

REGISTRATION & PROGRAM GUIDE

Sheraton Centre Toronto Hotel
Toronto, Ontario, Canada



Ontario
Long Term Care
Clinicians



Long Term Care
Medical Directors Association of Canada
Association canadienne des directeurs médicaux
en soins de longue durée

2016

LONG TERM CARE FOR PRACTICING CLINICIANS CONTROVERSIES IN LONG TERM CARE

CONFERENCE

OCTOBER 21—23, 2016
TORONTO, ONTARIO

SHERATON CENTRE
TORONTO HOTEL

123 Queen Street West, Toronto, Ontario M5H 2M9



This Group Learning
program has been
certified by the College
of Family Physicians of
Canada and the Ontario
Chapter for up to
17.5 Mainpro+ credits

Ontario Long Term Care Clinicians
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 www.oltcc.ca
@OnLTCC



Ontario
Long Term Care
Clinicians

OLTCC PRESIDENT'S MESSAGE

You are invited to attend Ontario Long Term Care Clinicians' annual conference "Long Term Care for the Practicing Clinician" to be held October 22nd and 23rd, 2016 and the conjoint meeting with the Long Term Care Medical Directors' Association of Canada on October 21st, 2016 at the Sheraton Centre Hotel in downtown Toronto, Ontario.

This year's focus is on "Controversies in Long Term Care". Highlights include sessions on Physician-Assisted Death, Marijuana Prescribing, Chronic Pain Management, and Anti-Psychotic De-prescribing Guidelines as well as clinical sessions on sleep medication, chronic kidney disease, and diabetes. The format includes plenaries, small group workshops, poster presentations, and networking opportunities for conference participants.

2016 has been a transition year for Ontario Long Term Care Physicians, which previously organized an annual conference for long term care practitioners. OLTCC has decided to focus on its mission as a charity to support education for long term care, and has turned over the annual conference, medical director curriculum, advocacy and other membership services to the new not-for-profit organization, Ontario Long Term Care Clinicians (OLTCC). The LTC Medical Director Curriculum will be offered by OLTCC on January 27th – 29th and April 28th – 30th, 2017.

Ontario Long Term Care Clinicians is proud to offer physicians, nurse practitioners, pharmacists and other colleagues the only educational conference in Ontario dedicated to the practice of medicine in long term care. Working together we can continue to deliver excellent care in a challenging and complex environment.

Please join us in Toronto this fall!

**Evelyn M. Williams, MD, FCFP, MHSc, CMD
President, OLTCC**



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LTCMDAC PRESIDENT'S MESSAGE

On behalf of the Board of Long Term Care Medical Directors Association of Canada, I invite you to attend our national one day leadership meeting with our colleagues from OLTCC on Friday October 21st, 2016 in Toronto. Our annual meeting brings together medical directors, attending physicians and members of the interdisciplinary team. The program will provide a high level report on some of the major initiatives influencing our work with speakers from across the country. In addition it is a great opportunity to meet other colleagues facing similar challenges in providing for the complex care needs of our patient and residents.

We look forward to seeing you in October.

**Paddy Quail, MB
President, LTCMDAC**

2016 CONFERENCE COMMITTEE CHAIR MESSAGE

The theme for this year's conference, "Controversies in Long Term Care" will address emerging topics such as cannabis use and medical assistance in dying. There remains a perennial interest in end-of-life care, both in making decisions and providing the best palliative care. Again several speakers and workshops will address this important area of care. The program also gives voice to our residents in long term care.

Invited workshops and posters were introduced last year. We now include a one-hour accredited session to view the posters. A couple of concurrent sessions are included in the Friday program. The plan is that MainPro Plus sessions, specific to long term care, will be integral to future programs.

Feedback and program evaluations guide the development of the annual conference. A high value is placed on the opportunity to meet with others who work in the trenches of long term care. The OLTCC and Conference Planning Committee appreciate your interest, participation and comments.

**J. Fred Mather,
2016 Conference Chair**

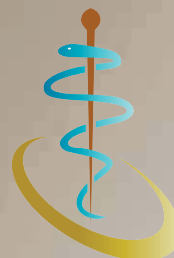




ONTARIO LONG TERM CARE CLINICIANS BOARD OF DIRECTORS, 2016

OLTCC EXECUTIVE

PRESIDENT	DR. EVELYN WILLIAMS
VICE-PRESIDENT	DR. J. FRED MATHER
SECRETARY	DR. STEPHEN NG



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CONFERENCE COMMITTEE, 2016

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DR. ROSS JOHNSON
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DR. NANCY McKEOUGH
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OLTCC OFFICE

ELLEN MARACLE-BENTON, OFFICE MANAGER
ELYSSA CODY
KRISTA MARACLE

ADDRESS

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LONG TERM CARE MEDICAL DIRECTORS ASSOCIATION OF CANADA BOARD OF DIRECTORS, 2016

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Important Dates & Activities

Member Early Bird Rate Ends	Thursday September 16 , 2016
Regular Rates Apply	Up to Friday October 14 , 2016
Hotel Cut Off Date for Room Reservations	Friday September 25 , 2016
Cancellations Accepted, with a \$60.00 Fee	To Friday September 23 , 2016
Delegate Substitution Policy Applies, no Fee	Up to Friday October 7 , 2016
Delegate Substitution Policy Applies, \$60.00 Fee	From Monday October 11 , 2016
Late & Onsite Rates Apply	From Friday October 14 , 2016

Schedule of Activities

Onsite Registration Hours

Friday October 21	7:00 am — 5:00 pm
Saturday October 22	7:00 am — 5:30 pm
Sunday October 23	7:00 am — 3:45 pm

Friday October 21

Breakfast	7:00 am — 8:30 am
Connection Lounge	7:00 am — 6:30 pm
Plenary Sessions	8:30 am — 4:45 pm
Refreshment Breaks	10:15 am — 10:45 am 3:15 pm — 3:45 pm
Exhibits& Posters	10:15 am — 10:45 am 12:30 pm — 1:45 pm 3:15 pm — 3:45 pm 4:45 pm — 6:30 pm
Luncheon	12:30 pm — 1:45 pm
LTCMDAC AGM	4:45 pm — 5:30 pm
Welcome Reception	4:45 pm — 6:30 pm

Saturday October 22

Breakfast	7:00 am — 8:30 am
Connection Lounge	7:00 am — 5:30 pm
Plenary Sessions	8:15 am — 11:45 am 3:30 pm — 4:30 pm
Award Presentation	11:45 am — 12:00 pm
Refreshment Breaks	9:45 am — 10:45 am 2:00 pm — 2:30 pm
Exhibits & Posters	9:45 am — 10:45 am 12:00 pm — 1:00 pm 2:00 pm — 2:30 pm
Attended Poster Session	9:45 am — 10:45 am
Luncheon	12:00 pm — 1:00 pm
Workshops	1:00 pm — 2:00 pm 2:30 pm — 3:30 pm
OLTCC AGM	4:30 pm — 5:00 pm
OLTLCPC AGM	5:00 pm — 5:30 pm

Sunday October 23

Breakfast	7:00 am — 8:30 am
Connection Lounge	7:00 am — 3:45 pm
OMA Report	8:20 am — 8:30 am
OLTCC Report	8:30 am — 8:45 am
Plenary Sessions	8:45 am — 10:45 am 12:45 pm — 3:45 pm
Workshops	9:45 am — 10:45 am 11:00 am — 12:00 pm
Refreshment Break	10:45 am — 11:00 am
Posters	10:45 am — 11:00 am
Luncheon	12:00 pm — 12:45 pm
MD Course Luncheon	12:00 pm — 12:45 pm
<i>(Invited guests only)</i>	

