



# MENA PHYSICAL MEDICINE & REHABILITATION CONGRESS

13-15 October 2016  
Dubai, UAE

## FEATURING



PRESENTATIONS



WORKSHOPS



PANEL DISCUSSIONS



NETWORKING

## Improving Lives through Interdisciplinary Rehabilitation Approach

Congress Days: 13-14 October 2016

Post Congress Workshops: 15 October 2016

Paediatric Rehabilitation Symposium: 15 October 2016

Supported by:



## Benefits of attending:

- **Hear** top regional and international experts discussing the most pressing rehabilitation conditions
- **Learn** from practical workshops featuring hands on techniques and advanced techniques from expert faculty
- **Review** recent technological robotic management of spinal cord injuries
- **Review** up-to-date paediatric treatments for a range of common musculoskeletal conditions
- **Continue** your professional development and earn CME credits
- **Network**, meet and build relationships with peers in the field of Rehabilitation
- **Participate** in practical symposium focusing on paediatric rehabilitation conditions
- **Connect** with vendors and leading hospitals for the latest medical products and services in rehabilitation medicine

CME  
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Organised by:



Media Partners:



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## Scientific Board

**Dr. Abdul Karim Msaddi**, Medical Director, Head of Neurosurgical & Spinal Dept. Microsurgery-Minimally Invasive Brain & Spine Surgery, **Neuro-Spinal Hospital, UAE**

**Dr. Aly Ezzeldin Aly Elmahalawy**, Head of Department – Physiotherapy, **Saudi German Hospital, UAE**

**Dr. Begad Abbas**, MD., Specialist Physical Medicine and Rehabilitation, Head of the Department, **Al Noor Hospitals Group**, Lecturer at PMR Department, **Faculty of Medicine Ain Shams University, Egypt**

**Dr. Eeva-Liisa Langille**, Medical Director for Paediatrics, **Cambridge Medical & Rehabilitation Center, UAE**

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**Dr. Sabahat Asim Wasti**, Medical Director, Rehabilitative Medicine, **Cambridge Medical & Rehabilitation Center, UAE**

**Dr. Yousif Alnuaimi**, Chair, Department of Physical Medicine and Rehabilitation, **Zayed Military Hospital, UAE**

## Exclusive Speaker Faculty includes

**Dr. Ahmad Al-Khayer**, Consultant Physical and Rehabilitation Medicine, Head of the PRM Department & Chairman of the Pain Team, **Ahli Hospital, Qatar**

**Dr. Ahmed M. AboAbat**, Rehabilitation Consultant, **King Fahad Medical City, KSA**

**Dr. Abdul Karim Msaddi**, Medical Director, Head of Neurosurgical & Spinal Dept. Microsurgery-Minimally Invasive Brain & Spine Surgery, **Neuro-spinal hospital, UAE**

**Dr. Aly Ezzeldin Aly Elmahalawy**, Head of Department– Physiotherapy, **Saudi German Hospital, UAE**

**Dr. Arif Khan**, Consultant Paediatric Neurologist and Epileptologist and Head of Children's Services, **American Center for Psychiatry and Neurology, UAE**

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**Huda Sadek**, Consultant Paediatrics Neurodevelopment, **Mafrag Hospital, UAE**

**Dr. Karl Fredrik Almqvist**, Orthopaedics Surgery Specialist, **Canadian Specialist Hospital, UAE**

**Dr. Kaydar Al-Chalabi**, MD, Specialist Physician in Physical Medicine, Rheumatology & Rehabilitation, **Neuro Spinal Hospital, UAE**

**Dr. Maher Saad Benjadid ( Al-Jadid)**, Consultant & Professor Physical Medicine & Rehabilitation, Director of Rehabilitation Medicine & Functional Health Care Services Departments, **Prince Sultan Military Medical City, KSA**

**Dr. Mohammed A. AlSwaini**, Head of Physical Medicine & Rehabilitation Department, Physical Medicine and Rehabilitation Department, **Rashid Hospital, UAE**

**Mohamed Rami Al-Ahmar**, MD, JB (Physical Medicine & Rehabilitation), Physiatrist, Spinal Injury Senior Specialist, **King Hussein Medical City, Jordan**

**Dr. Nazakat Hussein**, Clinical Director of Rehabilitation Medicine, **American Hospital, UAE**

**Dr. Sabahat Asim Wasti**, Medical Director, Rehabilitative Medicine, **Cambridge Medical & Rehabilitation Center, UAE**

