



A Mysterious

Experience of Lymphology

National Lymphedema Network
2021 Conference
Boston





A Mysterious Experience of Lymphology

Part 1 • Boston • October 1-4, 2021

Welcome

The National Lymphedema Network looks forward to welcoming you to the 2021 NLN Conference - *A Mysterious Experience of Lymphology*. What a year it has been! We cannot wait to see you and finally be able to greet you with open arms, literally. With so many months of seemingly endless screen time for everything, we have decided to make the first part of our conference 100% clinical hands-on lab time. As lymphedema therapists, we heal best with our hands, but for some of us our haptics are a little rusty. So, Part I of this year's conference in Boston was designed to focus on clinical and manual skills.

A little more about Part I - it will be a live in-person meeting at the Westin Boston Seaport District taking place Friday, October 1 through Monday, October 4, 2021. There are 10 specialized concentrations of study and clinical competency that will be held concurrently and repeated 10 times over a few days. All conference attendees who attend all 10 labs AND successfully complete the established clinical competencies will be awarded the designation of *NLN Expert Clinician*. This is a new program offering that we are piloting and we are very excited to launch it this year. The Boston educational program is comprehensive and rigorous and is intended for the advanced clinician who already possesses a high level of expertise. The program welcomes engaged, passionate clinicians in the eternal pursuit of elevating their clinical logic and interventional skills. The first class roster will be acknowledged on the NLN website, receive a certificate, and be awarded a medallion of *NLN Expert Clinician*; and we are extremely excited to meet this exceptional group of clinicians.

Best,

A handwritten signature in black ink. It features a large, stylized 'J' that loops around the word 'Zucker', which is written in a cursive, handwritten style.

Jeannette Zucker
Executive Director
National Lymphedema Network

Target Audience

Part I of the 2021 NLN Conference intended for advanced healthcare professionals who have already achieved their basic CLT and are involved in directly administering therapeutic lymphedema therapy intervention. This mainly includes but is not limited to: physical therapists, physical therapy assistants, occupational therapists, occupational therapy assistants, and massage therapists.

Continuing Education Contact Hours

A [minimum of 21.5 contact hours](#) are available for Part I. Some labs will require mandatory prerequisite virtual pre-conference coursework for which you can earn additional continuing education contact hours. On top of that, additional contact hours will be also be possible by participating in Part II, which is the virtual portion of the 2021 NLN Conference. This is tentatively scheduled to take place Monday, October 18 through Saturday, October 23, 2021. Part II is included with the registration for attendees who are participating in Boston program. The virtual program is still being developed and will be presented once finalized.

The National Lymphedema Network is recognized by the New York State Education Department's State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. Physical Therapy clinicians in other states can apply for reciprocity. An application for Occupational Therapy clinicians has been submitted to the New York State Education Department's State Board for Occupational Therapy. All attendees will receive a certificate of attendance after a conference evaluation is completed.

Designation of “NLN Expert Clinician”

All conference attendees of Part I who attend all 10 labs and successfully complete the established clinical competencies will be awarded the designation of NLN Expert Clinician. These clinicians will be listed and honored on the NLN website and be awarded a specialized medallion to certify that they have passed all core clinical competencies essential to providing an elevated, expert level of patient care specializing in lymphedema therapy. Again, in order to receive this designation, clinicians are required to pass all rigorous clinical assessments for each of the 10 labs. The designation will not necessarily serve as an endorsement by the National Lymphedema Network. Rather, it is an indication that a clinician has passed a comprehensive battery of clinical competency checklists for varied areas of clinical focus which are collectively considered essential to providing effective, quality patient care in the specialization of lymphedema therapy.



Hotel

Part I of the 2021 NLN Conference will be held at the Westin Boston Seaport District. Whether you are arriving by bus, train or plane, the hotel is just 5 minutes away from the airport and South Station. You can book your discounted room via the following link <https://book.passkey.com/event/50171068/owner/28588/rooms/list?sort=default>. The deadline to book hotel accommodations is 8/31/21.

Safety

We will implement various guidelines and procedures to ensure everyone's safety. The exact procedures and guidelines will be outlined separately as we approach October and fully understand the updated official state and federal guidelines.

