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ESSKA SPECIALITY DAYS 2019 EXHIBITION AND SPONSORSHIP

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REGISTRATION TEAM

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ABOUT ESSKA

ESSKA is the European Society for Sports Traumatology, Knee Surgery and Arthroscopy, a non-profit association based in Luxembourg. We are governed by a Board, which is elected every two years. ESSKA brings together orthopaedic surgeons, clinicians and scientists throughout Europe, and beyond. We foster their research, and disseminate their practical expertise. And we do this through congresses, courses and fellowship programmes. The ESSKA Community comprises nearly 9,000 professionals (orthopaedic surgeons, clinicians and scientists), of whom 3,500 are full members. We support specialists through our Sections: Ankle and Foot (AFAS), Knee (EKA), Shoulder (ESA) and Sports Medicine (ESMA). ESSKA also works closely with affiliated European national societies, and increasingly with international societies. In all this, ESSKA's task is quite simple. We strive to improve our patient's quality-of-life, by improving their quality of treatment. We pursue our mission in everything we untertake: in our education activities, research and scientific meetings.

WELCOME

Dear Colleagues and Friends,

I am delighted to invite you to take part in "ESSKA Speciality Days", a brand-new meeting concept that will take place in the enchanting city of Madrid on 8-9 November 2019.

This exciting new format will bring together the four specialist Sections of ESSKA (AFAS – Ankle and Foot Associates, EKA – European Knee Associates, ESA - European Shoulder Associates and ESMA – European Sports Medicine Associates) and will offer a 'best of both worlds' scenario: There will be a distinct scientific programme for each of the four Sections offering the best quality specialised science that our Society has to offer with the added bonus that all networking areas will be shared and the Industry exhibition will be zoned according to specialist fields, yet all in the same hall. We believe that these ingredients will create the perfect recipe for both delegates and Industry to experience a highly specialised and top-class scientific meeting yet with the unique opportunity of having access to and interaction with all delegates and companies across the four Sections of ESSKA.

In keeping with the ethos of interaction, we are proud to introduce the new 'hot topic' debates that will be held during lunch and coffee breaks, bringing together experts from supporting companies and ESSKA Sections. Fast, fun and educational these debates are sure to create a vibrant buzz for participants and companies alike.

We look forward to welcoming you to Madrid and we count on your support in accompanying ESSKA on our journey towards excellence.

Kind regards,

David Dejour
ESSKA President

KEY FACTS

DATE
8-9 November 2019

CITY / COUNTRY
Madrid, Spain

VENUE
Hotel Meliá Castilla
Calle del Poeta Joan Maragall, 43
28020 Madrid
Spain

IMPORTANT DATES

ESSKA Speciality Days 2019
8-9 November 2019

Abstract Submission Opens
January 2019

Registration/Accommodation Booking Opens
January 2019

Abstract Submission Deadline
3 June 2019

Closing of Online Registration
5 November 2019

REGISTRATION FEES: *4 in 1 + free access to ESSKA Academy!*

Register for the programme of your Speciality and get free entrance to three more focused meetings during ESSKA Speciality Days! The scientific content of the ESSKA Speciality Days will be available for all the delegates on the Academy for free.

Spanish VAT at 21% is included in the prices.

	Early Bird Until 30 August 2019			**Standard** 31 August – 1 October 2019		
	ESSKA Section Member	ESSKA Member	Non-Member	ESSKA Section Member	ESSKA Member	Non-Member
Senior MD	295 €	350 €	495 €	355 €	410 €	555 €
Residents, Fellows, Physiotherapists, Coaches, Non-Physicians, Scientists	185 €	240 €	385 €	220 €	275 €	420 €
Students	50 €	50 €	50 €	50 €	50 €	50 €