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Registration Fees



MEMBER FEES

EARLY BIRD TO SEPTEMBER 16

3 DAYS	\$840.00
ANY ONE DAY	\$310.00
ANY TWO DAYS	\$550.00

REGULAR FEES SEPT 17—OCT 14

3 DAYS	\$890.00
ANY ONE DAY	\$355.00
ANY TWO DAYS	\$600.00

ONSITE FEES OCT 15—OCT 23

3 DAYS	\$990.00
ANY ONE DAY	\$460.00
ANY TWO DAYS	\$710.00

NON MEMBER FEES

TO OCTOBER 14

3 DAYS	\$995.00
ANY ONE DAY	\$455.00
ANY TWO DAYS	\$705.00

ONSITE FEES OCT 15—OCT 23

3 DAYS	\$1,100.00
ANY ONE DAY	\$565.00
ANY TWO DAYS	\$820.00

MEDICAL RESIDENTS & STUDENTS

TO OCTOBER 14

3 DAYS	\$545.00
ANY ONE DAY	\$200.00
ANY TWO DAYS	\$360.00

ONSITE FEES OCT 15—23

3 DAYS	\$620.00
ANY ONE DAY	\$285.00
ANY TWO DAYS	\$430.00

How To Register

- 1 Choose your workshops you would like to attend and then choose your registration method.
- 2 Online at www.oltcc.ca—Quick and easy and only if paying by credit card.
By mail by sending the completed registration form(s) and cheque
- 3 to Ontario Long Term Care Clinicians, 1143 Wentworth St. West, Suite 202, Oshawa, ON L1J 8P7.
- 4 By fax to 1-905-404-3727 along with the completed registration form(s). Sessions will not be confirmed until payment has been received.
- 5 Student registrations must also include proof of student status with their registration.

See Registration Pages for Payment Methods and the Cancellation Policy.



Location and Accommodations



Sheraton Centre Toronto Hotel

123 Queen Street West, Toronto, Ontario M5H 2M9



Telephone: 1-888-627-7175—Be sure to request the **Ontario Long Term Care Clinicians room block**



Online: <https://www.starwoodmeeting.com/Book/OL17B>

A block of rooms is being held at the Sheraton Centre Toronto until **Tuesday September 20, 2016**. The Ontario Long Term Care Clinicians and the Sheraton Centre Toronto cannot guarantee availability at any time. The applicable rate for a standard room for this event is **\$210.00 per night plus taxes**. All rooms are single or double occupancy and rates are available October 20th to October 23rd, 2016.

Cancellation Clause: A deposit equal to one night's stay is required to hold each guest's reservation at the time of reservation. Full refund of this deposit will be given to cancellations received until 72 hours prior to arrival. For cancellations received within 72 hours of arrival, the deposit is non-refundable.

Check In: Check in time is 3:00pm. Check out time is 12 noon.

Parking: Valet Parking and Self-Parking are available through the Sheraton Centre Toronto Hotel. The self-park lot is attached to the hotel, located under City Hall. Various parking is also available around the hotel including the Eaton Centre which is approximately 2 blocks from the Sheraton Centre Toronto Hotel.

About the Sheraton: The Sheraton Centre Toronto Hotel is located near all of Toronto's attractions and connected to the financial and entertainment districts by way of the PATH, a 16 mile underground network of shops and services. World-class dining, theatres, and museums are steps away.

Mobile App



The mobile app offers attendees a new user experience. The app will allow for access to the agendas, as

well as speakers and session descriptions. There will be an interactive map of the venue including the locations of all of the sessions and sponsor and exhibitor information. Attendees will be able to use the app for live polling, access surveys and even tweet their experience. Full details and exciting updates will be sent out leading up to the conference.

Connection Lounge



A lounge area will be set up for attendees take a break, have a coffee and have the opportunity to meet with colleagues and friends while attending the conference. Watch for more details around this lounge in the coming weeks.



Attended Poster Session

New this year to the conference will be an ATTENDED POSTER SESSION, scheduled for Saturday 9:45 am to 10:45 am. Authors of the posters will be available for questions and queries about the posters on display. The posters will also be available for viewing for all 3 days of the conference. Posters will demonstrate a research project, best practice or current trend in Long Term Care.

General Information

ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians and the Ontario Chapter for up to 17.5 Mainpro+ credits.

BADGES

Once registered, please ensure you wear your badge for entrance to all sessions, meals and reception. Your badge must be visible and worn throughout the event in order to have access to the program.

CONCURRENT WORKSHOP CHOICES

When selecting your workshop choice, and it appears that your choice is not available, that indicates the choice you are making is full and not available. Please move to another choice listed, which is still available. The online system automatically removes the workshop from the selections once full. If registering by fax or email, the office will notify you directly by email if you have selected a workshop that is full and you will be given the option of others that are still open. Workshops are repeated twice.

PRESENTATIONS AVAILABLE THROUGH THE WEBSITE

Prior to the conference, all authorized presentations will be also be posted on the website and will be password protected for all of the conference attendees only. This will allow you to download what presentations you would like to have while at the conference.

There will be no USB's available for the 2016 conference, nor hand-out binders.

REGISTRATION AT THE CONFERENCE

The OLTC Conference registration desk will be located on the Lower Concourse. Please register at the OLTC Conference registration desk to pick up your badge and conference material.



CONTROVERSIES IN LONG TERM CARE

DAY ONE PROGRAM—FRIDAY OCTOBER 21, 2016



7:00 AM

REGISTRATION OPEN

7:00 AM—8:30 AM

BREAKFAST

8:15 AM—8:30 AM

OPENING REMARKS

Patrick Quail, MB, President, LTCMDAC

8:30 AM—9:30 AM

GETTING SERIOUS ABOUT POLYPHARMACY

Keith White MD

Learning Objectives:

1. To help attendees understand the Causes, Risks, and Consequences of Polypharmacy in the Elderly.
2. To introduce tools, resources, and processes to address Polypharmacy in the Elderly.
3. To illustrate the improved quality of life for the elderly, improved provider satisfaction in caring for the elderly, and savings to the system by reducing the consequences of Polypharmacy.

8:30 AM—4:45 PM

PLEASE NOTE: This is a full day workshop. You will have this choice on the registration page. The breaks and lunch for this workshop will be the same as the conference breaks and lunch.

FULL DAY WORKSHOP

PALLIUM CANADA: A PALLIATIVE CARE APPROACH IN LONG TERM CARE

Lori Teeple MD

Learning Objectives:

At the end of this workshop clinicians will:

1. Identify patients who would benefit from a palliative care approach early in the illness trajectory.
2. Implement a “palliative care approach” from the time of admission to LTC.
3. Confidently conduct the “difficult conversations” related to a palliative care approach in LTC including advance care planning and goals of care, non-treatment decisions etc.
4. Recognize a palliative care approach in addressing symptoms such as dyspnea, pain, delirium, anorexia & disrupted feeding.

9:30 AM—10:15 AM

“ARE YOUR BUTTON’S BEING PUSHED?” PERSONALITY DISORDERS IN NURSING HOME: UNDERSTANDING AND RESPONDING TO COMPLEX CHALLENGING RESIDENTS

Marlene Smart MD; Donna Devlin RPN

Learning Objectives:

1. Provide a brief overview of the spectrum of personality disorders.
2. Discuss the role of personality in the care of persons with chronic diseases.
3. Provide tips on helping staff cope with challenging individuals.

