and basic science researchers who would benefit from a more detailed introduction to the concepts and terminology of pelvic pain issues and treatments before attending the IPPS Annual Fall Meeting on Chronic Pelvic Pain.

7:30 a.m. - 7:40 a.m. **Introduction**

Speakers: Erin T. Carey, MD, MSCR
 University of Kansas Hospital
 M. Jean Uy-Kroh, MD
 Cleveland Clinic

7:40 a.m. - 8:20 a.m. **Talk 1: Introduction to the physiology of chronic pain**

Speaker: Bradford Fenton, MD, PhD
 Summa Physicians, Inc.

8:20 a.m. - 9:00 a.m. **Talk 2: Psychological aspects of living with CPP**

Speaker: Kelly Huffman, PhD, MS

9:00 a.m. - 9:30 a.m. **Break**

9:30 a.m. - 10:25 a.m. **Talk 3: Gynecologic and vulvar causes of CPP**

Speaker: Georgine Lamvu, MD, MPH, FACOG
 Advanced Minimally Invasive Surgery and Gynecology

BASICS COURSE – Thursday, October 22, 2015 7:30 a.m. - 5:00 p.m. (Continued)

- 10:25 a.m. - 11:15 a.m. Talk 4: Diagnosis and treatment of urologic causes of CPP**
Speaker: Charles W. Butrick, MD
The Urogynecology Center, LLC
- 11:15 a.m. – 12:00 a.m. Talk 5: Diagnosis and treatment of functional bowel disorders**
Speaker: David C. Kunkel, MD
University of California, San Diego
- 12:00 p.m. - 1:00 p.m. Lunch on own**
- 1:00 p.m. - 1:50 p.m. Talk 6: Evaluation and treatment of musculoskeletal causes of CPP**
Speaker: Elizabeth Akincilar-Rummer, MSPT
Pelvic Health and Rehabilitation Center
- 1:50 p.m. - 2:15 p.m. Talk 7: Interventional management of musculoskeletal pain**
Speaker: Hollie Neujahr, PT, DPT
Nishimoto and Neujahr Physical Therapy
- 2:15 p.m. – 3:00 p.m. Talk 8: Medical therapies for chronic pain**
Speaker: Amy Benjamin, MD
University of Rochester
- 3:00 p.m. - 3:10 p.m. Discussion**
- 3:10 p.m. - 3:35 p.m. Break**
- 3:35 p.m. - 4:20 p.m. Talk 9: Interactive case-based presentations**
Moderator: Erin T. Carey, MD, MSCR
Panel: All Basics Course Speakers
- 4:20 p.m. - 4:50 p.m. Talk 10: Business of pelvic pain**
Speaker: To Be Determined
- 4:50 p.m. - 5:00 p.m. Discussion**

Optional Concurrent Pre-Conference Sessions

RESEARCH COURSE - Thursday, October 22, 2015 12:30 p.m. –5:30 p.m.

Location: Aurora

Recommended for clinical providers, physicians, physical therapists, nurses, basic science researchers and clinical researchers with an interest in research methodology.

NOTE: Attendees of the Research Course have the option to attend the AM Basics Course Lectures and Discussion

12:30 p.m. - 12:40 p.m. Welcome and Introductions

Speaker: Georgine Lamvu, MD, MPH, FACOG
Advanced Minimally Invasive Surgery and Gynecology

