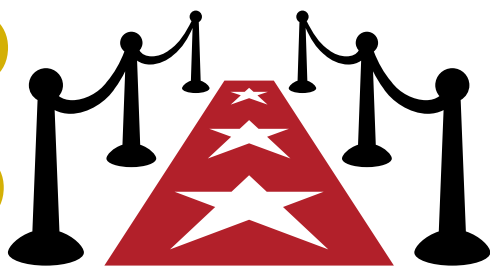




**American College of
Foot and Ankle Surgeons®**
Proven leaders. Lifelong learners. Changing lives.

ACFAS **2023** SCIENTIFIC CONFERENCE

STEP IT UP



LOS ANGELES ★ FEBRUARY 9-12

EARN UP TO 34 CECH!

**PRE-CONFERENCE
BEGINS FEBRUARY 8**



ACFAS.org/LosAngeles

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ACFAS 2023 IS THE PLACE TO BE

In Los Angeles, there's no shortage of inspiration. ACFAS 2023 is focused on helping you succeed with education and experiences to help you deliver exceptional patient care.



LEARN

Hone your skills with five days and 50+ sessions of exclusive content—including exciting new international sessions. Earn up to 34 CECH with hands-on workshops, cutting-edge clinical topics, and award-winning research.



SHARE

Connect with your colleagues and friends when you join more than 2,000 foot and ankle surgeons for educational discussions, networking, and social events. Build new relationships during the Welcome Party and stay engaged when you close out ACFAS 2023 at the Grammy Museum!



DISCOVER

Check out the latest and greatest products, technologies and solutions when you connect with over 150 companies from across the globe in the ACFAS 2023 Exhibit Hall.



WE CAN'T WAIT TO SEE YOU FOR AN UNFORGETTABLE EXPERIENCE IN LOS ANGELES!

The Los Angeles Convention Center is one of the preeminent destination convention centers in the country. Located in L.A. LIVE near endless dining, shopping and hotel and entertainment options, it is a state-of-the-art facility only minutes away from nearby airports including LAX and Bob Hope Airport.

SCHEDULE AT A GLANCE

WEDNESDAY, FEBRUARY 8

7:00 am – 12:00 pm

MIS: From Reconstruction to Trauma (Cadaveric)

8:00 am – 5:30 pm

Coding and Billing for the Foot and Ankle Surgeon

10:00 am – 6:30 pm

Surgical Management of Challenging Cases (Cadaveric)

12:00 – 5:00 pm

Soft Tissue (Cadaveric)

9:00 am – 2:00 pm

Residents Day

12:30 – 6:30 pm

Residency Directors Forum

2:30 – 6:15 pm

Coding Fundamentals



THURSDAY, FEBRUARY 9

7:30 – 8:30 am | Period 1

- Who's With Me?
- You're Not Looking at the Big Picture

8:30 – 10:00 am | Period 2

Opening General Session with Victoria Arlen



Victoria Arlen will discuss the perspective we give to obstacles in our lives, how to change it, and how to push off those roadblocks to achieve greater heights.

10:00 – 10:30 am

Expo Break

10:30 am – 12:00 pm | Period 3

- Total Ankle International Session
- The 2nd MTP Motion Picture
- You're Full of Tricks, Wizard

12:00 – 2:00 pm

Lunch in the Exhibit Hall

2:00 – 3:30 pm | Period 4

- MIS – Documentary or Drama?
- Unfortunately, Incredibly, Unstable
- Nice Pearls
- You Left Us Flat, Claudia
- Military Session – Podiatry Stepping Up

3:30 – 4:00 pm

Expo Break

4:00 – 6:00 pm | Period 5

- I Will Teach You the Ways
- Houston, We Have a Problem
- Take A Closer Look

2:00 – 6:00 pm | Period 6

- Flatfoot Workshop
- 2nd MTP Workshop

SCHEDULE AT A GLANCE

FRIDAY, FEBRUARY 10

7:30 – 9:30 am | Period 7

- May the Force Be With You
- Go Ahead, Make My Day
- PICA Session
- Here's Looking at You, Kid

9:30 – 10:00 am

Expo Break

10:00 am – 12:00 pm | Period 8

- Latest in Rearfoot Surgery
- Latest in Ankle Surgery
- Latest in High-Risk Foot and Ankle Surgery
- Latest in Forefoot Surgery

