

PAINWEEK®

September 5—9

The Cosmopolitan of Las Vegas

**CONFERENCE
PREVIEW**

120+ CE/CME hours offered

2017



www.painweek.org

// PAINWeek is an excellent conference for frontline practitioners because the level of discussion is definitely at the cutting edge of science. There is so much good information that it's not even possible to get everything in one fell swoop; it will require coming back again!"

—Jennifer **Hah** MD, MS

Launched in 2007, **PAINWeek** quickly ascended to become the largest US pain conference. In 2017, we invite you to celebrate and participate in a decade of unparalleled leadership that has elevated the pain management acumen of approximately 12,000 healthcare providers over the last 10 years.

Celebrating our 11th year, PAINWeek remains the favorite destination for frontline practitioners to enhance their competence in pain management. Join us for a comprehensive program of a multidisciplinary curriculum, satellite events, and exhibits. To learn more and register for PAINWeek 2017, visit www.painweek.org, and follow us on Twitter® at twitter.com/painweek.

WORKSHOPS

A Comedy of Errors: Methadone, Marijuana, and Buprenorphine
Presented Tuesday, Sept 5 9:00a – 12:00p
Registration Fee: \$165

The 3 most contentious, poorly understood analgesics today are methadone, cannabis, and buprenorphine. This fast-paced workshop will equip practitioners with immediately implementable practical tips regarding when and how to use these analgesics, including dosage formulations, routes of delivery, appropriate use in therapy, drug interactions, dosage titration (up and down), opioid conversion calculations, and more. All discussions will be aimed at enhancing clinical, economic, and humanistic outcomes on the individual patient and health system level.

Managing Pain Between a Rock and a Hard Place:
Getting the Tough Jobs Done in Serious Illness
Presented Tuesday, Sept 5 1:40p – 4:40p
Registration Fee: \$165

Patients with serious illnesses often experience painful clinical situations that are beyond the scope of usual and customary practice. Palliative care practitioners are skilled at thinking “out of the box” to get the job done, including recognizing and treating opioid induced hyperalgesia, pain in highly opioid tolerant patients, and the use of analgesics such as ketamine (by a variety of routes of administration), methadone (oral and parenteral), and lidocaine (parenteral and topical). Participants in this interactive workshop will leave with practical strategies to treat difficult pain syndromes in advanced illness, including painful wound care.

Winning the Game of Groans:
Strategies and Tactics for Preserving the Pain Practitioner’s Decision to Prescribe Controlled Medication
Presented Wednesday, Sept 6 9:00a – 12:00p
Registration Fee: \$185

Back by popular demand, this hands-on workshop—a huge success at last year’s conference—will instruct pain practitioners on key self-audit strategies and tactics to demonstrate and document patient evaluation and monitoring when prescribing controlled medications to treat pain. Using a combination of teaching methods, faculty will present not only the “what” of quality patient evaluation and monitoring, but also the “how to” of compliance and documentation strategies. Faculty and learners will work through extensive case examples and various treatment puzzles to accomplish course objectives.

PARTICIPATING ORGANIZATIONS

American Headache Society (AHS)
Presented Tuesday, Sept 5

Developed by the American Headache Society®, the Chronic Migraine Education Program (CMEP) includes new advances and addresses acute and preventive treatment options. In addition, the CMEP highlights epidemiologic data on the scope and distribution of migraine with an emphasis on diagnosing chronic migraine,

and recent insights into the mechanisms of the disorder setting the stage for improving treatment outcomes for this most disabling of headache disorders. **Part 1** will cover **Diagnosis of Chronic Migraine**, risk factors, and prognosis. **Part 2** will cover **Preventive Pharmacotherapy** for chronic migraine and advances in acute treatment.

American Pain Society (APS)
Presented Friday, Sept 8

The theme of this year’s APS Track is **Bend Don’t Break: Building Resilience Against Chronic Pain**. Previous pain research emphasized identifying risk factors and pathological states. While of obvious importance, this pathology based approach neglects the importance of identifying resilience factors that protect against pain or enable individuals to respond adaptively in the face of pain. The APS Track at PAINWeek 2017 will feature 5 sessions. The first is **Resilience vs Vulnerability in Chronic Pain**. Next, **The Biological Interface of Resilience** will discuss how resilience factors may prevent the adverse biological outcomes of chronic pain. **Ramping-Up Resilience for Chronic Pain: Strategies for Reducing Pain and Improving Function** will emphasize novel interventions that may increase resilience. **Resilience Interventions for Pain** will feature multidimensional interventions to promote resilience in people with fibromyalgia. The final session is **Building Brain Resilience through Mindfulness Meditation**.

