

Motivations, Inc., A National Provider of Continuing Education
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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title
Webinar Date	
Name	Discipline
Facility	
Home Mailing Address	
City	State Zip
Daytime Phone	Fax
E-mail Address for Confirmation (will not be shared or sold)	

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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.



Motivations, Inc.
Accredited Continuing Education Courses

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National Credentials

Motivations Inc. works with the following CEU approval sources.
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Additional State PT Boards
 and APTA Chapters approvals
 obtained.

Visit: [State CEU Approvals](#)

WEBINAR

#7452 Coronavirus COVID-19 Infection Control Update for Rehab Management Considerations

Instructor

Theresa A. Schmidt, DPT,MS,OCS,LMT,CEAS,CHy,DD

**Audience: Physical Therapists, Assistants, and
 Allied Health Professionals**

**Time: 2 hours of presentation and
 1 hour of preparation and post test**

**Delivery Options:
 Live Webinar or Self-Study Options**

SUMMARY: Current evidence is emerging daily for rehabilitation of adults diagnosed with COVID19. Resources are emerging to guide therapists in clinical decision making for infection control and design of effective care plans for patients with COVID19 in the acute and post-acute settings. This webinar explores some of the current guidelines of the APTA, PM&R, Mayo Clinic and CDC with emphasis on early inpatient rehab and post-acute considerations for patients with COVID19 (as of November 2020). Since the volume of information on COVID19 outcomes is growing, clinicians are advised to access the most current information on management of patients from reliable sources. (CDC, professional associations, scholarly research) This program provides helpful links to selected resources and guidance for working with patients with COVID19 with safeguards for infection control and recovery of function for people affected by the coronavirus. Self-care practices are recommended to support clinicians in building resilience and maintaining effective coping mechanisms for dealing with the challenge of the pandemic. Course instruction methods include lecture, demonstration, videos, case studies and question/answers.

PRESENTER: **Theresa A. Schmidt, DPT,MS,OCS,LMT,CEAS,CHy,DD** is a board-certified specialist in orthopedic physical therapy, a massage therapist, personal trainer, clinical exercise specialist, certified ergonomic assessment specialist and clinical hypnotherapist. Dr. Schmidt is founder and president of Flex Physical Therapy in Long Island, NY. She has served as faculty of Physical Therapy at Touro College and adjunct professor at CUNY Queens College and Nassau Community Colleges. She founded Educise Resources Inc., a professional continuing education and health enhancement company. She has presented for numerous organizations, including APTA, AMTA/NY, NYSSMMT, IDEA, ACE, The New Center for Wholistic Health Education, Cross Country Education Inc. and the Council of Licensed Physiotherapists. Dr. Schmidt graduated with Highest Honors from Long Island University's BS-MS Program in Physical Therapy in Brooklyn, NY. She received her Massage Therapy diploma from the New Center for Wholistic Health Education and Research in Manhasset, NY. The instructor(s) does not have any financial and non-financial relationships to disclose. *Financial*— Received a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course the participant will be able to:

1. Recognize the clinical manifestations of the Coronavirus known as COVID-19.
2. Identify clinical guidelines for management of people diagnosed with COVID19 in the acute and post-acute stages
3. Identify where to access updated information on infection control and rehab program design for people with COVID19
4. Incorporate self-care practices to improve clinician resilience and reduce stress when working with patients with COVID19

FORMAT: This is a 3-contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ASHA CEU's: WE HAVE NOT APPLIED FOR ASHA CEUs on this course due to the immediate nature of the presentation.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

30 min : Background of COVID19, Current COVID19 statistics from CDC, clinical manifestations, systems-based impairments, acute rehab, complication prevention, in acute stage,

30 min : Rehab program guidelines and precautions, Frailty and resilience, multicompexity, 6Ms/5Ms approach

30 min : Post-acute disposition, special precautions

30 min :120 Infection control updates, Self-care, coping and resilience, resource links

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.