12:00 – 1:00 pm

ACFAS Honors and Awards Ceremony

12:00 – 2:00 pm

Lunch in the Exhibit Hall

1:00 – 2:00 pm

Poster Grand Rounds

2:00 – 3:30 pm | Period 9

- You Can't Handle the Truth!
- Say Hello to My Little Friend
- You Had Me at Hello

3:30 – 4:00 pm

Expo Break

4:00 – 6:00 pm | Period 10

- A Total Genius
- Elementary, My Dear Watson
- The Stuff Dreams Are Made Of
- Well, Nobody's Perfect

2:00 – 6:00 pm | Period 11

- Lapidus Workshop
- MSK Ultrasound Workshop

SATURDAY, FEBRUARY 11

7:30 – 9:30 am | Period 12

- It's Not Too Late to Change Your Mind
- After All, Tomorrow Is Another Day
- You're Going to Need a Bigger Boat

9:30 – 10:00 am

Expo Break

10:00 am – 12:00 pm | Period 13

- International MIS
- Fasten Your Seatbelts. It's Going to Be a Bumpy Ride
- Where We're Going, We Don't Need Roads

12:00 – 2:00 pm

Lunch in the Exhibit Hall

2:00 – 3:30 pm | Period 14

- Finally We Agree on Something
- There's No Place Like Home
- Keep Your Friends Close, and Your Enemies Closer

3:30 – 4:00 pm

Break/Scan for CME

4:00 – 6:00 pm | Period 15

- Has the Student Become the Teacher?
- Just When I thought I Was Out, They Pull Me Back In
- I'll Have What She's Having

2:00 – 6:00 pm | Period 16

- MSK Ultrasound Workshop
- Flaps Workshop

SUNDAY, FEBRUARY 12

7:30 – 8:00 am

Breakfast

8:00 – 10:00 am | Period 17

Breakfast of Complications

9:30 – 9:45 am

Break/Scan for CME

10:15 am – 12:15 pm | Period 18

Closing Session

SPECIAL EVENTS



THURSDAY, FEBRUARY 9

12:30 - 2:00 pm

Poster Grand Rounds – Meet the Authors

Don't miss the profession's largest scientific poster display with award-winning research studies from around the world! Authors are encouraged to be at their display to answer questions.

5:15 - 6:15 pm

Resident and Student Networking at the LA Convention Center

By invitation only. ACFAS and ABFAS Board members will greet invited residents and students. Join your professional peers for an exciting evening of food, beverages and prizes! Sponsored in part by ABFAS.

The Premier Connection—Opening Event at the LA Convention Center

Sponsored in part by In2Bones. Relax and reconnect with your colleagues before heading out to dinner. Meet and greet classmates, colleagues, and new friends, while enjoying an assortment of great food, beverages, and music.



FRIDAY, FEBRUARY 10

12:00 – 1:00 pm

ACFAS Honors and Awards Ceremony

Celebrate your colleagues! Manuscript, Poster, Honor, and Merit Awards will be announced and the year's best research will be recognized. In addition, new Fellows will be presented their College keys and the 2023-2024 Board of Directors will be introduced.

1:00 – 2:00 pm

Poster Grand Rounds—Meet the Authors

Don't miss the profession's largest scientific poster display with award-winning research studies from around the world. Authors are encouraged to be at their display to answer questions.



SATURDAY, FEBRUARY 11

6:30 – 7:30 am

Fellowship Breakfast Fair

Do you want to learn more about the 60 fellowship programs holding ACFAS status? Here's your chance! Grab a coffee and breakfast and chat with various program directors and current fellows. This year's event is generously sponsored by PICA.

7:00 pm

Wrap Party at the GRAMMY Museum

Rock out with friends and colleagues Saturday evening at the GRAMMY Museum! Conveniently located in L.A. LIVE, join us for food, drinks, music, and the opportunity to check out select museum exhibits. Wrap party tickets are \$75.

PRE-CONFERENCE PROGRAMS



WEDNESDAY, FEBRUARY 8

8:00 am – 5:30 pm

Coding and Billing for the Foot and Ankle Surgeon

Get properly reimbursed for the care you provide! Hear what's new in coding for 2023 as you participate in surgical coding scenarios including forefoot reconstruction, arthrodesis, office procedures, rearfoot and ankle reconstruction, tendon surgery, arthroscopy, trauma and diabetic foot surgery.

