

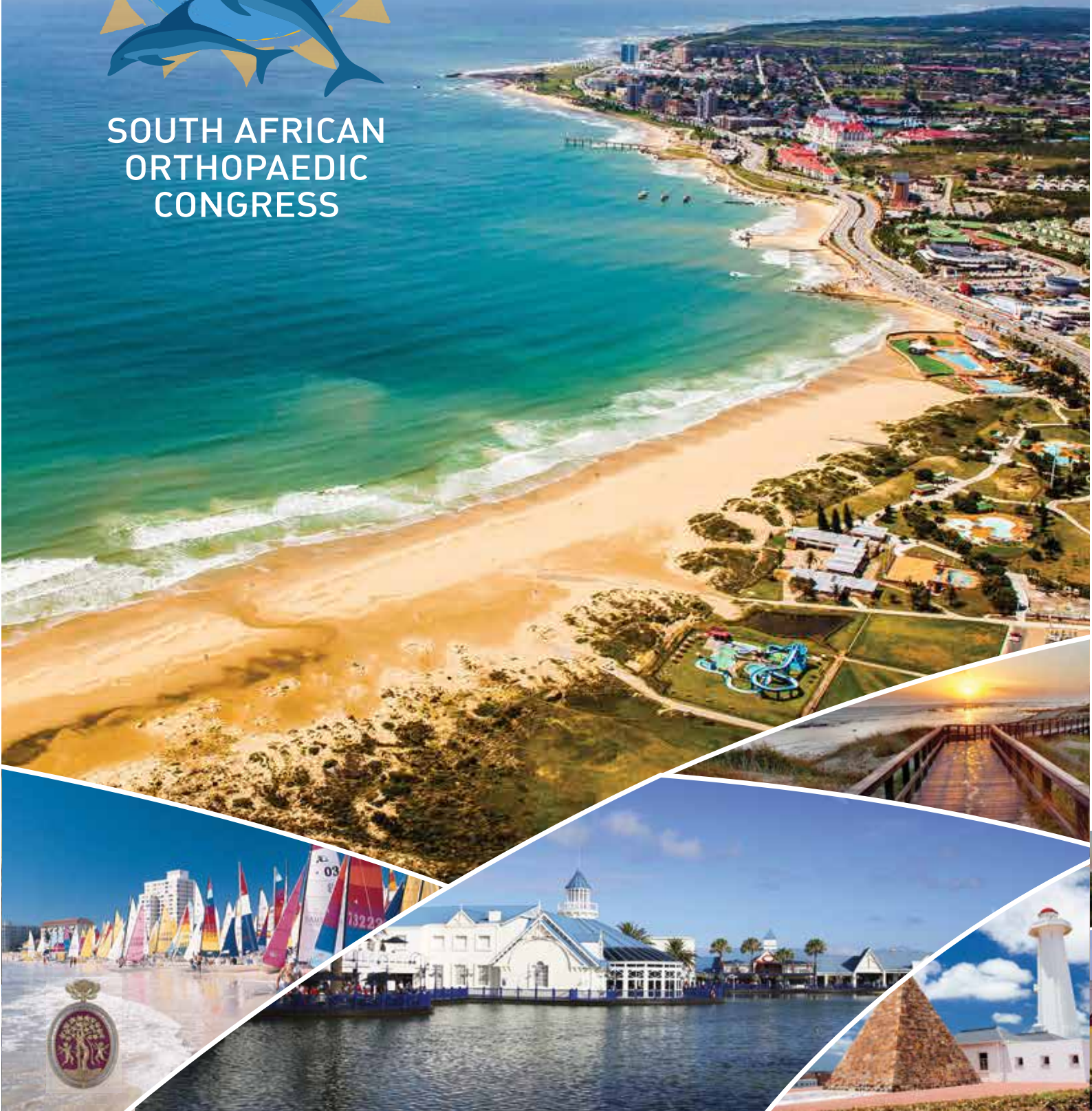
FIRST DELEGATE ANNOUNCEMENT

MARCH 2017



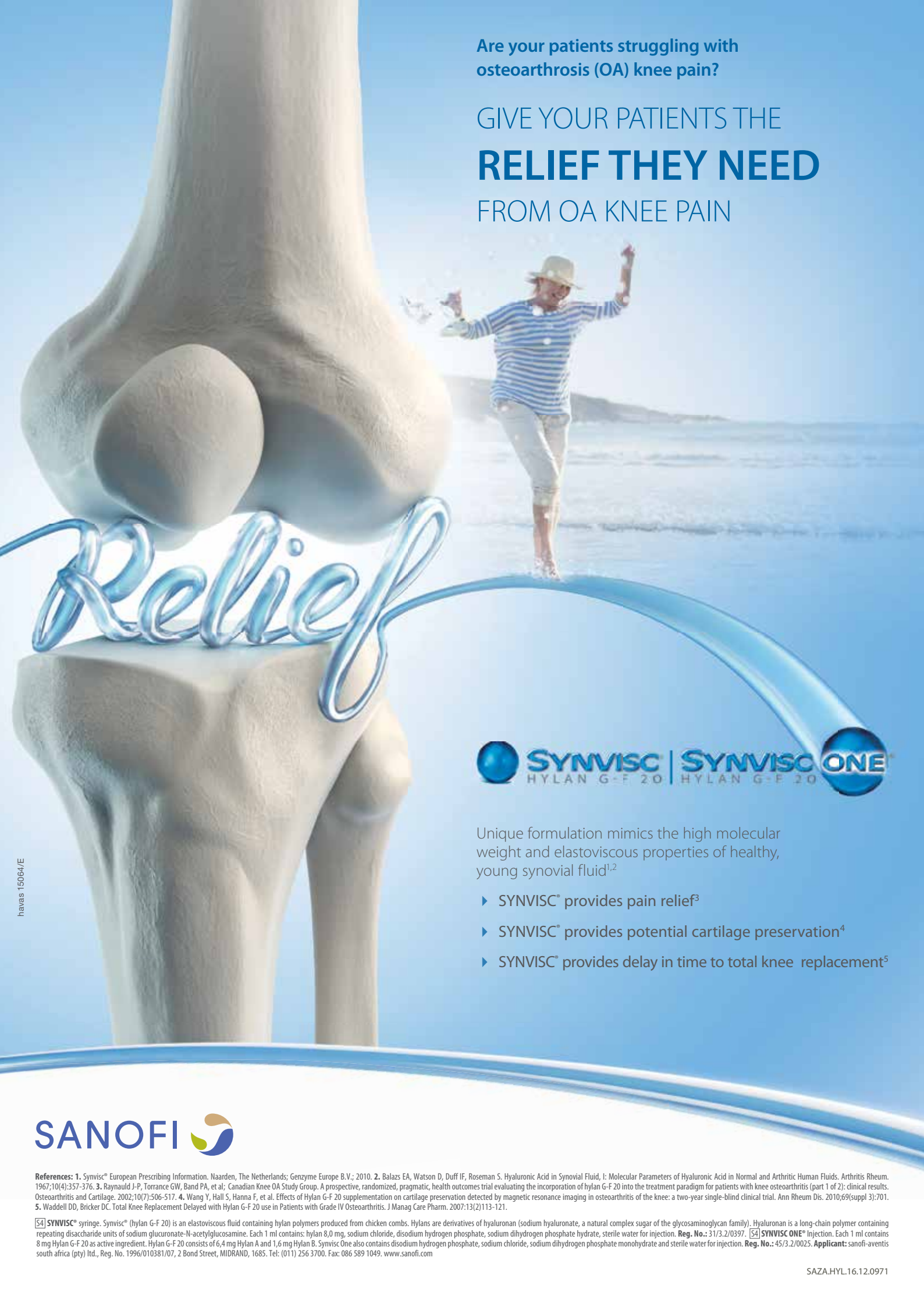
SOUTH AFRICAN
ORTHOPAEDIC
CONGRESS

The Boardwalk
Port Elizabeth
4-7 September 2017



Are your patients struggling with
osteoarthritis (OA) knee pain?

GIVE YOUR PATIENTS THE
RELIEF THEY NEED
FROM OA KNEE PAIN



Unique formulation mimics the high molecular weight and elastoviscous properties of healthy, young synovial fluid^{1,2}

- ▶ SYNVISIC® provides pain relief³
- ▶ SYNVISIC® provides potential cartilage preservation⁴
- ▶ SYNVISIC® provides delay in time to total knee replacement⁵

