



3rd MIDDLE EAST - ASIA ALLERGY ASTHMA IMMUNOLOGY CONGRESS

11 - 13 December 2015

Jumeirah Etihad Towers | Abu Dhabi, UAE

Scientific Program

Day 1 - Friday, 11 December 2015

07:30 - 08:30

Registration

08:30 - 09:30

Workshop 1 Food Allergy in Children

Learning Objectives:

- * To know how to test for food allergy and Oral food Challenge in clinical practice
- * Management of food allergy
- * To know the diagnosis primary prevention of food allergy
 - Amal Assa'ad, USA
 - Suleiman Al-Hammadi, UAE
 - Amal Assa'ad, USA

Workshop 2 Prescribing Allergen Immunotherapy

Learning Objectives:

- * To review the process of how to select patients for immunotherapy
- * To explain the methodology of immunotherapy and who should administer it to the patient and to review the risks and benefits of the different types of immunotherapy
 - G W Canonica, Italy
 - Mona Al-Ahmad, Kuwait

Workshop 3 Hands-on Session in Rhinolaryngoscopy

Learning Objectives:

- * To understand how to use these practical procedures for reproducible results & how to assess the outcomes of these tests in the clinic
- * To understand the role and when to do a challenge test
 - Abdulla Ibrahim, UAE
 - Peter Hellings, Belgium

Workshop 4 Skin Allergy - What is Allergy, What is not in Clinical Practice

Learning Objectives:

- * To differentiate among allergic and nonallergic etiologies of itchy rashes
- * To use effective medical therapeutics when managing persistent pruritis
- * Differential Diagnosis of atopic dermatitis
 - Pierre Hage, Lebanon
 - Marcus Maurer, Germany
 - Donald Leung, USA

09:30 - 10:30

Workshop 5 Asthma, COPD & Chronic Cough

Learning Objectives:

- * Current Practices in the Management of Asthma
- * Managing COPD
- * Chronic Cough: A Discrete Clinical Entity
 - Raja Dhar, India
 - Ashok Shah, India
 - Raja Dhar, India

Workshop 6 Hereditary Angiodema

Learning Objectives:

- * Understanding the causes and how to Diagnose
- * Managing patients in the clinic
- * Preventing future episodes
 - Hioh Hee Chng, Singapore
 - Sulaiman Algazlan (KSA)
 - Sulaiman Algazlan (KSA)

Workshop 7 Obstructive Sleep Apnea

Learning Objectives:

- * To identify the patient with possible OSA
- * To work-up the affected patient using available methods
- * To diagnose and recommend an appropriate management approach
 - Zuhair Harb, UAE
 - Mohamed Al-Houqani, UAE
 - Satish KS, India

Workshop 8 Aeroallergens: Tools and Methods

Learning Objectives:

- * To understand the basic principles of microscopic pollen identification,
- * To learn about sampling devices and tools used in Aeroallergen collection-
- * Hands on-demonstration of volumetric methods burkard viable and non- viable traps) for Aeroallergen monitoring
 - Syed Hasnain, KSA
 - Syed Hasnain, KSA
 - Richard Weber, USA

10:30 - 11:00

Coffee & Networking Break

Scientific Program

11:00 - 12:00	Workshop 9 Upper and Lower Airway Disease	Workshop 10 Diagnosis of Immunodeficiency	Workshop 11 Practical Management of Allergies & Asthma in Children	Workshop 12 Rhinosinusitis: Medical & Surgical Aspects
	Learning Objectives: * Telemedicine in Asthma * Diagnosis of Wheezing * Diagnosis of Rhinitis - Meenu Singh, India - Nizar Kherallah, Qatar - Soumya MS, India	Learning Objectives: * To understand the role and when to do a challenge test * To understand how to use these practical procedures for reproducible results * To understand how to assess the outcomes of these tests in the clinic - Salem Al-Tamemi, Oman - Sulaiman Algazlan, KSA - Nima Rezaei, Iran	Learning Objectives: * To learn the specifics of treatment of rhinitis and asthma in children, specially in relation to safety, efficacy and easy administration * How to manage viral- induced exacerbations and co-morbidities * To understand the diagnosis of rhinitis and asthma in children - Bryan Martin, USA - Adnan Custovic, UK - Salem Al-Tamemi, Oman	Learning Objectives: * Medical Management of Chronic Rhinosinusitis: EPOS2012 * Cutting edge Surgical Aspects of Chronic Rhinosinusitis and Preventing Complication - Peter Hellings, Belgium - Abdulla Ibrahim, UAE
12:00 - 13:30	Lunch			
13:30 - 14:30	Workshop 13 Inhalation Devices in Asthma and Asthma control	Workshop 14 Anaphylaxis Diagnosis and Management	Workshop 15 Drug hypersensitivity Challenge Test Approach to Management	Workshop 16 Spirometry, FENO and Methods for Distinguishing COPD & Asthma
	Learning Objectives: * To review various asthma medication delivery systems relevant to age * To show how HFA propellants may affect drug delivery from MDIs * To provide insight into spacers and their importance in drug delivery - Sujeet Rajan, India - Nitin Verma, India - Jiu Wang, Taiwan	Learning Objectives: * To review the indications of when to use epinephrine in anaphylaxis * To understand the appropriate dosing and route of administration of epinephrine and to know when epinephrine should or should not be given to school children with a history of "anaphylaxis" - Mona Al Ahmed, Kuwait - James Sublett, USA	Learning Objectives: * How to diagnose drug allergy * When and how to do Challenge test * Management - Grace Chan, Singapore - Mariana Castells, USA - Jaideep Gogtay, India	Learning Objectives: * How to use and evaluate the results of Spirometry * Use of FENO in Assessment of Disease Severity * Distinguishing COPD from Asthma - Hatem Alameri, UAE - Mohamed Alhouqani, UAE - Raja Dhar, India
14:30 - 15:00	Coffee & Networking Break			
15:00 - 15:30	Plenary Lecture 1: Chronic Spontaneous Urticaria and Global Guidelines - EAACI, WAO, GA²LEN Guideline Update Marcus Maurer, Germany			
15:30 - 16:00	Plenary Lecture 2: Advances in the Management of Atopic Dermatitis - A Practical Approach Donald Leung, USA			
16:00	Opening Ceremony			

