

CONTEMPORARY FORUMS
THE LEADER IN HEALTH CARE CONTINUING EDUCATION

MENTAL AND BEHAVIORAL HEALTH MANAGEMENT FOR PRIMARY CARE



LAS VEGAS, NV
NOVEMBER 15-17, 2015

**REGISTER EARLY AND
SAVE \$50**



**EARN UP TO
16 CE HOURS**

REGISTER ONLINE AT CONTEMPORARYFORUMS.COM OR CALL 800-377-7707



HIGHLIGHTS & BENEFITS

Primary healthcare is often the first, easiest and only contact with medical professionals for individuals with mental and/or behavioral health issues. Primary care providers may find themselves unprepared to accurately recognize and appropriately manage these patients, or uncomfortable with the interactions required to work towards better outcomes. The **Mental and Behavioral Health Management for Primary Care** conference is designed for MDs, NPs, PAs and RNs who would like to enhance their knowledge and effectiveness when working with the mental healthcare needs of patients with chronic or acute illnesses, and the physical needs of patients with mental or behavioral disorders.

HIGHLIGHTS OF THIS INAUGURAL CONFERENCE INCLUDE:

- ▶ Opportunities to question and share experiences with our multi-disciplinary faculty of experts who integrate the specialties of psychiatry and primary care.
- ▶ A conference format that promotes interactive learning through small group discussions, faculty panel Q&A sessions, and case study reviews.
- ▶ Access to screening, diagnostic and treatment guidelines and tools for immediate use and reference in your practice setting.
- ▶ Insights into “hot topics” in psychopharmacology, diagnostic dilemmas and treatment options.
- ▶ Time to relax and re-energize in fabulous Las Vegas!

MARK YOUR CALENDARS AND INVITE YOUR COLLEAGUES TO JOIN YOU AT THIS “MUST ATTEND” EDUCATIONAL EVENT!

CONFERENCE CHAIR

Robert M. McCarron, DO

CONTEMPORARY FORUMS

Jeannine Strunk, BSN, RN
Senior Program Manager

CONFERENCE OBJECTIVES

- ▶ Discuss screening for and diagnosis of mental health and behavioral disorders in a primary care/clinic setting including depression, anxiety, dementia, substance abuse and bipolar disorder.
- ▶ Explore available pharmacologic interventions for mental health and behavioral disorders seen commonly in primary care.
- ▶ Discover how genetic testing can be used to individualize medication treatment, and how this process is being successfully implemented in primary care.
- ▶ Evaluate non-pharmacologic therapeutic approaches, such as CBT, for treatment of obesity, eating disorders, pain and mood disorders.
- ▶ Become familiar with tools and guidelines available to assist in the screening process, including tips on how to conduct a psychiatric interview in the primary care setting.

WHO SHOULD ATTEND?

ANYONE WORKING WITH PATIENTS IN A PRIMARY CARE SETTING, INCLUDING:

- ▶ Family, Adult and Gerontological Nurse Practitioners
- ▶ Family Physicians
- ▶ Internists
- ▶ Physician Assistants
- ▶ Office and Clinic Staff Nurses

ACCREDITATION

Contemporary Forums is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

¹ NURSES AND NURSE PRACTITIONERS	16 ANCC/19.2 CA BRN contact hours
ANCC CERTIFIED NPs AND CNSs	Effective Jan 1, 2014, at least 25 of the 75 CE hours needed for ANCC re-certification must be in pharmacotherapeutics. This course provides a maximum of 9 hours toward the required 25 hours.
² PHARMACOLOGY CREDIT FOR PRESCRIPTIVE AUTHORITY	9 hours available
³ PHYSICIANS	16 credits
⁴ PHYSICIAN ASSISTANTS	16 hours
CASE MANAGERS	Application has been made for continuing education credit from the Commission for Case Manager Certification.

¹Contemporary Forums is approved by the California Board of Registered Nursing, Provider #04516.
(CA BRN contact hour = 50 minutes)

²Rx indicates pharmacology content. Because states' requirements vary, contact your Board of Nursing for more information.

