

16TH ANNUAL UC DAVIS PRIMARY CARE PHARMACOTHERAPY

Practical Information for Primary Care Providers, Specialists,
Pharmacists, NPs, PAs and Nurses

April 13-15, 2018

Friday – Sunday

CONFERENCE HIGHLIGHTS

- Opioid Stewardship and Addiction in an Epidemic of Prescription Drug Abuse
- Updates in the Management of Heart Failure
- Review of Hypertension Management in Difficult to Manage Patients
- Overview of PrEP Therapy in Primary Care
- Updates in the Management of Diabetes
- Hands on Review of Diabetes Devices
- Overview of Oral Anticancer Agents Relevant to Primary Care
- Mental Health in Primary Care

CME 16.25
AMA PRA Category 1 Credits™



CME
A MAXIMUM OF 16.25
AMA PRA Category 1 Credits™

UC DAVIS
HEALTH
OFFICE OF CME



16TH ANNUAL UC DAVIS
PRIMARY CARE
PHARMACOTHERAPY CONFERENCE

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Marriott
NAPA VALLEY
HOTEL & SPA



SCAN FOR CONFERENCE WEBPAGE

Sponsored by:
UC DAVIS HEALTH
Office of Continuing Medical Education
and Department of Pharmacy

16TH ANNUAL UC DAVIS PRIMARY CARE PHARMACOTHERAPY

FRIDAY | April 13, 2018

7:00 am Registration, Continental Breakfast, Visit Exhibits

7:50 Introduction and Review of Objectives

John Grubbs, MS, MBA, RPh

*** 8:00 Implementation and Outcomes of an Ambulatory Opioid Stewardship Program**

The overuse of opioids in the treatment of chronic, non-cancer pain (CNCP) is a growing concern for healthcare providers. The implementation of novel care models can support providers in the delivery of safe and effective care for CNCP.

Angela Leahy, PharmD

9:10 New Drugs and Guideline Update in the Management of Heart Failure

Discussion on the new FDA approved medications for the management of heart failure and how to incorporate these with existing evidence based medications.

Kathleen Tong, MD

10:20 Break, Visit Exhibits

*** 10:40 Opioid Addiction: Diagnostic and Treatment Strategies**

Evidence-based treatments for Opioid Use Disorders (OUD), formerly available only in specialized programs, can now be effectively provided in the primary care setting. The diagnosis of OUD will be reviewed, along with recent advances in treatment modalities.

Martin Leamon, MD

11:50 Lunch (included)

1:20 pm CONCURRENT SESSIONS – Case Presentations and Q&A

*** Opioid Stewardship and Addiction Cases**

The cases will be used to present and discuss issues commonly encountered in managing patients on chronic opioid therapy, such as dose-reduction strategies and aberrant behaviors, and in patients with Opioid Use Disorders, such as medication selection and use of auxiliary support systems. Different cases will be presented in each of the two sessions.

Angela Leahy, PharmD and Martin Leamon, MD

Improving Patient Care Using Diabetes Devices and Technology

In this interactive session, participants will learn about diabetes devices and new technologies to help patients achieve goals of therapy. In addition, updates on coverage for new and existing devices will be incorporated into the interactive session.

Berit Bagley, BSN, CDE and Julie Durette, RD, CDE

2:20 Break, Visit Exhibits, Switch Rooms

2:35 CONCURRENT SESSIONS (repeats)

3:35 Adjourn

SATURDAY | April 14, 2018

7:00 am Registration, Continental Breakfast, Visit Exhibits

7:50 Introduction and Review of Objectives

John Grubbs, MS, MBA, RPh

8:00 Diagnosis and Treatment of Anxiety, PTSD-related, and OCD-related Disorders in Primary Care

Providers who attend this lecture should leave being able to easily differentiate between the various disorders within the three classes, as well as describe short and long-term pharmacological treatment for each.