**Dr. Tarek Shafshak**, Professor of PMR in Faculty of Medicine, **Alexandria University, Egypt**

**Dr. Yousif Alnuaimi**, Chair, Department of Physical Medicine and Rehabilitation, **Zayed Military Hospital, UAE**

**For more information or to register, contact us at**

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# Call for Abstracts for Oral and Poster Presentations

Submit your abstract to the congress to be chosen for oral or poster presentation, the submission can be in any of the following areas:

**Early stroke rehabilitation, musculoskeletal rehabilitation, pain management and rehabilitation, brain injury rehabilitation, spinal cord injuries and others. This can be a research, research in progress, case study or novel idea.**

## ELIGIBILITY

Entrants should be registered at the **MENA Physical Medicine and Rehabilitation Congress**.

Submit 200-500 words outlining your case presentation idea. All proposals must be formatted with 0.75 inch margins all around; 12-pt font size or larger for narrative text, 10-pt font size or larger for table and figure legends; using one of the following serif font styles: Times New Roman, Georgia, Helvetica, or Times.

The following information must be included in the proposals: Presentation title; Author(s) name, degree, and institutional affiliation; Topic; Keywords; and Narrative text, which may also include tables and/or figures.

## SUBMISSION

Abstract submission deadline: **20 August 2016**.

At the time of online submission, submitters must provide complete contact information (e.g., name, credentials, title, institution, mailing address, email, and phone).  
Typewritten abstract in English, not exceeding 350 words.  
Abridge CV (one-page) indicating the author's academic & scientific degrees.

Original research papers, talks as well as novel ideas are encouraged.

Submit to: [info@menaphysicalrehab.com](mailto:info@menaphysicalrehab.com)

## POSTER PRESENTATION

The poster will provide late-breaking findings in poster format during the conference Poster Session. Posters provide a visual display of new techniques, programmes, research or professional innovations.

Posters will be presented on a smart screen.

Poster should be submitted through Power point slide.

Presenters are encouraged to bring 1-page double-sided handouts of their poster presentations.

The following information must be included in the abstract: Poster title; Author(s) name, degree, and institutional affiliation; Keywords; and Narrative text, which may also include tables and/or figures.

Submit to: [info@menaphysicalrehab.com](mailto:info@menaphysicalrehab.com)

## CONFERENCE ATTENDANCE AND PRESENTER EXPENSES

Presenters for all accepted proposals are required to register for the conference, and are fully responsible for all of their expenses related to the conference (e.g., registration, airfare, hotel, meals).



## Who should attend?

- Physiatrists (Physical Medicine & Rehabilitation Physicians)
- Occupational Therapists
- Physiotherapists
- Neurosurgeons
- Neurologists
- Paediatricians
- Chiropractors
- Orthopaedic Surgeons
- Orthopaedic specialists
- Psychologists
- Researchers
- Medical and Allied Healthcare Professionals and students

**For more information or to register, contact us at**

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08:00 **Registration, coffee and networking**

08:50 **Chairman's welcome and opening remarks**

09:00 **Official opening keynote address**



## CURRENT REHABILITATION STATUS AND FUTURE DIRECTIONS

09:10 **Review of the current status and needs of rehabilitation medicine in the Middle East and North African Region**

**Dr. Ahmed M. AboAbat**, Rehabilitation Consultant, King Fahad Medical City, KSA

09:40 **Interactive Panel Discussion: The future of rehabilitation in the region, focus on technologies and innovation**



## PAIN MANAGEMENT

10:40 **Reviewing rehabilitation Approaches and techniques to overcome issues in Chronic Pain**

**Dr. Ahmad Al-Khayer**, Consultant Physical and Rehabilitation Medicine, Head of the PRM Department & Chairman of the Pain Team, **Ahli Hospital, Qatar**

11:10 **Coffee and Networking Break**

11:40 **Pain management and accelerated rehabilitation for total hip and total knee arthroplasty**

12:10 **Place of Neuromodulation Techniques in the Management of Spasticity or Intractable Pain**

**Abdul Karim Msaddi**, Medical Director, Head of Neurosurgical & Spinal Dept. Microsurgery-Minimally Invasive Brain & Spine Surgery, **Neuro-Spinal Hospital, UAE**