12:40 p.m. - 1:15 p.m. Identifying and avoiding bias in clinical research

Speaker: Georgine Lamvu, MD, MPH, FACOG

1:15 p.m. - 1:50 p.m. The basics of all research projects

Speaker: Kenneth Barron, MD
Advanced & Minimally Invasive Gynecology

1:50 p.m. - 2:50 p.m. Basic statistics

Speakers: Georgine Lamvu, MD, MPH, FACOG

2:50 p.m. - 3:00 p.m. Q&A

3:00 p.m. - 3:15 p.m. Break

3:15 p.m. - 3:50 p.m. Forming collaborative research networks

Speaker: To Be Determined

3:50 p.m. - 4:25 p.m. Designing a basic clinical registry

Speaker: Sean Mackey, MD, PhD
Stanford University School of Medicine

4:25 p.m. – 5:00 p.m. Avoiding burnout and getting it all done

Speakers: Georgine Lamvu, MD, MPH, FACOG
Kenneth Barron, MD

5:00 p.m. - 5:30 p.m. Q&A

5:30 p.m. – 6:30 p.m. Welcome Reception

Location: Constellation Foyer

6:30 p.m. – 9:30 p.m. IPPS Board of Directors' Meeting

Location: Reliance

Disclaimer: Statements, opinions and results of studies contained in the program are those of the presenters/authors and do not reflect the policy or position of the IPPS, nor does the IPPS provide any warranty as to their accuracy or reliability.

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FRIDAY, OCTOBER 23, 2015

7:00 a.m. – 5:30 p.m.	Registration/Information Desk Open
7:00 a.m. – 8:00 a.m.	Continental Breakfast
7:00 a.m. – 4:00 p.m.	Exhibit Hall Open

IPPS 2015 ANNUAL MEETING ON PELVIC PAIN

7:50 a.m. – 7:55 a.m.	Welcome and Announcements
7:55 a.m. – 8:00 a.m.	Presidential Address
8:00 a.m. – 8:50 a.m.	C. Paul Perry Memorial Lecture: From clinical trials to clinical practice: There's many a slip 'twixt the cup and the lip' Robert H. Dworkin, PhD <i>University of Rochester Medical Center, School of Medicine and Dentistry</i>
8:50 a.m. – 9:30 a.m.	Best Pain Care at Lower Cost: CHOIR (Collaborative Health Outcomes Information Registry) as a Model Platform for Learning Health System Sean Mackey, MD, PhD
9:30 a.m. – 9:50 a.m.	Q&A
9:50 a.m. – 10:15 a.m.	Break & Poster Viewing #1
10:15 a.m. – 10:55 a.m.	Health status and abuse/trauma history: Gastrointestinal and chronic pelvic pain Jane Leserman Madison, PhD
10:55 a.m. – 11:35 a.m.	Caring for women with histories of abuse and chronic pelvic pain: Clinical strategies to improve physical and psychosocial well-being Helen Coons, PhD
11:35 a.m. – 11:55 p.m.	Q&A

11:55 p.m. – 1:25 p.m.	Lunch (on your own) or
11:55 p.m. – 1:25 p.m.	Roundtable Lunch with Experts <i>(not included in general registration: separate registration required)</i>

1:25 p.m. – 2:45 p.m.	Interdisciplinary management of complex pelvic pain/pudendal neuralgia Speakers Stephanie Prendergast, MPT Mark Conway, MD Shelly Jordon
2:45 p.m. – 3:05 p.m.	Q&A
3:05 p.m. – 3:30 p.m.	Break & Poster Viewing #2
3:30 p.m. – 4:10 p.m.	Functional nutrition for chronic pelvic pain Jessica Drummond, MPT, CCN, CHC
4:10 p.m. – 4:50 p.m.	Persistent pain after laparoscopic treatment for deeply infiltrative endometriosis: where do we go from here? Claudia Lopez, MD
4:50 p.m. – 5:00 p.m.	Q&A
5:00 p.m. – 5:30 p.m.	Annual Business Meeting

6:30 p.m. – 8:30 p.m.	2015 IPPS Fundraising Event <i>Location: barley mash</i> <i>(not included in general registration: separate registration required)</i>
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SATURDAY, OCTOBER 24, 2015

7:00 a.m. – 5:00 p.m. Registration/Information Desk Open

6:15 a.m. – 7:15 a.m. Yoga for Pelvic Pain

7:00 a.m. – 8:00 a.m. Continental Breakfast

7:00 a.m. – 4:00 p.m. Exhibit Hall Open

IPPS 2015 ANNUAL MEETING ON PELVIC PAIN

7:50 a.m. – 8:00 a.m. Welcome and Announcements

8:00 a.m. – 8:50 a.m. James E. Carter Memorial Lecture: Models of Muscle Pain: Transmitting the Message
Kathleen A. Sluka, PT, PhD, FAPTA
University of Iowa Carver College of Medicine