10:15 AM—10:45 AM

REFRESHMENT BREAK, EXHIBITS AND POSTERS

10:45 AM—11:45 AM

CROSS COUNTRY MEDICAL DIRECTOR REVIEW

Deviani Maher MD; Serge Gingras MD, Barry Clarke MD, Julie Auger MD

CROSS COUNTRY REVIEW: QUÉBEC

Serge Gingras MD

Learning Objectives:

Following this activity the participant:

1. Will have a knowledge of the recent changes in Quebec pertaining to Long Term Care settings.
2. Will understand the changes to the medical practice in Long Term Care.
3. Will realize the challenges or opportunities for the future of medical practice in Long Term Care.

CROSS COUNTRY REVIEW: BRITISH COLUMBIA

Deviani Maher MD

Learning Objectives:

1. Review the current state of Long Term Care in British Columbia.
2. Update on the TORCH initiative.
3. Future directions.

CROSS COUNTRY REVIEW: NOVA SCOTIA

Barry Clarke MD

Learning Objectives:

1. Political landscape change in Nova Scotia.
2. Long Term Care policy changes.
3. Care by Design or not Care By Design programming.



CONTROVERSIES IN LONG TERM CARE

DAY ONE PROGRAM—FRIDAY OCTOBER 21, 2016—CONTINUED



10:45 AM—11:45 AM

CROSS COUNTRY MEDICAL DIRECTOR REVIEW, CONTINUED

ONTARIO'S APPROPRIATE PRESCRIBING DEMONSTRATION PROJECT: AN OVERVIEW AND UPDATE

Julie Auger MD

Learning Objective:

1. Provide an overview of the Personalized Practice Report and the Educational Outreach components of the demonstration project.

11:45 AM—12:30 PM

APPROPRIATE USE OF ANTIPSYCHOTICS: HOW DID ALBERTA COME TO HAVE THE LOWEST PROVINCIAL USE IN CANADA?

Mollie Cole RN

Learning Objectives:

1. Review how change-management strategies can help engage care teams and physicians in monthly antipsychotic medication reviews.
2. Review strategies for trialing person-centered care strategies that result in reduced use of antipsychotics.
3. Discuss how measurement of key "process" and "outcome" measures support safe reductions in the use of antipsychotic medications.
4. Reflect on the role of family/alternate decision makers in antipsychotic use.
5. Consider how 'good news stories' can motivate a change in culture.

12:30 PM—1:45 PM

BUFFET LUNCHEON, EXHIBITS AND POSTERS

1:45 PM—4:45 PM

PLEASE NOTE: This is a half day workshop. You will have this choice on the registration page. The break for this workshop will be the same as the conference break.

HALF DAY WORKSHOP

PRACTICAL WOUND CARE FOR THE LONG TERM CARE ATTENDING PRACTITIONER

Evelyn Williams MD, Susan Deering MD

Learning Objectives:

1. Perform a competent bedside objective wound assessment.
2. Diagnose systemic & local causes of a wound.
3. Understand when and how to perform conservative sharp debridement.
4. Formulate a treatment plan, including topical dressing orders.

1:45 PM—2:30 PM

CHOOSING WISELY AND YOUR OLDER PATIENT

Barb Liu MD

Learning Objectives:

1. Describe the Choosing Wisely campaign and highlight areas relevant to the care of older patients.
2. Identify helpful tools to implement change related to choosing wisely recommendations.

2:30 PM—3:15 PM

ACCREDITATION AND THE ROLE OF THE MEDICAL DIRECTOR

Louise Clement MD

Learning Objectives:

1. Demonstrate how Accreditation Canada's Qmentum program can be used as a quality improvement framework.
2. Provide incentives for engaging physicians in accreditation activities.
3. Moving forward : Can accreditation be an enabler to provide the best « person » experience possible.

3:15 PM—3:45 PM

REFRESHMENT BREAK, EXHIBITS AND POSTERS

3:45 PM—4:45 PM

CORE ELEMENTS OF ANTIBIOTIC STEWARDSHIP FOR NURSING HOMES

Nimalie Stone

Learning Objectives:

1. Review the current antibiotic use in nursing homes and opportunities for improvement.
2. Define antibiotic stewardship and the core elements for effective programs.
3. Discuss examples of how the medical director can support implementation of stewardship activities in a facility.

4:45 PM—5:30 PM

LONG TERM CARE MEDICAL DIRECTORS ASSOCIATION OF CANADA ANNUAL GENERAL MEETING

4:45 PM—6:30 PM

WELCOME WINE & CHEESE RECEPTION AND ENTERTAINMENT

Welcome to the Conference! This reception has been generously sponsored by Responsive Group Inc. Drop by for a complimentary drink, light appetizers and entertainment! Back by popular demand is Elaine Charel, Canada's busiest Speaker and Entertainer—Get a 5 minute Handwriting Analysis done—discover the dynamic strengths and talents that are within your written script! Enjoy background music and entertainment by MattLan Media! Be sure to join us for this popular event!



CONTROVERSIES IN LONG TERM CARE

DAY TWO PROGRAM—SATURDAY OCTOBER 22, 2016



Ontario
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Clinicians

7:00 AM	REGISTRATION OPEN
7:30 AM—8:30 AM	BREAKFAST
8:00 AM—8:15 AM	OPENING REMARKS Evelyn Williams MD, President Ontario Long Term Care Clinicians
8:15 AM—9:15 AM	CANADA NEEDS A NEW VISION FOR HEALTH Chris Simpson MD <i>Learning Objectives:</i> 1. Identify how a new national vision on health is required to meet the future needs of the elderly. 2. Suggest how this vision can inform the next Health Accord. 3. Advise on how physicians and other health care providers can help long-term care adapt and bring vision to action.
9:15 AM – 9:45 AM	PUBLIC PERCEPTION OF LONG TERM CARE Moira Welsh, Toronto Star <i>Learning Objectives:</i> 1. Why investigative reporting remains vital for the oversight of Long Term Care. 2. Why transparency, accountability and communication are vital.
9:45 AM – 10:45 AM	REFRESHMENT BREAK AND EXHIBITS
9:45 AM—10:45 AM	ATTENDED POSTER SESSION <i>Authors of the posters will be at their poster for attendees to view and ask questions about the poster presented.</i>
10:45 AM – 11:45 AM	PHYSICIAN-ASSISTED DEATH: HOW DOES THIS AFFECT MY PRACTICE? James Downar MDCM <i>Learning Objectives:</i> 1. Provide an update of the current status of physician assisted death in Canada. 2. Outline how discussions about PAD may fit in palliative care. 3. Review relevant issues of consent and capacity in PAD. 4. Present possible cases, or scenarios, where PAD is a possibility.
11:45 AM – 12:00 PM	AWARD PRESENTATIONS LTC PHYSICIAN OF THE YEAR, 2016
12:00 PM – 1:00 PM	HOT BUFFET LUNCH, POSTERS AND EXHIBITS
1:00 PM – 2:00 PM	CONCURRENT WORKSHOPS—101A—108A <i>Choose only one workshop from this time slot</i>
2:30 PM—3:30 PM	CONCURRENT WORKSHOPS—101B—108B <i>Choose only one workshop from this time slot</i>
Workshop 101A—1:00 pm—2:00 pm Workshop 101B—2:30 pm—3:30 pm	MANAGEMENT OF DIABETES IN FRAIL ELDERLY Afshan Zahedi MD <i>Learning Objectives:</i> 1. Review glycemic targets for frail elderly. 2. Selecting appropriate oral agents in elderly. 3. Safe use of insulin in elderly. 4. Review importance of avoiding hypoglycemia in this population.