12:40 **Lunch and networking break**



## MUSCULOSKELETAL REHABILITATION

13:40 **Current approaches to the rehabilitation of hamstring injuries**

**Dr. Begad Abbas**, MD., Specialist Physical Medicine and Rehabilitation, Head of the Department, **Al Noor Hospitals Group, UAE**, Lecturer at PMR Department, Faculty of Medicine Ain Shams University, Egypt

14:10 **Rehabilitation and return to sport after ACL reconstruction**

14:40 **Femoro-patellar dysfunction and energy expenditure**

**Dr. Aly Ezzeldin Aly Elmahalawy**, Head of Department – Physiotherapy, **Saudi German Hospital, UAE**

15:10 **Networking Break**



## STROKE REHABILITATION

15:40 **The case for Early stroke rehabilitation in stroke: Is it irrefutable?**

**Dr. Mohammed A. AlSwaini**, Head of Physical Medicine & Rehabilitation Department, Physical Medicine and Rehabilitation Department, **Rashid Hospital, UAE**

16:10 **Systematic review and analysis on predictors of upper limb recovery after stroke**



## FREE PAPERS SESSION

18:00 **Closing remarks from chairman and end of day one**



08:00 **Registration, coffee and networking**

08:50 **Chairman's welcome and opening remarks**

09:00 **Keynote Presentation: Neurorehabilitation service development challenges faced in the MENA region**

**Dr Yousif Alnuaimi**, Chair, Department of Physical Medicine and Rehabilitation, **Zayed Military Hospital, Abu Dhabi, UAE**



## TRAUMATIC BRAIN INJURY

09:30 **Current guidelines for the brain injury rehabilitation**

**Dr. Sabahat Asim Wasti**, Medical Director, Rehabilitative Medicine, **Cambridge Medical & Rehabilitation Center, UAE**

10:00 **Measuring Outcomes in Brain Injury Rehabilitation**

10:30 **Networking Break**



## DELIVERING EXCELLENCE IN PHYSICAL REHABILITATION THROUGH TECHNOLOGY

11:00 **Utilization of neuroplasticity in stroke rehabilitation: The role of new technologies**

11:30 **Role of Musculoskeletal Sonography in improving outcome in Rehabilitation**

**Dr. Karl Fredrik Almqvist**, Orthopaedics Surgery Specialist, **Canadian Specialist Hospital, UAE**

12:00 **Challenges associated with the use of ultrasound for the early detection of haemophilic synovitis**

12:30 **Friday's Prayer and Lunch**



## SPINAL CORD INJURIES

14:00 **Review of Spinal Cord Injury rehabilitation in Saudi Arabia**

**Dr. Maher Saad Benjadid**, Consultant & Professor Physical Medicine & Rehabilitation, Director of Rehabilitation Medicine & Functional Health Care Services Departments, **Prince Sultan Military Medical City, KSA**

14:30 **Spinal cord injuries in UAE: Retrospective, demographic & overview study of patients admitted & managed in Neuro-Spinal Hospital Dubai during last 12 years**

**Kaydar Al-Chalabi**, MD, Specialist Physician in Physical Medicine, Rheumatology & Rehabilitation, **Neuro Spinal Hospital, UAE**

15:00 **Networking Break**

15:30 **Patients' satisfaction with neurogenic bowel conservative treatment in spinal cord injury**

**Mohamed Rami Al-Ahmar**, MD, JB(Physical Medicine & Rehabilitation), Psychiatrist, Spinal Injury Senior Specialist, **King Hussein Medical City, Jordan**



## FREE PAPERS SESSION

17:00 **Closing remarks from chairman and end of day two**





## POST CONGRESS WORKSHOPS

**Workshop A: 9:30-10:30**

**Repetitive training techniques in neurorehabilitation: The practical application of the neuroplasticity concept**

**Workshop B: 11:00-13:00**

**Principles of regional pain management (causes, differential diagnosis, treatment)**

**Workshop Leader: Dr. Tarek Shafshak**, Professor of PMR in Faculty of Medicine, **Alexandria University, Egypt**  
**Dr. Tarek Saad Shafshak** is a Professor of Physical Medicine, Rheumatology & Rehabilitation, Faculty of Medicine, Alexandria University, Egypt. He has publications in International medical journals. He has also contributed to International Medical Books including Physical Medicine and Rehabilitation Secrets. 3<sup>rd</sup> edition. He has been practicing rehabilitation medicine since 1978.

