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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course # Course Title

Webinar Date

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the webinar. After that time, a credit for a future Motivations event may be awarded.

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WEBINAR

#7462 Upper Extremity Myofascial Chains: Identifying the source of Dysfunction and Treatment Strategies

Instructor:
Dr. Rina Pandya, PT, DPT

Audience:
Physical Therapist and Assistants

Delivery Options:
Live Webinar or Self-Study Options

Motivations, Inc.

SUMMARY: This course is focused on the clinical understanding of the diagnoses related to upper extremity myofascial chain. Starting from the anatomy of the fascia, moving through evidence based articles, understanding of a variety of “missed” diagnoses related to myofascial restrictions and examples of treatment options and techniques. This course is a concise resource for the practicing clinician to solve those “mystery” diagnoses the next day due to vague symptoms and makes it hard to point to the exact source as it may be an etiology anywhere along the chain mimicking the symptoms. The participant should look forward to an energetic, interactive presentation with simplistic explanations of complex concepts and case studies with pop questions. Course instruction methods include lecture, demonstration, videos, case studies and question/answers. (Intermediate Level)

PRESENTER: **Dr. Rina Pandya, PT, DPT** has an extensive physical therapy career that spans over 20 years, through the UK, the USA and the Middle East. She has worked in NHS (National Health Service), American health care providing PT services in acute care, in-patient rehab, skilled nursing facility, home healthcare and outpatient clinic. In addition to being a clinician she has developed specialty programs based on evidence-based practice in her role as a project manager. She has also managed a Physical Therapy department as Department Head in premier private hospital in Oman. Rina graduated from Manipal University, India in 2000 as well as University of Michigan, in 2018 with a Doctor of Physical Therapy. She has also been an educator with Summit Professional Education conducting live seminars. Rina is a member of the APTA, HCPC-UK and OAP-Oman. *Financial*— Received a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Establish the differentiation between fascial v/s myofascial pain
2. Identify the pathology and differential diagnosis of myofascial pain
3. Review evidence-based Myofascial chains
4. Identify upper extremity myofascial chains
5. Identify appropriate Diagnoses through case studies and research articles
6. Apply appropriate Evaluation and treatment techniques.

FORMAT: This is a 3-contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the “raise hand” feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- 30 min: Anatomy and pathology of the fascia and myofascia.
- 30 min: Upper extremity myofascial chain highlighting superficial and deep arm line
- 30 min: Diagnoses related to Myofascial dysfunction
- 30 min: Evaluation and management of myofascial disorders

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.