Shawn Hersevoort, MD

9:10 Hypertension Management in Resistant Patients

The management of hypertension in primary care is critical to reduce morbidity and mortality in our patient populations. Unfortunately, the newest guidelines can be confusing and conflict with each other. In addition, many patients abandon their medications and are non-adherent or not managed effectively. This presentation will discuss the evidence supporting the goals of therapy and offer pearls to help manage difficult patients with hypertension.

Timothy Cutler, PharmD

10:20 Break, Visit Exhibits

10:50 Management of Type 2 Diabetes

What's new in oral and injectable medications?

Dana Sheely, MD

12:00 Lunch (included)

1:20 pm CONCURRENT SESSIONS – Case Presentations and Q&A

Mental Health Cases

Case discussions and Q&A related to the diagnosis and treatment of anxiety, PTSD-related, and OCD-related disorders in primary care.

Shawn Hersevoort, MD

Diabetes Cases

These cases will cover the management of type 2 diabetes with oral and injectable medications. An emphasis will be placed on mixing newer medications with old standbys and discussion of challenging cases.

Dana Sheely, MD

2:20 Break, Visit Exhibits, Switch Rooms

2:35 CONCURRENT SESSIONS (repeats)

3:35 Adjourn

SUNDAY | April 15, 2018

7:00 am Registration, Continental Breakfast, Visit Exhibits

7:50 Introduction and Review of Objectives

John Grubbs, MS, MBA, RPh

8:00 Overcoming the Challenges of Oral Anti-Cancer Agent Use

This lecture will give an overview of oral anticancer agents, the challenges associated with their use, and guidance on how to manage this patient population in collaboration with the primary care team.

Iris Zhao, PharmD

9:50 Demystifying HIV Pre-Exposure Prophylaxis (PrEP): Why, When, and How to Use PrEP

This lecture will focus on the key principles of PrEP management. This will include how to identify appropriate candidates for PrEP therapy, required lab monitoring for patients considering PrEP or taking PrEP, and novel treatment strategies.

Becks Wittenberg, PharmD

10:20 Break, Visit Exhibits

**** 10:40 Geriatric Pearls 2018**

The ambulatory older adult is a unique patient with unique complications for the primary care provider. The diversity of the older adult population makes it challenging to determine the best practices and evidence based approach to manage the chronic illness and geriatric syndromes seen in the older adult population. The goal of this presentation is to provide a framework for how to approach the older adult in primary care and to provide some guidance on how to approach this complex patient population.

Timothy Cutler, PharmD, BCGP

11:50 Adjourn

*** Pain Credit**

**** Geriatric Credit**



Faculty

COURSE CHAIR

John H. Grubbs, MS, MBA, RPh

Chief Pharmacist
UC Davis Medical Center
Adjunct Professor
Assistant Dean of Clinical Pharmacy
UC San Francisco School of Pharmacy

COURSE CO-CHAIR

Timothy W. Cutler, PharmD, BCGP

Associate Professor
UC Davis School of Medicine
Professor, Department of Clinical Pharmacy
UC San Francisco School of Pharmacy

GUEST FACULTY

Shawn B. Hersevoort, MD

Director, Integrated Mental Health
UCSF-Fresno Department of Psychiatry

UC DAVIS FACULTY

Berit M. Bagley, BSN, CDE

Inpatient Endocrinology Glycemic
Control Team

Julie A. Durette, RD, CDE

Clinical Dietitian
Department of Endocrinology

Angela Leahy, PharmD

Clinical Pharmacist
UC Davis Medical Group

Martin H. Leamon, MD

Clinical Professor of Psychiatry
Department of Psychiatry and
Behavioral Sciences

Dana M. Sheely, MD

Assistant Professor
Division of Endocrinology,
Diabetes and Metabolism

Kathleen L. Tong, MD

Associate Professor
Director, Heart Failure Program
Division of Cardiovascular Medicine

Becks Wittenberg, PharmD

Clinical Pharmacist
Infectious Diseases, Hepatology,
Gastroenterology, and Rheumatology