**Workshop C: 15:00-17:00**

**Functional electrical simulation for upright mobility in spinal cord injury patients**

**Workshop Leader: Dr. Ahmed M. AboAbat**, Rehabilitation Consultant, **King Fahad Medical City, Saudi Arabia**  
**Dr. Ahmed AboAbat** is a Rehabilitation Consultant, and the founder and former medical director of the Rehabilitation Hospital (CARF Accredited) at King Fahad Medical City. Associate Executive Director of Patient Affairs. International Surveyor with CARF commission. BSc in Physical Therapy from King Saud University 1989. He gained his PhD in 2000 from Salford University (UK) in medical rehabilitation, he gained his Master in Health Administration from Washington University School of Medicine (USA). FES Trainer Reviewer; Archives of Physical Medicine and Rehabilitation Journal. He is a member of the Consultancy Committee (MOH). He has many published researches and participated in different conferences in the field of medical rehabilitation.



## PAEDIATRIC REHABILITATION

09:00 **Registration, coffee and networking**

09:30 **Chairman's Welcome and opening remarks**

09:40 **Keynote Address: Status of paediatric Rehabilitation in the region**

10:10 **The latest developments in resistance training on cerebral palsy patients: Current trends and future prospects**  
**Dr. Eeva-Liisa Langille**, Medical Director for Paediatrics, **Cambridge Medical & Rehabilitation Center, UAE**

10:40 **Networking coffee Break**

11:10 **Early diagnosis and Early Intervention programs in children with Cerebral Palsy: The need and shortfall**  
**Dr. Arif Khan**, consultant Paediatric Neurologist and Epileptologist and Head of Children's Services, **American Center for Psychiatry and Neurology**

11:40 **Psychometric Assessment and Diagnose of Learning Disabilities**

12:10 **Current and future trends of management of cerebral palsy**  
**Huda Sadek**, Consultant Paediatrics Neurodevelopment, **Mafrq Hospital, UAE**

12:40 **Assessment and Management of Concussion in Children and Adolescents**

13:10 **Prayers Break and Lunch**

14:10 **Pain management in neuro-rehabilitation**

14:40 **Robotics and Assistive technologies in paediatric rehabilitation**

15:10 **Functional recovery in paediatric traumatic brain injury during inpatient rehabilitation**

16:40 **Special Education**

17:20 **Closing remarks from chairman and end of day three**

## 4 WAYS TO REGISTER

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### YES! Please register me for:

- ☐ **Bronze**  
Bronze package does not include access to workshops
- ☐ **Silver**  
Silver includes access to post congress workshops  
Workshop ☐ A ☐ B ☐ C
- ☐ **Gold**  
Gold package includes 2 workshops  
Workshop ☐ A ☐ B ☐ C
- ☐ **Platinum**  
Platinum package includes 3 workshops  
All Workshops ☐ Paediatric Symposium ☐
- ☐ **Paediatric Rehabilitation Symposium**

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## DELEGATE DETAILS

Please complete in BLOCK CAPITALS as information is used to produce delegate badges.  
Please photocopy for additional delegates and/or delegate with different addresses

DELEGATE 1 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name: \_\_\_\_\_

Organisation: \_\_\_\_\_

Title: \_\_\_\_\_

Tel: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Website Address: \_\_\_\_\_

## CONFERENCE PACKAGES

| Bronze Pricing:                                                                                                                                                                                   | Register and pay by 13 September 2016 | Standard Price |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|----------------|
| Physicians                                                                                                                                                                                        | USD 450                               | USD 499        |
| Physiotherapists and Nurses                                                                                                                                                                       | USD 350                               | USD 399        |
| Residents and students                                                                                                                                                                            | USD 200                               | USD 200        |
| Pharmaceutical Companies and Technology Providers                                                                                                                                                 | USD 1,499                             | USD 1,999      |
| Includes:                                                                                                                                                                                         |                                       |                |
| <ul style="list-style-type: none"> <li>2-day Conference</li> <li>Networking Coffee Breaks</li> <li>Lunch</li> <li>Post-congress Presentation Access</li> <li>Certificate of Attendance</li> </ul> |                                       |                |

**NOTE:** Students fee is applicable ONLY for undergraduate students. A valid student ID must be presented at the Registration Desk during the Congress. Otherwise, discounted fee will not apply.