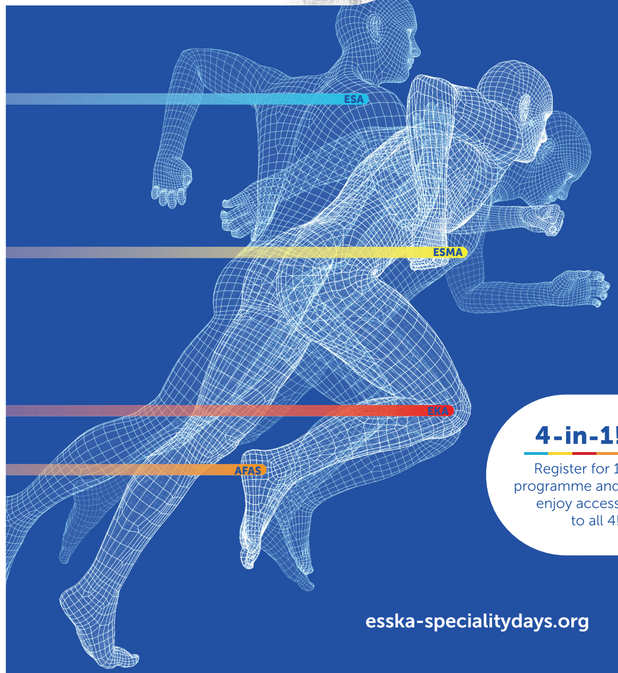
Spanish VAT at 21% is included in the prices.

	Late 2 October – 7 November 2019			**Onsite** 8 November 2019		
	ESSKA Section Member	ESSKA Member	Non-Member	ESSKA Section Member	ESSKA Member	Non-Member
Senior MD	395 €	450 €	595 €	474 €	529 €	674 €
Residents, Fellows, Physiotherapists, Coaches, Non-Physicians, Scientists	245 €	300 €	445 €	294 €	349 €	494 €
Students	50 €	50 €	50 €	50 €	50 €	50 €

ESSKA

SPECIALITY DAYS 2019

8–9 NOVEMBER
MADRID, SPAIN



4-in-1!
Register for 1 programme and enjoy access to all 4!

esska-specialitydays.org

AFAS
Ankle & Foot Associates

FROM TRAUMA TO ARTHRITIS – WHERE DO WE STAND

8 NOVEMBER 2019

08:00–08:30 Welcome Coffee

08:30–10:00 Biologics

BMAC/PRP - The Case For
L. Schon (UNITED STATES)

BMAC/PRP - The Case Against
A. Younger (CANADA)

Scaffold/Hydrogels
H. Pereira (PORTUGAL)

Stem Cells
J. Calder (UNITED KINGDOM)

10:00–10:45 Coffee Break / Hot Topic Debates

10:45–11:45 ESSKA-AFAS summary of ICCRA consensus on the treatment of paediatric talar OCLs - best treatments and future technologies

Terminology and Summary
E. Hurley (IRELAND)

Paediatric Cartilage Lesions
L. Schon (UNITED STATES)

Tibial plafond OCL
C. van Bergen (UNITED KINGDOM)

11:45–12:45 Free Papers

12:45–14:15 Lunch Break / Hot Topic Debates

14:15–15:00 ESSKA-AFAS summary of ICCRA consensus on the treatment of paediatric talar OCLs - best treatments and future technologies

OCL with ankle instability
C. Pearce (UNITED KINGDOM)

Early ankle arthritis treatment
A. Younger (CANADA)

Discussion & Cases

15:00–15:45 Free Papers

15:45–16:30 Coffee Break / Hot Topic Debates

16:30–18:00 Syndemsosis Injuries

Optimising diagnosis
J. Calder (UNITED KINGDOM)

Management of the acute injury
C. Pearce (UNITED KINGDOM)

Management of the chronic injury
A. Younger (CANADA)

How to deal with the deltoid injury
D. Haverkamp (THE NETHERLANDS)

Discussion & cases

18:00–19:00 Networking Reception

9 NOVEMBER 2019

08:30–09:00 Welcome Coffee

09:00–10:00 Optimal treatment of end stage arthritis in the young and active population

Calc or tibial osteomies, which work?
A. Younger (CANADA)

Is fusion career ending?
H. Pereira (PORTUGAL)

Is replacement an option?
A. Kynsburg (AUSTRIA)

Discussion

10:00–10:45 Free papers

10:45–11:15 Spanish Breakfast Break

11:15–12:00 Sharing the "Take Home Messages" of Each Section

12:00–13:00 Section Members' Meeting

AFAS SCIENTIFIC CHAIRS

James Calder (UNITED KINGDOM)
Hélder Pereira (PORTUGAL)
Daniël Haverkamp (THE NETHERLANDS)