³Contemporary Forums designates this Live Activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

⁴AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of the listed hours of Category 1 credit for completing this program.

CONFERENCE FACULTY

Alan P. Agins, PhD

President: PRN Associates, Ltd.
Continuing Healthcare Education
Tucson, Arizona

Jody F. Agins, MSN, RNP, FNP/BNP-BC

Private Practice & Consultant
Clinical Services Director, Agape Hospice and Palliative Care
Primary Care Provider, CareMore Touch
President, Seminars for Healthcare Education
Tucson, Arizona

Sonny Cline, MA, MDIV, PA-C

Co-Owner, Sacramento Medical Oasis
Sacramento, California

Laura G. Leahy, DrNP(c), APRN, PMH-CNS/ FNP, BC

Family Psychiatric Advanced Practice Nurse
Master Clinician in Psychopharmacology
Founder, APNSolutions, LLC, New Jersey
Sewell, New Jersey

Robert M. McCarron, DO

Conference Chair
Associate Professor
Director, Integrated Medicine and Psychiatry Education
Director, Pain Psychiatry
Department of Anesthesiology, Division of Pain Medicine
Department of Psychiatry and Behavioral Sciences
Department of Internal Medicine
University of California, Davis School of Medicine
Sacramento, California

Mary Ann Nihart, MA, APRN, PMHNP-BC, PMHCNS-BC

Clinical Director/Chief Nurse, Ambulatory Care - CBOCS
Chief Nurse, Mental Health and Telephone Linked Care
San Francisco Veterans Affairs Health Care Systems
Associate Clinical Professor
University of California San Francisco
Chair, Board of Directors, Pro-ACT, Inc.
Pacifica, California

John Onate, MD

Medical Director, Sacramento County
Primary Care Clinic
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Amir Ramezani, PhD

Neuropsychologist, Pain Psychiatry and Behavioral Medicine
Department of Anesthesiology and Pain Medicine
University of California Davis School of Medicine
Sacramento, California

Stephen V. Sobel, MD

Clinical Instructor, University of California San Diego School of Medicine
Author of "Successful Psychopharmacology: Evidence-Based Treatment Solutions for Achieving Remission"
Private Practice of Adult and Adolescent Psychiatry
San Diego and Carlsbad, California



World-class dining, internationally-known boutiques, award-winning golf courses, savvy nightclubs and European-style spas are calling you to this glittering city, known as "Vegas!" Join your colleagues for "Mental and Behavioral Health Management for Primary Care" and enjoy all of the fun in the city that never sleeps.

THE CONFERENCE WILL BE HELD AT THE BRAND NEW, FULLY RENOVATED

TROPICANA LAS VEGAS – A DOUBLETREE BY HILTON

3801 LAS VEGAS BLVD. SOUTH, LAS VEGAS, NV 89109

A limited block of rooms is being held for you and your guests at special group rates which will be in effect, based on room availability, from **November 13 to November 18** for those wishing to **extend their stay** to enjoy area activities or qualify for discount airfares.

	SINGLE/ DOUBLE	*RESORT FEE
HOTEL ROOMS	\$85 single/double	\$10/daily

*Resort fee includes daily in-room high speed internet access on one device, fitness center access, and 2 bottles of water upon check-in.

To obtain the special group rates, **make your reservation before October 23, 2015**. Rooms may sell out before this date so be sure to make your reservation now. After the release date, call the hotel as rooms and group rates may no longer be available.

For room reservations: Call **(800) 462-8767** and inform them that you are attending the Contemporary Forums' conference: **Mental and Behavioral Health Management for Primary Care**. For additional hotel and condo information, call the Tropicana Las Vegas – A Doubletree by Hilton at **(702) 739-2222**. Contact the hotel regarding cancellation policy. Rates are per room and subject to prevailing state and local taxes.