WORKSHOP 102A—1:00 pm—2:00 pm

WORKSHOP 102B—2:30 pm—3:30 pm

PALLIATIVE CARE IN THE LONG TERM CARE SETTING

William Ruddock MD

Learning Objectives:

1. *Understand the LTC home as a palliative setting.*
2. *Review palliative care in dementia.*
3. *Discuss palliative symptom management issues and solutions in Long Term Care.*

WORKSHOP 103A—1:00 pm—2:00 pm

WORKSHOP 103B—2:30 pm—3:30 pm

RASHES IN LONG TERM CARE

Renita Ahluwalia MD

Learning Objectives:

1. *Present cases of common rashes in Long Term Care.*
2. *Advise on appropriate treatment.*
3. *Give guidance for referral.*

WORKSHOP 104A—1:00 pm—2:00 pm

WORKSHOP 104B—2:30 pm—3:30 pm

ANTI-PSYCHOTIC PRESCRIBING REDUCTION IN YOUR PRACTICE: A PRACTICAL APPROACH TO USING QUALITY IMPROVEMENT TOOLS AND THE LTC PRACTICE REPORT

Julie Auger MD; Julie Skelding RN

Learning Objectives:

1. *Learn from physician colleagues in the field who have been successful in implementing Change Ideas to improve their practice in antipsychotic prescribing.*
2. *Learn specific Practice Improvement tools and techniques to assist in moving practice level data closer to comparators.*
3. *Learn more about Long-Term Care (LTC) Practice Reports specifically data interpretation and comparators.*

WORKSHOP 105A—1:00 pm—2:00 pm

WORKSHOP 105B—2:30 pm—3:30 pm

PAIN IN THE ELDERLY

Joel Bordman MD

Learning Objectives:

1. *To review general principles of pain management.*
2. *To emphasize unique concerns for the elderly.*
3. *To Review the differential diagnosis of chronic widespread pain.*

WORKSHOP 106A—1:00 pm—2:00 pm

WORKSHOP 106B—2:30 pm—3:30 pm

KIDNEYWISE - A CHRONIC KIDNEY DISEASE (CKD) TOOLKIT FOR PRIMARY CARE & LONG-TERM CARE (LTC) SETTINGS

Allan Grill MD

Learning Objectives:

1. *To introduce the KidneyWise Clinical Toolkit and describe the role of the primary care provider in managing LTC patients with CKD.*
2. *To review strategies on preventing Acute Kidney Injuries (AKIs) in the Long-Term Care setting.*
3. *To summarize commonly used medications that put elderly patients with CKD at risk of further renal impairment and advise on dose adjustments for safer use.*

WORKSHOP 107A—1:00 pm—2:00 pm

WORKSHOP 107B—2:30 pm—3:30 pm

BEYOND MEDICALIZATION: AN INTERNATIONAL VIEW OF MD ROLES IN LONG TERM CARE

Robert James MD; Joel Lexchin MD

Learning Objectives:

1. *Look at the role of the MD in Nursing Homes from the international perspective.*
2. *Lessons to learn about medical versus social roles, and about the role in reducing polypharmacy.*
3. *How do MD's do it? Networking, managing their role.*



WORKSHOP 108A—1:00 pm—2:00 pm

WORKSHOP 108B—2:30 pm—3:30 pm

A YEAR IN REVIEW

Joanne Ho MD

Learning Objectives:

By the end of the session the participant will have used critical appraisal tools to review 3 recent articles related to long term care.

1. Review critical appraisal tools for randomized controlled trials, systematic reviews and observational studies.
2. Employ the tools to review three recent articles related to long term care.
3. Encourage discussion on the findings and recommendation.

2:00 PM—2:30 PM

REFRESHMENT BREAK, EXHIBITS AND POSTERS

2:30 PM—3:30 PM

CONCURRENT WORKSHOPS 101B—108B

As listed above. Choose only one workshop for this time slot.

3:30 PM—4:30 PM

CLINICAL CONSIDERATIONS FOR MEDICAL CANNABIS

Mark Ware MBBS

Learning Objectives:

1. Review the evidence for prescribing cannabinoids for pain and other conditions in Long Term Care.
2. Address precautions and contraindications for medical cannabis use.
3. Suggest protocols for initiating, monitoring and stopping cannabis use.

4:40 PM—5:00 PM

ONTARIO LONG TERM CARE CLINICIANS, ANNUAL GENERAL MEETING

5:00 PM—5:30 PM

ONTARIO LONG TERM CARE PHYSICIANS, ANNUAL GENERAL MEETING

5:30 PM

FREE EVENING



CONTROVERSIES IN LONG TERM CARE

DAY THREE PROGRAM—SUNDAY OCTOBER 23, 2016



Ontario
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7:15 AM—8:30 AM

HOT BREAKFAST

7:15 AM—8:15 AM

SYMPOSIUM

MIND THE GAP: A CLOSER LOOK AT THE ISSUES SHAPING THE GAP BETWEEN THE INDICATED AND ACTUAL PRESCRIBED STROKE PREVENTION THERAPIES IN THE GERIATRIC AF POPULATION

David Newman MD

Learning Objectives:

1. Review the growing prevalence of Atrial Fibrillation (AF) among Canadians both in the community and in the Long Term Care (LTC) environment;
2. Discuss differences between clinical trials and post-marketing surveillance studies and how they apply to the CCS Guidelines, and;
3. Address common clinical safety issues around the initiation of OAC's in the AF geriatric patient.

8:15 AM—8:20 AM

OPENING REMARKS

Fred Mather MD; Vice-President—Ontario Long Term Care Clinicians; Conference Chair, 2016

8:20 AM—8:30 AM

OMA REPORT

8:30 AM—8:45 AM

OLTCC REPORT

Evelyn Williams, MD; President—Ontario Long Term Care Clinicians

8:45 AM—9:45 AM

CAPACITY AND SUBSTITUTE DECISION MAKING IN LONG TERM CARE

Jan Goddard LL.B

Learning Objectives:

- Review capacity assessment: when, how and for what purpose?
- Outline the responsibilities of a substitute decision maker.
- Suggest strategies for applying prior capable wishes to consent.

9:45 AM—10:45 AM

CONCURRENT WORKSHOPS—201A—208A

Choose only one workshop from this time slot

11:00 AM—12:00 PM

CONCURRENT WORKSHOPS—201B—208B

Choose only one workshop from this time slot

WORKSHOP 201A—9:45 am—10:45 am

WORKSHOP 201B—11:00 am—12:00 pm

ANTI-PSYCHOTIC DEPRESCRIBING GUIDELINES

Lise Bjerre MD

Learning Objectives:

1. Outline the spectrum of appropriate and inappropriate anti-psychotic use.
2. Describe the Anti-psychotic De-prescribing Guidelines.
3. Encourage case discussions.

WORKSHOP 202A—9:45 am—10:45 am

WORKSHOP 202B—11:00 am—12:00 pm

CHRONIC PAIN MANAGEMENT IN LONG-TERM CARE – A CASE-BASED DISCUSSION, WITH A BRIEF MENTION OF METHADONE

Ruth Dubin MD

Learning Objectives:

1. Identify and classify chronic pain in the long-term care setting.
2. Use multi-modal pharmacological and non-pharmacological pain management strategies.
3. Understand the benefits and challenges of methadone for pain management.

WORKSHOP 203A—9:45 am—10:45 am

WORKSHOP 203B—11:00 am—12:00 pm

WORKING WITH LEARNERS – FEEDBACK AND ASSESSMENT IN LONG TERM CARE

Abbas Ghavam-Rassoul MD; Sid Feldman MD

Learning Objectives:

By the end of the session:

1. Participants will value the use of a model for giving feedback to learners Participants will be able to describe at least three characteristics of effective feedback Participants will be able to identify barriers and facilitators to learning in the Long Term Care environment.