9:00 am – 2:00 pm

2023 Residents Day

We're rolling out the red carpet for residents! Pick up tips from the experts as you complete your post graduate education and make plans for your career as a foot and ankle surgeon – and do it in style! This year's Residents Day is generously sponsored by Organogenesis.

Learn from experienced foot and ankle surgeons on those important transitional non-surgical topics including:

- The Simple Rules of Achieving Board Certification
- The Art of Negotiation: From CVs to Interviews and Contracts
- Why Can't We All Just Get Along? Conflict Resolution
- Post-Residency Bazinga: Making the Next Step the Right One

Be entertained all day—and stay through the end to be eligible to win amazing raffle prizes, thanks to our sponsor, Organogenesis.

12:30 – 6:30 pm

2023 Residency Directors Forum

Co-Hosted by ACFAS and COTH

This year's Residency Directors Forum, sponsored generously by Organogenesis, is going Hollywood. Topics are geared to assist resident educators in optimizing their resident review and oversight such as social media dos and don'ts, CPME mock site-visits, DEI advancement within our residency learning environments, and curriculum building – for residents and for faculty. Hear from a roundtable of deans, residency and fellowship educators. The day will conclude with an update on the CPME 320/330 re-write status.

Complimentary for all residency directors, faculty and program coordinators (up to two representatives from each program), fellowship directors and school Deans. 6.0 CME will be provided to all attendees. Onsite registrations are not accepted - register online to save your spot!

2:30 – 6:15 pm

Coding Fundamentals

Start or refresh your coding and billing foundation! Walk away with an understanding of CPT and E&M codes, common modifiers and their use, and how to code minor in-office procedures. This course is ideal for residents, fellows, new practitioners, office staff of foot and ankle surgeons or anyone who wants to learn more of the basic coding and billing terminology and process. If you're attending Residents Day in the morning, this is a great next step to learning more about coding and billing for your future practice.



WEDNESDAY, FEBRUARY 8

7:00 am – 12:00 pm

MIS (Cadaveric) | 4 CECH

Osseous MIS procedures are undoubtedly becoming more prevalent but require a unique skill set in terms of osteotomy techniques and fixation. In this intense hands-on cadaveric workshop, we will cover the following topics and procedures:

- Patient selection
- Available technology review and considerations
- Osteotomy techniques
- Fixation techniques
- Distal procedures, akin osteotomies, arthrodesis
- Bunion
- Calc slide
- Haglund's
- Fibula rod/plate

10:00 am - 6:30 pm

Challenging Cases (Cadaveric)

It's 7am on Monday morning and you just walked into the office – and you already have two challenging cases waiting for you! How will you handle them? This intense, hands-on workshop revolves around two distinct cases:

Case 1: 18-year-old female presenting with transverse and sagittal plane collapse of the midtarsal joint with maximally pronated subtalar joint.

Case 2: Patient presents with chronic pain at the anteromedial aspect of the ankle. Patient points to the anterior aspect of the medial gutter and senses pain within the medial aspect of the ankle joint. CT images reveal absence of the subchondral plate at the site of the lesion with minor cystic changes of the underlying bone.

Light on lecture and heavy on the hands-on, you'll learn how to perform:

- Evans calcaneal osteotomy with allogenic bone graft or porous titanium wedge
- Navicular cuneiform fusion without and with bone graft (revision procedure)
- Cotton Osteotomy with Allogenic Bone Graft or Porous Titanium Wedge
- Gastrocnemius recession: run-out (Strayer) and intra-muscular approaches
- Articular cartilage transplantation
- OATs with medial malleolar osteotomy
- Osteochondral allograft transplantation of medial talar dome

12:00 – 5:00 pm

Soft Tissue (Cadaveric) | 4 CECH

This intense, hands-on cadaveric workshop will cover soft tissue reconstruction of the foot and ankle and the following procedures:

- Deltoid repair
- Lateral ankle stabilization all procedures
- Spring ligament
- Achilles repair
- FHL transfer
- FDL transfer
- PT tendon transfer



THURSDAY, FEBRUARY 9

7:30 – 8:30 am

Period 1

1. Who's With Me?

 *Braveheart, 1995*

Each speaker is an expert on ankle fractures and will defend their position with a 5-minute talk. After each debate, the moderator will hold open discussion with all panelists.