SANOFI

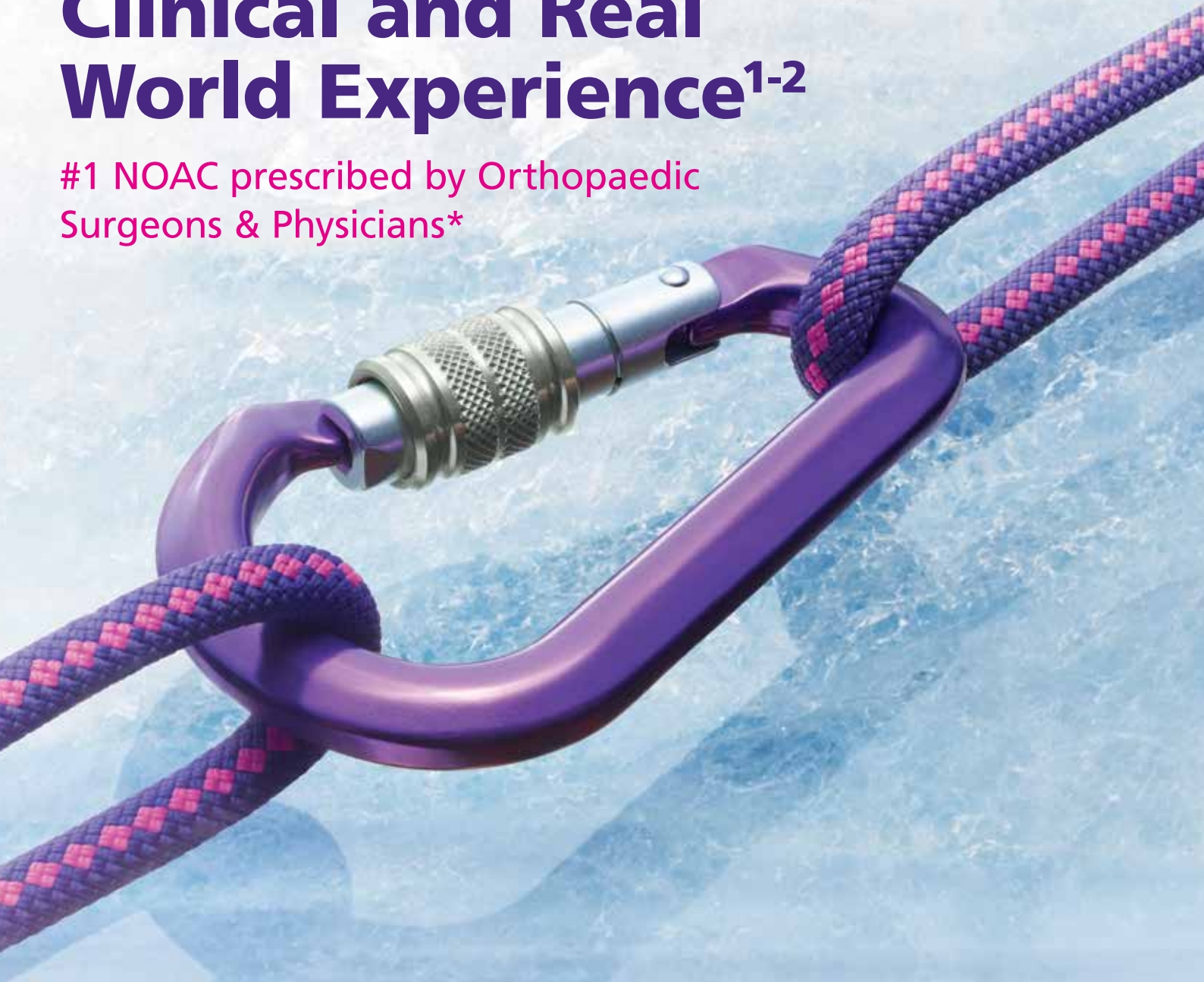
References: 1. Synvisc® European Prescribing Information. Naarden, The Netherlands: Genzyme Europe B.V.; 2010. 2. Balazs EA, Watson D, Duff IF, Roseman S. Hyaluronic Acid in Synovial Fluid, I: Molecular Parameters of Hyaluronic Acid in Normal and Arthritic Human Fluids. Arthritis Rheum. 1967;10(4):357-376. 3. Raynaud J-P, Torrance GW, Band PA, et al; Canadian Knee OA Study Group. A prospective, randomized, pragmatic, health outcomes trial evaluating the incorporation of hylan G-F 20 into the treatment paradigm for patients with knee osteoarthritis (part 1 of 2): clinical results. Osteoarthritis and Cartilage. 2002;10(7):506-517. 4. Wang Y, Hall S, Hanna F, et al. Effects of Hylan G-F 20 supplementation on cartilage preservation detected by magnetic resonance imaging in osteoarthritis of the knee: a two-year single-blind clinical trial. Ann Rheum Dis. 2010;69(suppl 3):701. 5. Waddell DD, Bricker DC. Total Knee Replacement Delayed with Hylan G-F 20 use in Patients with Grade IV Osteoarthritis. J Manag Care Pharm. 2007;13(2):113-121.

[S4] SYNVISIC® syringe. Synvisc® (hylan G-F 20) is an elastoviscous fluid containing hylan polymers produced from chicken combs. Hyalans are derivatives of hyaluronan (sodium hyaluronate, a natural complex sugar of the glycosaminoglycan family). Hyaluronan is a long-chain polymer containing repeating disaccharide units of sodium glucuronate-N-acetylglucosamine. Each 1 ml contains: hylan 8,0 mg, sodium chloride, disodium hydrogen phosphate, sodium dihydrogen phosphate hydrate, sterile water for injection. **Reg. No.:** 31/3.2/0397. [S4] SYNVISIC ONE® Injection. Each 1 ml contains 8 mg Hylan G-F 20 as active ingredient. Hylan G-F 20 consists of 6,4 mg Hylan A and 1,6 mg Hylan B. Synvisc One also contains disodium hydrogen phosphate, sodium chloride, sodium dihydrogen phosphate monohydrate and sterile water for injection. **Reg. No.:** 45/3.2/0025. **Applicant:** sanofi-aventis south africa (pty) Ltd., Reg. No. 1996/010381/07, 2 Bond Street, MIDRAND, 1685. Tel: (011) 256 3700. Fax: 086 589 1049. www.sanofi.com

Confidence Through Clinical and Real World Experience¹⁻²



#1 NOAC prescribed by Orthopaedic Surgeons & Physicians*



Millions of Patients Treated Worldwide With Xarelto® Across Multiple Indications^{3,4}

REFERENCES: 1. Turpie A.G.G., Lassen M.R., Eriksson B.I., *et al.* Rivaroxaban for the prevention of venous thromboembolism after hip or knee arthroplasty. Pooled analysis of four studies. *Thromb Haemost* 2011;105:444-453. 2. Turpie A.G.G., Haas S., Kreutz R., *et al.* A non-interventional comparison of rivaroxaban with standard of care for thromboprophylaxis after major orthopaedic surgery (XAMOS) *Thromb Haemost* 2013 www.clinicaltrials.gov: NCT00831714. 3. Xarelto® 10 Registered Package Insert South Africa 2011. 4. Calculation based on IMS Health MIDAS, Database: Monthly Sales December 2015.

For full prescribing information, refer to the package insert approved by the Medicines Regulatory Authority (MCC).