Liability Waiver

By registering for the 2021 National Lymphedema Network Conference you hereby release, waive, and forever discharge any and all liability claims and demands of whatever kind or nature against the National Lymphedema Network and its affiliated partners and sponsors, including in each case, without limitation their directors, officers, employees, volunteers, and agents [Released Parties], either in law or in equity to the fullest extent permissible by law, including but not limited to damages or losses caused by the negligence, fault, or conduct of any kind on the part of the Released Parties including but not limited to death, bodily injury, illness, economic loss, or out-of-pocket expenses, or loss or damage to property which you, your heirs, assignees, next of kin and/or legally appointed or designated representatives, may have or which may hereinafter accrue on your behalf, which arise or may hereafter arise from your participation in the 2021 National Lymphedema Network Conference.

Part I Registration Rates

NLN Member		Non-Member
\$549	06/01/21 - 06/30/21	\$ 899
\$649	07/01/21 - 07/31/21	\$ 999
\$749	08/01/21 - 08/31/21	\$1099

The deadline for all registrations is 8/31/21.

- * All registrations are nonrefundable, however transfers to another registrant or have the credit applied to a future NLN event is acceptable if notification is received by 09/29/21 to 2021@lymphnet.org
- * Participation at the Boston meeting is limited to the [first 300 registrants](#).
- * Earlier discounted registration rates will not be offered.
- * For registration by check, please mail the list of the names, phone numbers, and email addresses of clinicians to be registered along with a check in the amount current with the above registration rates to:

National Lymphedema Network
411 Lafayette Street, 6th Floor
New York, NY 10003

Faculty



Nancy Morgan

RN, BSN, MBA, WOC

Keynote Speaker



Virtu Arora

PT, DPT, CLT-LANA, CKTI, COMT, CCI, MLD/CDT Instructor

Head & Neck Lymphedema Lab



Karen Ashforth

MS, OTR, CLT-LANA, CHT Emerita 1992-2017

Pneumatic Compression and Fibrosis Lab



Frank Aviles

PT, CWS, FACCWS, CLT-LANA, ALM, AWCC, DAPWCA, MLD/CDT Instructor

Wound Care Lab



Shelley Smith DiCecco

PT, PhD, CLT-LANA, CI-CS

Genital Lymphedema Lab



Christina Hankins

PT, DPT, CWS

Compression Garment Lab

Faculty



Guenter Klose

MLD/CDT Certified Instructor, CLT-LANA
Expert MLD Lab



Steve Norton

Clinical Instructor, CLT-LANA
Expert Bandaging Lab



Lauren Meffen

MA CCC/SLP, CLT
Head and Neck Lymphedema Lab



Jennifer Norton

PT, DPT, CLT-LANA, CTKP
Elastic Taping Lab



Linda Roherty

PT, CLT-LANA
Breast/Chest Lymphedema Lab



Betty Westbrook

PTA, CLT
Pediatric Lymphedema Lab

Program and schedule subject to change without notice.

30 min	Sponsored Session
120 min	Concurrent Clinical Breakouts Repeated 10 Times in the Schedule Below Head & Neck Lymphedema Lab - Virtu Arora & Lauren Meffen Breast/Chest - Linda Roherty Genital Lymphedema Lab - Shelly DiCecco Compression Garment Lab - Christina Hankins Wound Care Lab - Frank Aviles Elastic Taping Lab - Jen Norton Expert Bandaging Lab - Steve Norton Expert MLD Lab - Guenter Klose Pneumatic Compression Lab & Fibrosis Lab - Karen Ashforth Pediatric Lab - Betty Westbrook

EDT	Day 1 - Friday, October 1, 2021
1:00	Opening Reception Exhibit Hall
2:30	Sponsored Session
3:00	Clinical Breakouts
5:00	Transition Break
5:15	Sponsored Session
5:45	Clinical Breakouts
7:45	Reception Exhibit Hall
9:45	End of Day 1

EDT	Day 2 - Saturday, October 2, 2021
7:00	Breakfast Exhibit Hall
8:15	Keynote - Nancy Morgan
9:30	Transition Break
9:45	Sponsored Session
10:15	Clinical Breakouts
12:15	Break Exhibit Hall
1:30	Sponsored Session
2:00	Clinical Breakouts
4:00	Transition Break
4:15	Sponsored Session
4:45	Clinical Breakouts
6:45	Reception Exhibit Hall
9:45	End of Day 2