CONFERENCE SCHEDULE

SUNDAY, NOVEMBER 15

7:00 A.M.	Conference Registration/Continental Breakfast	
8:00	The Primary Care Psychiatric Interview: The AMPS Approach	McCarron
8:45	Anxiety and Panic Disorders Assessment (Rx = .25 hr.)	Sobel
9:30	Refreshment Break	
10:00	Keys to the Successful Treatment of Anxiety and Panic Disorders (Rx = .5 hr.)	Sobel
10:45	Unexplained Physical Complaints: Just What You Need to Know	McCarron
11:30	Questions and Discussion (Rx = .25 hr.)	Faculty Panel
12:15 P.M.	Lunch on Your Own	
1:45	Pharmacology of Marijuana and Its Impact on Mental Health (Rx = .75 hr.)	A. Agins
2:30	Assessing Suicide Risk in the Primary Care Setting	Cline
3:15	Refreshment Break	
3:30	Differential Diagnosis of Dementia (Rx = .25 hr.)	J. Agins
4:15	Questions and Discussion (Rx = .25 hr.)	
4:45	Adjourn	

During each Concurrent Session, 2 topics are presented simultaneously in separate rooms. Indicate your selections on the Registration Form.

MONDAY, NOVEMBER 16

7:00 A.M.	Continental Breakfast	
8:00	CONCURRENT SESSIONS #1	
	#11 Risks and Differentials: Presentation, Assessment and Diagnosis of Depression in Primary Care (Rx = 1 hr.)	Nihart
	#12 Management and Treatment of Behaviors of Dementia (Rx = .75 hr.)	J. Agins
9:30	Refreshment Break	
10:00	CONCURRENT SESSIONS #2	
	#21 Stop the Roller Coaster: Keys to the Successful Treatment of Bipolar Disorder (Rx = 1.25 hrs.)	Sobel
	#22 Complex Crazy Cases and What to do With Them (Rx = .75 hr.)	Cline
11:30	Lunch on Your Own	
1:00 P.M.	CONCURRENT SESSIONS #3	
	#31 Lifting Dark Clouds: Strategies in Pharmacologic Intervention for Depression in the Primary Care Setting (Rx = 1.5 hrs.)	Nihart
	#32 Mindfulness and CBT to Improve Obesity and Eating Habits	Ramezani
2:30	Refreshment Break	
2:45	CONCURRENT SESSIONS #4	
	#41 PMS/PMDD/Perimenopause and Psychopharmacology (Rx = 1.5 hrs.)	Leahy
	#42 ADHD: Etiology, Neuropathology and Pharmacotherapeutics (Rx = 1 hr.)	A. Agins
4:15	Adjourn	

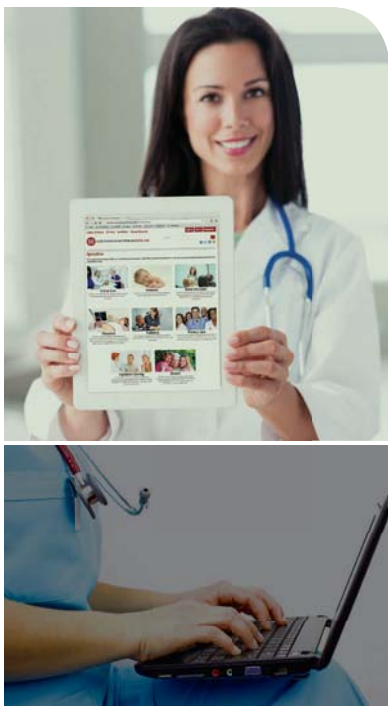
TUESDAY, NOVEMBER 17

7:00 A.M.	Continental Breakfast	
8:00	Picture CBT: Illustrated Mood and Pain Intervention in Primary Care	Ramezani
8:45	The Diagnosis of Substance Use Disorders and Clinical Review	Onate
9:30	Refreshment Break	
9:45	Evidence-Based Treatment of Substance Use Disorders (Rx = .5 hr.)	Onate
10:30	Personalizing Psychotropics: Matching Symptoms, Receptors & Genotypes (Rx = .75 hr.)	Leahy
11:15	Questions and Discussion (Rx = .25 hr.)	Faculty Panel
11:45	Adjourn	

Rx = PHARMACOLOGY CREDIT FOR PRESCRIPTIVE AUTHORITY.