HIGHLIGHT SPEAKERS

James Calder UNITED KINGDOM
Daniel Haverkamp THE NETHERLANDS
Hélder Pereira PORTUGAL
Lew Schon UNITED STATES
Alastair Younger CANADA

EKA
European Knee Associates

CURRENT CONCEPTS FOR THE DEGENERATIVE KNEE - ALIGNMENT

8 NOVEMBER 2019

08:00–08:30 Welcome Coffee

08:30–10:00 Imaging modalities and analysis techniques for the measurement of lower limb alignment

Short-leg films
D. Guenther (GERMANY)

Long leg films
M. Unal (TURKEY)

Stress-x-ray
M. Clarius (GERMANY)

EOS
J. Schmidt (GERMANY)

CT
J. Verhaar (THE NETHERLANDS)

MRI
G. Demey (FRANCE)

Nucleair type imaging
A. Sabatini (ITALY)

10:00–10:45 Coffee Break / Hot Topic Debates

10:45–12:15 Anatomical versus mechanical versus kinematic versus individualised alignment in TKA

Phenotype
M. Hirschmann (SWITZERLAND)

Anatomical alignment
J. Beckmann (GERMANY)

Mechanical alignment
E. Gomez Barrena (SPAIN)

Kinematic alignment
P. Indelli (UNITED STATES)

Individualised alignment
M. Arnold (SWITZERLAND)

12:15–14:45 Lunch Break / Hot Topic Debates

13:45–15:15 Update HTO - The optimal alignment per indication and operative technique

Which alignment should we target for medial compartment OA?
M. Dawson (UNITED KINGDOM)

Which alignment should we target for varus/valgus deformity and planned ankle?
S. Schröter (GERMANY)

Which alignment in sagittal and coronal plane in case of planned ACL or PCL reconstruction?
D. Pape (LUXEMBOURG)

Combined procedures: ACL and HTO
K. Slynarski (POLAND)

New jigs for HTO and patient specific saw guides
S. Parratte (FRANCE)

Double level osteotomy and joint-line orientation
K. Kley (GERMANY)

Is there still a place for lateral closed wedge HTO
E. Servien (FRANCE)

Chiba Osteotomy – Indication and technique
H. Saito (JAPAN)

Patella height after open wedge HTO – depending on surgical technique?
B. Ambrozic (SLOVENIA)

15:15-15:45 Free Papers

Computer Assistes Femoral and Tibial Rotations in TKR
P. Beaufils (FRANCE)

15:45–16:30 Coffee Break / Hot Topic Debates

16:30–18:00 Safe zones for alignment of femoral, tibial and patellar components in TKA

Jointline obliquity
A. Price (UNITED KINGDOM)

Coronal femur
J. Leal-Blanquet (SPAIN)

Saggital femur
P. Verdonk (BELGIUM)

Rotational femur
O. Kessler (SWITZERLAND)

Coronal tibia
P. Hinarejos (SPAIN)

Saggital tibia
D. Deehan (UNITED KINGDOM)

Rotational tibia
A. Schiavone Panni (ITALY)

Alignment of patella
F. Giron (ITALY)

18:00–19:00 Networking Reception

9 NOVEMBER 2019

08:30–08:45 Welcome Coffee

08:45–10:00 How can we ensure the correct alignment in the digital era?

Importance of pre-op planning 2 D
P. Erasmus (SOUTH AFRICA)

Importance of pre-op planning 3 D
H. Behrend (SWITZERLAND)

Pressure sensors
M. Engl (GERMANY)

CAS
J. Y. Jenny (FRANCE)

Customised Knee Arthroplasty
R. Becker (GERMANY)

I-pod navigation
M. Denti (SWITZERLAND / ITALY)

PSI
C. Tibesku (GERMANY)

Robotics
M. Liebensteiner (AUSTRIA)

Role of the human orthopedic surgeon
N. Kort (THE NETHERLANDS)

10:00-10:45 Free Papers

10:45–11:15 Spanish Breakfast Break

11:15–11:45 Sharing the "Take Home Messages" of Each Section

11:45–12:45 Section Members' Meeting

EKA SCIENTIFIC CHAIRS

Michael Hirschmann (SWITZERLAND)
Nanne Kort (THE NETHERLANDS)