WORKSHOP 204A—9:45 am—10:45 am

WORKSHOP 204B—11:00 am—12:00 pm

FOOD OR SUPPLEMENTS: STRATEGIES FOR MANAGING UNINTENDED WEIGHT LOSS IN LTC

Julie Cavaliere RD

Learning Objectives:

1. Attendees will be able to describe best practice interventions for the nutrition management of issues commonly seen in LTC including: a need for a “food first” philosophy; overuse of nutrition supplements; and management of enteral feedings.
2. Attendees will be able to summarize the specific goals and nutrition intervention strategies for each of these areas, and the Registered Dietitian’s role of working with the team to achieve these goals, in order to provide optimal care for the resident.
3. Attendees will be able to recognize the ethical implications related to various nutrition interventions for the resident and family, and the Registered Dietitian’s role in supporting resident/family/caregiver decision-making.

WORKSHOP 205A—9:45 am—10:45 am

WORKSHOP 205B—11:00 am—12:00 pm

SECURE ELECTRONIC COMMUNICATION WITH PHYSICIANS: A CASE STUDY FROM ONE LTC HOME

Seh-Hwan Ahn RPh; Sohail Gandhi

Learning Objectives:

1. Pros and cons of Secure Electronic Communication with Physicians.
2. Learning the requirements of implementing EMR in Long Term Care.
3. Setting goals for the future of EMR and standardization (API).

WORKSHOP 206A—9:45 am—10:45 am

WORKSHOP 206B—11:00 am—12:00 pm

PRONOUNCING DEATH AND DEATH CERTIFICATION

Steven Klassen MD

Learning Objectives:

1. Determine what the Registrar General wants from us.
2. Identify common pitfalls in death certification.
3. Explore several challenging scenarios.

WORKSHOP 207A—9:45 am—10:45 am

WORKSHOP 207B—11:00 am—12:00 pm

FRACTURE PREVENTION IN LONG TERM CARE

Alexandra Papaioannou MD; Sid Feldman MD

Learning Objectives:

1. Review the 2015 recommendations for preventing fracture in Long Term Care.
2. Discuss enablers, challenges and barriers to implement the recommendations.
3. Present cases of high-risk patients with multiple chronic conditions.

WORKSHOP 208A—9:45 am—10:45 am

WORKSHOP 208B—11:00 am—12:00 pm

SLEEP PHYSIOLOGY AND DISORDERS WITH AGING

Richard Horner PhD

Learning Objectives:

1. Outline changes in sleep with aging.
2. Discuss the effects of common sleep disorders, medications and other diseases.
3. Discuss management of sleep problems.

10:45 AM—11:00 AM

REFRESHMENT BREAK AND POSTERS

11:00 AM—12:00 PM

CONCURRENT WORKSHOPS 201B—208B

As listed above. Choose only one workshop for this time slot.

12:00 PM – 12:45 PM

SOUP AND SANDWICH LUNCHEON AND POSTERS

12:00 PM – 12:45 PM

MD COURSE PARTICIPANTS LUNCHEON

By Invitation Only



12:45 PM—1:30 PM

SAFE, STRONG, AND CLEAN IN THE LONG-TERM CARE ENVIRONMENT

Hazel Lynn MD

Learning Objectives:

1. *Current Recommended Immunizations.*
2. *Management of Outbreaks.*
3. *Falls Prevention.*

1:30 PM—3:45 PM

PANEL SESSION – THREE – 30 MINUTE PRESENTATIONS FOLLOWED BY QUESTIONS

Roger Skinner MD; Dallas Seitz MD; Judith Wahl LLB

1:30 pm—2:00 pm

LESSONS FROM THE CORONERS' OFFICE TO IMPROVE RESIDENT CARE

Roger Skinner MD

Learning Objectives:

1. *Give a summary of the Geriatric and Long Term Care Review Committee Report.*
2. *Summarize the findings violence in Long Term Care.*
3. *Recommend means to reduce the risk.*

2:00 pm—2:30 pm

UNDERSTANDING CAUSES AND MANAGEMENT OF AGGRESSIVE BEHAVIOR IN LONG-TERM CARE RESIDENTS WITH DEMENTIA

Dallas Seitz MD

Learning Objectives:

1. *Review the frequency and types of aggressive behaviors in long-term care settings.*
2. *Identify patient and environmental factors that may be associated with aggressive behaviours in dementia.*
3. *Understand evidence-based nonpharmacological and pharmacological treatments for aggression.*

2:30 pm—3:00 pm

ADVOCATING FOR RESIDENTS IN LONG TERM CARE

Judith Wahl LLB

Learning Objectives:

1. *To understand what are the rights of residents in Long Term Care.*
2. *To understand how to operationalize the residents rights in practice.*
3. *To understand how to identify, respond, and prevent abuse of residents rights in a practical way.*

3:00 pm—3:45 pm

QUESTIONS

3:45 PM

CONFERENCE ENDS



Faculty, 2016

RENITA AHLUWALIA BA, BSc, MD, FRCPC, DABD

Dr. Ahluwalia, a Canadian and American board certified dermatologist, works in private and academic practice with cross-appointment at Women's College and the University Health Network. She completed her training at U of T, serving as Chief Resident. She has presented at national and international meetings and has received numerous awards.

SEH-HWAN AHN Hon BSc, BSc Phm, RPh, CDE

Seh-Hwan Ahn is a consultant pharmacist for MediSystem Pharmacy and has worked in long term care for the past 9 years. Previous to working in the LTC setting, he managed 2 pharmacies in the community setting. He has been a teaching assistant and preceptor for both the University of Toronto and University of Waterloo pharmacy programs.

JULIE AUGER MD, CCFP, FCFP

Dr. Julie Auger is a family physician with a focused practice in the care of the elderly in Timmins. She is the Medical Director and an Attending Physician in a 180 bed LTC home. She is the Clinical Lead, Long-Term Care, for Health Quality Ontario.

LISE M. BJERRE MD, PhD, MCFP

Dr. Bjerre is a researcher with the Department of Family Medicine at the University of Ottawa and a practicing family physician. Her research focuses on medication appropriateness, and in particular on potentially inappropriate prescribing (PIP) in primary care, its identification using clinical tools and health administrative data, and its effects on patient outcomes.

JOEL BORDMAN MD

Dr. Bordman has achieved credentials in both addiction and pain from international societies. He is a mentor to other doctors as part of The College of Family Physicians of Ontario's "Medical Mentorship in pain and addiction" program (MMAP). He has experience in Emergency Medicine, Palliative Care, Family Practice and Long Term Care.

JULIE CAVALIERE BA Sc, RD

Julie Cavaliere is a long standing executive member of the Dietitians of Canada, Long Term Care Action group and Manager of Dietary and Nutrition Operations for Sienna Senior Living one of the largest providers of senior's care in Ontario. Julie has a passion for nutrition, loves working with older people and feels it is a privilege to have them in our lives.

BARRY CLARKE MD, CCFP, (COE), Extra Fellow

Assistant Professor Dalhousie University Dept. of Family Medicine, specialty in Health Care of the Elderly. Division Head, Care By Design, Primary Health Care NSHA. Developed a district wide frailty based care program for 25 LTC facilities called Care By Design; awarded national recognition as leading practice by Accreditation Canada. Board member Canadian Medical Director Association LTC.

LOUISE CLÉMENT MD, MCFPC

As medical advisor and surveyor for both Accreditation Canada and Accreditation Canada International, she is an active contributor in developing, innovating, using and improving accreditation programs with a firm belief that these programs must provide value added to all those involved in making healthcare better.

