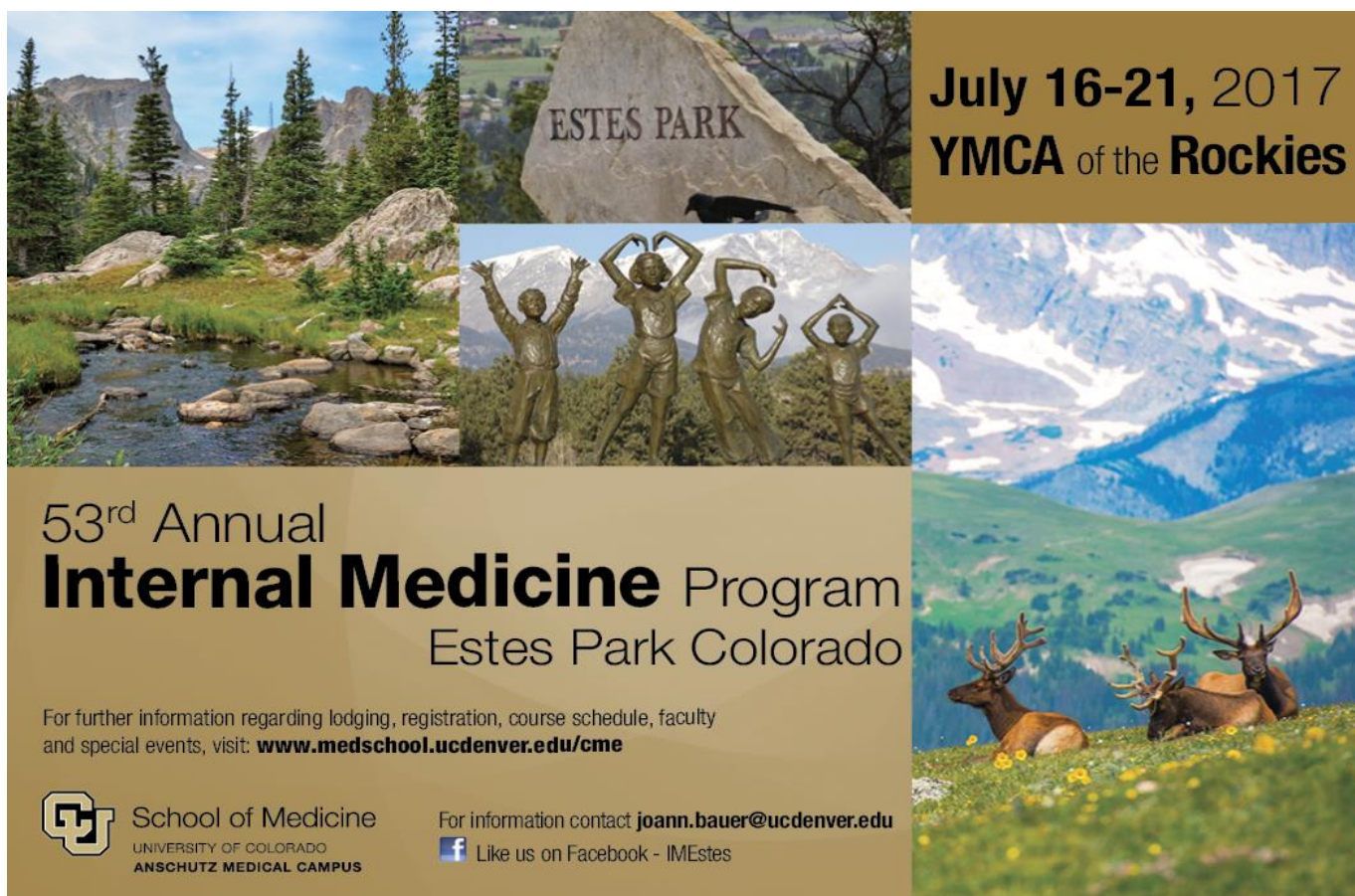




Course Overview

Welcome to the 53rd Annual Internal Medicine Program, a highly practical and evidence-based update of topics in Internal Medicine and allied specialties that are the most rapidly changing. This program is designed to meet the needs of busy practitioners who practice ambulatory and traditionalist medicine as they care for some of the most challenging cases facing primary care providers today. The highest rated speakers from 18 specialties will deliver state-of-the-art lectures and workshops on topics directly chosen by community physicians and previous registrants who personally recognize the learning needs of clinicians.

