



كليفلاند كلينك أبوظبي
Cleveland Clinic Abu Dhabi

Brought to you by Mubadala

Pain Management Conference

January 22, 2016
Auditorium
Cleveland Clinic Abu Dhabi



www.PainManagementConference.org

**Program
Book**



Welcome

Dear Colleagues,

It gives us great pleasure to welcome you to the Pain Management Conference which will take place at Cleveland Clinic Abu Dhabi on 22nd January, 2016.

Organised by Cleveland Clinic Abu Dhabi Anesthesiology Institute, the conference aims to provide physicians with the most recent advances and current evidence regarding key topics for both acute and chronic pain management.

The conference covers wide range of pain management topics, with emphasis on evidence based medicine and best practice. Advanced therapies for chronic pain like neuromodulation, radiofrequency and intrathecal drug delivery will also be addressed.

The lectures will be delivered by renowned international and national experts in the field of pain management.

We look forward to welcome your participation in this unique educational experience and trust it will be rewarding, memorable and an enjoyable experience.

Sincerely yours,

Amit Asopa, MD, FRCA
Conference Chairman
Consultant Physician
Anesthesiology Institute
Cleveland Clinic Abu Dhabi

Pier Bergonzi, MD
Conference Co-Chairman
Consultant Physician
Anesthesiology Institute
Cleveland Clinic Abu Dhabi

About Cleveland Clinic Abu Dhabi



Cleveland Clinic Abu Dhabi, part of Mubadala's network of world-class healthcare facilities, is a multispecialty hospital on Al Maryah Island in Abu Dhabi, UAE. Cleveland Clinic Abu Dhabi is a unique and unparalleled extension of US-based Cleveland Clinic's model of care, specifically designed to address a range of complex and critical care requirements unique to the Abu Dhabi population. Cleveland Clinic Abu Dhabi has five Centers of Excellence in the following Institutes: Heart & Vascular, Neurological, Digestive Disease, Eye and Respiratory & Critical Care. Other Institutes include Surgical Subspecialties, Medical Subspecialties, Emergency Medicine, Anesthesiology, Pathology & Laboratory Medicine, Imaging and Quality & Patient Safety. In all, more than 30 medical and surgical specialties are represented at Cleveland Clinic Abu Dhabi.

The facilities at Cleveland Clinic Abu Dhabi combine state-of-the-art amenities and world-class service standards. The hospital is a 364 (expandable to 490) bed facility, with five clinical floors, three diagnostic and treatment levels, and 13 floors of critical and acute inpatient units. It is a physician-led medical facility served by North American board certified (or equivalent) physicians. Cleveland Clinic Abu Dhabi provides patients in the region direct access to the world's best healthcare providers and Cleveland Clinic's unique model of care, reducing their need to travel abroad for treatment.

Cleveland Clinic Abu Dhabi is located on the waterfront of Al Maryah Island. The island occupies a unique position between Abu Dhabi's existing downtown district, the upcoming developments at Al Reem Island and the new cultural district on Saadiyat Island.