| Silver Pricing:                                                                                                                                                                                                                 | Register and pay by 13 September 2016 | Standard Price |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|----------------|
| Physicians                                                                                                                                                                                                                      | USD 549                               | USD 599        |
| Physiotherapists and Nurses                                                                                                                                                                                                     | USD 425                               | USD 475        |
| Pharmaceutical Companies and Technology Providers                                                                                                                                                                               | USD 1,799                             | USD 2,299      |
| Includes:                                                                                                                                                                                                                       |                                       |                |
| <ul style="list-style-type: none"> <li>2-day Conference</li> <li>Networking Coffee Breaks</li> <li>Choice of 1 Workshop</li> <li>Lunch</li> <li>Post-congress Presentation Access</li> <li>Certificate of Attendance</li> </ul> |                                       |                |

| Gold Pricing:                                                                                                                                                                                                                    | Register and pay by 13 September 2016 | Standard Price |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|----------------|
| Physicians                                                                                                                                                                                                                       | USD 599                               | USD 649        |
| Physiotherapists and Nurses                                                                                                                                                                                                      | USD 449                               | USD 499        |
| Pharmaceutical Companies and Technology Providers                                                                                                                                                                                | USD 1,999                             | USD 2,499      |
| Includes:                                                                                                                                                                                                                        |                                       |                |
| <ul style="list-style-type: none"> <li>2-day Conference</li> <li>Networking Coffee Breaks</li> <li>Choice of 2 Workshops</li> <li>Lunch</li> <li>Post-congress Presentation Access</li> <li>Certificate of Attendance</li> </ul> |                                       |                |

| Platinum Pricing:                                                                                                                                                                                                                             | Register and pay by 13 September 2016 | Standard Price |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|----------------|
| Physicians                                                                                                                                                                                                                                    | USD 649                               | USD 699        |
| Physiotherapists and Nurses                                                                                                                                                                                                                   | USD 475                               | USD 525        |
| Pharmaceutical Companies and Technology Providers                                                                                                                                                                                             | USD 2,099                             | USD 2,599      |
| Includes:                                                                                                                                                                                                                                     |                                       |                |
| <ul style="list-style-type: none"> <li>2-day conference</li> <li>Networking Coffee Breaks</li> <li>Choice of 3 Workshops or Symposium</li> <li>Lunch</li> <li>Post-congress Presentation Access</li> <li>Certificate of Attendance</li> </ul> |                                       |                |

### Paediatric Rehabilitation Symposium or 3 Workshops

|                                                   | Register and pay by 13 September 2016 | Standard Price |
|---------------------------------------------------|---------------------------------------|----------------|
| Physicians                                        | USD 300                               | USD 350        |
| Physiotherapists and Nurses                       | USD 250                               | USD 300        |
| Pharmaceutical Companies and Technology Providers | USD 750                               | USD 999        |

Workshop only USD 99

## PAYMENT METHOD

☐ By Wire Transfer

☐ By Credit Card

Please debit my credit card: ☐ Visa ☐ Master Card

Card No:

Valid From:   /

Expiry Date:   /

Cardholder Name: \_\_\_\_\_

Authorised Signature: \_\_\_\_\_

*Internal use only:*

Registration received on: \_\_\_\_\_

Full payment received: \_\_\_\_\_

## TEAM DISCOUNTS

Team discounts available on request.  
Check for special group discount for registration of 3 or more. Call +971 4 361 9616 for more information.

## VENUE AND ACCOMMODATION

Venue: **Sheraton Grand Hotel, Dubai**  
Address: 3 Sheikh Zayed Road, Dubai, United Arab Emirates  
Tel No.: +971 4 503 4444  
Website: <http://www.sheratongranddubai.com>

Hotel and travel costs are not included in the registration fee.



### ROOM RESERVATION

Special / corporate rate for room accommodation is available at the hotel.  
You may contact the hotel directly as per the details above quoting **MENA Physical Medicine & Rehabilitation Congress**.

## TERMS AND CONDITIONS

### Registration and Payment Policy

- All participants must register prior to congress admission.
- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- Cheque payment may only be made from UAE and in AED. Kindly contact us at [info@menaphysicalrehab.com](mailto:info@menaphysicalrehab.com) to discuss.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

### Discounts

- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

### Cancellation Policy

- Registration cancellations must be notified in writing by email to the Maarefah's office in Dubai. Email: [info@menaphysicalrehab.com](mailto:info@menaphysicalrehab.com)
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of 100 USD of the congress fee.
- Cancellations received less than 30 days prior to the event are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

### Liability

- Maarefah reserves the right to amend any part of the congress' programme if necessary at any time.
- Maarefah will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the congress or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, Maarefah doesn't guarantee the exact demographics of the congress attendees and can not be held responsible for the same.

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