This year's program includes talks and interactive workshops designed to sharpen diagnostic and therapeutic skills in Rheumatology, Urology, Endocrinology, Hematology, Pulmonary, Infectious Diseases, Hospital Medicine, Geriatrics, Cardiology, Neurology, and General Internal Medicine in addition to the allied specialties of Medical Ethics, Obstetrics and Gynecology, Dermatology, Pharmacology, Orthopedics, Health and Wellness, Anorectal Surgery, and Sports Medicine. Ample time will be given so that registrants can ask questions and explore clinical challenges with the speakers.

Course Objectives

At the end of this conference, course participants should be able to:

- 1) Identify the latest guidelines for osteoporosis, thyroid nodules, COPD/asthma, screening for gynecologic malignancies, sexually transmitted diseases, GERD, peripheral arterial disease, carotid stenosis, and epilepsy.
- 2.) Improve their ability to care for patients with psoriasis, pelvic pain and interstitial cystitis, hypercalcemia, chronic wounds, urinary incontinence, anorectal lesions, and low back pain.
- 3) Analyze challenging thrombosis cases in their practices, the top articles in hospital medicine literature over the past year, how to approach opioid risk/harm reduction counseling among their patient population, medication safety and cancer screening among their elderly patients.
- 4) Perform a comprehensive shoulder examination to determine the root cause of shoulder complaints, thorough cardiovascular exams to distinguish normal versus abnormal and classify murmurs and additional heart sounds with accuracy, neurologic exams to sort through tremors and classify them with confidence.
- 5) Develop understanding of the current physician assisted suicide laws (and similar terms or programs) as well as the latest orthopedic advances and common nutritional myths and tips to improve care for their patients.

Optional Session on Thursday evening on “Facts Versus Myth - Dietary Tips for PCPs” (see conference schedule) **You may attend this optional CME talk for an additional \$30.** This session will cover common myths that patients (and providers alike) may believe regarding foods and eating habits. Focused didactics will also include best sites and apps to refer patients to and practical top tips for weight loss and healthy eating that you can fit into a busy clinical practice. Here is the speaker on local news for those interested!

<http://www.9news.com/news/health/common-nutrition-myths/363001127>

Location

The conference will be held at the YMCA of the Rockies, 2515 Tunnel Road, Estes Park, Colorado, 970-586-3341. The YMCA is an ideal vacation and conference destination. Visit: www.ymcarockies.org for more information.

Pricing Information

Registration Type

Early Bird (on or before June 2, 2017)

Physician	\$729
Frequent Physician > 5 times	\$699
Allied Health Professional/Military	\$639
Retired Physician	\$480
House staff with letter	\$290

Note: All rates increase by \$30 after June 2nd.

Daily rates are available online. Onsite registration is available with an additional \$50 fee.

Cancellation/Refund Policy

Refunds will be granted for cancellations in writing on or before July 1, 2017 minus a \$100 processing fee. No refunds are available for cancellations after July 1, 2017 or for non-attendance.

The CU School of Medicine reserves the right to cancel this conference in the event of an unforeseen circumstance, or if the minimum acceptable registration is not attained. In the event of cancellation, the CU School of Medicine is obligated to refund the registration fee only.

Syllabus

All registrants will receive a thumb drive of the presentations at the course registration. Please bring your laptop! If you need to receive a spiral bound paper syllabus, please check the box in the registration link and it will be available at the course registration. Please note that there is an additional \$50 fee for this paper copy.

For conference questions, please call or text Joann Bauer at 303-745-9633 or email joann.bauer@ucdenver.edu.
For registration questions, please call Rose Kennedy at 303-724-3555, rose.kennedy@ucdenver.edu.

