

CME INFORMATION



ACCREDITATION AND DESIGNATION STATEMENTS



Accreditation Statement

The Florida Academy of Family Physicians is accredited by the Florida Medical Association to provide continuing medical education for physicians.

Designation Statement

The Florida Academy of Family Physicians designates this live activity for a maximum of 18.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Academy of Family Physicians (AAFP) Credit

The AAFP has reviewed Family Medicine Winter Summit 2024 and deemed it acceptable for up to 18.00 Live AAFP Prescribed credits. Term of Approval is from 12/06/2024 to 12/08/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

All credits are deemed Florida Prescribed.



American Osteopathic Association (AOA) Credit

The American College of Osteopathic Family Physicians (ACOFP) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

ACOFP designates this program for a maximum of 18 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

OVERALL LEARNING OBJECTIVES

The 2024 Winter Summit is designed to provide attendees the opportunity to update their medical knowledge and enhance clinical skills through a dynamic curriculum that will allow learners to integrate new and updated guidelines, practices, therapies, and tools into daily practice. The goal of this CME activity is to help attendees develop and implement strategies that will improve patient care delivery and health outcomes.

ACTIVITY AGENDA

Thursday, December 5, 2024

6:00 PM – 8:00 PM

ABFM KSA Study Group: Care of Older Adults (2 hours)

(additional fee; advance registration required; onsite registration not available; in-person participation only)

Alfred Gitu, MD / Jennifer Keehbauch, MD

Friday, December 6, 2024

8:05 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 10:15 AM

Florida Mandatory: Controlled Substance Prescribing (2 hours)

This presentation satisfies the State of Florida mandatory requirement

Andrew Buelt, DO

Learning Objectives:

- Recognize the relevant prescribing laws and rules that govern prescribers of controlled substances in Florida
- Compare and contrast scheduled drugs related to treatment of pain, both acute and chronic nonmalignant pain
- List alternative pharmacologic options, non-pharmacologic methods and procedures, and complementary and alternative treatment options for managing pain
- Apply concepts of SBIRT (screening, brief intervention and referral to treatment) and motivational interviewing within patient encounters
- Utilize appropriate screening tools such as ORT®, SOAPP-R®, COMM™, UDS, E-FORCSE® and others to identify patients at risk for misuse or who are addicted to controlled substances
- Implement appropriate monitoring and referrals for patients who are prescribed controlled substances
- State national recommendations on the safe levels of opioids by morphine milligram dose equivalents and durations of treatment for acute and chronic nonmalignant pain

10:15 AM – 11:15 AM

Updates in Cardiac Ischemia Testing for Coronary Disease

David Winchester, MD, MS

Learning Objectives:

- Identify differences between the 2023 ACC/AHA “Appropriate Use Criteria” (AUC) and prior versions
- Discuss how these differences may impact practice habits for detection and risk assessment of chronic coronary disease
- Determine if cardiovascular testing is clinically warranted through application of AUC in patient cases

11:45 AM – 12:15 PM

ABFM Update (Non-CME)

Lunch at 11:15 AM; presentation will be from 11:45 AM – 12:15 PM

12:30 PM – 1:00 PM

President’s Welcome and 2024 Academy Awards Presentation: George Bernardo, MD
(Non-CME)

Friday, December 6, 2024

1:00 PM – 1:30 PM

Introduction to Artificial Intelligence (AI) and Machine Learning (ML) in Primary Care

Karim Hanna, MD

Learning Objectives:

- Explain how AI and ML technologies can be used to assist primary care physicians in diagnosing various medical conditions
- Evaluate the performance and limitations of AI and ML algorithms in diagnostic support, including sensitivity, specificity, and potential biases
- Develop skills to effectively integrate AI and ML tools into the diagnostic workflow, ensuring appropriate interpretation and validation of results in primary care practice

1:30 PM – 2:00 PM

Electronic Health Record (EHR) Optimization

Mandy Dailey, MD, CAQSM

Learning Objectives:

- Identify and implement practical, efficient EHR workflows to streamline documentation and enhance patient care in a family medicine setting
- Analyze EHR data to identify patterns and trends that can help in improving patient outcomes and population health management
- Evaluate different EHR features and functionalities to select and customize the most appropriate system for the specific needs of the family practice

