

Cancer Survivorship Services

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Improving outcomes for people living with & beyond cancer

Thursday 10 December 2015 Hallam Conference Centre, London



Speakers Include:

Amanda Watson

*eHNA Implementation Project Manager
Recovery Package Programme
Macmillan Cancer Support*

Sharon Cavanagh

*Chair Living With & Beyond Cancer Board
Lead for Allied Health Professionals
and Living With and Beyond Cancer
London Cancer Partnership*

Supporting Organisation:



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“There are now almost 1.8 million people living in England who have had a diagnosis of cancer. This will increase to 3 million by 2030 as more people are diagnosed with cancer, treatment becomes more effective and people live longer after a cancer diagnosis. Evidence shows that many of these cancer survivors have unmet needs, particularly at the end of primary treatment, whilst others are struggling with consequences of treatment that could be either avoided or managed. The current system is failing to meet existing needs, and faces challenges in expanding sufficiently to support the increasing number of cancer survivors. Changing the way we support cancer survivors is therefore both an outcomes priority and a financial priority: simply doing more of the same will not deliver the outcome improvements we want” National Cancer Survivorship Initiative 2014

The National Cancer Taskforce have recently announced their intention to Transform our approach to support people living with and beyond cancer: “We recommend accelerating the roll-out of stratified follow up pathways and the “Recovery Package”. The aim should be that by 2020 every person with cancer will have access to elements of the Recovery Package, and stratified pathways of follow-up care will be in place for the common cancers. A national quality of life measure should be developed by 2017 to ensure that we monitor and learn lessons to support people better in living well after treatment has ended. We also recommend that CCGs should commission appropriate End of Life care, in accordance with the NICE quality standard, and taking into account the independent Choice Review and forthcoming Ambitions” Achieving world-class cancer outcomes: a strategy for England 2015-2020

This conference focuses on cancer survivorship, improving outcomes for people living with and beyond cancer, moving from surviving to thriving. Through national updates and practical case studies the conference aims to support you to develop effective cancer survivorship support and services.



10.00 Chair's Introduction

Richard Surman

Trustee and Chair The Pelvic Radiation Disease Association

10.10 National Update: The Living With and Beyond Cancer Programme

Speaker to be announced

- meeting the unmet needs of people living with and beyond cancer
- ensuring all cancer patients have access to holistic needs assessment, treatment summary, cancer care review and a patient education and support event – the 'Recovery Package';
- developing and commissioning risk stratified pathways of post treatment management;
- promoting physical activity;
- understanding and commissioning for improved management of the consequences of treatment
- moving forward with the programme plan and delivering the recommendations

10.40 A Cancer Survivor's Perspective

Richard Surman

Trustee and Chair
The Pelvic Radiation Disease Association

- what support do people with cancer, cancer survivors and their families need?
- improving public awareness of support for people living with and beyond cancer

11.10 Questions & answers, followed by coffee & exhibitions 11.20

11.45 Extended Session: Sustaining recovery and delivering an effective recovery package Progress and benefits of eHNA (Electronic Holistic Needs Assessment) nationally

Amanda Watson

eHNA Implementation Project Manager
Recovery Package Programme
Macmillan Cancer Support

Progress in identifying and managing consequences of cancer treatment

Lesley Smith

Consequences of Treatment Programme Manager
Macmillan Cancer Support

- prevention of common consequences
- early identification by patients and professionals
- improving the management of consequences of treatment

12.50 Questions & answers, followed by lunch & exhibitions 13.00

14.00 Delivering supported self management

Nikki Campbell-Jones

Macmillan Nurse Specialist
Salisbury District NHS Foundation Trust
with **Jessica Thomas**
Macmillan Support Worker
in collaboration with
Dr Kate Jenkins
Clinical Psychologist

- delivering supported self management
- managing the fear of recurrence
- meeting the psychological needs of cancer survivors
- enabling self support and self triggered follow up

14.30 Improving the survivorship pathway: Meeting Practical and Emotional Needs

Professor Diana Greenfield

Macmillan Consultant Nurse
Sheffield Teaching Hospitals NHS Foundation Trust

- meeting the practical and emotional needs of people with cancer and cancer survivors: dealing with uncertainty, stress and support
- working with social care and the voluntary sector
- how the support changes from diagnosis through to survivorship
- improving the survivorship pathway
- our approach in practice and moving forward

15.00 Involving and engaging cancer survivors to improve survivorship services Case study: Prostate Cancer

Adel Makar

Consultant Urological Surgeon and Director
Worcestershire Prostate Cancer Survivorship Programme

- developing our cancer survivorship programme in partnership with patients
- giving patients control over their follow-up care and allowing us to pay attention to their holistic needs
- developing support networks and buddying systems
- the Worcestershire Prostate Cancer Survivorship Programme: what we have learnt

15.30 Questions & answers, followed by coffee & exhibitions 13.40

16.00 Living well and delivering effective risk stratified follow up

Sharon Cavanagh

Chair
Living With and Beyond Cancer Board
Lead for Allied Health Professionals and Living With and Beyond Cancer
London Cancer Partnership

- improving outcomes for people living with and beyond cancer: what works in practice?
- supporting those living with and beyond cancer to be as active as possible
- stratification and key assessment/reassessment triggers
- supporting self management and reducing unnecessary follow up visits

16.30 Improving resilience in Cancer Survivors

Dr Sara Booth

Consultant in Palliative Medicine,
Cambridge University Hospitals NHS Foundation Trust

- how do we build resilience in cancer survivors
- developing mindfulness training for survivors
- moving the focus from surviving to thriving

17.00 Questions & answers, followed by close 17.10

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For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

Hallam Conference Centre, 44 Hallam Street London, W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date Thursday 10 December 2015

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
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The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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