Schedule

Sunday, July 16

Conference Registration

4:00-6:00 pm Ruesch Auditorium-West Atrium

Monday, July 17

Rheumatology/Urology/Surgery/Medical Ethics

- | | |
|-------------|--|
| 8:05 am | Welcome
Karen Chacko, MD, FACP
Associate Professor of Medicine, CUSOM
Program Director, Primary Care IM Residency
Senior APD Internal Medicine Residency Program |
| 8:20-9:00 | Demystifying the Painful Shoulder
Robert W. Janson, MD, FACR, FACP
Rheumatology Section, Denver VAMC
Associate Professor of Medicine, CUSOM |
| 9:00-9:40 | Simplifying Osteoporosis
Sterling G. West, MD, MACP, MACR
Professor of Medicine, Rheumatology, CUSOM |
| 9:40-10:20 | Psoriasis – More Than Skin Deep
Jason Kolfenbach, MD, FACR
Fellowship Director, Rheumatology
Assistant Professor of Medicine, CUSOM |
| 10:20-10:45 | ASK THE PROFESSORS |
| 10:45-11:25 | Navigating Pelvic Pain and IC
Julie A. Chacko, MD
Urology Specialists of Santa Barbara
Former Chair, Department of Urology Cottage Hospital Santa Barbara |
| 11:25-12:05 | Anorectal Pathology for the PCP
Michelle Cowan, MD
Assistant Professor of Surgery, CUSOM |
| 12:05-12:20 | ASK THE PROFESSORS |
| 1:15-3:15 | Workshop: Ethical and Legal Considerations in Medical Aid-in-Dying:
An End-of-Life Option
James G. Willett, MD, MBE
Palliative Care – Colorado Permanente Medical Group
Medical Director KPCO Ethics |

Tuesday, July 18 Endocrinology/Hematology/Pulmonary/Gynecology/Cardiology

- 8:20-9:00 Thyroid Nodules for PCPs
Michael T. McDermott, MD
Director, Endocrinology and Diabetes Practice
Professor of Medicine, CUSOM
- 9:00-9:40 Hypercalcemia – Practical Evaluation and Management
Michael T. McDermott, MD
- 9:40-10:20 Thorny Thrombotic Cases
Kathryn L. Hassell, MD
Professor of Medicine, Hematology, CUSOM
- 10:20-10:45 ASK THE PROFESSORS
- 10:45-11:25 Update on Obstructive Lung Disease
Robert L. Keith, MD
Professor of Medicine, Denver VAMC, CUSOM
Div Pulmonary Sciences and Critical Care Medicine
- 11:25-12:05 Update on Gynecologic Malignancies
Jaime Arruda, MD
Associate Professor of Medicine, Obstetrics and Gynecology, CUSOM
- 12:05-12:20 ASK THE PROFESSORS
- 1:15-3:15 Workshop:
Cardiovascular Clinical Exam Session Using CHF as a Model
William K. Cornwell, MD.
Assistant Professor of Medicine, Cardiology, CUSOM

Wednesday, July 19 Gen'l Internal Medicine/Infectious Diseases/Dermatology/Hospital Medicine

- Morning off*
- 1:15-1:55 Sexually Transmitted Diseases
John R. Koeppe, MD
Associate Professor of Medicine, General Internal Medicine, CUSOM
- 1:55-2:35 Opioid Harm Reduction for Your Patients
Joshua Blum, MD
Program Coordinator, HIV Primary Care Clinic, Denver Health
Assistant Professor of Medicine, CUSOM
- 2:35-3:15 Chronic Wounds and Chronic Steroids
Meg A. Lemon, MD
Colorado Dermatology Specialists, Staff Dermatologist
- 3:15-3:40 ASK THE PROFESSORS
- 3:40-4:20 Updates in Hospital Medicine
Mel L. Anderson, MD, FACP
Chief, Hospital Medicine, Denver VAMC
Associate Professor of Medicine, CUSOM
- 4:20-5:00 GERD in 2017 – Dx, Tx, Triage
David Tanaka, MD, FACP
Associate Professor of Medicine, General Internal Medicine, CUSOM
- 5:00-5:15 ASK THE PROFESSORS