Visit www.clevelandclinicabudhabi.ae for more information

Scientific and Organizing Committee

**Chairman**

Amit Asopa, MD, FRCA

Consultant Physician

Anesthesiology Institute

Cleveland Clinic Abu Dhabi

**Co-Chairman**

Pier Bergonzi, MD

Consultant Physician

Anesthesiology Institute

Cleveland Clinic Abu Dhabi

**Senior Advisor**

Massimo Ferrigno, MD, FCCM

Chief of Anesthesiology Institute

Anesthesiology Institute

Cleveland Clinic Abu Dhabi

**Member & CME Coordinator**

Maurice Hogan, MB BCH

Consultant Physician

Anesthesiology Institute

Cleveland Clinic Abu Dhabi

**CME Coordinator**

Sowmya Ramesh

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Physician Staff Affairs

Cleveland Clinic Abu Dhabi

**Institutions Administrator**

Jasin Thaj

Administrator

Anesthesiology Institute

Cleveland Clinic Abu Dhabi

**Administrator**

Fatima Alalawi

Administrator

Anesthesiology Institute

Cleveland Clinic Abu Dhabi

Conference Overview

Conference Topics

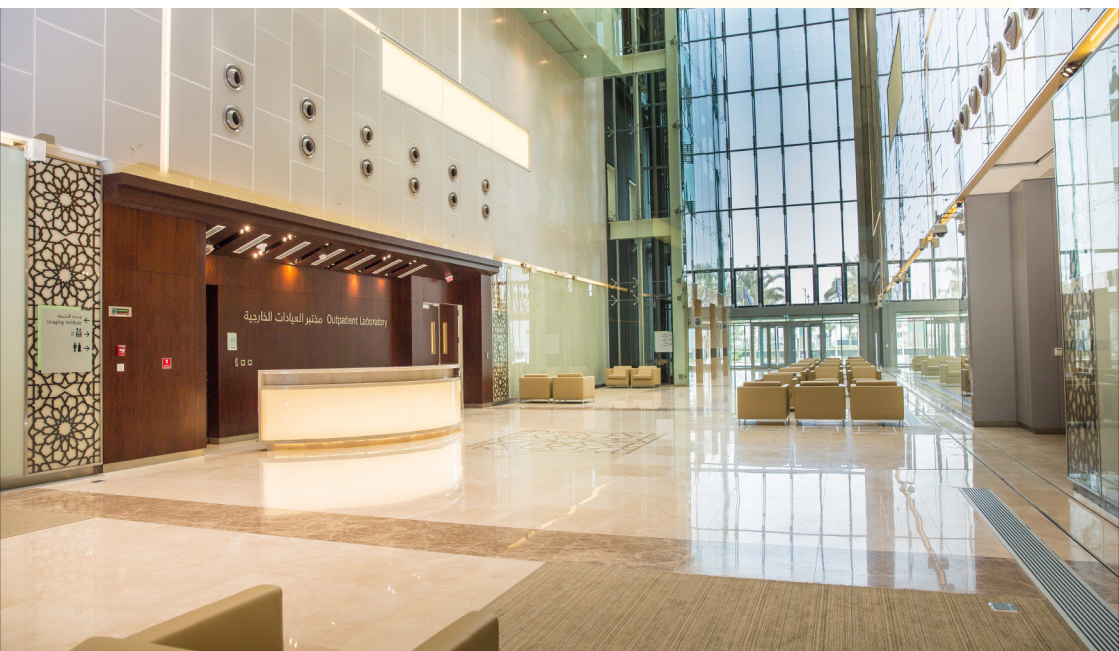
- Practice of Pain Medicine
- Outcomes and complications of Regional Anesthesia
- Ultrasound guided regional anesthesia
- Neuromodulation for chronic pain
- Radiofrequency for treatment for chronic pain
- Intrathecal Drug Delivery
- Chronic Migraine treatment

Target Audience

- Anesthesiologists
- Pain management physicians
- Physical Medicine and Rehabilitation physicians
- Orthopedic and spine surgeons
- Neurologists and headache specialists
- Primary care physicians with interest in pain management
- Pain Management Nurses

Accreditation

Accreditation is sought the HAAD (Health Authority Abu Dhabi).



Conference Speakers



Nagy Mekhail, MD, PhD
Professor of Anesthesiology, Director of the
Evidence Based Pain Medicine Research
Cleveland Clinic
Ohio, USA



Carol Warfield, MD
Professor of Anesthesiology
Harvard Medical School
Boston, USA



Giorgio Danelli, MD
Professor of Anesthesiology, Head Department of
ICU and Pain Therapy, Anesthesia Professor
University of Parma
Milan, Italy



Peter Marhofer, MD
Professor of Anesthesiology
Medical University of Vienna
Vienna, Austria



Farah Al Zaabi, MD
Family Medicine & Chronic Pain Consultant
Zayed Military Hospital
Abu Dhabi, UAE

Rafael Blanco, MD, FRCA
Consultant Anesthesiologist
Corniche Hospital
Abu Dhabi, UAE



Massimo Ferrigno, MD, FCCM
Chief Anesthesiology Institute
Anesthesiology Institute
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE

Conference Speakers



Elia Del Rosario, MD
Consultant Physician
Anesthesiology Institute
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE



Amira Siyam, MD
Consultant Physician
Anesthesiology Institute
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE



Pier Bergonzi, MD
Consultant Physician
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Maurice Hogan, MB, BCh
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Amit Asopa, MD, FRCA
Consultant Physician
Anesthesiology Institute
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE



Eric Francois, MD
Consultant Physician
Neurological Institute
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE



Cynthia Bamford, MD
Consultant Physician
Neurological Institute
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE

Scientific Program

Fri, 22 nd of Jan.	Topic	Presenter
07:30-08:00	Registration	
08:00-08:05	Welcome/Introduction	Amit Asopa, MD, FRCA
08:05-08:15	Opening Remarks	Massimo Ferrigno, MD, FCCM
Session 1		
08:15-09:00	Overview of Pain Management	Carol Warfield, MD
09:00-9:45	New Targets of Neuromodulation for Chronic Pain	Nagy Mekhail, MD, PhD
09:45-10:15 Coffee Break		
Session 2		
10:15-10:45	Does regional anesthesia improve outcomes?	Peter Marhofer, MD
10:45-11:15	Ultrasound guided Regional Anesthesia: State of art	Elia Del Rosario, MD
11:15-11:45	Thoracic wall blocks: The new era	Rafael Blanco, MD, FRCA
11:45-12:15	TAP blocks and Quad lumborum blocks	Giorgio Danelli, MD
12:15-13:30 Lunch Break		
Session 3		
13:30-14:00	Complications of Regional Anesthesia and treatment of LAST	Amira Siyam, MD
14:00-14:30	IV Lidocaine and Liposomal Bupivacaine	Pier Bergonzi, MD
14:30-15:00	Persistent Post-Surgical pain	Maurice Hogan, MB, BCh
15:00-15:30	Acute Pain Service- European Perspective	Giorgio Danelli, MD
15:30-16:00 Coffee Break		
Session 4		
16:00-16:30	Spinal cord stimulation for chronic pain	Amit Asopa, MD, FRCA
16:30-17:00	Radiofrequency for chronic pain	Eric Francois, MD
17:00-17:30	Chronic Migraine and Botox	Cynthia Bamford, MD
17:30-18:00	Pain and Addiction	Farah Al Zaabi, MD
18:00-18:30	Intraspinal Drug delivery systems	Nagy Mekhail, MD, PhD



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