[S4] XARELTO® 10 (Film-coated tablets). Reg. No.: 42/8.2/1046. Each film-coated tablet contains rivaroxaban 10mg.
Namibia [S2] : 10/8.2/0463. Botswana [S2] : BOT1302278

PHARMACOLOGICAL CLASSIFICATION: A.8.2 Anticoagulants. **INDICATION:** Prevention of venous thromboembolism (VTE) in patients undergoing major orthopaedic surgery of the lower limbs. **HCR:** Bayer (Pty) Ltd, Co. Reg. No.: 1968/011192/07, 27 Wrench Road, Isando, 1609. Tel: +27 11 921 5044 Fax: +27 11 921 5041.

L.ZA.MKT.GM.05.2016.1329

© Bayer May 2016

*Impact RX Data Oct - Dec 2015.
NOAC; Non Vitamin K Oral Anticoagulant.

 **Xarelto®**
rivaroxaban

INVITATION AND CALL FOR PAPERS

MARCH 2017

Dear Colleagues,

The 63rd Congress of the South African Orthopaedic Association will be held at The Boardwalk Conference Centre in Port Elizabeth from 4 – 7 September 2017.

<https://suninternational.com/boardwalk/>

LETTER FROM THE CHAIRMAN

On behalf of the 2017 SAOA Congress Committee I would like to invite you to this year's meeting in Port Elizabeth. The congress will be held from Monday 4 September to Thursday 7 September 2017.

The instructional courses will be Spine, Shoulder & Elbow, Knees and Foot & Ankle.

Local and international faculty will lead the meeting. The meeting will be held in the new Port Elizabeth International Conference Centre (The Boardwalk Conference Centre) for the first time.

The weather in September is mild and the lengthening days mean that the congress will start and end during daylight, allowing you the opportunity to stroll in daylight, to refresh old friendships and make new ones.

The congress is aimed at registrars, general Orthopaedic surgeons as well as members of the subspecialties. I'd like to invite you to join us in Port Elizabeth for what promises to be an excellent congress.

A reminder that Delegate registration fees for SAOA members has stayed the same since 2014.

Kind regards,



DR. COLIN AUDLEY

CONGRESS FORMAT

MONDAY 4 SEPTEMBER 2017	Full day congress and Cocktail party onsite
TUESDAY 5 SEPTEMBER 2017	Full day congress and free evening
WEDNESDAY 6 SEPTEMBER 2017	Full day congress and Banquet onsite
THURSDAY 7 SEPTEMBER 2017	Congress and closing approx. 15h30



CONGRESS COMMITTEE/ACADEMIC COMMITTEE:



Colin Audley



Norrie Gibson



Damian Thomas



Ben Garrett

ACCOMPANYING PERSONS' PROGRAMME:



Lynda Audley



Karen van Zyl

ORTHOPAEDIC ADMIN SECRETARIAT:



Leana Fourie

Email: info@saoa.org.za

Tel: 051 430 3280

Fax: 0861 564 7437

Cell: 083 391 2715

Postal address: P O Box 12918
Brandhof, 9324, South Africa

Banking Details:

First National Bank, Brandwag

Melville Drive, Brandwag,
Bloemfontein

Account Name: SAOA

Bank Code: 230 - 534

Account: 62 337 246 062

Swift code: FIRNZAJJ

CONGRESS SECRETARIAT:

ICE Solution

Tel: : +27 11 911 1921

Fax: +27 11 911 1939

88 1st Street • Parkmore • B123 • Johannesburg •
South Africa

Email:

tracey@icesolution.co.za

collette@icesolution.co.za

diamond@icesolution.co.za

sam@icesolution.co.za

Cell numbers:

Tracey Whittle 082 444 0770

Collette Hoppe 082 906 1961

Colette Diamond 083 788 0010

Sam Belcher 083 661 8496

www.icesolution.co.za





CONGRESS VENUE

The Boardwalk is home to the International Convention Centre (ICC), the largest conference venue in Port Elizabeth. This multifunctional space is made up of separate conference rooms and meeting rooms, which can be combined to host any size event. The Boardwalk Convention Centre and hotels are well located.

Rachel Greensmith

Tel : +27 41 507 7777

Email: rachel.greensmith@suninternational.com
www.suninternational.com

INSTRUCTIONAL COURSES

Monday: Spine
 Tuesday: Knee
 Wednesday: Shoulder and Elbow
 Thursday: Foot and Ankle

INVITED GUEST SPEAKERS

Spine



David Dillon (Australia)

David Dillon qualified from the University of Manchester in 1993, subsequently undertaking Basic and Higher Surgical Training in Wales. Subspecialist training in both the UK and in Brisbane was followed with an appointment as a consultant in Cardiff, Wales in 2006.



Tim Spalding (United Kingdom) - Specialist Knee Surgeon

Tim Spalding is a specialist knee surgeon at University Hospitals Coventry and Warwickshire NHS Trust, Coventry, UK, and Honorary Associate Professor at the University of Warwick.