Thursday, July 20 Clinical Pharmacy/Geriatrics/Cardiology/Orthopedics/Nutrition

- 8:20-9:00 Safe Meds for the Elderly – Mission Impossible?
Sunny Linnebur, PharmD, FCCP, BCPS, CGP
Professor of Clinical Pharmacy, UCSSPPS
- 9:00-9:40 Cancer Screening for the Elderly
Jeff I. Wallace, MD, MPH
Professor of Medicine, Geriatrics, CUSOM
- 9:40-10:20 Urinary Incontinence – Not a Dry Subject
Jeff Wallace, MD, MPH
- 10:20-10:45 ASK THE PROFESSORS
- 10:45-11:25 PAD for the PCP
R. Kevin Rogers, MD, MSc, RPVI
Program Director, Vascular Medicine & Intervention
Associate Professor of Interventional Cardiology, CUSOM
- 11:25-12:05 Management of Carotid Stenosis
R. Kevin Rogers, MD, MSc, RPVI
- 12:05-12:20 ASK THE PROFESSORS
- 1:15-3:15 Workshop:
The Latest and Greatest...The Top Ten Recent Advancements in Orthopedics
Ted Parks, MD
Western Orthopedics
Associate Clinical Professor, CUSOM
- 4:30-5:30 Facts Versus Myth - Dietary Tips for PCPs
(Optional Additional CME) Lauren Ott, RD
Assistant Director
University of Colorado Anschutz Health and Wellness Center
University of Colorado Anschutz Medical Campus

Friday, July 21 Neurology/Sports Medicine

- 8:00-8:40 Office-based Epilepsy Update
Pearce J. Korb, MD
Director, Medical Student Education
Associate Director, Epilepsy Fellowship
Assistant Professor, Neurology, CUSOM
- 8:40-9:20 Differentiating and Treating Tremors
Trevor Hawkins, MD
Fellow, Neurology, CUSOM
- 9:20-10:00 Back Pain – Perspectives from Sports Medicine and IM
Bradley G. Changstrom, MD
Instructor, General Internal Medicine – Sports Medicine, CUSOM
- 10:00-10:15 ASK THE PROFESSORS
- 10:15 Conference Adjourns:
Drawing for complimentary 2018 registration - Must be present to win.

ACCOMMODATIONS

The YMCA of the Rockies has blocked rooms at a special guest rate for attendees of the 53rd Annual Internal Medicine conference. Many attendees find it convenient for their families to stay on the YMCA grounds because of the many activities and meals that are included.

Click on [CU: Internal Medicine 2017](#) for onsite lodging information and to make your reservations at the YMCA.

If you would like to arrive earlier or stay longer, you will need to make your reservations on-line first then call Family Reservations at 888-613-9622 to request the additional nights. Please have your reservation number handy.

Rates are valid as long as rooms last and/or before **May 15, 2017** whichever is first. The YMCA has the right to charge the non-discounted rates for rooms reserved after this date, if rooms are available. **Rates include lodging and all meals onsite** for the full week.

Single	\$985.00	4 to a room	\$388.75
2 to a room	\$587.50	5 to a room	\$349.00
3 to a room	\$455.00	6 to a room	\$322.50

(Alpen Inn only-not available in Central Lodges or Wind River Lodge) Children (ages 6-12)\$120.00 (5 and under free)

Note: The YMCA does not provide TVs or air conditioning in the lodge rooms or cabins. If you have any questions, please contact the Central Reservations Office at 888-613-9622.

[Other Estes Park Lodging](#) can be found through the Estes Park Chamber of Commerce – 800-378-3708 or www.estesparkresort.com

ACTIVITIES

The YMCA of the Rockies, situated just outside Rocky Mountain National Park, provides a spectacular, family-friendly, mountain setting with an abundance of outdoor activities from hiking and horseback riding to fly fishing and mountain biking.

Estes Park is the basecamp for amazing adventures in the 415-square-mile Park and a favorite mountain getaway. Explore the Colorado Rockies, encounter real wildlife, explore its majestic peaks, forests, meadows, tundra and ponds, along with its legendary scenic byway, Trail Ridge Rd.

Please refer to the YMCA website at www.ymcarockies.org or the Estes Park www.estesparkresort.com

Western Cookout – Monday evening

with **Dakota Blonde Band** YMCA Grounds/Upper Cookout Pavilion

Join us for a spirited night of music, BBQ, face painting, marshmallow roasting, and fun with the very popular Dakota Blonde Band. This evening is included for all registrants and families staying at the YMCA instead of the usual dinner in the Walnut Room.

Additional CME - Thursday evening – See Info above

Early registration through the YMCA for Children's Day Camp is critical to assure availability. To register, first click on [CU: Internal Medicine 2017](#) and then click on the Activities, Day Camp tabs. You can also download a Day Camp Brochure.

FOR HORSEBACK AND HAYWAGON RIDES:

We suggest you make your reservation prior to arriving as the YMCA horseback and haywagon rides sell out quickly. Call 970-586-3341, ext. 1140/1149, visit www.jacksonstables.com.