- Primary deltoid repair
- Proximal fibula fracture fixation
- AAORIF
- Fibular Nailing

2. You're Not Looking at the Big Picture

 *Indiana Jones, 2008*

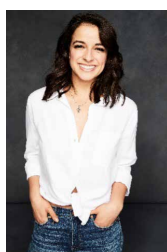
Experts on hallux valgus will speak from their decades of experience. After, the moderator will show cases for panel discussion.

- What would I tell myself then, that I know now?
- Are we taught too many operations?
- Frontal plane rotation: did industry discover what we already knew?
- Moderator case discussion: keep your stories straight

8:30 – 10:00 am

Period 2

3. Opening General Session



After being diagnosed with two rare conditions, Transverse Myelitis and Acute Disseminated Encephalomyelitis, Victoria Arlen lost the ability to speak, eat, walk and move at the age of 11. She spent four years in a vegetative state and doctors believed she had little chance of recovery. But Victoria fought for her life.

She defied the odds to win a gold medal at the 2012 Paralympic Games in London, begin a broadcasting career with ESPN, and competed on *Dancing with the Stars*. Her autobiography, *Locked In*, was published in 2018.

Victoria will share her incredible story of overcoming challenges, finding gratitude and alternative perspective, and using obstacles to create meaningful change.

SESSION SCHEDULE



10:00 – 10:30 am

Expo Break

10:30 am – 12:00 pm

Period 3

4. Total Ankle International Session

Learn various techniques from international authorities from around the world regarding total ankle replacement.

- Revision total ankle
- TAR enhancing indications and outcomes
- Deformity correction
- Periprosthetic osteolysis as a risk factor for revision
- Tar through lateral approach, a paradigm shift

5. The 2nd MTP Motion Picture

This session will focus on 2nd MTP pathology with topics ranging from diagnosis to decision making for this commonplace, but yet challenging anatomic location.

- Plantar plate diagnostic dilemmas
- All the Weil? Osteotomy always necessary?
- Indications and techniques - tips for FDL transfer
- 2nd MTP arthrodesis – insanity or salvage?
- EDB Transfer Instead of Osteotomy?
- How Important Are Those Collaterals?

6. You're Full of Tricks, Wizard

 *Avengers Infinity War, 2018*

Top surgeons with extensive experience will share one of their favorite surgical pearls they wish they would have known from the beginning of their practice.

12:00 – 2:00 pm

Lunch in the Exhibit Hall

2:00 – 3:30 pm

Period 4

7. MIS – Documentary or Drama?

This session focuses on the possibility of treating hallux valgus, flatfoot, and Charcot via MIS techniques along with discussing the potential complications.

- Functional long-term outcomes of MIS bunion surgery?
- The MIS journey
- Managing MIS bunion complications
- Is hypermobile 1st ray a contraindications for MIS?
- Is MIS Charcot correction really possible?
- MIS calcaneal osteotomies take longer – are they really better?

SESSION SCHEDULE



8. Unfortunately, Incredibly, Unstable

 *The Rock, 1996*

A deeper dive into ankle instability where experienced surgeons will discuss various controversial topics often encountered.

- Is augmentation necessary for primary lateral ankle stabilization?
- When the primary repair fails, what are the secondary options?
- When is CFL repair necessary?
- Medial deltoid instability, how to diagnose and treat
- Subtle syndesmotic instability with CLAI, how to recognize and treat
- Subtle cavus in CLAI, is it ok to ignore?
- Is lateral ankle stabilization enough when there's early ankle varus tilt?

9. Nice Pearls

 *Pretty in Pink, 1986*

Peri-operative pearls will be presented from expert faculty for a variety of foot and ankle situations.

- Does the literature support early wt bearing for achilles, ankle fracture, Lapidus and ankle fusion?
- Navigating a nonunion
- Protocols in preventing infection for TAR
- DVT prophylaxis for low-risk patients?
- Does every ankle surgery need a popliteal block?

10. You Left Us Flat, Claudia

 *King Pin, 1996*

This session combines both lecture and debate format on a wide array of topics often encountered when treating flatfoot.

- So many wedges, but so little evidence
- What to do with a failed Evans?
- Is realignment necessary for successful tarsal coalition surgery?
- Where will I correct for the supinatus?
- How to undo and correct the malunited hindfoot fusion?
- Post-op ankle valgus after hindfoot fusion, where did I go wrong?
- Panelist debate

11. Military Session – Podiatry Stepping Up

Explore the role of foot and ankle surgeons in today's US military through a rapid-fire series of military-centric cases, research, and techniques presented by foot and ankle surgeons in the military.