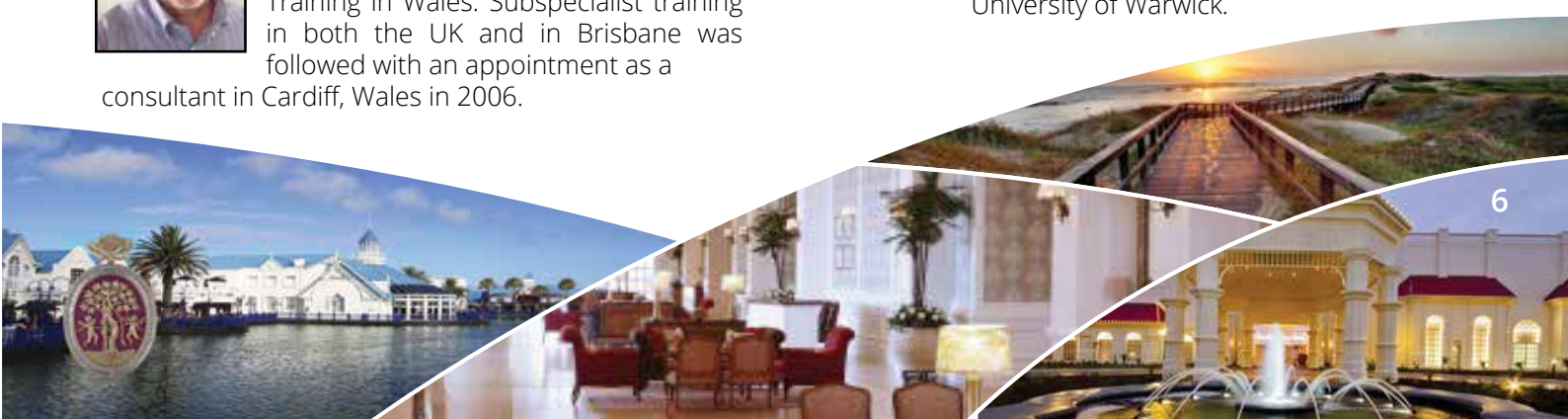
He then moved to Perth, Australia in 2007 where he has appointments at the State Spinal Unit at Royal Perth Hospital and as the sole Orthopaedic Spinal Surgeon at Princess Margaret Hospital for Children.

His Subspecialist interests are concentrated on Paediatric Spinal Surgery and delivery of Spinal Trauma Services in Western Australia.

He has a particular interest in developing a protocol for the management of acute cord compression remotely in the state and has published on the disadvantages of distance from Perth on outcomes.

His paediatric research interests are focussed on the use of casting and bracing in the management of early onset coronal and sagittal plane deformities.

Knee



His sub-specialist interest in knee surgery is in sports injury of the knee, covering arthroscopic surgery and anterior and posterior cruciate ligament reconstruction; and reconstructive knee surgery including meniscal transplantation, articular cartilage repair, osteotomy and partial or total knee replacement. He has been involved with meniscal reconstruction since fellowship with John Cameron in Toronto in 1995 and subsequent work with Rene Verdonk, both pioneers of meniscal transplantation. Having performed over 200 meniscal transplants, current research examines the chondroprotective effect of transplantation and optimisation of the surgical technique.

His Orthopaedic Training took place in Oxford and in the Royal Navy prior to an arthroscopy and knee surgery fellowship in Toronto, Canada. He joined University Hospital Coventry in 2000 after 5 years as a Consultant in the Royal Navy. He has a busy sports knee surgery practise, runs a knee fellowship program and continues to be very active in teaching and research. He was co-chairman of the program committee for ICRS 2015 conference in Chicago, and is currently Chairman of the Finance committee for the ICRS and the Arthroscopy Committee for ESSKA. Through his hobby of sailing he was the medical advisor for the Volvo Ocean Race until 2012 and now sits on the Medical advisory committee for the RNLI.

Shoulder & Elbow

*Confirmation of Invited speakers is pending
More information to follow*

Jeff Abrams (USA) has been invited
Ofer Levy (United Kingdom) has been invited

More information to follow

Foot and Ankle



Ian Winson (United Kingdom)

Consultant Orthopaedic and Trauma Surgeon with a special interest in foot and ankle surgery.

Ian is serving a year as president of the British Orthopaedic Association through 2016 and 2017.

He has been a council and executive member of the BOA since 2010. His clinical appointment is to the Avon

Orthopaedic Centre Southmead Hospital Bristol UK and to Bristol Sports and Orthopaedic Clinic, Spire Hospital, Bristol.

He was Speciality Director of the AOC for 5 years. He is academically affiliated to Bristol University, as an Honorary Senior Lecturer. In the past he has been President of the European Foot and Ankle Society 2006-8 and President British Orthopaedic Foot and Ankle Society 1994.

He qualified from Sheffield University in 1978 and Accredited as an Orthopaedic Surgeon in 1989. His clinical interests are in all aspects of foot and ankle surgery, particularly ankle arthritis, deformity surgery and trauma. This is reflected in his research interests with over 60 papers largely covering all aspects of Foot and Ankle care and including basic science studies particularly on the Kinematics of the Ankle and Foot.

Much of his basic science research was undertaken as a Research fellow at the Karolinska Hospital Stockholm.

Publications from that time continued to flow into the 2000's. It was here he looked at in-vivo Kinematics of the foot (which involved having 2.4 Hoffman pins stuck in his foot and then walking through a motion analysis setup.

He is one of the directors of Foot and Ankle Worldwide, an education development company. He is married to Stephanie and has two children and one grandchild.

His daughter is a university lecturer researching the risk of volcanoes erupting, something that gives the whole family a sense of perspective. His son is an orthopaedic trainee in Wales. His two- year-old granddaughter is teaching him Welsh, she is not happy with his progress.