MOLLIE COLE RN, MN, GNC (C)

Mollie Cole is an advance practice nurse with a passion for care of older adults with cognitive impairments. In her current role as Manager of the Seniors Health Strategic Clinical Network, with Alberta Health Services, she led a provincial quality improvement project on the Appropriate Use of Antipsychotics in LTC.

SUSAN DEERING MD, FCFP

Dr. Deering is a Fellow of the College of Family Physicians, and a Lecturer in the Department of Medicine at the University of Toronto. She earned her certificate for the International Interdisciplinary Wound Care Course in 2006, and has been providing care to patients with wounds, and teaching about wounds to residents and staff ever since.

DONNA DEVLIN RPN, MEd

Donna Devlin is a Registered Psychiatric Nurse with a M.Ed in Adult and Workplace learning from the University of Calgary. She is the Educational Consultant for Geriatric Mental Health (Calgary) with over 30 years' experience in community mental health. She is the author of Magic Moments in Health Care.

JAMES DOWNAR MDCM, MHSc, FRCPC

James Downar is a Critical Care and Palliative Care Physician at the University Health Network and Sinai Health Systems in Toronto, and an Associate Professor in the Department of Medicine at the University of Toronto. He completed residency training in Internal Medicine, Critical Care and Palliative Care, and has a Master's degree in Bioethics from the Joint Centre for Bioethics at the University of Toronto. His research interests include communication and decision-making for seriously ill patients.

RUTH DUBIN BSc, Lic. Es Sciences (Louvain), PhD, MD (Alberta) CCFP, FCFP, DAAPM, DCAPM

A LTC physician and associate professor at Queens' Dept. of Family Medicine, Ruth chairs the CFPC chronic pain committee and co-Chairs Project ECHO Ontario (MOHLTC-funded) plus the Canadian Pain Society Education group. Clinical interests include movement, self-management, mindfulness and complex patients with concurrent addictions. Her (Pre-Med-School) PhD topic was coral reef fish behaviour.

SID FELDMAN MD, CCFP (COE), FCFP

Dr. Feldman is Chief, Department of Family and Community Medicine, Executive Medical Director Residential and Aging at Home Program and Medical Director of the Apotex Home for the Aged at Baycrest Health Sciences. He is an Associate Professor and Enhanced Skills Care of the Elderly Program Coordinator at the University of Toronto Department of Family and Community Medicine.

SOHAIL GANDHI MD, CCFP

Dr. Gandhi has been practicing comprehensive Family Medicine in Stayner for 24 years where he recently received the Queen's Diamond Jubilee Award and is the medical director of Bayhaven NH & RH in Collingwood. He has been on an EMR since 1998 and has vast experience in using it to improve patient care in both the community and long term care.



Faculty, 2016

ABBAS GHAVAM-RASSOUL MD, MHSc, CCFP, FCFP

Abbas Ghavam-Rassoul is a family physician at St. Michael's Hospital. His practice includes the care of patients with mental illness and HIV. He is involved in several projects in collaborative Care in Mental Health. He is Program Director for the MScCH in Health Practitioner Teacher Education at U of T.

SERGE GINGRAS MD

Long Term Care Medical Coordinator, Centre Intégré Universitaire de L'Ouest-de-l'île de Montréal. Sainte-Anne Hospital, Sainte-Anne-de-Bellevue. Graduated University of Montréal 1976. General practice in different CLSCs Montréal (home care, occupational health, prison...) 1977-2000. Regional medical management, Agence de Montréal (1995-2000). Medical Director Long Term Care facilities + CLSC + Acute Care Community Hospital 2000-2005. Medical Director Sainte-Anne's Veterans' Hospital (2005-2016). Attending physician in four different LTC facilities (1995-...). Founding member and member of the Board of the LTCMDAC.

JAN GODDARD BA, LLB

Jan Goddard is a partner of Goddard Gamage Stephens LLP, a leading elder law and trusts and estates boutique law firm. Jan is frequently consulted because of her expertise in elder law, capacity, guardianship, powers of attorney, substitute decision-making and estate issues.

ALLAN GRILL MD, CCFP, MPH, FCFP, CCPE

Dr. Allan Grill is the Lead Physician at the Markham Family Health Team and a part-time Long-Term Care physician at Sunnybrook. Dr. Grill is also the Provincial Primary Care Lead for the Ontario Renal Network with a focus on innovative ways to improve the management of Chronic Kidney Disease (CKD) in the primary care setting.

JOANNE HO MD, FRCPC, MSc

Joanne Ho is an internist, geriatrician and clinical pharmacologist who researches adverse drug events in the older individual using observational research and systematic review methodologies. She is currently affiliated with Grand River Hospital and will be joining the Department of Medicine at McMaster University as an Assistant Professor in the Department of Medicine, Divisions of Geriatric Medicine and Clinical Pharmacology.

RICHARD HORNER PhD

Richard Horner is Professor of Medicine and Physiology at the University of Toronto, and a Canada Research Chair. Richard is author of the book *The Universal Pastime: Sleep and Rest Explained* and over one hundred research papers and textbook chapters on sleep, winning awards for his research and teaching.

ROBERT JAMES MD, FCFP

Dr. James graduated from McMaster University Medical School. He worked as a Family Physician for thirty years, and was also Medical Director of Wentworth Lodge, for fifteen years. Since 2010, he has been involved in **Reimagining Long Term Care**, a research project centered at York University.

STEVE KLASSEN MD, CCFP

Steve is a family physician practicing in Thunder Bay, Ontario. He splits his clinical work between a family practice office, LTC, Coroner and

teaching duties at the Northern Ontario School of Medicine (NOSM). Skiing, Kayaking, sailing, cycling are some excuses to keep him active outdoors with his spouse and their three teenage children.

JOEL LEXCHIN MD, FCFP

Dr. Joel Lexchin graduated from the University of Toronto. He is an ER physician in the University Health Network, and is concurrently a Professor in the School of Health Policy and Management at York University. He has authored two books on the Pharmaceutical Industry.

BARBARA LIU MD, FRCP(C), FRCP(Edin)

Dr. Liu is the Executive Director of the Regional Geriatric Program of Toronto, Program Director of the Geriatric Medicine subspecialty training program and Associate Professor of Medicine at the University of Toronto. She has specialty qualifications in Internal Medicine, Geriatric Medicine and Clinical Pharmacology and a clinical practice at Sunnybrook Health Sciences Centre.

HAZEL LYNN MD, FCFP, MHSc

As a family physician, Dr. Hazel Lynn practiced across Canada and internationally. MOH for Grey Bruce since 2000. In 2002, earned a Masters in community health and epidemiology. Some of the initiatives she spearheaded as MOH include regional smoke-free by-laws, municipal alcohol policy development, Panorama immunization registry pilot, fetal alcohol exposure, heart health, and smoking cessation studies. Care of the elderly has always been an important part in her family health and public health practices.