<i>EDT</i>	<i>Day 3 - Sunday, October 3, 2021</i>
7:00	<i>Breakfast Exhibit Hall</i>
8:15	<i>Sponsored Session</i>
8:45	<i>Clinical Breakouts</i>
10:45	<i>Transition Break</i>
11:00	<i>Sponsored Session</i>
11:39	<i>Clinical Breakouts</i>
1:30	<i>Break Exhibit Hall</i>
3:30	<i>Sponsored Session</i>
4:00	<i>Clinical Breakouts</i>
6:00	<i>End of Day 3</i>

<i>EDT</i>	<i>Day 4 - Monday, October 4, 2021</i>
7:00	<i>Breakfast Sponsored Session</i>
7:30	<i>Clinical Breakouts</i>
9:30	<i>Transition Break</i>
9:45	<i>Sponsored Session</i>
10:15	<i>Clinical Breakouts</i>
12:15	<i>Closing Ceremony Luncheon</i>
1:30	<i>End of Day 4</i>

End of 2021 NLN Conference Part I
Moving Forward to Part II

COVID-19 Vaccination & Safety Acknowledgment Liability Waiver and Release of Claims

COVID-19 Safety Information:

By participating in the 2021 National Lymphedema Network Conference ["Activity"], where Part One will be held in-person in Boston at the Westin Boston Seaport District October 1, 2021 through October 4, 2021, you hereby release, waive, and forever discharge any and all liability claims and demands of whatever kind or nature against the National lymphedema Network and its affiliated partners and sponsors, including in each case, without limitation their directors, officers, employees, volunteers, and agents ["Released Parties"], either in law or in equity to the fullest extent permissible by law, including but not limited to damages or losses caused by the negligence, fault, or conduct of any kind on the part of the Released Parties including but not limited to death, bodily injury, illness, economic loss, or out-of-pocket expenses, or loss or damage to property which you, your heirs, assignees, next of kin and/or legally appointed or designated representatives, may have or which may hearinafter accrue on your behalf, which arise or may hear after arise from your participation in the 2021 National Lymphedema Network Conference.

While participating in events held or hosted by the National Lymphedema Network, Inc., ("NLN") all individuals are responsible for minimizing their own risk of exposure to COVID-19 and taking precautions that maximize safety such as, but not limited to, wearing a mask and performing hand sanitization frequently. Because COVID-19 is extremely contagious and is spread mainly from person-to-person contact, the NLN cannot guarantee that its participants, volunteers, sponsors, directors, partners, or others in attendance will not become infected with COVID-19.

In light of the ongoing spread of COVID-19 in some areas, individuals who fall within any of the categories below should not engage in NLN events and/or other face to face activities. By attending an NLN event, you certify that you do not fall into any of the following categories:

1. Individuals who currently or within the past fourteen (14) days have experienced any symptoms associated with COVID-19, which include fever, cough, and shortness of breath among others;
2. Individuals who have traveled at any point in the past fourteen (14) days either internationally or to a community in the U.S. that has experienced or is experiencing sustained community spread of COVID-19; or
3. Individuals who believe that they may have been exposed to a confirmed or suspected case of COVID-19 or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

Duty to Self-Monitor:

Participants agree to self-monitor for signs and symptoms of COVID-19 (symptoms typically include fever, cough, and shortness of breath) and, contact the NLN at 2021@lymphnet.org if he/she experiences symptoms of COVID-19 within 14 days after attending the 2021 NLN Conference held October 1, 2021 - October 4, 2021 and agree not to participate in the live event should these symptoms present prior to the conference.

Liability Waiver and Release of Claims:

I acknowledge that I derive personal satisfaction and a benefit by virtue of my participation and/or voluntarism with the NLN, and I willingly, freely and voluntarily, without any inducement, assurance or guarantee, engage in NLN events and/or other activities.