3:30 – 4:00 pm

Expo Break



4:00 – 6:00 pm

Period 5

12. I Will Teach You the Ways

 *Star Wars: The Last Jedi, 2017*

Expert faculty will present their top 3 pearls for treating these traumatic injuries.

- Posterior malleolus fractures
- Medial malleolus fractures
- Fibula fractures
- Talus fractures
- Calcaneal fractures
- Halftime panel discussion
- Low energy midfoot trauma
- Turf toe injury
- High energy midfoot trauma
- Syndesmosis
- Jones fractures
- Wrap up panel discussion

13. Houston, We Have a Problem

 *Apollo 13, 1995*

Learn the latest evidence and methods for treating diabetic osseous and soft tissue infections through both lecture and case presentations.

- Is there anything better than inflammatory markers?
- What if MRI is not an option for diagnosing OM?
- DM soft tissue infections, can I get away with oral antibiotics?
- DM foot OM, what's the newest antibiotic treatment?
- Can drug eluding cement reduce amputation rate?
- Midfoot Charcot with OM, what actually needs to come out?
- Moderator case presentations and panel discussion

14. Take A Closer Look

 *Fast and The Furious, 1996*

Learn the role for advanced imaging including ultrasound, weight-bearing CT and how to optimize your MRI machine.

- Does stage 2 PTTD require advanced imaging for surgical planning?
- When is ultrasound superior to other modalities?
- Will weight-bearing CT be the new standard for foot and ankle?
- Can my hospital's MRI machine be adjusted for improved image quality?
- What's the latest and greatest in imaging technology?

2:00 – 6:00 pm

Period 6

15. Flatfoot Workshop

Additional fee required.

16. 2nd MTP Workshop

Additional fee required.



FRIDAY, FEBRUARY 10

7:30 – 9:30 am

Period 7

17. May the Force Be With You

 *Star Wars, Episode IV - A New Hope, 1977*

The latest in regenerative medicine will be presented along with why and when biologics are indicated for foot and ankle pathologies.

- Tissue substitutes for wounds, is this the first choice or last-ditch effort?
- PRP medical breakthrough or business creep?
- Mesenchymal stem cell grafts, so many more choices now - how to choose?
- Recombinant gene therapy, Is the body its best ally?
- Will Viscosupplementation ever have a role in the foot and ankle?
- The haters going to hate...

18. Go Ahead, Make My Day

 *Sudden Impact, 1983*

This session combines both lecture and case presentations for the most up to date information on limb salvage.

- What's new in biologics for DFU?
- How much flow do you need to heal that wound?
- Amputation level; how much energy expenditure will my patient need?
- Tendon transfers in DM PT, do they work?
- Prophylactic Sx for the DM foot; when is prime time?
- Ex fix for soft tissue offloading; do they work?
- Role of local flaps for DM foot ulcers; when do they work?
- Interesting cases from panelists and discussion

19. PICA Session

20. Here's Looking at You, Kid

 *Casablanca, 1942*

Expert faculty will share the most up to date information regarding pediatric pathologies ranging from clubfoot to fractures.

- Clubfoot: The Ponseti approach and recurrences
- Tibialis anterior tendon transfer: which recurrences benefit?
- Brachymetatarsia correction
- The accessory navicular - simply just a bump removal?
- Transitional ankle fractures

9:30 – 10:00 am

Expo Break

SESSION SCHEDULE



10:00 am – 12:00 pm

Period 8 (Manuscript Session)

21. Latest in Rearfoot Surgery

22. Latest in Ankle Surgery

23. Latest in High-Risk Foot and Ankle Surgery

24. Latest in Forefoot Surgery

12:00 – 1:00 pm

ACFAS Honors and Awards Ceremony

Congratulate your colleagues who win Manuscript, Poster, Honor, and Merit Awards. New Fellows will be presented their College keys and the 2023-2024 Board of Directors will be introduced.

12:00 – 2:00 pm

Lunch in the Exhibit Hall

2:00 – 3:30 pm

Period 9

25. You Can't Handle the Truth!

 *A Few Good Men, 1992*

Lectures will be followed by a high-level debate amongst experts on Lisfranc and other midfoot trauma.

