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| Type Registration | Definition          | Price |
|-------------------|---------------------|-------|
| Group rate        | Register 20 or more | \$40  |
| Individual Rate   | Single Registration | \$65  |

|                                                              |                     |     |
|--------------------------------------------------------------|---------------------|-----|
| <b>Course #</b>                                              | <b>Course Title</b> |     |
| <b>Webinar Date</b>                                          |                     |     |
| Name                                                         | Discipline          |     |
| Facility                                                     |                     |     |
| Home Mailing Address                                         |                     |     |
| City                                                         | State               | Zip |
| Daytime Phone                                                | Fax                 |     |
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**Webinar Cancellation Policy:** Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

**Special Needs Requests:** Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



**Motivations CEU**

Accredited Courses for Rehabilitation Professionals

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## WEBINAR

### #7206 Ataxia Unpacked: Comprehensive Evaluation and Evidence-Based Treatment Strategies

**Instructor:** Sara Kraft PT, DPT, NCS, EdD (c)

**Audience:** Physical Therapists, Occupational  
Therapists, and Assistants

**Delivery Options:**  
**Live Webinar or Self-Study Options**

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**SUMMARY:** This continuing education course provides a comprehensive, evidence-based overview of the evaluation and treatment of individuals with ataxia. Participants will review the underlying causes and types of ataxia, including sensory, vestibular, and cerebellar presentations, and examine how these impairments affect balance, gait, coordination, and functional performance. Emphasis is placed on standardized assessment tools, motor learning considerations, and current evidence supporting rehabilitation interventions. Video case studies are used throughout the course to facilitate clinical reasoning, highlight functional limitations, and demonstrate treatment strategies targeting gait, postural control, and activities of daily living (ADLs). Participants will leave with practical strategies to improve safety, functional independence, and participation for individuals with ataxia across clinical settings. Course instruction method includes: Lecture, Videos, Case Studies, and Question/Answers.

**PRESENTER:** Dr. Sara Kraft is a distinguished leader in the field of physical therapy, with a career spanning nearly three decades. As a professor and the Residential Division Director at the Medical University of South Carolina, she has demonstrated exceptional leadership in both academic and clinical settings. Dr. Kraft teaches the Neuromuscular course series for DPT students, leveraging her extensive expertise as a board-certified neurological specialist and former board-certified assistive technology professional.

Her leadership is further exemplified by her role as a co-founding director of the Medical University of South Carolina Neurological Residency, where she has been instrumental in shaping the program. Dr. Kraft also served as the Chair of the APTA Residency/Fellowship Education Special Interest Group and was a board member of the Academy of Education for four years, showcasing her commitment to advancing the profession through education and mentorship.

Dr. Kraft's academic credentials include a BS, MHS, and DPT from the Medical University of South Carolina. She is currently pursuing an EdD in Educational Leadership at Capella University, underscoring her dedication to continuous growth and development as a leader. Her diverse experience as a clinician, manager, and educator across various settings highlights her ability to inspire and guide others in the field of physical therapy.

*Financial*— Receives a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists

**OBJECTIVES:** Upon completion of this course, the participant will be able to:

1. Integrate functional mobility and activities of daily living (ADLs) into treatment planning using task-specific practice, assistive devices, and adaptive strategies to improve safety, participation, and independence.
2. Differentiate sensory, vestibular, and cerebellar ataxia and select appropriate standardized outcome measures to evaluate impairments, activity limitations, and functional performance.
3. Apply evidence-based motor learning principles to design and progress individualized interventions addressing trunk, extremity, and gait ataxia.
4. Integrate functional mobility and activities of daily living (ADLs) into treatment planning using task-specific practice, assistive devices, and adaptive strategies to improve safety, participation, and independence.

**FORMAT:** This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

**For Live** courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

**For Recorded** courses, learners will not be able to participate in real time with questions.

**PT CEU's:** Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 16003. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA

**AGENDA ON NEXT PAGE...**

For course dates, times and registration, please visit: [www.motivationsceu.com](http://www.motivationsceu.com)

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## AGENDA:

**Pre-Study: 30 Minutes** Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

| Time   | Topic                                             | Content Focus                                                                                                             |
|--------|---------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| 10 min | Introduction & Overview of Ataxia                 | Definition, clinical presentation, common causes, and functional implications                                             |
| 10 min | Types of Ataxia                                   | Sensory, vestibular, and cerebellar ataxia; key distinguishing features and exam findings                                 |
| 20 min | Evaluation & Outcome Measures                     | SARA vs. ICARS, gait and balance assessment, linking impairments to functional limitations and ADLs                       |
| 15 min | Video Case Studies on Evaluation and OM selection | Clinical reasoning using video cases, Examination and OM selection                                                        |
| 10 min | Motor Learning Considerations                     | Cerebellar motor learning impairments, practice structure, feedback strategies, implications for functional task training |
| 30 min | Evidence-Based Treatment Strategies               | Trunk and extremity ataxia interventions, gait training approaches, assistive devices and external supports               |
| 25 min | Video Case Studies & Clinical Application         | Clinical reasoning using video cases, intervention selection and progression, integration of ADLs and outcome measurement |
| 10 Min | Questions and Answers                             | Participants allowed time to aske any questions.                                                                          |

**Post-test: 30 Minutes** Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.