



Thursday, July 14, 2022
Psychopharmacology: Straight Talk on Mental Health Medications

Friday, July 15, 2022
Child and Adolescent Psychopharmacology

Presented by
Joseph Wegmann, RPh, LCSW

Author of:

Psychopharmacology: Straight Talk on Mental Health Medications

Wyndham Lancaster Resort & Convention Center
Lancaster, PA

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- Child and Adolescent Psychiatrists
- Drug & Alcohol Counselors
- Marriage & Family Therapists
- Case Managers
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- Psychologists
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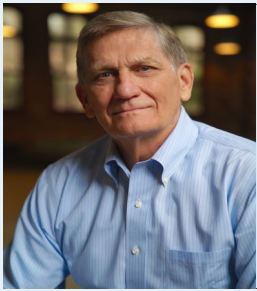
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Overview - Thursday, July 14, 2022

This seminar examines the mental disorders frequently encountered in clinical practice, accompanied by a discussion of the medication management and evidence-based behavioral approaches employed in treatment.

Objectives: Participants will be able to:

- Outline the mental syndromes for which psychiatric medications are often prescribed – Unipolar Depression, Bipolar, Anxiety spectrum, Psychotic spectrum, ADHD
- Describe the clinical indications for use of the major psychiatric medication categories – Antidepressants, Mood stabilizers, Anxiolytics, Antipsychotics, Psychostimulants
- Examine the therapeutic benefits, risk factors and common side effects of the various medication classes
- Discuss proven, relatable approaches for the behavioral management of the mental syndromes discussed
- Address the ongoing opioid crisis, opioid disorders and treatment
- Discuss complementary and alternative medicines and their role in treating mental syndromes

Overview - Friday, July 15, 2022

This seminar examines the mental disorders most often diagnosed in children and adolescents today – depression, anxiety, bipolar, ADHD, and disruptive behaviors. This seminar also addresses what to look for when assessing for these mental syndromes, how to proceed toward getting youth proper help – in conjunction with primary caretakers.

Objectives: Participants will be able to:

- Discuss the best practices in managing depression, bipolar, anxiety, and ADHD in children and adolescents
- Review and provide direction on case examples specific to the mental disorders routinely diagnosed in youth
- Examine the disruptive behavior disorder spectrum, and address best practice treatment strategies
- Explore the exploding rates of suicide occurrences in young people, the factors influencing this rise, and why suicide is the real pandemic among youth
- Address the circumstances driving the rise in substance abuse among children and adolescents, substances most often abused, and contemporary treatment protocols

Thursday, July 14, 2022

8:15 a.m. Registration (continental breakfast)

9:00 – Unipolar Depression

- Etiology, Influences on clinical depression
- 4 primary unipolar depression symptom domains, medication interest model
- Classes of antidepressants, antidepressant selection
- New players in the antidepressant market, side effects
- Antidepressants and sexual dysfunction, treatment-resistance

10:30 Break

10:45- Unipolar Depression (cont), Bipolar Disorder

- Behavioral activation for unipolar depression
- Suicide issues – assessment, risk factors, safety plans, documentation
- Practical steps and tips for assessing bipolar
- Bipolar medication management

12:15pm Lunch

1:30 – Anxiety disorders, Psychotic Spectrum

- How anxious people get duped, anxiety-related fears
- Specific interventions for worry and anxiety
- Medicating anxiety
- Schizophrenia, antipsychotics

3:00 Break

3:15 – Attention Deficit Hyperactivity Disorder, Opioid Disorder

- ADHD causes, assessment
- Medications – stimulants and non-stimulants, side effects
- Opiates, opioids
- Medicinal treatments for opioid disorders, motivational interviewing

4:45 p.m. Adjournment

Friday, July 15, 2022

7:45 a.m. Registration (continental breakfast)

8:30 – Mood disorders in children and adolescents

- Characteristics of depression in youth
- Demoralization Issues, clinical depression
- Medication management, CBT for depression
- Suicide – risk factors, assessment, safety protocols
- Bipolar in youth

10:00 Break

10:15 Bipolar Anxiety in Children

- Medication management of bipolar
- Worry, generalized anxiety, obsessive-compulsive disorder in youth
- CBT best practices for anxiety syndromes in youth
- Medicating pediatric anxiety

11:45 Lunch

1:00 p.m. – ADHD, Disruptive behavior spectrum

- ADHD – causes, assessment,
- The “5P’s” of medication management, behavioral approaches
- Oppositional defiance, disruptive mood dysregulation,
- Pharmacological and non-pharmacological treatment

2:30 Break

2:45- Substance Abuse in youth, Digital distraction

- Trends in youth substance abuse, Screening: The CRAFFT tool
- Motivational interviewing techniques, stepwise treatment protocols
- The rabbit hole of digital distraction, social media and the illusion of real connection
- Parental disconnect, reconnecting our disconnected kids

4:15 p.m. Adjournment (Pick Up Certificates)

Hotel Accommodations

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Mention J&K Seminars to receive a discounted room rate

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Disclosure of potential conflicts of interest: The speaker receives royalties from the sale of his books.

For more information, phone (800) 801-5415 or email - JK@jkseminars.com

Joseph Wegmann, RPh, LCSW

Joseph Wegmann is a licensed clinical pharmacist and clinical social worker. His diverse professional background in psychopharmacology and psychotherapy affords him a unique perspective on medication management issues gained over 35 years.

Joe is well known for the practical, relevant, and insightful psychopharmacology seminars he conducts across the country. He is a nationally recognized expert in the field of psychiatric medication management and has conducted hundreds of Psychopharmacology seminars across the United States and elsewhere.

Joe has published 11 books on Psychopharmacology, and his signature book, *Psychopharmacology: Straight Talk on Mental Health Medications* is now in its fourth edition. Joe has also published a card deck titled *Behavior Management Guide for the Classroom*, which addresses child and adolescent mental health issues.

Explore Joe's programs, products and videos at www.pharmatherapist.com and write to him at joe@thepharmatherapist.com.



J&K Seminars
904 Church Rd
Wyncote, PA 19095-1601



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Register by **June 10** for Discounted Early Registration Fee

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Fees (In Person or Webinar)

	<u>One Day</u>	<u>Both Days</u>
Individual Early Registration (received by June 10) _____	\$145 per person	\$275 per person
Two or more together at the same time by (June 10) _____	\$135 per person	\$255 per person
Regular Registration (June 11 – July 8) _____	\$160 per person	\$295 per person
Late Registration and Walk-Ins - (No Webinar Registrations After July 13) _____	\$175 per person	\$320 per person

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