- Lesser metatarsal fractures, do they really need surgery?
- Is plantar plate better than IM screw for Jones fracture?
- Literature review: Lisfranc ORIF vs fusion
- Moderator case presentation for panel debate

27. Say Hello to My Little Friend

 *Scarface, 1983*

Expert faculty will address a variety of difficult forefoot pathologies.

- Failed HT implant, is pinning the only revision option?
- Management of flail toe, is syndactylization the gold standard?
- 2nd MTP arthritis - implant the only option?
- Sesamoidectomy - benign or malignant?
- MIS hammertoe repair - really possible?



28. You Had Me at Hello

 *Jerry Maguire, 1996*

Get an update on the ever-changing medicolegal landscape as it relates to social media posts, insurance and documentation.

- Now what? I've been subpoenaed...
- Documentation and how much should I say?
- Social media precautions: can my posts be used against me?
- Disability insurance: what it really means

3:30 – 4:00 pm

Expo Break

4:00 – 6:00 pm

Period 10

29. A Total Genius

 *Independence Day, 1996*

Top surgeons will answer specific questions often encountered when performing total ankle arthroplasty.

- Can we predict periprosthetic fractures?
- When to stage a progressive collapsing flatfoot in TAA?
- Is there a varus correction threshold?
- When and how to treat hypertrophic ossification?
- What are your intra-operative pearls for preventing infection?
- How to diagnose and treat peri-prosthetic joint infection?
- Is total talus an option in failed talar components?

30. Elementary, My Dear Watson

 *The Return of Sherlock Holmes, 1929*

Various tips and decision-making pearls will be demonstrated by expert faculty for situations often requiring Plastics.

- When to call your plastic surgeon - case examples
- Tips and pearls for STSG; what's the success in lower extremity?
- I have a deep wound, what can biologics do for me?
- NPWT installation, is it worth the effort?



31. The Stuff Dreams Are Made Of

 *The Maltese Falcon, 1941*

This session contains both lectures to address various Arthroscopic techniques and a debate amongst experienced surgeons on whether AAORIF is necessary.

- Is endoscopy superior to open treatment for FHL/Os trigonum pathology?
- Do not make the same arthroscopic mistakes
- Techniques and applications of midfoot arthroscopy
- Are the benefits of arthroscopic STJ fusion worth the hassle?
- Debate: AAORIF - can I accomplish the same thing during ORIF?

32. Well, Nobody's Perfect

 *Some Like It Hot, 1959*

Expert faculty will present their stance debating whether certain techniques are superior to others for Charcot treatment.

- Midfoot Charcot, why I think MIS is superior
- Midfoot Charcot, why I think open is superior
- Ankle Charcot, when a 3D printed truss is superior
- Ankle Charcot, when a femoral head allograft is superior
- Diagnostic dilemma, is this infected or just in the inflammatory stage? What's in my toolbox?
- Active Charcot, do we wait too long to operate?

2:00 – 6:00 pm

Period 11

33. Lapidus Workshop

Additional fee required.

34. MSK Ultrasound Workshop

Additional fee required.



SATURDAY, FEBRUARY 11

7:30 – 9:30 am

Period 12

35. It's Not Too Late to Change Your Mind

 *Tomb Raider, 2018*

An international speaker will be followed by the moderator stimulating debate amongst panelists with various OCD cases.

- Cartilage repair tissue outcomes after arthroscopic microfracture for olt: second-look arthroscopic and MR analysis
- Microfracture vs abrasion chondroplasty
- Bulk allograft vs metallic hemi implant
- Retrograde fill - allo/autograft vs synthetic graft

36. After All, Tomorrow Is Another Day

 *Gone with the Wind, 1939*

This session focuses on procedure selection and how to improve outcomes for the oft encountered 1st MTP pathology.

- Is there a role for the bump and run?
- Implants: what goes in must come out?
- Can we get motion from extra-articular procedures?
- Convince me fusion is best...

37. You're Going to Need a Bigger Boat

 *Jaws, 1975*

Expert faculty will discuss both techniques and decision making for end stage ankle arthritis.

- ACFAS Consensus Summary on ankle arthritis
- What are the boundaries of arthroscopic ankle fusion deformity correction?
- Dealing with deficits. Bone transport. Arthritic ankle with LLD
- Failed OCD repair, when is it time to fuse or replace?
- Femoral head vs titanium cage and trusses - does a large bone void always require an expensive cage?

9:30 – 10:00 am

Expo Break

SESSION SCHEDULE



10:00 am – 12:00 pm

Period 13

38. International MIS

International authorities will speak on high-level MIS surgical techniques and methods.