DEVIANI MAHER MD, FRCPC

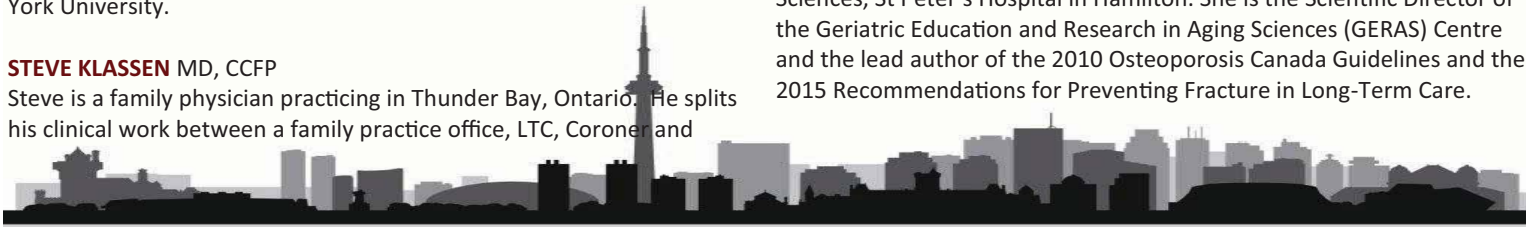
Dr. Deviani Maher is a consultant geriatrician with Island Health in Victoria, BC. As well, she does outreach Geriatric Medicine Clinics in Bella Bella, BC, as well as Telehealth with the Mt. Waddington area (North Vancouver Island). Her academic interests include dementia care in acute care as well as long term care.

DAVID NEWMAN MD, FRCP, Associate Professor, Faculty of Medicine University of Toronto (Cardiology)

Dr. David Newman received his BSc and MD at Dalhousie University, and Internal medicine and Cardiology training at the University of Toronto. After completing his EP Fellowship and Post-doctoral research at Stanford, he returned to Toronto in 1990 to join the faculty at U of T where he remains and currently serves as Associate professor. Dr. Newman has ties to both St. Michael's Hospital and Sunnybrook Health Sciences Centre, and operates three private practice locations specializing in clinical electrophysiology in the GTA.

ALEXANDRA PAPAIOANNOU BScN, MD, MSc, FRCP(C), FACP

Professor of Medicine/Geriatric Medicine, McMaster University, Scientific Director, GERAS Centre, St. Peter's Hospital, Hamilton. Dr. Alexandra Papaioannou is a Professor in the Department of Medicine, McMaster University and a Geriatrician at Hamilton Health Sciences, St Peter's Hospital in Hamilton. She is the Scientific Director of the Geriatric Education and Research in Aging Sciences (GERAS) Centre and the lead author of the 2010 Osteoporosis Canada Guidelines and the 2015 Recommendations for Preventing Fracture in Long-Term Care.



Faculty, 2016

WILLIAM RUDDOCK MD, CCFP

I am a family physician who lives and works in Guelph, ON. I am Medical Director and Attending Physician in two Long Term Care and Retirement Home facilities and provide community palliative care services in my family practice and as a consultant.

DALLAS SEITZ MD, PhD, FRCPC

Dr. Seitz is an Associate Professor and Chair of Geriatric Psychiatry at Queen's University. He completed research training in clinical epidemiology and health services research. He is the Provincial Medical Lead for Dementia Capacity Planning in Ontario.

CHRISTOPHER S. SIMPSON MD, FRCPC, FACC, FHRS, FCAHS

Past President, Canadian Medical Association

Dr. Chris Simpson is Professor of Medicine and Chief of Cardiology at Queen's University as well as the Medical Director of the Cardiac Program at Kingston General Hospital / Hotel Dieu Hospital. Dr. Simpson's primary professional interest is health policy – particularly access to care. He sits on numerous editorial boards and advisory committees. He is an active clinician, educator and researcher that has authored and over 350 peer-reviewed publications.

JULIE SKELDING MN, RN

Julie Skelding, is a Quality Improvement Specialist with Health Quality Ontario and has over 15 years of healthcare experience in nursing, bioethics and quality improvement. Julie holds a Master's degree in Nursing from the University of Toronto specializing in Mental Health and Bioethics

ROGER SKINNER BA, MD, CCFP(EM)

Dr. Roger Skinner is the Regional Supervising Coroner for Toronto West. He is the current chair of the Geriatric and Long Term Care Review Committee of the Office of the Chief Coroner.

MARLENE SMART MD, FRCPC, Geriatric Psychiatrist

Marlene Smart is a geriatric psychiatrist and has been the Clinical Medical Lead for the Geriatric Mental Health Consulting Service (nursing home consultation service) in the Calgary region since 1988, and is the consultant to the Carewest Geriatric Day Hospital Program.

NIMALIE STONE

LORI TEEPLE MD, CCFP(EM), FCFP

Dr. Teeple is an associate professor of medicine and family medicine at Western University. She holds a fellowship in teaching from the American College of Emergency Physicians and is an award winning teacher on the faculty at Western. She provides consult and front line palliative care in the home setting in Huron and Perth Counties in Southwestern Ontario.

JUDITH WAHL BA, LLB

Executive Director at the Advocacy Centre for the Elderly since its inception in 1984. Honours B.A., University of Toronto. LL.B. Osgoode Hall Law School, York University. Called to the Ontario Bar in 1979. Judith has been very active in advocating for the rights of older adults and in the development of elder law as an area of practice in Canada.

MARK A. WARE MBBS, MRCP(UK), MSc

Dr. Mark Ware is Associate Professor in Family Medicine and Anesthesia at McGill University. He is Director of Clinical Research of the Alan Edwards Pain Management Unit at the McGill University Health Centre, co-Director of the Quebec Pain Research Network and Executive Director of the Canadian Consortium for the Investigation of Cannabinoids.

MOIRA WELSH, Toronto Star

Moira Welsh started working at the Toronto Star 25 years ago as a photographer-reporter and has since investigated stories with a focus on the elderly, social justice, corruption and the environment. She has been a co-winner of three National Newspaper Awards and a Governor General's Award for Public Service Journalism.

KEITH WHITE MB, ChB

30 years as a Rural Family Physician in Newfoundland and BC. Physician Lead for the Shared Care Polypharmacy Risk Reduction in the Elderly Initiative in BC. Clinical lead for the BC Patient Safety and Quality Council Call for Less Antipsychotics in Residential Care Initiative. Chair, Patterns of Practice Committee, Doctors of BC.

EVELYN WILLIAMS MD, FCFP, MHSc, CMD

Evelyn Williams has a special interest in wound care, having completed the International Interdisciplinary Wound Care course at the University of Toronto. As part of this course she developed a one-month module to teach wound care to post-graduate trainees in family medicine, during their geriatric rotation. She has presented locally, nationally and internationally on practical wound care for attending physicians. Dr. Williams is Head of the Division of Long Term Care, Sunnybrook Veterans Centre, assistant professor at the University of Toronto, and President of Ontario Long Term Care Clinicians.

AFSHAN ZAHEDI BASc, MD, FRCPC

Endocrinologist

After completing a degree in Biomedical Engineering in Ohio, USA, Dr. Zahedi graduated from University of Toronto, Faculty of Medicine and completed internal medicine residency and endocrinology fellowship at University of Toronto. Currently, Dr. Zahedi is Assistant Professor of Medicine at University of Toronto, acting Division Head of Endocrinology and medical director of Thyroid Program at Women's College Hospital. She also worked as an Endocrinologist and the medical director of Diabetes Center at The Scarborough Hospital.





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EXHIBITORS, 2016

NAME OF EXHIBITOR	BOOTH #	WEBSITE
Allergan	106	www.allergan.com
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Appletree Medical Group	201	www.appleetreemedicalgroup.com
Bayer Inc.	209, 211	www.bayer.com
Bristol Myers Squibb	205	www.bristolmyerssquibb.com
CARF Canada	405	www.carf.org
Centre for Effective Practice	100	www.effectivepractice.org
Hoffman-La Roche Ltd.	108	www.rochecanada.com
Medical Pharmacies Group	210	www.medicalpharmacies.com
Ontario Osteoporosis Strategy for LTC	102	www.hhsc.ca
Palliative Care Consultation Network	104	www.facebook.com/pccnetworkontario.com
Perfuse Medtec	204, 206	www.gekodevices.com
PointClickCare	301	www.pointclickcare.com
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SCIENTISTS
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Science For A Better Life

Registration, 2016

PAGE 1 OF 2



Ontario
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THANK YOU FOR REGISTERING FOR THE 2016 CONFERENCE. PLEASE **COMPLETE BOTH PAGES OF THE REGISTRATION FORM** IN FULL AND READ AND ACCEPT THE CANCELLATION CLAUSE. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE OFFICE AT office@oltcc.ca OR 905-404-9545.