2:00 PM – 2:30 PM

Health Apps and Wearable Devices

Matthew Rensberry, MD, MBA

Learning Objectives:

- Review popular health apps and wearable devices available for patients
- Discuss their potential benefits and limitations in monitoring health and promoting wellness
- Provide guidance on how to evaluate and recommend reliable health-related technologies

2:30 PM – 3:00 PM

Medical Technology Panel Discussion with Q&A

Karim Hanna, MD, FAAFP; Mandy Dailey, MD, CAQSM; Matt Rensberry, MD, MBA

Learning Objectives:

- Address learners' questions related to Artificial Intelligence/Machine Learning, Electronic Health Record optimization, and health apps and wearable devices

3:00 PM – 3:15 PM

2024 AAFP Fellows Recognition: AAFP Past Board Chair (Non-CME)

3:15 PM – 3:25 PM

BREAK

Family Medicine Winter Summit 2024

The Ritz Carlton, Amelia Island, FL
December 6-8, 2024

Friday, December 6, 2024

3:25 PM – 4:25 PM

Severe Asymptomatic Hypertension

Lee Coghill, MD, FAAFP

Learning Objectives:

- Discuss the evidence regarding outcomes for asymptomatic patients presenting with severe elevations in blood pressure
- Define Severe Asymptomatic Hypertension and understand when this does and does not apply
- Discuss the management of severe asymptomatic hypertension in different settings and discuss exceptions and other situations where a more urgent/emergent approach is appropriate

4:25 PM – 5:25 PM

Stroke

Andrew Buelt, DO

Learning Objectives:

- Use bedside assessment tools (CHADS2-VASC, HAS-BLED, SPARC) to assess a patient's risk for future events and implement appropriate therapy
- Refer stroke patients for IV alteplase and mechanical thrombectomy within 4.5 and 24 hours respectively, and when appropriate
- Recommend care for the patient with an unruptured cerebral aneurysm, atrial appendage occlusion, and repair of patent foramen ovale

5:25 PM – 5:30 PM

Day 1 Wrap-Up/Announcements

5:30 PM – 6:30 PM

Welcome Reception: Holiday Characters (*Non-CME*)

(Guests welcome; no charge, however, pre-registration is requested)

Saturday, December 7, 2024

7:00 AM – 9:00 AM

ABFM KSA Study Group: Heart Disease (2 hours)

(additional fee; advance registration required; onsite registration not available; in-person participation only)

Michael Heiland, MD / Thomas Waller, MD

7:00 AM – 8:00 AM

Non-CME Breakfast: TBD

Breakfast at 7:00 AM; presentation will be from 7:25 AM – 7:55 AM

8:25 AM – 8:30 AM

Welcome/Announcements

Saturday, December 7, 2024

8:30 AM – 9:30 AM

Journal Article Review

Leah Shell, DO

Learning Objectives:

- Discuss the current state of knowledge with reference to literature
- Determine findings of the articles/studies
- Interpret results and their potential to impact daily practice

9:30 AM – 9:50 AM

FAFP Annual Business Meeting: 2025 FAFP Officer and Board Installation

Featuring: Inauguration of Chris Scuderi, DO, 78th President of the FAFP (Non-CME)

9:50 AM – 10:00 AM

BREAK

10:00 AM – 11:00 AM

A Case-Based Approach to Building a Nutritional Plan

Nicholas Pennings, DO, DABOM, MFOMA, FACOFP, FAAFP

Learning Objectives:

- Distinguish between different nutritional interventions, and apply a patient-centered approach to developing a dietary plan
- Identify challenges to new eating patterns with patient specific cases
- Manage nutritional challenges with potent anti-obesity medications, and develop strategies to help patients maintain dietary changes

11:00 AM – 12:00 PM

Concussion Update

James Toldi, DO, FAAFP, CAQSM

Learning Objectives:

- Identify the most recent guidelines from the 2022 Amsterdam International Concussion in Sport
- Display the new Sideline Concussion Tool (SCAT6)
- Describe the emerging treatments for concussions