- Minimally invasive bunionette and DMMO pearls/outcomes
- MIS Hallux Valgus correction. MICA vs MITA, does it matter?
- MIS calcaneus osteotomy options, when and how?
- MIS Hallux Valgus surgery american renaissance and resistance, what does the data say?
- MIS pitfalls/complications and how to get past them
- MIS foot surgery from a deformity surgeon perspective
- MIS Haglund's correction
- PROMS in MIS Hallux Valgus surgery

39. Fasten Your Seatbelts. It's Going to Be a Bumpy Ride

 *Zombieland, 2009*

This session will address various Achilles rupture situations including complications, philosophies, and protocols.

- Repair vs boot - a physical therapist/surgeon's experience
- I'm happy with my open repair, but should I be considering less invasive techniques?
- When can they walk? Does early weight bearing lead to complication?
- When the straightforward case goes south
- My patient is weak with an attenuated repair. How do I work this up and what are my options?
- Does every revision require augmentation or tendon transfer?

40. Where We're Going, We Don't Need Roads

 *Back to the Future, 1985*

Expert faculty will discuss techniques and high-level decision making for when and how to address cavus deformity.

- Anatomy, biomechanics of cavus
- Cavus from the ground up
- Failed realignment/undercorrection
- Fusion vs osteotomies - where's my crystal ball?
- Ignore the cavus and just repair the peroneal tear? Or fix it all...

12:00 – 2:00 pm

Lunch in the Exhibit Hall

SESSION SCHEDULE



2:00 – 3:30 pm

Period 14

41. Finally We Agree on Something



The Legend of Zorro, 2005

This session will revisit ACFAS Clinical Consensus Statements from the last 5 years. Have their positions changed or are they still valid?

- Acute Achilles Pathology 2021
- Diagnosis and Treatment of Ankle Arthritis 2020
- Appropriate Clinical Management of Adult Acquired Flatfoot Deformity 2020
- Etiology, Diagnosis and Treatment Consensus of Gouty Arthritis of the Foot and Ankle 2018
- Diagnosis and Treatment of Adult Acquired Infracalcaneal Heel Pain 2018

42. There's No Place Like Home



The Wizard of Oz, 1939

This session is a plenary town hall on physician safety and wellness.

43. Keep Your Friends Close, and Your Enemies Closer



The Godfather, 1974

This session will discuss a variety of difficult nerve situations.

- Is there an algorithm for nerve entrapment after surgery?
- Recurrent/stump neuroma; how do I tackle it?
- Is there still a role for nerve decompression for DM neuropathy?
- Baxter nerve decompression techniques

3:30 – 4:00 pm

Break/Scan for CME

4:00 – 6:00 pm

Period 15

44. Has the Student Become the Teacher?

This session allows younger faculty to debate their mentor as the moderator leads a high-level debate of difficult cases.

SESSION SCHEDULE



45. Just When I Thought I Was Out, They Pull Me Back In

 *The Godfather, 1990*

Panelists will have 5 minutes to advocate for their tendon transfer method. The audience will vote for which method they prefer as well.

- FHL transfer for achilles pathology: it is the standard of care, why anything else?
- Why transfer the FHL? There are other options
- FDL transfer to balance the flatfoot: it is the way
- It's the bones that matter - why sacrifice the FDL?
- STATT transfer: the benefits without sacrificing the entire tendon
- Why split a tendon, there are better options
- The Bridle PT tendon transfer and the power behind it
- Why the Bridle, there are other options

46. I'll Have What She's Having

 *When Harry Met Sally, 1989*

Various modalities will be discussed to help patients dealing with pain.

- My pre-op patient has neuropathic pain. Should I change my usual post op pain regimen?
- Pre and intraop adjuvant pain regimen - what's the latest trend?
- Is it contraindicated to use nsais during bone healing?
- What narcotics are really needed after foot/ankle surgery? Do we overprescribe?
- Is there a role for medical cannabis in foot and ankle surgery?

2:00 – 6:00 pm

Period 16

47. MSK Ultrasound Workshop (Repeat)

Additional fee required.

48. Flaps Workshop

Additional fee required.