Release & Waiver

BY REGISTERING FOR THE 2021 NATIONAL LYMPHEDEMA NETWORK CONFERENCE YOU HEREBY RELEASE, WAIVE, AND FOREVER DISCHARGE ANY AND ALL LIABILITY CLAIMS AND DEMANDS OF WHATEVER KIND OR NATURE AGAINST THE NATIONAL LYMPHEDEMA NETWORK, INC., ["NLN"] AND ITS AFFILIATED PARTNERS (SUCH AS NANCY MORGAN WOUND CARE) AND SPONSORS, INCLUDING IN EACH CASE, WITHOUT LIMITATION THEIR DIRECTORS, OFFICERS, EMPLOYEES, VOLUNTEERS,

AND AGENTS ["RELEASED PARTIES"], EITHER IN LAW OR IN EQUITY TO THE FULLEST EXTENT PERMISSIBLE BY LAW, INCLUDING BUT NOT LIMITED TO DAMAGES OR LOSSES CAUSED BY THE NEGLIGENCE, FAULT, OR CONDUCT OF ANY KIND ON THE PART OF THE RELEASED PARTIES INCLUDING BUT NOT LIMITED TO DEATH, BODILY INJURY, ILLNESS, ECONOMIC LOSS, OR OUT-OF-POCKET EXPENSES, OR LOSS OR DAMAGE TO PROPERTY WHICH YOU, YOUR HEIRS, ASSIGNEES, NEXT OF KIN AND/OR LEGALLY APPOINTED OR DESIGNATED REPRESENTATIVES, MAY HAVE OR WHICH MAY HEARINAFTER ACCRUE ON YOUR BEHALF, WHICH ARISE OR MAY HEAR AFTER ARISE FROM YOUR PARTICIPATION IN THE 2021 NATIONAL LYMPHEDEMA NETWORK CONFERENCE.

Assumption of the Risk

- I acknowledge and understand the following:
1. Participation in the 2021 NLN Conference includes possible exposure to and illness from infectious diseases including but not limited to COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist;
 2. I knowingly and freely assume all such risks related to illness and infectious diseases, such as COVID-19, even if arising from the negligence or fault of the Released Parties; and
 3. I hereby knowingly assume the risk of injury, harm and loss associated with the Activity, including any injury, harm and loss caused by the negligence, fault or conduct of any kind on the part of the Released Parties.

Medical Acknowledgement and Release I acknowledge the health risks associated with the Activity, including but not limited to transient dizziness, lightheaded, fainting, nausea, muscle cramping, musculoskeletal injury, joint pains, sprains and strains, heart attack, stroke, or sudden death. I agree that if I experience any of these or any other symptoms during the Activity, I will discontinue my participation immediately and seek appropriate medical attention. I do hereby release and forever discharge the Release Parties from any claim whatsoever which arises or may hereafter arise on account of any first aid, treatment, or service rendered in connection with my participation in the Activity.

As a participant, volunteer, or attendee, You recognize that your participation, involvement and/or attendance at any NLN event ("Activity") is voluntary and may result in personal injury (including death) and/or property damage. By attending, observing or participating in the Activity, You acknowledge and assume all risks and dangers associated with your participation and/or attendance at the Activity, and You agree that: (a) the National Lymphedema Network, Inc. (b) the property or site owner of the Activity, and (c) all past, present and future affiliates, successors, assigns, employees, volunteers, vendors, partners, directors, and officers, of such entities (subsections (a) through (c), collectively, the "Released Parties"), will not be responsible for any personal injury (including death), property damage, or other loss suffered as a result of your participation in, attendance at, and/or observation of the Activity, regardless if any such injuries or losses are caused by the negligence of any of the Released Parties (collectively, the "Released Claims"). By attending and/or participating in the Activity, are you are deemed to have given a full release of liability to the Release Parties to the fullest extent possible by law.

This COVID-19 Vaccination & Safety Acknowledgment, Liability Waiver and Release of Claims is governed under the laws of the State of New York.

I acknowledge that I have not relied upon any representations of NLN and understand these waivers and releases are necessary to allow NLN to offer the Conference to me. I acknowledge I have had sufficient opportunity to read this entire COVID-19 Vaccination & Safety Acknowledgment, Liability Waiver and Release of Claims, and that I understand and agree to be bound by its terms.



A Mysterious
Experience of Lymphology

Thank You!