HIGHLIGHT SPEAKERS

Matt Dawson UNITED KINGDOM
Enrique Gomez Barrena SPAIN
Pedro Hinarejos SPAIN
Michael T. Hirschmann SWITZERLAND
Nanne Kort THE NETHERLANDS

ESA
European Shoulder Associates

MASSIVE ROTATOR CUFF TEARS

8 NOVEMBER 2019

08:00–08:30 Welcome Coffee

08:30–10:00 Controversies in massive rotator cuff tears

Massive and irreparable rotator cuff tears: defining the problem
K. Beitzel (GERMANY)

Critical shoulder angle: does lateral acromioplasty have a role in preventing re-rupture?
G. Nourissat (FRANCE)

Fatty infiltration and muscle atrophy: what does it mean and what happens after repair
M. Hantes (GREECE)

Biological augmentation in RC repair: scaffolds, PRP and cell therapies
C. Rosso (SWITZERLAND)

Shoulder injections: options, ultrasound assistance, evidences
N. Gomes (PORTUGAL)

Nonoperative treatment: the role of rehabilitation
M. Aramberri (SPAIN)

Patient's expectation in RCR: what is its role?
R. Hackney (UNITED KINGDOM)

Treatment of massive irreparable cuff tears: decision-making process
G. Milano (ITALY)

10:00–10:45 Coffee Break / Hot Topic Debates

10:45–12:45 Re-live

Partial repair
G. Samitier (SPAIN)

Patch graft augmentation
C. Charousset (FRANCE)

Superior capsule reconstruction
A. Imhoff (GERMANY)

Biceps autograft
J. Barth (FRANCE)

Tendon transfer for posterosuperior cuff: LD
F. Martetschläger (GERMANY)

Tendon transfer for posterosuperior cuff: LT
E. Calvo (SPAIN)

Tendontransfer for anterosuperior cuff: PM
J. Kany (FRANCE)

Tendon transfer for anterosuperior cuff: LD
V. Jermolajevas (LITHUANIA)

Subacromial spacer
L. Kovačić (SLOVENIA)

Reverse shoulder arthroplasty
B. Toussaint (FRANCE)

12:45–14:15 Lunch Break / Hot Topic Debates

14:15–15:45 Free Oral Presentations

15:45–16:30 Coffee Break / Hot Topic Debates

16:30–18:00 Case Discussion

Case 1 - Traumatic rotator cuff tear with shoulder stiffness
C. Maia Dias (PORTUGAL)

Case 2 - Failure of rotator cuff repair
R. Hackney (UNITED KINGDOM)

Case 3 - Combined massive rotator cuff and recurrent shoulder instability
B. Poberaj (SLOVENIA)

Case 4 - Reverse arthroplasty VS other options
P. Gleyze (FRANCE)

Case 5 - Massive RCT and patient specific rehabilitation in sportsmen
E. Taverna (ITALY)

Case 6 - Revision arthroscopic RCT repair
A. Calvo (SPAIN)

18:00–19:00 Networking Reception

9 NOVEMBER 2019

08:5–09:15 Welcome Coffee

09:15–10:45 Complications and failures

RC Tear anthropathy and pseudoparalysis: where are the limits for repair?
E. Antonogiannakis (GREECE)

Avoiding risks with tendon transfers
R. Brzóska (POLAND)

Management of bone loss in rotator cuff tear arthropathy
G. Milano (ITALY)

Work-up and management of infection in shoulder arthroplasty
R. Claro (PORTUGAL)

Biomechanics of failure of reverse shoulder arthroplasty
M. Karahan (TURKEY)

Techniques for revision of reverse shoulder arthroplasty: humeral component
J. Kany (FRANCE)

Techniques for revision of reverse shoulder arthroplasty: glenoid component
P. Heuberer (AUSTRIA)

10:45–11:15 Spanish Breakfast Break

11:15–11:45 Sharing the "Take Home Messages" of Each Section

11:45–13:00 Section Members' Meeting

ESA SCIENTIFIC CHAIRS

Nuno Gomes (PORTUGAL)
Ladislav Kovačić (SLOVENIA)
Frank Martetschläger (GERMANY)
Giuseppe Milano (ITALY)

HIGHLIGHT SPEAKERS

Emilio Calvo SPAIN
Andreas Imhoff GERMANY
Giuseppe Milano ITALY
Boris Poberaj SLOVENIA
Bruno Toussaint FRANCE

ESMA
European Sports Medicine Associates

SPORTS INJURIES. NEW CONCEPTS!