08:00	Registration	
08:30 - 09:00	Plenary Lecture 3: WAO Guidelines on Sublingual Immunotherapy - A Promising Future Giorgio Walter Canonica, Italy	
09:00 - 09:30	Plenary Lecture 4: Biomarkers Predictive of Response to Immunotherapy Stephen Durham, UK	
09:30 - 10:30	WAO Symposium Role of Staph Aureus Superantigens in Asthma Severity , Claus Bachert, Belgium Perspectives of Anaphylaxis from Infancy to the Elderly , Ignacio Ansotegui, Spain	
10:30 - 11:00	Coffee Break & Poster Viewing	
11:00- 12:10	Symposium 1: Asthma Exacerbations and Lessons from Genetic Studies	Symposium 2: Food Allergy: Prevention Strategies and Natural History
	• ABPA: From Diagnosis to Management Ashok Shah, India	• WAO Global Guidelines on the Prevention of Atopic Disease (GLAD-P) Ruby Pawankar, Japan
	• From Genetics to Biomarkers Adnan Custovic, UK • New Strategies for Managing Asthma Exacerbations Zuhair Harb, UAE	• Early Dietary Exposures for the LEAP Study: Role in Pathogenesis and Prevention of Allergic Disease George Du Toit, UK • Is there a Role for Oral Immunotherapy in Food Allergy Lamia Dahdah, Italy
12:10 - 13:20	Symposium 3: Food Allergy	Symposium 4: Advances in Skin Allergy
	• Understanding the Natural History of Food Allergy Suleiman Al Hammadi, UAE • Oral Food Challenges Vs. Elimination Diet Tests – The Best Evidence Antonella Muraro, Italy • Role of Nutrition in the Prevention of Food Allergy: To Feed or Not to Feed George du Toit, UK	• Atopic Dermatitis: Novel Mechanistic Concepts and the Skin Barrier in Atopic Dermatitis Donald Leung, USA • Advances in the Management of Atopic Dermatitis: The Role of Prophylactic Treatment Jiu Wang, Taiwan • Hereditary Angioedema: Recognition And Management- Hiok Hee Chng, Singapore

Scientific Program

13:20 - 14:20	Oral Abstract Lunch Session	Oral Abstract Lunch Session
14:20 - 15:30	Symposium 5: Environment and allergy: What do we know and what can we do?	Symposium 6: EAACI SYMPOSIUM
	• Indoor Allergens and Endotoxins at Home Adnan Custovic, UK • Biodiversity, The Microbiome and Airway Disease Ruby Pawankar, Japan • Air Pollution and Asthma Saleh Al Muhsen, KSA	• The Global Guidelines on Anaphylaxis and Action plans Antonella Muraro, Italy • Mechanisms of Immunotherapy and Immune tolerance to Allergens Cezmi Akdis, Switzerland • Rhinitis “Where do we stand today?” Peter Hellings, Belgium
15:30 - 16:00	Coffee Break & Poster Viewing	
16:00 -17:10	Symposium 7: Immunotherapy 1	Symposium 8: Asthma & ACOS (INTERASMA)
	• Insights into B Regulatory Cells and Allergen Tolerance Mubeccel Akdis, Switzerland • Venom Immunotherapy – Middle East Experience Harb Harfi, KSA • Regulatory Perspectives in IT: Is Harmonization Possible? Sergio Bonini, UK	• ARIA Guidelines In Real Life: Are ARIA Recommendations Followed in Real Life By Physicians? Giorgio Walter Canonica, Italy • Small Airway Disease in Asthma Omar Usmani, UK • GINA Guidelines Update 2015 Shyam Tampi, India

