

24-25 May, 2023

39th

Intercollegiate Basic Surgical Skills Course (RCS)

A course developed and quality assured and accredited by The Royal College of Surgeons of England

COURSE OBJECTIVE

This two-day course has been designed to introduce Surgical trainees to safe surgical practice within a controlled work shop environment and it aims to teach, assess and certify the ability of trainees to use safe and sound surgical techniques that are common to all forms of surgery.

CONTENT:

The course consists of three main areas:

- Open surgery
- Trauma and Orthopedics
- Minimal access surgery

FORMAT:

- Hands-on practice
- Individual tuition
- Assessment with personal feedback



COURSE DIRECTOR

Prof. Salman Yousuf Guraya
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Vice Dean -College of Medicine,
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Diploma Laparoscopic Surgery
Master Trainer Minimally Invasive Abdominal Surgery

COURSE PROGRAMME

DAY 1		
0800-0830	Faculty meeting	1340-1430
0815-0830	Registration and Refreshments	Skin Lesions and Local Anaesthetic Techniques
0830-0840	Introduction	Techniques for tissue dissection
	Statement of course objectives; assessment overview	Application of local anaesthetic
0840-0900	Gowning and Gloving	Excising a skin lesion and sebaceous cyst
	Double gloving and gown/glove removal	Ligation/Transfixion
0900-0930	Handling Instruments	Pedicle transfixion, continuity tie, pedicle tie
	Scissors, haemostats, forceps and scalpel	Bowel: End-to-end interrupted (hand tied knots no assistance)
0930-1030	Knots	Refreshments
	One-handed reef knot and surgeon's knot	1610-1625
1030-1045	Refreshments	1625-1715
1045-1140	Knots (continued)	1715-1725
	Instrument tie and tying at depth	1725-1745
1140-1300	Suturing Techniques	1745
	Needles and incisions	Debriding a traumatic Wound
	Interrupted sutures, simple and mattress sutures, continuous sutures, sub-cuticular suture	Abscess drainage(no assistance)
1300-1345	Lunch	Discussion and feedback
		Finish

DAY 2		
0830-0900	Reprise of knot tying	1445-1500
	Common faults	Refreshments
0900-1030	Abdominal Closure (assisted)	Ensure you have completed the entire assessment and feedback form including a development plan
	Aberdeen Knot, Drain Insertion	1500-1515
	continuous Suture, the art of assisting	Introduction to Generic Endoscopic Surgery
1030-1045	Refreshments	Principles of camera technique, depth cueing, fulcrum effect
1045-1245*	Vascular surgery principles	Box Trainers
	Vein patch exercise (assisted)	Exercises: Placing peas in a pot, stacking sugar cubes, cutting a glove, putting Polos on a string and tying knots on a skin pad
1245-1330	Lunch	Discussion and feedback
1330-1415	Tendon Repair(assisted)	1715-1730
1415-1445	Skin Suture OSAT	1730
		Finish

REGISTRATION FEE:

AED 3,675/-

REGISTRATION DEADLINE:

Registration will be closed directly after all seats are taken

TARGET AUDIENCE:

Medical Doctors, Residents