8:50 a.m. – 9:30 a.m. Acupressure and its impact on symptom clusters in chronic pain: molecular mechanisms of management
Richard Harris, PhD

9:30 a.m. – 9:50 a.m. Q&A

9:50 a.m. – 10:15 a.m. Break & Poster Viewing #3

10:15 a.m. – 10:55 a.m. Effective patient interviewing to improve clinical outcomes in pelvic pain
Karen Brandon, DSc, PT, WCS

10:55a.m. – 11:35 a.m. Training the brain to heal painful habits
Alexandra T. Milspaw, PhD, M.Ed, LPC

11:35 a.m. – 11:55 a.m. Q&A

11:55 p.m. – 1:25 p.m. Lunch (on your own)
11:55 p.m. – 1:25 p.m. Roundtable Lunch with Experts
<i>(not included in general registration: separate registration required)</i>

1:25 p.m. – 2:05 p.m. Lessons from the ICEPAC trail (Interstitial Cystitis: Elucidation of Psychophysiologic and Autonomic characteristics)
Tom Chelimsky, MD PhD

2:05 p.m. – 2:45 p.m. Update in the clinical care of patients with IC: what does the most recent literature tell us?
Patricia Wallace, MD

2:45 p.m. – 3:25 p.m. Persistent pain after laparoscopic treatment for deeply infiltrative endometriosis: where do we go from here?
Claudia Lopez, Md

3:25 p.m. – 3:45 p.m. Q&A

3:45 p.m. – 4:05 p.m. Break & Poster Viewing #4

4:05 p.m. – 4:35 p.m. Oral Abstract Sessions

4:05pm-4:20pm Presenter 1

4:20pm-4:35pm Presenter 2

4:35 p.m. – 4:50 p.m. Meeting Awards

4:45 p.m. – 5:00 p.m. Closing Remarks

SUNDAY, OCTOBER 25, 2015

7:00 a.m. – 3:00 p.m. **Registration/Information Desk Open**
Location: Constellation Foyer

7:00 a.m. – 8:00 a.m. **Continental Breakfast**
Location: Constellation Foyer

8:00 a.m. – 3:00 p.m. **POST CONFERENCE** *(not included in general registration: separate registration required)*

Talking about sexual health and function with your patients: A Healthcare Professionals' Guide
Location: Constellation

Presenters: Hollis Herman, DPT, PT, OCS, WCS, BCB-PMD, CSC, IF, PRPC
Herman & Wallace Pelvic Rehab Institute
(AASECT certified Sexuality Counselor) (ISSWSH certified Female Sexuality Fellow)

Alexandra Milspaw, PhD, LPC

Tracy Sher, MPT, CSC, CSCS
Sher Pelvic Health and Healing
(AASECT Certified Sexuality Counselor)

8:00a.m. - 8:45 a.m. **Myths, Definitions, and Language**
Tracy Sher will identify critical sexuality myths, definitions, and linguistics that are critical to understand and be aware of when discussing sexual health with patients.

8:45a.m. - 9:45a.m. **Healthcare Professional Self-Assessment**
Holly, Tracy, and Alex will guide participants through a fun, interactive activity exploring common beliefs and biases about sexual health and dysfunction. Self-assessment of comfort levels in talking about sexual health with clients and ways to improve self-confidence and comfort will be discussed.

9:45a.m. - 10:15a.m. **Break**

10:15a.m. - 11:00a.m. **Sex Anatomy and Physiology Facts/Science**
The anatomy of sex extends beyond the genitals. Tracy, Holly, and Alex will review the physiology behind sexual function and dysfunction as well as helpful “props” and how to use them safely.

11:00a.m.-12:00p.m. **Medical Aspects of Sexual Dysfunction**
Holly Herman will review common sexual dysfunction diagnoses and important links that are often missed in the medical evaluation process. Hormones, pain, and psycho-somatic symptoms will be discussed in connection with case studies.

12:00pm-12:30pm **Light Lunch**

12:30p.m.-1:15p.m. **Biomechanical/Orthopedic Considerations**
Physical positioning is critical when exploring safe, joyful sex when managing physical pain. Holly Herman will review positions, props, and lubricants.