American Society of Pain Educators (ASPE)
Presented Wednesday, Sept 6 and Thursday, Sept 7

The 12th annual Pain Educators Forum will present 2 days of clinical and adult learning courses. Day 1 features **Pain Terminology**, which addresses how “knowing the difference makes a difference,” followed by **Pain Pathophysiology Unraveled**, uncovering the underlying mechanisms responsible for pain. **Chronic Pain Assessment** offers effective communication and evaluates screening tools. Next, **Pain Diagnostics: Clinical Pearls to Improve Common Tests for Pain** speaks to the importance of diagnostic testing for differential diagnosis (and their inherent limitations), followed by an extensive presentation on **Pain Therapeutics**. Day 2 presents **Flipping the Script: Why We Need a Patient REMS Course; You’re Giving me an MI: Incorporating Motivational Interviewing into Challenging Conversations; and Who Gives a Hoot about Pedagogy, Andragogy, and Heutagogy? How Educators Can Help Learners Learn**.

International Pelvic Pain Society (IPPS)
Presented Thursday, Sept 7

The International Pelvic Pain Society (IPPS) joins PAINWeek for the first time, presenting **What’s Going on Down There? Demystifying Female Pelvic Pain Syndromes**. First is **Don’t Dismiss Dysmenorrhea: A Systematic Approach to the Evaluation and Management of Painful Periods**. Early and prompt treatment of dysmenorrhea may be an important target for prevention of central sensitization, as well as the progression to various chronic pain conditions. **When Pain Is Not Sexy: Evaluation and Management of Sexual Pain in Females** reveals how sexual pain fits the biopsychosocial model of pain. **Pelvis Gone Wild: A Sordid Tale of Musculoskeletal Dysfunction** will discuss pelvic pain conditions (endometriosis, vulvodynia, painful bladder syndrome, etc) and key abdomino-pelvic musculature. The final course, **To Infinity and Beyond Pharmacotherapy: An Integrative**

Approach to the Management of Female Chronic Pelvic Pain, will discuss varied integrative modalities—conventional and plant-based medicines, nutrition, movement therapies, manual bodywork, etc. Throughout the track, faculty will utilize clinical vignettes and video demonstrations.

National Association of Drug Diversion Investigators (NADDI)

Presented Thursday, Sept 7

The 2017 NADDI Track will bring current trending information with a primary focus on drug diversion nuances. Topics will include **Data Fiction—Do We Make Life and Death Decisions Based on Bad Data?** and the problem it poses for the healthcare industry; **Algorithms and Opioid Dosing Watch Lists** and how they are used in investigations; the status of the many national **Overdose Prevention Strategies** and whether they are working; **Opioid Counterfeits** that are on the black market and the fallout on our streets; and also insight into a **Pain Practice Check-Up** and how law enforcement uses deviations from Standards of Practice as probable cause for search warrants.

FEATURED TRACKS

Advanced Practice Provider (APP)

Presented Thursday, Sept 7

Returning this year is the acclaimed Advanced Practice Provider (APP) Track, focusing on practice issues surrounding pain education and management, most pertinent to nurse practitioners, physician assistants, clinical nurse specialists, and other frontline clinicians. The track, created and presented by APPs for APPs, will provide a full-day of diverse educational offerings, beginning with a 2-hour **Case Based Learning** presentation from the perspective of an interdisciplinary panel, reviewing complex case studies on common, but otherwise challenging-to-manage pain syndromes, including chronic low back pain, postherpetic neuralgia, and diabetic peripheral neuropathy. The final 3 hours of the day will be broken up into 3 separate 50 minute courses, the first of which will examine **The Importance of Chart Documentation: Through the Eyes of a Chart Reviewer**. Specifically, the balance of all factors associated with safe opioid prescribing will be described. Pitfalls associated with use of an EHR when caring for the chronic pain patient will be explained, along with identification of essential items that should be included in your documentation when caring for the patient with chronic pain. **Blending, Melting, or Throwing Off a Cliff? Abuse Deterrent Technologies to Minimize Opioid Abuse** will focus on the FDA's publication "Abuse Deterrent Opioids—Evaluation and Labeling: Guidance for Industry," as well as discuss many of the novel technologies developed and labeled specifically to minimize the likelihood of abuse, while retaining the potential benefits of opioids in the management of pain. **The Green-Eyed Martian: Do Healthcare Disparities Exist in Pain Management?**, the final lecture, will explore the topic of disparities in pain management. It will define the epidemiological findings that define the scope of the problem related to disparities in pain management about race, ethnicity, and socioeconomic status. Case scenarios will be presented representing life examples. Finally, strategies to minimize disparities in healthcare when it comes to providing pain management will be identified.