CALL FOR PAPERS

Call for Papers – SAOA congress:

- Members are reminded that papers for this congress are now requested.
- Papers can be submitted online on www.saoa.org.za.
- **The closing date for submissions is 30 APRIL 2017**
- Abstracts received after this date will not be considered.

RULES OF THIS ABSTRACT

Abstracts are required for Oral Papers & Posters.

Abstracts should be arranged as follows:

1. Purpose of study.
 2. Description of methods.
 3. Summary of results - it is unacceptable to state "results will be discussed".
 4. Conclusion.
- Please avoid referring to authors' names, institutions or cities in the abstract as these abstracts are judged in a "blind" method.
 - Abstracts must be typed in the space provided on the website and must be limited to 300 words.
 - Do not reduce the type size to less than 12 cpi.
 - All abstracts must be submitted in English. Please underline the presenting author.
 - Abstracts will be published as received. Typing or other errors made by the authors will not be corrected.
 - No illustrations may be included in the abstract.
 - Abbreviations should be used only in common terms. For uncommon terms, the abbreviation should be given in brackets after the first full use of the word.
 - Presenters will be notified of acceptance/rejection of the abstract via e-mail.

Important Note: Presenters of papers must be registered for the congress. Failure to do so will result in their paper being removed from the programme.

Important note: Papers not accepted for oral presentation may be submitted as a poster.

GT DU TOIT REGISTRAR PRIZE:

Registrars or clinical assistants who wish to apply for this prize must please complete a GT Du Toit Registrar Prize form and have it duly signed by the Department Head. Only members of the SAOA can apply. Please contact the SAOA office on 051 4303280 or info@saoa.org.za.

Instructions for Non-Members of the SAOA:

1. Please forward, with your abstract, a supporting letter from a Full Member of the SAOA who will sponsor you.
2. Please state your Orthopaedic Affiliation.
3. Please disclose the source of any financial support for your participation in the congress.

Those of you who wish to contribute a paper to the Congress should submit your abstract electronically via congress website - www.saoa.org.za

NB: FAX TRANSMISSIONS AND POSTAL SUBMISSIONS ARE NOT ACCEPTABLE!

E-POSTERS

We will have e-posters at the SAOA 2017.



PROVISIONAL PROGRAMME OUTLINE

SAOA CONGRESS 2017 PROGRAMME AT A GLANCE			THE BOARDWALK CONFERENCE CENTRE PE		NOTE: Subject to change
Time	Sunday 3 SEPTEMBER 2017	Monday 4 SEPTEMBER 2017	Tuesday 5 SEPTEMBER 2017	Wednesday 6 SEPTEMBER 2017	Thursday 7 SEPTEMBER 2017
07h00-07h30		REGISTRATION	REGISTRATION	REGISTRATION	REGISTRATION
07h30-07h45		OPENING CEREMONY & OPENING SPEAKER	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
07h45-08h30		SPINE Instructional Course	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
08h30-09h00		SPINE Instructional Course	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
09h00-09h30		SPINE Instructional Course	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
09h30-10h15		SPINE Instructional Course	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
10h15-10h45		TEA	TEA	TEA	TEA
10h45-11h30	Golf	SPINE Instructional Course	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
11h30-12h00		SPINE Instructional Course	KNEE Instructional Course	S&E Instructional Course	FOOT & ANKLE IC
12h00-12h30		SPINE Instructional Course	KNEE Instructional Course	GT du Toit lecture	FOOT & ANKLE IC
12h30-13h00		SPINE Instructional Course	KNEE Instructional Course	SAOA AGM	FOOT & ANKLE IC
13h00-14h00		LUNCH	LUNCH	LUNCH	LUNCH
14h00-14h30		Free papers	Free papers	S&E Instructional Course	JJ Craig lecture
14h30-15h00		Free papers	Free papers	S&E Instructional Course	Valedictory address & Presidential handover
15h00-15h30	Registration	Free papers	Free papers	Free papers	Free papers
15h30-16h00	Registration	TEA	TEA	TEA	TEA
16h00-16h30	Registration	Free papers	Free papers	WORKSHOPS	Free papers
16h30-17h00	Registration	Free papers	Free papers	WORKSHOPS	Closure of Congress
17h00-17h30		Free papers	Free papers	WORKSHOPS	
17h30-18h00		FP Fouche lecture	College AGM	WORKSHOPS	
Note: Programme subject to change	Presidential dinner	Networking/cocktail funtion	Free evening	Banquet/Gala dinner	



SOCIAL PROGRAMME

Monday 4 September 2017



The Cocktail /Networking function will be held onsite in the Exhibition hall and foyer area at the Boardwalk and promises to be an enjoyable evening catching up with friends and colleagues.

Tuesday 5 September 2017

Free evening

Wednesday 6 September 2017

This evening is the Congress Banquet that will be held onsite at the The Boardwalk Conference Centre. Always a great evening with various awards and this year we have some local talent to entertain everyone!

LEISURE ACTIVITY - GOLF

The official leisure activity of the Congress is the Golf Day being held on Sunday 3 September from approximately 11h00 at the Humewood Golf Course.



Website: <http://www.humewoodgolf.co.za/>

Humewood Golf Club is home to one of the world's true links courses and Humewood is ranked 15th among South Africa's Top golf courses.

Found in the coastal city of Port Elizabeth, the golf course is a genuine seaside links, with wide and undulating fairways, fast greens and thick coastal bush. A round is a must for any golfer visiting the 'Friendly City' of Port Elizabeth.

