



2024

117th Annual Convention

DATE

September 19-20, 2024

VENUE

Embassy Suites by Hilton
Charlotte Concord
Golf Resort & Spa
Concord, North Carolina

CONTACT HOURS

24.50 Contact Hours



JOHN M. WELTON, PHD, RN

OPENING KEYNOTE | PRICING THE NURSING PRODUCT: FINDING THE ECONOMIC VALUE OF NURSES

John Welton is a nurse researcher primarily studying the cost, quality, and value of nursing care. He received his MSN in Nursing from UNC Charlotte, and PhD in Nursing from UNC Chapel Hill. He is currently a Professor Emeritus at the University of Colorado College of Nursing and has held academic positions at the University of Maryland and the Medical University of South Carolina.

He has published over 100 articles and presented nationally and internationally on these topics. He is the former president of National Medevac, an air ambulance company he started in Charlotte, NC, in the 1980s.



DR. FELICE CARLTON, DNP, RN, FNP-C

GENERAL SESSION | UNLEASHING THE POWER WITHIN: MASTERING MINDSET, CONQUERING OBSTACLES, AND EMBRACING POSSIBILITIES

Dr. Felice Carlton is a Doctor of Nursing Practice, Family Nurse Practitioner, Keynote Speaker, and Health Advisor. Dr. Carlton is a graduate of the University of North Carolina at Chapel Hill and is a well-esteemed Integrative Health Coach certified by Duke University.

She is the owner of Felice Carlton Enterprises LLC, a leadership development company specializing in burnout strategy and mindset development. She possesses 15 years of combined nursing and nurse practitioner experience, with awards from the National Institutes of Health and the Department of Veterans Affairs.



MEMBERSHIP FORUM

PANEL DISCUSSION | 1.0 CONTACT HOURS 2024 STATEWIDE MEMBERSHIP FORUM TOPIC WILL BE ANNOUNCED SOON

The NCNA Statewide Membership Forum serves as a platform for nurses to engage in meaningful conversations about challenges and concerns that directly affect the profession and the larger nursing workforce. In previous years, the Statewide Membership Forum has focused on ways NCNA and its members can help address issues such as the opioid epidemic, workplace violence, and racial reckoning within the nursing profession. The panel aims to foster progressive dialogue and provide recommendations for NCNA to address.

The NCNA Board of Directors believes in empowering nurses to voice their opinions, and utilize the forum's feedback to achieve NCNA's unwavering commitment to inclusivity and moving *Nursing Forward*®.

2024 SCHEDULE AT-A-GLANCE

THURSDAY, SEPTEMBER 19, 2024

8:45.....First Time Attendee Orientation

9:30.....Welcome to the 117th NCNA Convention

9:45.....**KEYNOTE | Pricing the Nursing Product: Finding the Economic Value of Nurses** *John M. Welton, PhD, RN* (1.0 CH)

10:45...**GENERAL SESSION | Unleashing the Power Within: Mastering Mindset, Conquering Obstacles, and Embracing Possibilities** *Dr. Felice Carlton, DNP, RN, FNP-C* (1.0 CH)

11:45.....Exhibit Hall | Poster Group A (0.75 CH)

12:30...Awards Luncheon

2:00....Exhibit Hall | Poster Group B (0.75 CH)

2:45.....Break

BEGIN BREAKOUT SESSIONS

A - Practice

C - Leadership

B - Education

D - Self-Care

3:00Breakout Sessions I (1.0 CH)

I-A | R-E-S-P-E-C-T: Find Out What It Means to EVERYONE! *Shawana Burnette, DNP, RN, RNC-OB, NEA-BC, CLNC, FAWHONN*

I-B | Advancing Nursing Practice and Education: Integrating ChatGPT for Academic and Clinical Excellence *Marlena Brokober, MSN, RN*

I-C | The Fundamentals of Social Determinants of Health: Unveiling the Hidden Forces Shaping Health Outcomes *Savannah Anderson, MSN, RN*

I-D | Nurse Debriefings: Increasing Sustainable Practice *Vickie Leff, LCSW, APHSW-C*

4:00....Break

4:15.....Breakout Sessions II (1.0 CH)