NEW! **Functional Medicine**

Presented Tuesday, Sept 5

All You Need is Love: Incorporating Functional Medicine in Pain Care will teach providers about the development and implementation of an intervention that addresses the 4 key pillars of an anti-inflammatory lifestyle. In addition, there will be some exploration of how a person expresses love and feels loved, the ultimate measure of a patient's well-being and health. **Food is Medicine: A Review of the Anti-Inflammatory Diet** will guide providers on how to implement a modified elimination diet. Use of this diet necessitates the removal of the most common causes of food reactions while monitoring clinical symptoms to see if there is an improvement in how the patient feels. During this presentation the facilitators will outline what foods to eliminate/adjust. **Looking in the Rear View Mirror: Addressing Inflammation Through Lifestyle Imbalances** will guide providers on how to coach patients to change their environment and live an anti-inflammatory lifestyle by focusing on proper sleep hygiene, stress management, and how to adjust an exercise program to accommodate the individual needs and capabilities of the patient. The goal of the intervention is to educate and support self-care among chronic pain patients, not just during treatment, but for a lifetime.

NEW! **Medical Cannabinoids and Medical Marijuana**

Presented Friday, Sept 8

The past several years have witnessed dramatic increases in the use and state-mandated legalization of medical cannabinoids, as well as a growing number of states that have legalized marijuana recreationally. **Reefer Madness: Taking the Insanity Out of Medical Cannabinoids** will serve as an update of what we know and what we don't know about the safety and efficacy of medical cannabinoids for pain management. Different perspectives will be presented in this track, among them **Cannabis vs Cannabinoids: The Politics of Medical Marijuana**, which will discuss the tendency to equate medical cannabinoids with medical marijuana, and the distinctions between the 2 will be explored. **Medical Efficacy of Cannabis Therapeutics: Focus on Pain Management** will cover misinformation and lack of understanding by HCPS about cannabinoids. Specifically, this course will address the discovery of the endocannabinoid system (ECS) as a modulator of nociception and the role that phytocannabinoids have on the ECS. With more acceptance and use of cannabis for a variety of medical conditions, typically pain, there comes health and societal effects, many of which have been unanticipated. **Cannabis and Pain: Lessons From Colorado** looks at growing pains experienced along the way, particularly with de facto legalization prior to the vote to legalize.

NEW! **Physical Therapy**

Presented Tuesday, Sept 5

Words Wisely Chosen: Avoiding the Unintended Nocebo Effect will teach clinicians to explain body pain in terms of anatomy and biomechanics. Alternative, descriptive terms/phrases to use during patient interactions will be offered. **Exercise Prescription for Patients With Chronic Pain** will discuss low exercise compliance and review guidelines and trials discussing implementation of patient coaching techniques to bridge the gap between evidence and practice to help

patients attain better function and a healthier lifestyle. **At the Edge of Interaction:** *Applying Edge Work and Novel Movement to Painful Motion* is well-suited for clinicians working or interested in fields of movement therapy, manual therapy, physical medicine, and rehabilitation as it relates to pain. **Restoring Hope:** *The Treatment of Pelvic Pain Across the Gender Spectrum* will outline interdisciplinary options to identify persons with pelvic pain and design treatment programs to restore optimal function. Lastly, the **Fascial Distortion Model (FDM)** gives practitioners the ability to interpret a patient's pain complaints and direct treatment to correct fascial distortions.

New! **Wound Care**

Presented Saturday, Sept 9

This new track discusses the necessity of wound care. Each of the 2-hour sessions will inform attendees of the importance of proper care of the body's largest organ: skin. **Woundology**—*The Spectrum of Reasons Why the Epithelium Gets Lost* reviews the major causes of wounds that may present in a practitioner's office. The presenter will offer common sense ways to make the diagnosis and decide if treatment can be performed in the office or should be referred to a specialist. This session will provide an overview of the basic pathophysiology of several common types of wounds and sets the stage for the second session, **Insult to Injury: Wound and Other Pains in a Wound Care Patient**. Once a diagnosis of the etiology of a wound or related condition has been made, treatment of the pain associated with it needs to be logical, successful, and multifocal to address not just the pain but related and interrelated causes. This presentation will look at the causes of pain related to various wound conditions and discuss treatment options as well as overall pain control.

