

Education // CME Courses



CME COURSE

Developing Awareness and Allies: Simulating Difficult Conversations about Microaggressions for Faculty and Students

Discrimination and bias in clinical training often take the form of microaggressions, which, albeit unintentional, are detrimental to the learning environment and well-being of students.

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Target Audience

Southern Medical Journal (SMJ) is an interdisciplinary, multi-specialty Journal, and articles span the spectrum of medical topics, providing timely, up-to-date information for primary care physicians and specialists alike. The *SMJ* enables physicians to provide the best possible care to

patients in this age of rapidly changing modern medicine. Therefore, the readers of the **SMJ** are an appropriate target for this article.

Goals and Objectives

Discrimination and bias in clinical training often take the form of microaggressions, which, albeit unintentional, are detrimental to the learning environment and well-being of students. Although there are a few reports of medical schools training students to respond to microaggressions, none have included a complementary student-led faculty training module.

The aim of this study was to develop and evaluate a case-based approach to improving student resilience and increasing faculty awareness of microaggressions in the clinical setting. At the conclusion of the activity, learners should be better prepared to:

- Recognize “microaggressions”.
- Describe the impact of “microaggressions” on the well-being of individuals and learning environment.
- Develop increased awareness of “microaggressions”.
- Develop increased faculty awareness and student resilience with respect to “microaggressions” in the clinical teaching settings.
- Implement interventions that promote improved awareness of “microaggressions” and reduce negative impacts of “microaggressions”.

Course Information

CME Release Date: May 2, 2022

Valid for credit through: May 1, 2024

Course type: CME Journal Article

Estimated time of completion: 1 hour

Credits Available

Southern Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Southern Medical Association designates this Journal-based CME activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians

should claim only the credit commensurate with the extent of their participation in the activity.

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Healthcare Professionals

For information on applicability and acceptance of continuing education credit for this activity, please consult your professional licensing board. All healthcare professionals who are not MDs or DOs will receive a certificate of participation.

Instructions for Participation and Credit

This activity is designed to be completed within the time designated; learners should claim only those credits that reflect the time actually spent in the activity. To successfully earn credit, participants must complete the activity online during the valid credit period noted, following these steps:

- Read the goals and objectives, accreditation information, and author disclosures.
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Upon successful completion of these components, your certificate will be processed and emailed from customerservice@sma.org within approximately 1 hour. Credits will be archived for 6 years; at any point within this time period you may login to your account to print a duplicate copy of your certificate.

Disclosure of Relevant Financial Relationships

Southern Medical Association (SMA) requires instructors, planners, managers, and all other individuals who are in a position to control the content of this activity to disclose conflicts of interest (COI) with

ineligible entities within the last 24 months of the development of this activity. All identified COIs are thoroughly vetted and mitigated prior to the release of the activity. SMA is committed to providing its learners with high quality activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

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