1:15p.m. - 1:45p.m. **Sex Therapy and Counseling**
Alexandra Milspaw will discuss how a sex therapist can be a helpful team member when treating patients with CPP. She will review the signs and symptoms of when to refer and what skills to look for when identifying a therapist.

1:45p.m. - 2:15p.m. **Sexual History Taking Protocols**
Alexandra Milspaw will review a four-dimensional model of sexual history taking and how to utilize this model along with technology to increase the effectiveness and healing potential of the sexual history taking process prior to a pelvic examination. A case study will be reviewed.

2:15p.m. - 3:00p.m. **Q& A Session/Review of Resources**

Roundtable Lunch**Date:** Friday, October 24, 2014**Time:** 11:50 a.m. – 1:20 p.m.**Location:** Minstral**Cost:** \$45 per person

Each of the 10 tables will be limited to eight registrants, with two presenters/moderators. Onsite registration may be available depending on the number of open seats. Attendance at the Annual Meeting is required. You may choose your table on the registration form. Please note IPPS cannot guarantee the table requested will be available and the business office will notify you in this case.

Table #	Friday, October 23, 2015 Topics	Moderator Name
1	Trauma and Abuse as it Relates to Pelvic Pain.	Kathy Witzeman, MD Helen Coons, PhD
2	Clinical Research in Pelvic Pain - How to get started.	Georgine Lamvu, MD, MPH Robert Dworkin, PhD
3	Importance of Nutrition and Digestive Health in CPP	Jessica Drummond PT
4	Discussing Sexual Health with Patients.	Alex Milspaw, PhD Holly Herman, DPT
5	Pudendal Neuralgia Treatment from PT to Neuromodulation	Richard Marvel, MD Amy Stein, DPT
6	Musculoskeletal Pain - Backs, Bottoms and Bellies	Devon Shuchman, MD Tamarah Nerreter, DPT
7	Clinical Correlations - Follow Up to the Basics Course	Erin T. Carey, MD Hollie Neujahr, DPT
8	Male Pelvic Pain	Stan Antolak, MD Stacey Futterman, PT
9	Bring your complex patients - Discussion with the Experts	Robert Echenberg, MD Tracy Sher, MPT, CSCS
10	PGAD - Persistent Genital Arousal Disorder	Irwin Goldstein, MD Stephanie Prendergast, PT

Date: Saturday, October 24, 2015

Time: 11:50 a.m. – 1:20 p.m.

Location: Minstral

Cost: \$45 per person

Each of the 10 tables will be limited to eight registrants, with two presenters/moderators. Onsite registration may be available depending on the number of open seats. Attendance at the Annual Meeting is required. You may choose your table on the registration form. Please note IPPS cannot guarantee the table requested will be available and the business office will notify you in this case.

Table #	Saturday, October 24, 2015 Topic	Moderator Name
1	Overlapping Conditions: Addressing all of the contributing factors	Jennifer Gunter, MD Karen Brandon, PT
2	Interstitial Cystitis - Clinical Indicators to guide treatment	Patricia Wallace MD Julie Carter-Sarton, PT
3	Differential Diagnosis of Peripheral Neuropathies	Michael Hibner, MD Sandy Hilton, PT, DPT, MS
4	Musculoskeletal pain - Backs, Bottoms and Bellies	Colleen Fitzgerald, MD Nelly Faghani, PT
5	Integrative Medical Approaches for Your Practice	Deb Coady, MD Dustienne Miller, PT
6	Bring your complex patients - Discussion with the Experts	Frank Tu, MD Tracy Sher, MPT, CSCS
7	Trauma and Abuse as it relates to pelvic pain	Kathy Witzeman, MD Helen Coons, PhD
8	Vulvar pain disorders - Can we differentiate them?	Andrea Rapkin, MD Sarah Talley, PT
9	Importance of Nutrition and Digestive Health in CPP	Jessica Drummond PT
10	Discussing Sexual Health with Patients	Alex Milspaw, PhD Holly Herman, DPT