SPECIAL INTEREST SESSIONS

Measure for Measure:

Prescribing Guidelines, Rules, and Regulations

The state of Washington was one of the first states to legislate prescribing rules for the treatment of chronic pain, a unique model that relied on the use of a dosage trigger and the necessity to calculate morphine equivalency. Following Washington's lead, the Centers for Disease Control and Prevention (CDC) as well as other states have created their own guidelines and rules that not only vary widely but are often in conflict with each other. This presentation will discuss the recent history of prescribing guidelines, their diffusion across the United States, and their potential impact on medical practice and the treatment of pain.

Walking the Tightrope: Pain, Addiction, and Suicide

Death by suicide has become a global epidemic. Every 40 seconds someone in the world dies of suicide. An estimated 804,000 suicide deaths occurred worldwide in 2012. Individuals with chronic pain commonly have significant concomitant psychiatric and medical disorders placing them at higher risk for suicide. This presentation will review current literature on the epidemiology of suicidal ideation in the pain and substance use disorder populations, and discuss assessing suicide risk and identifying modifiable mediators of pain, substance use disorder, and suicide.

As You Like It: The Business of Pain Medicine

It has been estimated that approximately 30% of adults in the United States suffer from chronic or recurrent pain and this number grows annually. Pain care models have in the past evolved from unimodal/multimodal approaches to cost effective, efficacious interdisciplinary care. Over the past few years the field of pain medicine has regressed from providing a more holistic, interdisciplinary approach to emphasizing unimodal (spinal injections, spinal cord stimulation), and at best limited multimodal (medication management, procedures) interventions. The long-term efficacy and costs of these currently standard treatments varies greatly. This presentation will provide a critical review of good vs poor evidence based pain medicine interventions and the associated costs to patients and society.

Are You Now... or Have You Ever Been?

Saving Pain Medicine from Zealotry

Healthcare providers continue to incur the ire of anti-opioid zealots who have engaged in marginalization of prescribers and the millions of people who take opioids responsibly. This panel discussion will explore the many policy and ethical issues surrounding the prescribing of opioids and provide prescribers with some strategies that may help effect change and improve the lives of the people they treat.

The Story of O—A Molecule in Chains?

The management of chronic pain syndromes with long-term opioid therapy remains controversial. How are clinicians supposed to responsibly sift through the miasma of evidence based data, and the chorus of CNN, CDC, and DEA voices, while helping patients manage their chronic pain? This presentation separates fact from fiction, acknowledges the dilemma facing healthcare providers today, and provides practical insight to frontline practitioners grappling with this quandary.

Using Electronic Pain Assessment Programs and Innovative Technology in Pain Medicine:

Where Are We Now and Where Are We Going?

There has been a rise in interest in remotely assessing and monitoring pain and associated symptoms (eg, fatigue) as well as in the use of electronic health (eHealth) technology designed to support individuals in making lifestyle changes needed to improve pain management. Consumer demand for remote assessment programs, health 'apps,' and sensors has far outpaced the science needed to understand their benefits and impact. For persons with chronic pain and the providers who treat them, assessment programs, mobile apps, and activity monitors can help encourage behavioral change, including symptom monitoring, and serve as useful tools to enhance patient-provider communication. This 90-minute session will detail the content, and face validity, reliability, usability, benefits, barriers, and technical issues associated with the use of eHealth technology for persons with chronic pain and discuss future areas for clinical use.

Note: Confirmed dates/times for all Special Interest Sessions will be noted in the forthcoming Schedule-at-a-Glance, available May 2017.

Planning Your PAINWeek Experience

For those who would like to have an idea of what days will feature specific tracks, the following, while subject to change, is a fairly accurate representation of the **120+** hours presented over the **5** day conference.