08:00

Registration

ERS Session

08:30 - 09:00

Plenary Lecture 5: Severe Asthma from Phenotypes, Biomarkers to Biologics
Elisabeth Bel, Amsterdam

09:00 - 09:30

Plenary Lecture 6: COPD and Asthma in Real Life as Non-Communicable Diseases
Francesco Blasi, Italy

09:30 - 10:00

Coffee Break & Poster Viewing

10:00 - 11:00

Symposium 9: Immunodeficiency State-of-the-Art - I

- **ICON Immunodeficiency**
Amir Latiff, Malaysia
- **Immunodeficiency the Way Forward**
Nima Rezaie, Iran

Symposium 10: ACAAI Symposium

- **Differential Assessment and Treatment of Asthma Versus COPD**
Bryan Martin, USA
- **Viral Induced Exacerbations of Asthma in Children**
James Sublett, USA

11:00 - 12:10

Symposium 11: Drug Allergy

- **Diagnostic Testing for Drug Hypersensitivity**
Grace Chan, Singapore
- **Hypersensitivity to Biologics**
Mariane Castells, USA
- **Drug Allergy Evaluation in the Arabian Gulf -**
Mona Al Ahmed, Kuwait

Symposium 12: Immunotherapy 2

- **SLIT in Patients with Allergic Rhinitis and Asthma**
Carla Irani, Lebanon
- **SCIT vs SLIT**
Steven Durham, UK
- **Novel Strategies of Immunotherapy**
Rudolf Valenta, Austria

12:10 - 13:10

Oral Abstract Lunch Session

Oral Abstract Lunch Session

13:10 - 14:20

Symposium 13: Anti-IgE to Biologics

- **Rational of blockade of IgE and Anti-IgE in Allergic Airway Disease**
Ruby Pawankar, Japan
- **Anti-IgE in Severe Asthma**
Randeep Guleria, India
- **Use Of Anti-IgE in the MENA Region**
Carla Irani, Lebanon

Symposium 14: Novel Insights in Chronic Rhinosinusitis and Airway Diseases

- **Epidemiology of Allergy and Asthma in the Region**
Shirina Alsowaidi, UAE
- **Endotypes of Chronic Rhinosinusitis**
Claus Bachert, Belgium
- **Role of Allergy in Chronic Rhinosinusitis**
Abdulla Ibrahim, UAE

Scientific Program

14:20 - 15:30	Symposium 15: Allergic Rhinitis and Co-Morbidities • Difficult to Control Asthma - The Spectrum in Developing Countries Sujeet Rajan, India • Co-morbidities of Allergic Rhinitis: From the Link to the Management Emad Koshak, KSA • Allergic Rhinitis: Relation to Asthma Stephen Durham, UK	Symposium 16: Recent Advances in the Diagnosis of Allergy - Tools for Accurate Analysis • The Value of Allergy Testing: From Bench To Beside Fares Zaitoun, Lebanon • MeDALL-chip to assess IgE sensitization: a New Diagnostic Tool for Allergic Disease? Rudolf Valenta, Austria • WAO ARIA GA2LEN Consensus on Molecular diagnosis of allergy disease Ignacio Ansotegui, Spain
15:30-16:40	Symposium 17: Immunodeficiency State-of-the-Art- II • Overview of Primary Immunodeficiency in the Region Salem Al-Tamemi, Oman • When Should Primary Immunodeficiency be Suspected Mohamad Ehlayel, Qatar • PID: Case Scenarios Nima Rezaei, Lebanon	Symposium 18: Anaphylaxis • Etiology Diagnosis and Management of Anaphylaxis James Sublett • Idiopathic Anaphylaxis: When No Cause Exists Marilyn Karam • Anaphylaxis Management in Infant and Children Mehdi Mohammed Al Adeli, Qatar
16:40-17:30	Symposium 19: AAAAI Symposium • Update on Mast Cell Activation Syndrome Mariane Castells, USA • Update on eosinophilic Eosophagitis Amal Assaad, USA	Symposium 20: Aerobiology • Aero Allergens in the Middle East Syed Hasnain, KSA • Global Perspectives on Aeroallergens Richard Weber, USA
17:30-18:40	Symposium 21: Pediatric Asthma and Occupational Asthma: Current Perspectives • How to Achieve Better Asthma Control Elham Hossny, Egypt • Phenotypes and Endotypes of Asthma in Children Nizar Kherallah, Qatar • Occupational Asthma in the Region Reza Farid, Iran	Symposium 22: Chronic Respiratory Diseases in the Middle East Asia • Prevalence of gE Sensitization to Aeroallergens and Foods in the Gulf Region Nouf Alkhamis, KSA • Burden of Respiratory Diseases in India Randeep Guleria, India • Global Actions against Respiratory Diseases Arzu Yorgancıoğlu, Turkey