ACCOMMODATION

The Boardwalk Hotel



Contact: Khomotjo Makoti
Telephone (Office): +27 11 780 7905
Email: associations@suninternational.com
Website: www.suninternational.com

ROOM TYPE (per room)	Double	Single
LUXURY TWIN/KING/PAR	R 2 379.00	R 2 184.00
SUPERIOR LUXURY ROOM	R 2 888.00	R 2 693.00

Rates per room per night include breakfast

Booking form is posted on the SAOA website

Use SAOBD as reference

50% of rooms not sold will be released 4 July

Balance of rooms not sold will be released 2 August

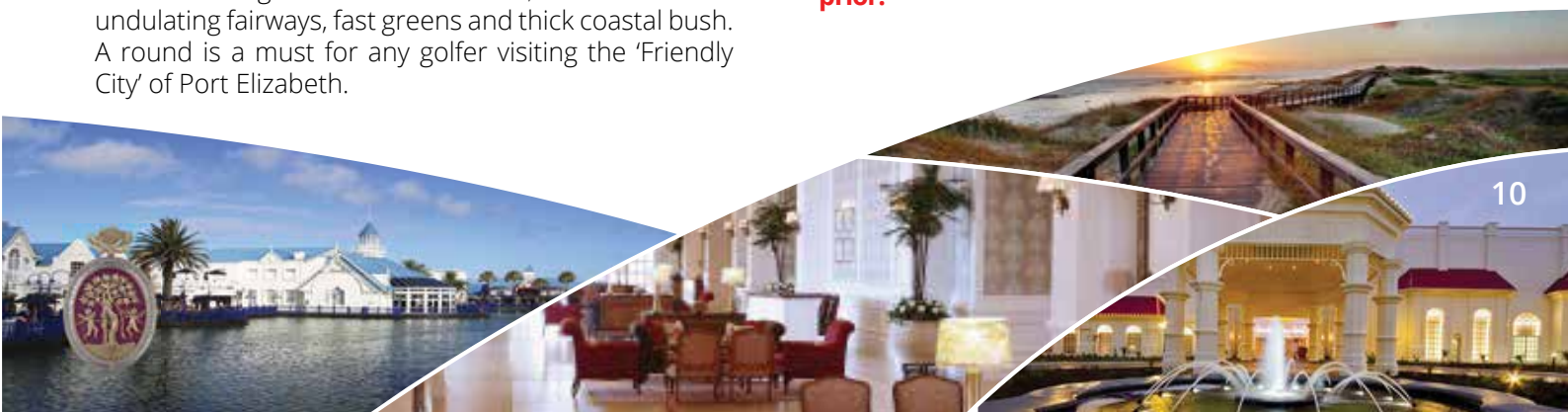
The Courtyard



Contact: Eduard van Zyl
Telephone: +27 41 583 4655
Email: cype.gm@clhg.com
Website: <https://clhg.com/hotels/460/Courtyard-Hotel-Port-Elizabeth>

Rates: R1 555 **per room** per night (single) room only
R 1 775 **per room** per night (sharing) room only
R 150 full English breakfast

No Booking form, please call or email quoting SAOA congress. Rooms not sold will be released 2 months prior.



City Lodge



Contact: Charl Minnie
Telephone: +27 41 584 0322
Email: clpe.resv@clhg.com
Website: www.clhg.com
Rates: R 1 295 **per room** per night single
R 1 475 **per room** per night sharing
R 150 full English breakfast
No Booking form, please call or email quoting SAOA congress. Rooms not sold will be released 2 months prior.

Beach Hotel



Contact: Charlene
Telephone: +27 41 502 3050
Email: reservations@pehg.co.za
Website: <http://www.pehotels.co.za>
Rates: R 1 250 per room per night single
R 800 per person sharing per night double
No Booking form, please call or email quoting SAOA congress. Rooms not sold will be released 2 months prior.

Radisson Blu



Telephone: +27 41 509 5000
Email: info.port-elizabeth@radissonblu.com
Website: radissonblu.com/hotel-portelizabeth
Rates: R 1 705.00 **per room** per night single
R 1 900.00 **per room** per night double
Booking form will be posted to the SAOA congress website. Rooms not booked by 17 July will be released.

Holiday Inn Garden Court Kings beach



Contact: Sandisiwe
Telephone: +27 41 582 3720
Email: Sandisiwe.kojana@tsogosun.com
Website: www.tsogosun.com
Rates: R1520.00 **per room** per night single
R1520 **per room** per night sharing
No Booking form, please call or email quoting SAOA congress. Rooms not booked 1 month before will be released.

ACCOMPANYING PERSONS' PROGRAMME MONDAY 4 SEPTEMBER 2017

SAMREC Penguin Rehabilitation Centre with lunch at Blue Waters Café on the Beachfront

At the South African Marine Rehabilitation and Education Centre, located in Summerstrand we look after any injured, tired, oiled stranded marine bird life. The centre is located in the Cape Recife conservancy and our energetic visitors can walk to the light house.



The visit will be followed by Lunch at Blue Water Café with stunning views of the sea and delicious meals to suit everyone.



TUESDAY 5 SEPTEMBER 2017

Day trip to Addo Elephant Park with lunch - FULL DAY

We will spend some time admiring the magnificent elephants and wildlife in the 38000 hectare Addo National Park followed by a light lunch at Dungbeetle Lodge.



