

How do I register?



By Phone:
Call **800-791-0262** and provide the
information requested on the registration form.



By Mail:
Complete the registration form and mail it to
Motivations, Inc.



On the Web:
Visit www.motivationsceu.com to register!

Motivations, Inc.
Or fax: (815) 371-1499, Questions? (800) 791-0262

Updated:10-5-26

Prices	Web	Onsite
Group Discount – Five or more registrations	\$300	\$395
Individual Registration	\$350	\$495

Course # Course Title

Date(s) Location

Name On Card Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.

Circle One: VISA MASTERCARD AMEX

Name on Card _____

Account Number _____ Exp. Date _____

Signature _____ Billing Address Zip Code _____



Motivations CEU

Accredited Courses for Rehabilitation Professionals

P: (800) 791-0262

F: (815) 371-1499

admin@motivationsceu.com

www.motivationsceu.com

National Credentials	
Motivations Inc. works with the following CEU approval sources. See individual brochures with approval information by course.	
	TEXAS PHYSICAL THERAPY ASSOCIATION
	American Occupational Therapy Association Approved Provider
	

ONSITE/Web/Self-Study #369 THERAPEUTIC EVALUATION & TREATMENT OF TOE WALKING ...Pediatric Equinus Gait

Instructor:
Liesa Ritchie-Persaud, PT, DPT, PCS

A Workshop for Physical Therapists,
Occupational Therapists
and Assistants, and Pediatric Therapists

8:00 AM - 4:30 PM Local Time

Motivations, Inc.

SUMMARY: This course addresses therapeutic evaluation and treatment of pediatric equinus gait ("toe walking"). It is common for the practitioner to feel lost when a child presents with a toe walking gait pattern. Both evaluation and treatment of the children are often frustrating for all involved and frequently result in inaccurate evaluation with ineffective intervention and poor achievement of results. Long term results are rarely achieved with either resultant surgical intervention and/or a recurrence of the problem. However, establishing a specific approach to treating this type of patient can be made less frustrating and more rewarding by asking the right questions and forming a deliberate approach.

This course is excellent for alleviating a chaotic approach to the treatment of pediatric toe walking. Liesa teaches practitioners to assess toe walking through a holistic view of the child, including biomechanics and sensory processing, to develop a systematic approach and devise an effective treatment plan.

Through organized assessments, specific data will be used to direct the clinician to potential etiologies. Causes and appropriate intervention strategies are identified in order to utilize a systematic approach to developing an effective treatment plan. This webinar will change how you think about and treat children with equinus gait!

Course methods include lecture, case studies, video demonstrations, practice skills, and question/answers.

PRESENTER: Liesa M. Ritchie (formerly Persaud), PT, DPT, PCS, is a licensed physical therapist with 33 years' experience in the field of pediatric therapy. Liesa is the owner of Know To Change, an organization dedicated to advancing the knowledge & skills of clinicians in pediatric practice. Both nationally and internationally, she has educated healthcare professionals in advanced treatment techniques, performed specialized practical training and provided consultative services. Liesa has worked in a variety of settings, including private pediatric clinics, schools, private homes, hospitals and long-term care facilities, as well as facilities overseas. Dr. Ritchie is a Credentialed Clinical Instructor and also taught human anatomy, physiology & nutrition. She received her Associate's Degree in 1993 and worked as a physical therapist assistant while obtaining her Bachelor of Science Degree in Organizational Leadership from Southern Nazarene University in Tulsa, Oklahoma. Dr. Ritchie earned her Master's Degree in Physical Therapy from the University of Findlay in Findlay, Ohio in 2003 and continued to expand her expertise in the field. She received her post-graduate Doctorate from Rocky Mountain University of Health Professions in 2011 and is a Board-Certified Specialist in Pediatric Physical Therapy. Liesa's passion for helping others extends into her private life. She has volunteered as a Call Rape Advocate and Salvation Army Volunteer. Her passion for travel has led her to teach & treat overseas in Australia, New Zealand, Turkey, the Arab Emirates & Mexico, in addition to organizing & participating in mission work in Mexico, Ukraine & Palestine.

Liesa's wide range of clinical experience, organizational leadership, proficient teaching skills, motivation to improve the standard of care, and enthusiasm & passion for her field, make her an exciting and compelling instructor. *Financial*— Received a teaching honorarium and reimbursement for travel expenses from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, participants will be able to:

1. Identify specific etiologies relevant to pediatric equinus gait.
2. Develop an organized assessment approach and use the data to determine etiology specific interventions for pediatric equinus gait.
3. Discuss etiology-specific and age-appropriate assessment and management strategies for this population.
4. Apply effective examination, evaluation, and intervention and treatment strategies to toe walking in the pediatric population.
5. Design an effective and individualized treatment plan for the pediatric patient to enhance gait during play and leisure pursuits, such as sport participation.
6. Explain the future consequences of incorrect intervention.
7. Name 3 items to assess when assessing a child who walks on their toes.

FORMAT: This is a 14-hour lecture/discussion course equivalent to 14 or 1.4 CEUs. Motivations Inc is an approved provider by **The Texas Chapter of the APTA** and meets the guidelines for numerous other states. See our website for the listing of PT approved states.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTA.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 12158. This Live activity is offered at 1.4 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

AGENDA ON NEXT PAGE...

Course Offerings

Visit our website for information on course dates and times: www.motivationsceu.com

Motivations, Inc.

ATTENDEE BRING ITEMS: SCISSORS, 1 ROLL OF KINESIOLOGY TAPE (NOT PRE-CUT), GONIOMETER TOWEL/YOGA MAT (FOR FLOOR WORK)

TIMED AGENDA:

DAY 1

IDEAL GAIT & EQUINUS GAIT (8:00am - 9:45am)

- Definition of Idiopathic Toe Walking
- Problems & concerns regarding an equinus gait pattern
- Components of normal gait & gait development
- Characteristics of equinus gait

BREAK

(9:45am - 10:00am)

BIOMECHANICS (10:00am - 11:00am)

- Necessity of a stable base
- The influence of an anterior center of mass
- Passive ankle DFROM measurement technique: R1 & R2

LAB Practice or Video Demo

(11:00am - 12:00pm)

LUNCH

(12:00pm - 1:00pm)

BIOMECHANICS (1:00pm - 3:00pm)

- Orthoses: Changes to tradition

BREAK

(3:00pm - 3:15pm)

BIOMECHANICS (3:15pm - 4:30pm)

- Shoe Modifications

ENDS @ 4:30pm

DAY 2

KINESIOLOGY (8:00am - 9:30am)

- Physiology
- Manual therapy
- Muscle lengthening & strengthening strategies
- Therapeutic Taping

BREAK

(9:30am - 9:45am)

LAB Practice or Video Demo

(9:45am - 11:30am)

LUNCH

(11:30am - 12:30pm)

SENSORY PROCESSING &

SENSORY PROCESSING DISORDER (12:30pm - 2:30pm)

- Consideration of the senses: tactile, vestibular, visual, proprioceptive
- Anatomy, Diagnosis & Assessment with regards to Toe Walking

BREAK

2:30pm - 2:45pm

ASSESSMENT: CRITERIA, RESULTS & INTERVENTION (2:45-4:30)

- Birth & Developmental history
- Vision
- Classifications of Toe Walking etiologies
- Assimilation of material

ENDS @ 4:30pm

Course Offerings

Visit our website for information on course dates and times: www.motivationsceu.com