II-A | Beyond the Epidemic: Opioid-Sparing Pain Management and Care of the Patient with Opioid Use Disorder in the ED *Daniella James, MSN, MBA, APRN, AGCNS-BC*

II-B | Stepping into the Future: Exploring Virtual Reality in Nursing Education *Elizabeth Stone, PhD, RN, CHSE, FAEN; Shawna Buchanan, BSN, RN, CCRN*

II-C | The Fun Factor: Building a Vibrant Team Using Playful Work Design *Erin Montgomery, DNP, RN, CNE; Jessica Ivey, EdD, MSN, RNC-OB, CNE*

II-D | Healthy Nurse, Healthy Nation, HEALTHY YOU! Physical Activity Practices YOU Can Do for Your Body, Mind, and Spirit *Mary E. Holtschneider, MEd, MPA, BSN, RN, NPDA-BC, NREMT-P*

5:30.....NCNA Networking & Engagement Reception

CONVENTION ACCOMODATIONS

THE EMBASSY SUITES CHARLOTTE-CONCORD/GOLF RESORT & SPA

5400 John Q. Hammons Drive NW | Concord, NC 28027

Phone Reservations: 704-455-8200 (NC Nurses Association)

Online Reservations: <https://bit.ly/NCNA2024>

Room Block Discount: \$172 per night (plus taxes & fees)

Room Block Deadline: August 18, 2024 (or when block is full)

FRIDAY, SEPTEMBER 20, 2024

7:15.....Exhibit Hall & Continental Breakfast

7:45.....Wellness Corner

8:15.....**GENERAL SESSION | North Carolina Board of Nursing Updates** (1.0 CH)

9:15.....**LEGISLATIVE SESSION** (1.0 CH)

10:15....Break

10:30...Breakout Sessions III (1.0 CH)

III-A | Optimizing Sexual and Gender Minority Adolescent Health in Primary Care: Putting Evidence into Practice *Melissa D. Kelly, DNP, CPNP-PC*

III-B | Innovative Academic Practice Partnership Models to Expand Capacity in High-Impact Learning Environments *Kae Rivers Livsey, MPH, PhD, RN, SANE-A; Jennifer Peterson, BSN, RN*

III-C | Sitting with Discomfort: Facilitating an Understanding of Implicit Racial Bias *Caitlin McArthur, DNP, MSN, RNC-MNN*

III-D | Mindfulness Magnet: The Gravitational Power of Well-being through Nurse-Led Peer-to-Peer Support *Miranda Scoggins, MSN, RN, PCCN, CCRN; Krystal Lott, MSN, RN, CMSRN*

11:30....Exhibit Hall | Poster Group C (1.0 CH)

12:30...MEMBERSHIP FORUM (1.0 CH) | Working Lunch

2:00....Break

2:10.....Breakout Sessions IV (1.0 CH)

IV-A | Serious Illness Conversations: The Role of the Registered Nurse *Tomika Williams, PhD, AGNP-C; Margaret Caruso, BSN, RN*

IV-B | Role of Holistic RN Patient Advocates in Private Practice: Background, Responsibilities, & Frequently Requested Services *Karen C. Sanders, MSN, RN, AHN-BC, HWNC-BC*

IV-C | Adding Depth: Achieving Growth for the Beside and Beyond *Jason McLawhorn, MSN, RN, NP-D-BC*

IV-D | Application of Stress First Aid for the Healthcare Worker in a Private University Setting *Sean P. Convoy, DNP, RN, PMHNP-BC*

3:15.....**CLOSING KEYNOTE | Coming soon! Don't miss NCNA's announcement in April.**

CONTINUING NURSING EDUCATION CREDIT

CONTACT HOURS

Up to 24.50 Contact Hours (CH) available for FULL registrants (12.50 CHs for onsite participants and 12.0 CHs for breakout session playbacks).

BREAKOUT SESSION PLAYBACKS

Miss a session you really wanted to see? We provide recordings of all breakout sessions to attendees — and you can get CHs for all of the concurrent sessions from the day(s) you are registered. You will receive an email about a month after Convention with all the info. General sessions (keynotes, etc.) are not included.

The North Carolina Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.