

Promoting Growth and Change Amongst Complex Patients

Friday, April 21, 2017

Cleveland Clinic Administrative Campus
Building 3
3050 Science Park Drive
Beachwood OH 44122

Complex patients may have poorer outcomes, are higher utilizers of healthcare and may challenge the treatment team. Learning the skills to manage complex patients may help improve outcome as well as patient and staff satisfaction.

Summit Directors

Leslie Heinberg, PhD – Section Head, Adult Psychology
Xavier Jimenez, MD – Staff, Center for Behavioral Health

Guest Faculty

Paul Ciechanowski, MD, MPH – University of Washington
Janelle Coughlin, PhD – Johns Hopkins School of Medicine
Antoine Douaihy, MD – University of Pittsburgh School of Medicine



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Description

Chronic disease management involves diagnosis, evaluation, and treatment, but also depends greatly on a patient's ability to practice self-care. At the Cleveland Clinic, we recognize the need to help our patients help themselves. This one-day summit brings together experts from medicine, case management, nursing, social work, psychology, addiction, and more to achieve what the title suggests: promote growth and change in the most complex, challenging and difficult of patient populations. The summit will feature keynote addresses, didactic sessions, break-out skills-based workshops, and educational resources, while offering continuing education credits for physicians, nurses, social workers, and other clinicians.

Target Audience

Psychiatrists, Psychologists, Family Practice and Internal Medicine Physicians, Endocrinologists, Nurse Practitioners, Social Workers, Dietitians, and other Allied Healthcare Professionals.

Learning Objectives

1. Describe the impact of nonadherence on chronic illness outcomes
2. Identify strategies for increasing patient motivation
3. Discuss tailoring interventions to patient stage of change
4. Review challenges presented by dually-diagnosed patients
5. Describe the skills to improve communication in complex patient situations



Cleveland Clinic Faculty

Andrea Cupples
Ombudsman Department

Paul Ford, PhD
Center for Ethics, Humanities and Spiritual Care

Karen Hurley, PhD
Center for Behavioral Health

Megan Lavery, PsyD
Bariatric and Metabolic Institute

Donald Malone, MD
Center for Behavioral Health

Susan Rehm, MD
Infectious Disease

Karen Salerno, LISW
Center for Behavioral Health

Catherine Skowronsky, RN
Advanced Practice Nursing

David Streem, MD
Medical Director – Alcohol & Drug Recovery Center
Center for Behavioral Health

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AGENDA

Friday, April 21, 2017; 8:00 a.m–5:00 p.m.

7:45-8:30 am **Registration, Check-in, Breakfast**

8:30-9:30 am Keynote Presentation: **“The Promise of Collaborative Care for Treating Behavioral Health and Chronic Medical Conditions”**
Paul Ciechanowski, MD, MPH

9:30-10:30 am **“Motivational Interviewing in Dual Diagnosis Populations”**
Antoine Douaihy, MD

10:30-11:00 am **Break/Exhibits**

11:00-12:00 pm Professional Panel: **“Dual Diagnosis and Nonadherence”**
Moderator: *Don Malone, MD*

12:00-1:00 pm **Lunch and Exhibits**

1:00-2:00 pm **“Obesity and Self-Care”**
Janelle Coughlin, PhD

2:00-3:00 pm **Concurrent Workshops I** (choose 1 of 3, below)

3:00-4:00 pm **Concurrent Workshops II** (choose 1 of 3, below)

Concurrent Workshops

1. **“Engaging the Complex Psychiatric Patient”** – *Karen Salerno, LISW and Cathy Skowronsky, RN*
2. **“Motivational Interviewing in Chronic Diseases”** – *Janelle Coughlin, PhD and Megan Lavery, PhD*
3. **“Motivational Interviewing in Dual Diagnosis Populations”** – *Antoine Douaihy, MD and David Streem, MD*

4:00-5:00 pm Professional Panel: **“Ethics and Values in Care of Complex Patients”**

Moderator: *Karen Hurley, PhD*

Panel Members: *Susan Rehm, MD; Paul Ford, PhD; Xavier Jimenez, MD; and Andrea Cupples*

5:00 pm **Conclusion**

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General Information

Location

Cleveland Clinic Administrative Campus, Building 3
3050 Science Park Drive, Beachwood, OH 44122

Registration and Cancellation

Register at www.ccfme.org/PromotingGrowth17. The registration deadline is Tuesday, April 18, 2017 at 5:00 PM EST. To register after April 18 please contact Shana Spade at 216.444.9380 or spades@ccf.org for details on how to register onsite. Cancellations will be accepted until April 14, 2017. In case of cancellation, a \$50 cancellation fee will be deducted from your refund. Written notification of your cancellation is required in order to process your refund. NO REFUNDS WILL BE ISSUED AFTER APRIL 14, 2017.

Registration Fees

Registration fee includes continental breakfast, lunch, refreshment breaks and a copy of the book *Motivational Interviewing: A Guide for Medical Trainees*, edited by Antoine Douaihy, a \$50 value.

Physicians and PhDs:	\$195
Non-physicians:	\$150
Cleveland Clinic Employees:	\$75



Parking

Free surface-lot parking is available at the program location.

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.



Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval. Nurses are able to obtain CE that has been approved or provided by a nationally recognized accreditation system of continuing education. Examples include:

- The American Nurses Credentialing Center (ANCC)
- The Accreditation Council for Continuing Medical Education (ACCME)
- The International Association for Continuing Education and Training (IACET)

Cleveland Clinic is an approved OPA-MCE provider.

Special Needs

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Shana Spade at 216.444.9380 at least two weeks prior to the activity.

For additional information: Ms. Martha Tobin – 800.223.2273 ext. 53449;
(e-mail) tobinm@ccf.org / (fax) 216.445.9908