CONTEMPORARY FORUMSONLINE



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Earn CE on demand by selecting from hundreds of multimedia presentations recorded at our national live conferences. Each session is presented by expert faculty and topics cover a wide range of clinical areas. Learn and earn at your convenience.

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To request group account pricing and details, visit **ContemporaryForumsOnline.com** or call (925) 361-4811.

“ I AM ALWAYS IMPRESSED WITH THE QUALITY OF THE SPEAKERS AND CONTENT. I HAVE YET TO ATTEND A CONTEMPORARY FORUMS CONFERENCE I DIDN'T LIKE OR LEARN FROM. ”

Richard Kluender, RN Los Gatos, CA

“ I WOULD STRONGLY RECOMMEND A CONTEMPORARY FORUMS CONFERENCE FOR NEW OR SEASONED NURSES. ”

Wendi Smith, RN, BSN, CCRN St Louis, MO

“ WHEN THE BROCHURE SAYS 'CONTEMPORARY FORUMS' I KNOW IT'S THE BEST. ”

Anne Marie Jay Breezy Point, NY

HOSTED BY WEST COAST UNIVERSITY

Founded in 1909, WCU offers a variety of health sciences degrees including Bachelor's, Master's and Doctorate programs in nursing, dental hygiene, occupational therapy, physical therapy and pharmacy. The University's newest programs include the online RN to BSN and RN to MSN degrees. WCU's campuses are located in California, Texas and Florida and feature technologically advanced Simulation Centers with high-fidelity manikins that mimic human responses. With repetitive practice and randomized scenarios, students can gain the self-assurance and critical skills needed to safely manage health care situations. To learn more about WCU and its program benefits, visit WestCoastUniversity.edu.

TO LEARN MORE ABOUT WCU AND ITS PROGRAM BENEFITS, VISIT [WESTCOASTUNIVERSITY.EDU](http://WestCoastUniversity.edu).



MENTAL AND BEHAVIORAL HEALTH
MANAGEMENT FOR PRIMARY CARE

CONFERENCE INFORMATION



Registrations must include full tuition payment to be accepted. Conference confirmation is sent via email. Take advantage of special conference pricing and discounted hotel room rates by registering early!

TUITION

	EARLY REGISTRATION (On/before October 4)	REGULAR REGISTRATION (After October 4)
NURSES, PAs, OTHERS	\$475	\$525
PHYSICIANS	\$575	\$625
NEW GRADS	\$350	\$350

- ▶ **New Grads (graduated 2010 or after):**
To qualify, submit proof of graduation date with registration.
- ▶ Your tuition includes:
Continental breakfasts and refreshment breaks
Certificate of Attendance
Online access to posted presentation handouts
before and after the conference

4 EASY WAYS TO REGISTER

ONLINE

Visit us 24/7 at:
ContemporaryForums.com

PHONE

(800) 377-7707
Monday – Friday
8 am–5 pm, Pacific Time
HAVE YOUR CREDIT CARD READY

FAX

(800) 329-9923

MAIL

Contemporary Forums
Attn: Registration Office
151 Innovation Drive
Irvine, CA 92617

GROUP DISCOUNTS

Tuition discounts are given to groups of 3 or more registering for the complete conference. \$25 per person discount for 3 or 4 in a group; \$45 per person discount for 5 or more in a group. To qualify for the group discount, all registration information must be complete for all group members, payment included and forms sent together. If faxing, list all group members on cover sheet. Subtract the discount from the tuition fee. Groups may not be formed after individual registrations are received.