Iris C. Zhao, PharmD

Oncology Specialty Pharmacist
Department of Pharmacy Services

CONFERENCE COORDINATOR

Larry Jacinth, CMP

CME Specialist
Office of Continuing Medical Education
UC Davis Health

EDUCATIONAL OBJECTIVES

At the end of the activity, participants should be able to:

- Discuss the diagnostic criteria for Opioid Use Disorder (OUD)
- List the therapeutic options for OUD available to the primary care physician/nurse practitioner
- Recognize the importance of treating comorbid depression associated with medical illnesses for optimal outcomes
- Utilize the newest therapeutic guidelines and pharmaceutical agents available to treat mood and anxiety disorders
- Describe an approach to managing pain that helps patients achieve optimal relief management while minimizing the risk of tolerance and addiction
- Review previous treatment and risk factor control in patients with established diabetes
- Explain the recent changes in regulatory expectations around opioids with emphasis on the CDC guidelines
- List the medications with the strongest evidence to treat essential hypertension according to the JNC-8 Guidelines
- Identify patients appropriate for PrEP therapy
- Review new and current insulin delivery devices (pumps and pens) and an update on insurance coverage for diabetes devices
- Review glucose monitoring devices including continuous glucose monitors

TARGET AUDIENCE

This activity is designed for primary care providers, specialists, pharmacists, nurse practitioners, physician assistants and nurses.

WHY YOU SHOULD ATTEND

This activity is designed to improve competence in the diagnosis, pharmacologic treatment and general management of patients in the primary care setting. Our conference will focus on specific topics important for the busy practitioner. It will provide practitioners with evidence-based methods and strategies to assist in providing better treatment options for patients.

EDUCATIONAL METHODS

- Lectures with Q&A will be used to facilitate the dissemination of up-to-date information.
- Case studies and discussion will highlight conditions commonly seen in clinical practice.
- Interactive workshops are included to facilitate a more in-depth understanding of clinical issues.

ACCREDITATION

University of California Davis Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

PHYSICIAN CREDIT: University of California, Davis, Health designates this live activity for a maximum of 16.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP CREDIT: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AMA PRA Category 1 Credits™ acceptable for other health care providers

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report a maximum of 16.25 hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Pharmacist: You may petition the California State Board of Pharmacy for CE credit for this symposium. Please see <http://www.pharmacy.ca.gov/licensees/personal/ce.shtml> for details.

Psychologist: You may petition the California Board of Psychology for CE credit for this activity. Please see http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf for details.

AMA PRA CATEGORY 1 CREDITS™

General Session: A maximum of 16.25 AMA PRA Category 1 Credits™

Pain Credit: A maximum of 3.25 AMA PRA Category 1 Credits™

Geriatric Credit: A maximum of 1.25 AMA PRA Category 1 Credits™

LOCATION



3425 Solano Avenue
Napa, California 94558
(707) 253-8600 Hotel
Direct Reservations:
(800) 228-9290
<http://bit.ly/1bLvFaj>

Experience the charm and beauty of California's famous wine country from one of the premier Napa Valley hotels. The Napa Valley Hotel and Spa features newly redesigned guest rooms, fresh outdoor garden spaces, a luxurious resort-style swimming pool, on-site restaurant and a full-service spa.



A block of rooms is being held for course participants at the rate of: **\$209** for single or double occupancy plus hotel and sales tax. Reservation deadline March 23, 2018.

The Napa Valley Marriott is ranked among the Bay Area's best properties for conferences and events thanks to thoughtful services and innovative ideas. The concierges will delight in revealing Napa's hidden treasures and are experts when it comes to recommending California Wine Country experiences.

Take advantage of this incredible location to fulfill your passion for wine, world-class food at the VINEleven and sheer relaxation at "The Preserve Spa." Amenities at the Napa Valley Marriott include a fitness center, heated outdoor pool, whirlpool, The Preserve Spa, pillow top mattresses, down duvets, high speed internet access, and concierge service.