Tues 9.5	Wed 9.6	Thurs 9.7	Fri 9.8	Sat 9.9
American Headache Society Track: AHS	Acute Pain Management Track: ACU	Advanced Practice Provider Track: AAP	American Pain Society Track: APS	Integrative Pain Management Track: INTG
Behavioral Pain Management Track: BHV	Chronic Pain Syndromes Track: CPS	International Pelvic Pain Society Track: IPPS	Medical/Legal Track: MDL	Pain and Chemical Dependency Track: PCD
NEW! Functional Medicine Track: FPM	Interventional Pain Management Track: INT	National Association of Drug Diversion Investigators Track: NAD	NEW! Medical Cannabinoids and Medical Marijuana Track: MCB	Palliative Care Track: PAL
Health Coaching Track: HCH	Pain Educators Forum Track: PEF	Pain Educators Forum Track: PEF	Neurology Track: NRO	NEW! Wound Care Track: WOU
NEW! Physical Therapy Track: PTH	Medical/Legal Track: MDL	Medical/Legal Track: MDL	Pharmacotherapy Track: PHM	Pharmacotherapy Track: PHM
Master Class Track: MAS	Master Class Track: MAS	Master Class Track: MAS	Master Class Track: MAS	Master Class Track: MAS
Special Interest Sessions Track: SIS	Special Interest Sessions Track: SIS	Special Interest Sessions Track: SIS	Special Interest Sessions Track: SIS	Special Interest Sessions Track: SIS
	Keynote/Exhibit Hall Opening Reception	Scientific Poster Session/Reception	Exhibit Hall Closing Reception	

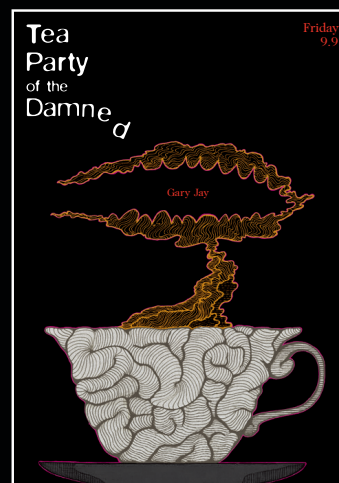
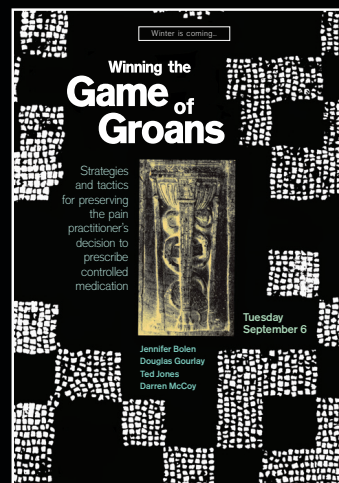
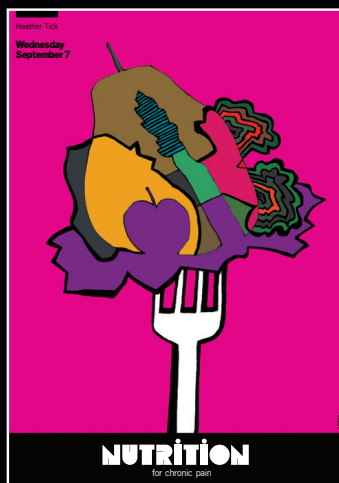
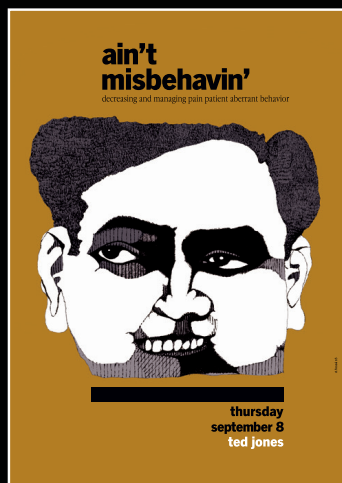
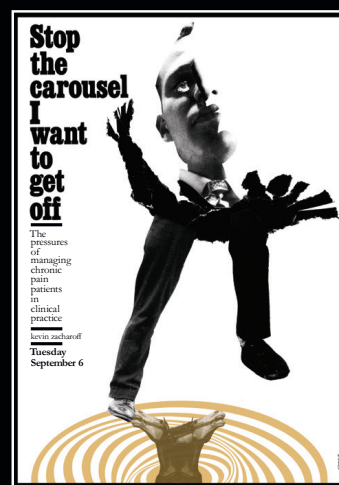
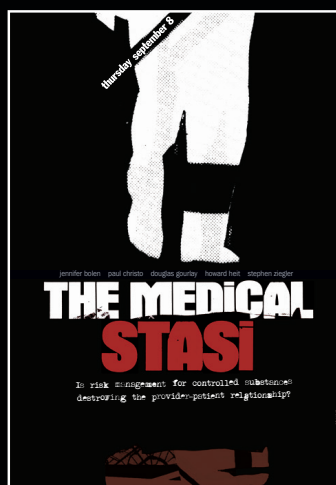
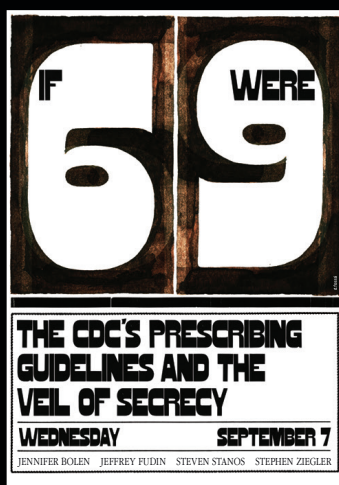
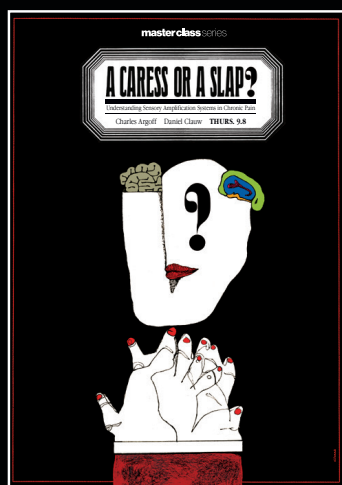
Look for additional information at www.painweek.org.