CANCELLATION POLICY

Cancellations must be made by phone or in writing. A \$75 processing fee will apply. No refunds will be issued for cancellations received or postmarked on/after October 19, 2015. However, tuition paid, less the \$75 processing fee, may be applied to a future Contemporary Forums conference of equal or greater value. No refunds for "no shows."

If this meeting is cancelled for any reason, including labor strikes or acts of God, liability is limited to a full refund of registration fees.

ADA NEEDS & SPECIAL REQUESTS

If you require special arrangements at this conference, call (800) 377-7707, at least 30 days prior to the conference.

METHOD OF PAYMENT

Make payment by check (payable to Contemporary Forums and enclose with Registration Form), Visa, MasterCard, Discover, American Express or Purchase Order. A \$30 fee is charged for any returned check. Personal checks are NOT accepted at the conference. Purchase Orders must be received with registration by the conference date and include the P.O. number, invoice address, tuition, approval signature, contact name, email address and phone number.

QUESTIONS?

Contact Contemporary Forums at (800) 377-7707, M–F, 8 am – 5 pm (Pacific Time) or email: info@cfforums.com

MENTAL AND BEHAVIORAL HEALTH MANAGEMENT FOR PRIMARY CARE REGISTRATION FORM

FILL OUT, DETACH, AND RETURN
THIS FORM WITH FULL PAYMENT TO:
CONTEMPORARY FORUMS
ATTN: REGISTRATION OFFICE
151 INNOVATION DRIVE
IRVINE, CA 92617

OR

REGISTER
ONLINE 24/7 AT:
CONTEMPORARY
FORUMS.COM

OR

FAX THIS FORM TO:
(800) 329-9923
CALL: (800) 377-7707
M-F 8:00 AM - 5:00 PM
PACIFIC TIME

CODE: PDF

*First Name

*Last Name

*License/Degrees

*Place of Employment

*City

*State

Attendee's email (Required)

For confirmation, receipt, handouts prior to conference, and access to your Certificate of Attendance. Provide your best email address as some emails are filtered and blocked.

Home Address

City

State

Zip

Daytime Phone(s)

PROFESSIONAL PROFILE

Choose ONE category in each section that best applies to you. If you have multiple roles, select the one that occupies the majority of your time. Use "Other" only if none of the choices apply to you.

Specialty

- ☐ Adult Health
- ☐ Family Practice/Primary Care
- ☐ Geriatrics
- ☐ Internal Medicine
- ☐ Psychiatry
- ☐ Women's Health

License/Profession

- ☐ FNP/ANP
- ☐ GNP
- ☐ MD/DO
- ☐ PA/PA-C
- ☐ PMHNP
- ☐ RN/RNC

Clinical Setting

- ☐ College Health Service
- ☐ HMO
- ☐ Hospital-Based Clinic
- ☐ Military Clinic
- ☐ Multi-Specialty Group
- ☐ Physician Office
- ☐ Primary Care Clinic/Office
- ☐ Public Health/Community Clinic
- ☐ Rural Health Care
- ☐ University/Academia

REGISTER TO ATTEND: #4C

☐ Conference (November 15-17)

CONCURRENT SESSIONS SELECTION

*(Monday, November 16. See Conference Schedule)
Please indicate the numbers of your choices below.*

#1 (8:00 a.m.) _____

#2 (10:00 a.m.) _____

#3 (1:00 p.m.) _____

#4 (2:45 p.m.) _____

PAYMENT SUMMARY (#4C)
EARLY FEE POSTMARK DEADLINE:
OCTOBER 4, 2015

Conference Tuition \$

*Group Discount (See
Registration Information) -\$

**TOTAL PAYMENT
ENCLOSED \$**

**Registration forms must be sent in together.
See Conference Information.*

☐ Check/Money Order Payable
to Contemporary Forums

Credit Card #

Exp. Date

CVC*

Print Cardholder's Name

Payer Phone #

Payer Email

**(3 digit Security Code on the back of the card.
Amex: 4 digit code on the front of the card.)*