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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
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Course #	Course Title	
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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



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WEBINAR #7481 It's a Wrap: Introduction to Taping and Strapping As an Adjunct to Therapy

**Instructor: Patricia (Trish) Martin, PT, Certified
Kinesio Taping ® Instructor**

**Audience: Physical Therapists, Occupational
Therapists, and Assistants, Athletic Trainers**

Delivery Options:
Live Webinar or
Self-Study Options

SUMMARY: This webinar will introduce the concept and use of taping and wrapping as an adjunct to therapeutic interventions in the treatment of adults and children with neurologic and orthopedic impairments. The course will introduce the use of static and dynamic taping techniques to facilitate improved alignment and muscle reeducation for function. Materials discussed include: rigid strapping tape, elastic therapeutic tape, and neoprene wraps. The course is intended to familiarize participants in the use of these modalities as an adjunct to treatment and to guide interest for future coursework and learning opportunities. **Introductory Level**

PRESENTER: Patricia (Trish) Martin, PT, Certified Kinesio Taping ® Instructor, is self-employed. She retired as the Director of Therapy Services at Cleveland Clinic Children's Hospital for Rehabilitation. She specializes in lower extremity biomechanics, casting, splint fabrication, and taping in the treatment of children with orthopedic and neurological involvement. Trish has been using Kinesio Tape ® for over twenty years and has been taping for over thirty years. Trish has over forty years of experience in private practice, hospital, and clinic settings. She has experience in treatment of adults and children with neurological and orthopedic issues, as well as athletes. She has written articles on the use of Kinesio Tape ® in the pediatric population. She is pediatric NDT trained. Trish has presented courses on Therapeutic Taping ® for Alignment and Muscle Reeducation, Adult Kinesio Taping ® Fundamentals and Whole Body Techniques, and Kinesio Taping ® in Pediatrics Pediatric Gait Intervention Strategies, and Treatment of Brachial Plexus Injuries. *Financial*—Receives a teaching honorarium from Motivations Inc. *Nonfinancial*—No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Identify the importance of optimizing alignment for support and initiation of movement for a child or an adult with neuromotor impairment
2. Name the following taping materials: rigid tape, elastic therapeutic tape, neoprene wraps/fabirfoam, and orthotics
3. Identify the principles of taping and strapping as an adjunct to treatment
4. Identify contraindications and precautions for taping children and adults with neuromuscular impairments
5. List tape application guidelines, skin care and tape removal
6. Chose two taping and wrapping techniques and reason for use in a child or an adult with neuromotor impairment
7. Select the appropriate use of taping, strapping and wrapping to improve neuromuscular reeducation through alignment in functional activities for activities, such as dressing and play.

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 06154. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Introductory Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- Introduction and course explanation (10 minutes)
- Discussion of importance of alignment and muscle imbalances in the pediatric and adult populations (20 minutes)
- Introduction of taping, strapping and wrapping materials (30 minutes)
- Discussion of contraindications and precautions for taping (10 minutes)
- Discussion of tape application and removal guidelines (10 minutes)
- Demonstration of two taping and strapping techniques to improve functional performance and activities of daily living
These include taping for wrist extension to optimize grasp for writing and ankle dorsiflexion to improve heel contact for improved stride to ambulate independently. (30 minutes)
- Wrap-up? Q and A (10 minutes)

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.