By staying at the host hotel, you help the University of California, Davis meet its contractual obligations with the Napa Valley Marriott and keep future registration fees reasonable. Please consider that when making your accommodation decisions. We encourage you to stay at the host hotel.

AIR TRAVEL

The Office of Continuing Medical Education has arranged group rates with United Airlines. Please read and follow the directions carefully to obtain these special rates for your travel to the conference.

United Airlines Group Discount: To obtain Groups and Meetings discount prices go to <http://www.united.com/meetings>, click on "Book meetings reservations" and enter **Offer Code: ZE59389161**.

GROUND TRANSPORTATION

Hertz Car Rental: To obtain discount prices go to <http://www.hertz.com> and enter **Convention Number 4H70009**.

National Car Rental: 1 (800) CAR-RENT and request **ID #5282865** for discounted rates.

FOR FURTHER INFORMATION

UC Davis Health	1 (866) CME4EDU (263-4338)
Office of Continuing Medical Education	(916) 734-5390
4610 X Street, Suite 2301	Fax (916) 734-0742
Sacramento, CA 95817	http://cme.ucdavis.edu

CONFERENCE REGISTRATION

Please register soon – space is limited.

Tuition is \$425 for physicians and \$370 for all others. **Confirmation of registration will be sent within two weeks after receipt of registration form.** The fees will increase after March 23, 2018.

Tuition includes continental breakfasts, refreshment breaks, lunches, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund of tuition will be given.

Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days.

Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.

Cancellation and Refund Policy: A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by March 23, 2018. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT

The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print. **After 30 days this link will expire** and these items are no longer available online. You must contact the Office of CME to receive your certificate. A \$15 administrative fee will be applied.

SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference.

BROCHURE ART CREDIT

Brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs, Napa Valley Marriott, stock.adobe.com and iStockphoto.com

Registration Form

PLEASE PRINT

UC DAVIS
OFFICE OF CME

PRIMARY CARE PHARMACOTHERAPY CONFERENCE
APRIL 13-15, 2018

First Name _____ M.I. _____ Last Name _____

☐ MD ☐ DO ☐ PA ☐ NP ☐ RN ☐ RPh ☐ PharmD ☐ PhD ☐ Psychologist Other _____ Lic.# _____

Institution/Employer (as you would like it to appear on your badge) _____ Profession/Occupation _____

Address (where you would like your receipt mailed) _____

City _____ State _____ Zip Code _____

() _____ () _____
Day Phone _____ Fax Number _____

E-mail for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information: Please indicate your primary medical specialty:

☐ FP ☐ GP ☐ IM ☐ PSY ☐ Other (specify) _____

Social Security Number (last 4 digits required for transcript purposes)

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REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

	Early Discount	After 3/23/2018
Physician	☐ \$425	☐ \$470
Other Health Care Professionals	☐ \$370	☐ \$415

☐ If you need disability accommodations at the meeting, please let us know by **3/23/18** and our representative will contact you.

Please note special dietary/food allergy requirements: _____

PLEASE CHECK YOUR PAYMENT METHOD:

Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.

☐ Check enclosed payable to: **UC Regents** ☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA

For your protection, do not fax or email your registration form with credit card number. Please mail your registration or contact the Registrar at (916) 734-5390 with credit card number.

Account Number _____ Expiration Date _____

Authorized Signature (name on card) _____

Billing address if different from address listed above _____

Please use ONE of these methods to register: (Do not mail if previously faxed or telephoned)



MAIL APPLICATION AND PAYMENT TO:
Office of Continuing Medical Education
c/o UC Davis Cashier's Office
PO Box 989062
West Sacramento, CA 95798-9062



TELEPHONE: (916) 734-5390



SCAN
FOR ONLINE
REGISTRATION

REGISTER ONLINE AT: <http://bit.ly/2y8rEQh>

For Office
Use Only

PHARM18
6004