Cancellation Policy

Cancellations received prior to **SEPTEMBER 23, 2016**, are subject to a **\$60.00 administration fee**. After September 23, 2016, there will be no refunds however delegate substitution can be made until **FRIDAY OCTOBER 7 with no substitution fee**. From **SATURDAY OCTOBER 8, 2016** a \$60.00 delegate substitution fee applies.

I HAVE READ AND ACCEPTED THE CANCELLATION CLAUSE: ☐ YES

Registration 3 Ways—STUDENTS: Proof of student status must accompany your registration—by email (office@oltcc.ca or fax 1-905-404-3727)

@ **Online:** www.oltcc.ca—Quick & easy and only by credit card

✉ **Mail:** 1143 Wentworth Street W. Suite 202, Oshawa, ON L1J 8P7

☎ **Fax: 1-905-404-3727**—Complete the registration form and fax to number provided. Sessions will **not be confirmed** until payment is received and processed.

Membership

If you are a current OLTC or LTCMDAC member, please choose the member rates on page 20. If you are not a member, please choose the non-member rates. If you want to join now and take advantage of the member rates, check the appropriate box under this section or go to www.oltcc.ca and join.

I am a current: ☐ OLTC member ☐ LTCMDAC member ☐ I am not a member and will choose the non-member rates ☐ I will be joining now

Delegate Registration

One form per person. Photocopies are accepted.

Status: Choose one: ☐ Medical Director ☐ Physician ☐ Pharmacist ☐ Nurse Practitioner ☐ Medical Resident ☐ Other _____

Please circle one: Dr. Mr. Mrs. Ms.

First Name: _____ Last Name: _____

Long Term Care Facility Name: _____

Address: ☐ Home ☐ Office

City: _____ Province: _____ Postal Code: _____

Email: (please print clearly) _____

Tel: _____ Fax: _____

Dietary, Allergies or Other Special Considerations

If requesting Kosher or other special meals which must be brought in from outside the facility, there will be a 'upcharge' to cover additional cost including the cost of delivery.

List here: _____

Concurrent Workshop Selection

Concurrent workshops must be chosen with registration. If you do not choose your sessions, there is no guarantee that your choice will be available onsite due to room capacities.

You have a choice for Friday: Full conference program or Full Day Workshop or Conference Program in the morning and Half Day Workshop in the afternoon.

FRIDAY OCTOBER 21 ☐ **8:30 AM—4:45 PM:** Full Day Workshop: Pallium Canada: A Palliative Care Approach in LTC

☐ **1:45 PM—4:45 PM:** Half Day Workshop: Practical Wound Care for the LTC Attending Practitioner

Please choose one per time slot: Circle your choices

SATURDAY OCTOBER 22 **1:00 PM:** 101A 102A 103A 104A 105A 106A 107A 108A

2:30 PM: 101B 102B 103B 104B 105B 106B 107B 108B

SUNDAY OCTOBER 23 **9:45 AM:** 201A 202A 203A 204A 205A 206A 207A 208A

11:00 AM: 201B 202B 203B 204B 205B 206B 207B 208B



Please provide your name on this page in order to keep your registration information together.

First Name _____ Last Name: _____

Choosing Your Registration Fees CIRCLE YOUR CHOICES AND TOTAL

Registration fees are categorized by member fees, non-member fees, and medical resident/student fees. (see info on student fees below). Members (OLTCC & LTCMDAC) fees include all categories of membership—Regular, Pharmacists and Nurse Practitioners. **Early Bird Fee Applicable to Members Only:** Choose early bird fees if registering before and including **September 16**. **Regular Fee Member:** Choose regular fees if registering between **September 17 and October 14**, inclusive. **Non-members or Medical Residents/Students:** Choose regular fees to **October 14**. **Late & Onsite Fees:** Choose late & onsite fees if registering from October 15 to October 23. **If you are not a member, and want to join now for member fees, please choose this option under Fee Totals.**

MEMBER EARLY BIRD FEES—BEST VALUE!	3 DAY PACKAGE Oct 21—Oct 23	ONE DAY Oct 21, 22 or 23	ANY TWO DAYS Oct 21, Oct 22, Oct 23	GUEST RECEPTION TICKETS (Only for Guests)
MEMBER EARLY BIRD FEES To Sept 16	\$840.00	\$310.00	\$550.00	
MEMBER REGULAR FEES From Sept 17—Oct 14	\$890.00	\$355.00	\$600.00	
MEMBER LATE & ONSITE FEES From Oct 15—Oct 23	\$990.00	\$460.00	\$710.00	
NON-MEMBER REGULAR FEES To Oct 14	\$995.00	\$455.00	\$705.00	
NON-MEMBER ONSITE FEES From Oct 15—Oct 23	\$1,100.00	\$565.00	\$820.00	
MEDICAL RESIDENTS & STUDENT REGULAR FEES (Proof of Residency & Student Status Required) To October 14	\$545.00	\$200.00	\$360.00	WHO IS A STUDENT? Postgraduate trainee in Faculty of Medicine or Pharmacy. Other students may be considered on an individual basis. Please contact the office at 905-404-9545
MEDICAL RESIDENTS & STUDENT ONSITE FEES (Proof of Residency & Student Status Required) Oct 16—Oct 25	\$620.00	\$285.00	\$430.00	
GUEST RECEPTION TICKETS (Only for Guests) To October 21				\$35.00

Fee Totals

I am choosing: ☐ 3 DAY PACKAGE 1-DAY: Choose 1 ☐ 21 ☐ 22 ☐ 23 2-DAYS: Choose 2 ☐ 21 ☐ 22 ☐ 23

Registration fees as selected\$ _____

Guest Reception Ticket—if applicable (*Attendees are complimentary—Guests have to purchase a ticket*)\$ _____

Please provide guest name here: _____

OLTCC Membership Fee, Physician, \$250.00 - **Join Now—New Members Only**\$ _____

OLTCC Membership Fee, (NP, PHARM, PA), \$200.00 - **Join Now—New Members Only**\$ _____

SUB TOTAL FEES:\$ _____

HST—13% (HST# 783327893RT0001)\$ _____

TOTAL PAYMENT:\$ _____

Payment

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Questions?

OLTCC Office: T: 905-404-9545; office@oltcc.ca



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SAVE THE DATES—2017—2018

2017 CONFERENCE

LONG TERM CARE FOR PRACTICING CLINICIANS

Annual Conference – **Friday October 20, 2017 – Sunday October 22, 2017**

Sheraton Centre Hotel, Toronto, Ontario

2018 CONFERENCE

LONG TERM CARE FOR PRACTICING CLINICIANS

Annual Conference – **Friday October 19, 2018 – Sunday October 21, 2018**

Sheraton Centre Hotel, Toronto, Ontario

2017 LONG TERM CARE MEDICAL DIRECTOR CURRICULUM

Block 1: The Regulatory Environment (Ontario specific)

Saturday January 28, 2017 & Sunday January 29, 2017

Block 2: LTC Physicians' Quality Improvement

Friday January 27, 2017—Day one Block Two

Friday April 28, 2017—Day two Block Two

Block 3: Leadership & Risk Management

Saturday April 29, 2017 & Sunday April 30, 2017