The Dungbeetle River Lodge is a four star Guest House located on the bank of the scenic Sundays River, 40 kilometers outside Port Elizabeth, and only 5 kilometers from the Colchester entrance of the world famous Addo Elephant National Park, the ideal entry point to visit this unique Game Reserve."

WEDNESDAY 6 SEPTEMBER 2017

Bird walk and lunch at Thunzi Bush Lodge

Today we visit Thunzi Bush Lodge located approximately 30km from PE, for an informative bird walk in the beautiful tranquil forest setting, followed by a gourmet picnic/tapas style lunch.



Thunzi Bush Lodge is located in the tranquil sanctuary of coastal forest and African bush .

THURSDAY 7 SEPTEMBER 2017

Garden tour, with coffee and cake - HALF DAY

Today we visit the well known and very popular Grass Roof Café for a vegetable and herb garden tour followed by delicious coffee and cake – the best in PE!



TRANSFERS

- Coach transfers will be provided for the Partners' Programme.
- Delegates and Exhibitors to make their own way to and from the conference centre.
- Parking is included in the registration fees.

GENERAL INFORMATION

Transport

UBER operates in PE (limited)

Airport Cabs PE

Airports, Stations & Terminals | Taxi & Shuttle Services
Tourism

Located exclusively at the Port Elizabeth Airport. Inner city pickups and drop-offs.

Location: Port Elizabeth Airport Allister Miller Drive
Walmer | Walmer | Port Elizabeth

Tel: +27(0)79 276 2477 Mobile: +27(0)79 276 2477



PE Airport

Airlines that fly into and out of PE:

Safair <https://www.safair.co.za>

Kulula <http://www.kulula.com/>

Mango <https://www.flymango.com/>

SAA <https://www.flysaa.com/>

British Airways <http://www.britishairways.com/>

Car hire Companies Port Elizabeth

Tempest



www.tempestcarhire.co.za

Avis



<https://www.avis.co.za>

Budget



www.budget.co.za

CABS car hire



PE: David Ting Chong 041 581 7184 or 083 324 5646

Web: www.cabscarhire.com

PRE AND POST TOURS

ILIOS TRAVEL

Kim Petersen | Sales Manager – Charter & Tailormade |
ILIOS Travel

Tel: +27 87 808 2782 (EXT 210) |

www.ilios.co.za

Emergency number in PE PLZ: +27 82 440 5811

LOCAL TOURS

Half Day City Tour R1418 pp



An historical, cultural and scenic orientation tour, showing you Port Elizabeth from its interesting origin to the present modern day splendour. Visit No 7 Castle Hill Museum, the Donkin Reserve, the main educational institution of the Nelson Mandela Metropolitan University; the Pier at Hobie Beach; the city centre, Early Settler Museum; Fort Frederick and Settler's Park.

Half Day Township Tour R1508 pp

This tour explains the social history on a roller-coaster ride that brings you face-to-face with the harsh reality of our apartheid past and great successes of the present. Focus is on the most historical townships in Port Elizabeth, including New Brighton, Kwazakhele and Zwide. Meet talented township artists at work, visit a community-run school and the Donkin Reserve.



Full Day Addo Elephant National Park R2160 pp



Deep within the shadows of the dense valley bushveld of the Sundays River region lies the Addo Elephant National Park. The original elephant section of the park was proclaimed in 1931, when only eleven elephants remained in the area. Today this finely tuned ecosystem is sanctuary to over 420 elephants, 450 Cape buffalo, black rhino, a variety of antelope species, as well as the unique flightless dung beetle, found almost exclusively in Addo. Enjoy a drive through this park. Stop for lunch (not included) at a picnic area inside the park overlooking a waterhole.

Full Day Private Game Reserve R3443.00 pp



This day experience offers visitors a complete wildlife experience. The Amakhala Private Game Reserve offers a product aimed at providing visitors with an experience of the diverse wildlife and landscape including the Big 5, Black Wildebeest, Cheetah, Giraffe, Zebra & numerous other antelope. Meet at Reed Valley for a short orientation and welcome drinks. Game drive through the reserve, lunch, a tranquil 45-minute river cruise, followed by a further game drive through the other areas of the reserve.

PRE AND POST TOURS

More information and costs available on request

3 night Garden Route Classic ex PE



2 nights accommodation in Plettenberg Bay and 1 nights accommodation in Oudtshoorn

Wildlife & Warriors

2 nights accommodation in Hazyview, 1 nights accommodation in Swaziland, 2 nights Kwazulu Natal and 1 night in Durban

LEISURE ACTIVITIES/THINGS TO DO IN THE AREA

Please visit www.nmbt.co.za and <http://showme.co.za/port-elizabeth/tourism/>

- Addo Elephant Park
- SAMREC Penguin Sanctuary
- Kragga Kamma Park
- Beaches, surfing and boat trips
- Humewood Golf Course
- Shamwari Game Reserve
- Bridge Street Brewery
- Jefferys Bay – surfing and surf shops

We look forward to seeing you in Port Elizabeth.
Kind Regards



Colin Audley

Congress Chairman 2017

www.saoa.org.za



FIRST DELEGATE ANNOUNCEMENT

MARCH 2017



SOUTH AFRICAN
ORTHOPAEDIC
CONGRESS

The Boardwalk
Port Elizabeth
4-7 September 2017