8 NOVEMBER 2019

08:00–08:30 Welcome Coffee

08:30–10:00 Performing Arts and specific injuries. Art in Sport or sport in Art? What can the performing arts learn from sports?

Musicians
G. Milano (ITALY)

Circus
M. Carmont (UNITED KINGDOM)

Dance
G. L. Canata (ITALY)

Horse Performers
A. Lukaszensko (RUSSIAN FEDERATION)

Bull Performers
H. Jones (PORTUGAL)

Discussion

10:00–10:45 Coffee Break / Hot Topic Debates

10:45–12:15 Tendon injuries. What did we learn until now? Classification, Prevention and return to play

Tendon structure, composition and behavior through sports life?
P. Papadopoulos (GREECE)

Tendinopathy: tendinitis and tendinoses. What changes? Classification! Is there a consensus?
B. Pijenburg (THE NETHERLANDS)

Ultrasound imaging and conservative treatment follow up
B. Klos (THE NETHERLANDS)

Surgery principles and results
A. Korolev (RUSSIAN FEDERATION)

Prevention! What could we do to avoid tendon injury?
G. Felmet (GERMANY)

Discussion

12:15–13:45 Lunch Break / Hot Topic Debates

13:45–15:45 Muscle injuries: What did we learn until now? Classification, Prevention and return to play

Injury Mechanism and Diagnosis
I. Guillén (SPAIN)

How to identify? Is there an optimal classification?
R. Pruna (SPAIN)

How to treat? Diferent conservative approaches and results
F. Della Villa (ITALY)

Muscle Surgery ! When and why?
J. Puigdellivol (SPAIN)

Return to sports? Which criteria?
G. Rodas (SPAIN)

Prevention strategies! Does it work?
T. Patt (THE NETHERLANDS)

Re-injury! Who is responsible for it?
T. Fernandez Jaen (SPAIN)

Discussion

15:45–16:30 Coffee Break / Hot Topic Debates

16:30–18:00 Recover and improve performance devises. Myth or reality?

Water and Low temperatures therapy
Cryotherapy
A. Sola (SPAIN)

Biomarkers and Metabolomics in sports. What do we know about?
L. Serratosa (SPAIN)

Neuromuscular stimulation devices
Á. Basas (SPAIN)

Oxygen Therapy: why hiperbaric chambers? why hipobaric chamber?
L. Laver (UNITED KINGDOM)

Supplements: what really works?
R. Maughan (UNITED KINGDOM)

Sleep, recovery and performance
T. Meyer (GERMANY)

GPS devises
A. Mendez-Villanueva (QATAR)

18:00–19:00 Networking Reception

9 NOVEMBER 2019

08:30–09:00 Welcome Coffee

09:15-09:30 Football evolution. What changed to protect the player?
M. D'Hooghe (BELGIUM)

09:30-10:45 Athlete injury! From the field ...to the field Retired players, what changes?
L. Figo (PORTUGAL)
L. Boa Morte (PORTUGAL)
M. D'Hooghe (BELGIUM)
O. Celada (SPAIN)
A. Maestro (SPAIN)

10:45–11:15 Spanish Breakfast Break

11:15–11:45 Sharing the "Take Home Messages" of Each Section

11:45–13:00 Section Members' Meeting

ESMA SCIENTIFIC CHAIRS

Henrique Jones (PORTUGAL)
Wernner Krutsch (GERMANY)
Hermann Mayr (GERMANY)
Jacques Menetrey (SWITZERLAND)

HIGHLIGHT SPEAKERS

Luis Figo PORTUGAL
Michel D'Hooghe BELGIUM
Henrique Jones PORTUGAL
Tim Meyer GERMANY
Jordi Puigdellivol SPAIN