SUNDAY, FEBRUARY 12

7:30 – 8:00 am

Breakfast

8:00 – 10:00 am

Period 17

49. Breakfast of Complications

9:30 – 9:45 am

Break/Scan for CME

10:15 am – 12:15 pm

Period 18

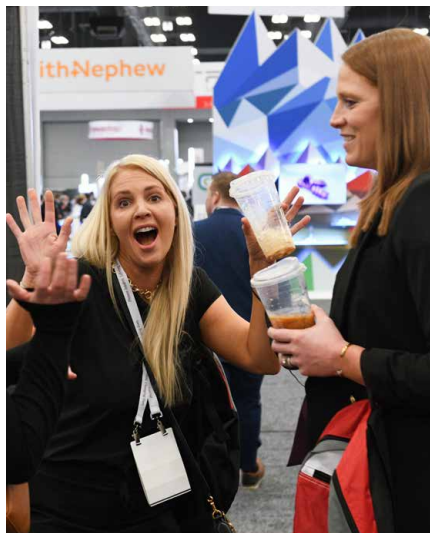
50. Closing Session



The ACFAS HUB returns for 2023! Come and join your peers in the go-to area of the exhibit floor to engage in a variety of lively and timely discussions. Our open-space theater is the place to find topics that you won't find elsewhere at the conference!

Time	Thursday, February 9	Friday, February 10	Saturday, February 11
10:00 am	Inter-Relationship of Life and Work: Balancing Personal Demands in Different Types of Podiatry Practices	Medical Malpractice Issues: Pearls to Practicing Defensive Medicine	ACFAS Fellowship Initiative: Program Directors Meeting
11:00 am	The Intersection of Social Media and Healthcare	How to Play the RVU Game	Poster Winners – Top Three Showcase
12:00 pm	Expert Rapid Fire!	The Fellowship Experience: Is Advanced Training Right for You?	Manuscripts - Lightning Learning!
1:00 pm	CPME 320 Re-Write: Are We There Yet?		
2:00 pm	Everything You Need to Know About ABFAS Board Certification		Let's Talk About the New ABFAS LEAD Continuous Certification Program
3:00 pm		Residency Directors Panel Discussion	

REGISTRATION



Register online now at ACFAS.org/LosAngeles. Your registration includes four days of education, opportunities to earn CECH, networking events including the Welcome Reception on Thursday, breaks and lunch Thursday through Saturday and breakfast on Sunday.

	Early Bird Before Nov. 30	Advanced After Nov. 30	On-Site
ACFAS Member	\$650	\$750	\$850
Non-Member	\$975	\$1,125	\$1,300
ACFAS Resident Member	\$430	\$500	\$565
Active U.S. Military	\$430	\$500	\$565
Non-Member Resident	\$650	\$750	\$850
Student	\$225	\$260	\$300
U.S. Allied Health	\$520	\$600	\$690
U.S. Podiatry Practice Staff Member	\$325	\$375	\$430
U.S. Podiatry Practice Staff Non-Member	\$485	\$560	\$645
Commercial Representative	\$1,750	\$1,750	\$2,300

Cancellation Policy

Cancellation requests must be submitted in writing to hjelm@acfas.org by January 20, 2023 to receive a refund less a \$100 administrative fee.

Special Needs

If you have special needs addressed by the Americans with Disabilities Act or special dietary needs, notify ACFAS at the time you register.

Guest Registration

Family Badges are available for spouses (non-physician) and/or children 14 years and older, which include admittance to the Opening Reception and Exhibit Hall (breaks/lunch).

GENERAL INFORMATION



The ACFAS Annual Scientific Conference is made available as an educational service to its members and other members of the medical profession. ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member.

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Photographs/Videos

Audio/video taping or recording or photographing of sessions is prohibited.

ACFAS routinely takes photos or video of participants in meetings and other conference venues for news and other purposes. By registering for the conference, you grant ACFAS permission to utilize photos of you taken at the conference for ACFAS purposes.

Conditions of Registration and Attendance

To protect the rights of our exhibitors and the value of our exhibit space, the ACFAS Annual Scientific Conference and the meeting space in which ACFAS events are conducted are not to be used as a venue for marketing products, services, meetings, publications, sponsorships, or memberships except for authorized organizations that purchase exhibit space. Any non-exhibitor found to be in violation of this policy shall be invoiced the fee for one exhibit booth and shall not be admitted to the exhibit hall until such fee is paid in full regardless of membership status.

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Speakers are requested not to promote non-ACFAS programs since the College cannot attest to the content or quality of such events and such promotion could be interpreted as an endorsement of said event(s).

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