Note: Courses and tracks are subject to change.



5 Days, 120+ Hours, and 90+ Faculty

In 2017, you can look forward to a week of **Special Interest Sessions**, **Master Classes**, and **multidisciplinary course concentrations**.



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The **Cosmopolitan** of Las Vegas

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REGISTRATION/FEE INFORMATION

■ Reg Fees/Exp Dates	3-31	5-31	6-30	7-31
Practicing HCP	\$599	\$649	\$699	\$799
Full Price after 7-31				\$859
Industry				\$979

REGISTRATION NOW!

- ☐ Yes, I would like to register for the PAINWeek National Conference
- ☐ I am not able to attend, but would like information on future programs

Additional Workshops:

- ☐ A Comedy of Errors (an additional \$165)
- ☐ Managing Pain Between a Rock and a Hard Place (an additional \$165)
- ☐ Winning the Game of Groans (an additional \$185/limited to 60 learners)

Name _____

Specialty/Degree(s) _____

Institution/Affiliation _____

Address _____

City, State, ZIP _____

Phone _____

Fax _____

Email (required) _____

Signature _____

■ METHOD OF PAYMENT

- ☐ Check (Please make payable to PAINWeek)
- ☐ Credit Card

Name on card _____

Credit card # _____

Expiration date _____

Billing address (if different from above) _____

City, State, ZIP _____

Payment must accompany this registration form.

Cancellation policy: Cancellations received online or in writing 30 or more days before the start of PAINWeek will be refunded, less a \$100 service charge per attendee. No refund will be made less than 30 days prior to the start of PAINWeek. In the event of PAINWeek cancellation, liability is limited to refund of the registration fee only. We reserve the right to alter this program without advance notice.

■ HOTEL INFORMATION

The Cosmopolitan of Las Vegas
3708 S Las Vegas Boulevard
Las Vegas, NV 89109

Conference rate **\$165** + tax per night. This rate is applicable to healthcare providers only, and can only be guaranteed if reserved by July 29, 2017.

Please note: You will receive hotel booking information upon completion of your conference registration.

■ REGISTRATION OPTIONS

Visit www.painweek.org

Fax the registration form to (973) 741-2337

Call toll free (877) 724-6933

Mail (make a copy for your records) to:

PAINWeek, Attn: Patrick Kelly, 6 Erie Street, Montclair, NJ 07042

■ ACCREDITATION

Over 120 hours of content will be presented! This activity is provided by Global Education Group. Global Education Group is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Global Education Group designates this live activity for a maximum of 35.5 *AMA PRA Category 1 Credits*™.

This activity will be approved for continuing pharmacy, psychology, nurse practitioner education, and nursing education. Applications for certification of social work NASW and family physician AAFP hours have been applied for and are pending decision. For more information and complete CME/CE accreditation details, visit our website at www.painweek.org.

PAINWeek brings together many experts in pain and provides education to practitioners that can be easily used and implemented in practice."

—Courtney Kominek PHARMD, BCPS, CPE

PAINWeek has always been receptive to the needs of advanced practice providers. I think one of the key takeaways is collaborative practice in terms of pain management.

—Theresa Mallick-Searle MS, NP-BC, ANP-BC

www.painweek.org

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