12:30 PM – 1:00 PM

NON-CME LUNCH: Astra Zeneca

Lunch at 12:00 PM; presentation will be from 12:30 PM – 1:00 PM

1:30 PM – 2:30 PM

Pediatric Overuse Injuries

James Toldi, DO, FAAFP, CAQSM

Learning Objectives:

- Identify signs and symptoms of overtraining or overuse
- Identify potential causes of common overuse injuries, and recognize common overuse injuries
- Provide evidenced-based anticipatory guidance on prevention and management of overuse injuries

Saturday, December 7, 2024

2:30 PM – 3:30 PM

Parkinson's Disease

Ashley Rawls, MD, MS

Learning Objectives:

- Recognize classic phenotypes, motor & non motor symptoms typical in Parkinson Disease
- Diagnosis and start trial of adequately dosed levodopa, and troubleshoot common problems related to treatment of Parkinson's Disease
- Identify appropriate patients for surgical intervention

3:30 PM – 3:45 PM

BREAK

3:45 PM – 4:45 PM

Movement Disorders Beyond Parkinson's

Ashley Rawls, MD, MS

Learning Objectives:

- Recognize the distinct clinical features and diagnostic criteria of movement disorders such as restless leg syndrome, tardive dyskinesia, chorea, dystonia, and essential tremor, distinguishing them from Parkinson's disease
- Evaluate current pharmacological and non-pharmacological treatment options for various movement disorders, including their efficacy, side effects, and patient-specific considerations
- Apply evidence-based management strategies and interdisciplinary approaches to effectively address the unique challenges posed by various movement disorders

4:45 PM – 5:45 PM

PTSD

Michael Allison, MD

Learning Objectives:

- Recognize PTSD symptoms disguised as somatic or other psychiatric complaints; Analyze the history with an appropriate differential to avoid misdiagnosis
- Incorporate PTSD-specific interview skills to maximize history-gathering, rapport-building, and support-giving for the time allowed
- Develop an evolving, patient-centered plan of care based on presentation and ongoing reassessment of symptomatology

5:45 PM – 5:50 PM

Day 2 Wrap-Up/Announcements

7:00 PM – 11:00 PM

Presidential Party: FamMed Superheroes – Celebrate the FAFP's Incoming President

(Non-CME)

(additional fee of \$75; advance registration required)

Sunday, December 8, 2024

7:40 AM – 7:45 AM

Welcome/Announcements

7:45 AM – 8:45 AM

Geriatric Polypharmacy

Robin Creamer, DO, FAAFP

Learning Objectives:

- Review evidence of when to deprescribe certain meds including helpful resources
- Describe age related changes that effect pharmacokinetic properties of medications
- Discuss the use of a systematic improvement framework to reduce potentially inappropriate combinations of medications

8:45 AM – 9:45 AM

Insomnia in Older Adults

Ariel Cole, MD, FAAFP

Learning Objectives:

- Describe sleep changes associated with aging
- Differentiate underlying medical conditions which may impair sleep
- Utilize appropriate non-pharmacologic and pharmacologic therapies to treat sleep disorders

9:45 AM – 10:00 AM

BREAK

10:00 AM – 11:00 AM

Cultivating Cultural Competency: Enhancing Patient Care in Diverse Communities

Rosa Joseph, DO, MPH

Learning Objectives:

- Recognize the significance of cultural competency in healthcare and its influence on patient-provider relationships and health outcome
- Identify strategies for effectively communicating with and engaging patients from diverse cultural backgrounds
- Recognize and respect cultural differences in health beliefs, practices, and values, and integrate this understanding into clinical decision-making and treatment planning
- Reflect on personal biases and attitudes that may impact interactions with patients from different cultural backgrounds, and develop strategies to mitigate these biases and promote culturally sensitive care

11:00 AM – 12:00 PM

Patient Centered Communication/ Motivational Interviewing

Kerwyn Flowers, DO, FAAFP

Learning Objectives:

- Compare and Contrast Physician-Patient Relationship Models
- Discuss the importance of patient-centered interviewing, caring communication and shared decision making in a therapeutic physician-patient relationship
- Identify barriers to good communication in the physician-patient relationship and the effect on clinical outcomes
- List practices for physician-patient relationship improvement

12:00 PM – 12:05 PM

Wrap-Up/Final Announcements