



THE 8TH ANNUAL PAREKH INDO-US FOOT & ANKLE CONFERENCE

Jan 6 - 8, 2017 | Hotel Savera | Chennai | India



Soundarapandian Bone and Joint Hospital & Research Institute Pvt Ltd

AA -16, 3rd Main Road, Anna Nagar, Chennai - 600 040 | Phone: 044-4206 6667 | www.boneandjointindia.com



Soundarapandian
Bone and Joint Hospital
&
Research Institute



We Welcome Your Foot Steps

The 8th Parekh Indo-US Foot and Ankle Course brings us to Chennai. Chennai is the capital city of the Indian state of Tamil Nadu. Located on the Coromandel Coast off the Bay of Bengal, it is the biggest cultural, economic and educational centre in South India.

The modules have been carefully crafted keeping in mind common foot and ankle problems encountered on a daily basis by the general orthopedic surgeons, as well as for those who want to enter the super-speciality of foot and ankle.

Delegates have an opportunity to share their own work by submitting an e-poster, showcasing innovative work which will be displayed round the clock. As always, deep academic discussions will be conducted and each session will be focused on areas from trauma to sports to reconstruction. In addition, this year will include the 3rd Annual Parekh Foot and Ankle Physiotherapyday, on Saturday. Have your own physiotherapists learn about techniques and protocols in rehabilitation of the foot and ankle patient.

Attractions of this Course:

1. Total ankle replacement - live surgery
2. Live surgeries - 10 to 12 commonly done foot and ankle surgeries
3. 6 saw bone workshops
4. Video sessions
5. Case based discussion sessions
6. Live demonstration - Clinical examination of foot and ankle
7. Course material
8. Industrial sessions
9. CME Credits applicable

We would like to thank the Parekh Family Foundation for their continued dedication to elevating the care, education, and training of foot and ankle in South Asia.

We hope to see you at the course. Your commitment to this course helps to make it a success. Mark it in your calendar and register early to ensure your spot in the sawbones workshops and conference as there are limited seats!

We will see you in January 2017
On Behalf of Whole Team

* Subject to availability of implants.



Dr. Selene G. Parekh
International Chairman



Dr. Rajiv Shah
National Chair



Dr. S Soundarapandian
Patron



Dr. S Sivamurugan
Patron



Dr. S Ravisubramaniam
Patron



Dr. J Parthiban
Organising Chairman



7.00 to 8.00 am : **Breakfast + Registration**

8.00 am : **Session starts**

Post Lunch : **Charitable Live Surgeries and Saw bone Workshop**



Workshop - After Live surgeries

1. Ankle Fusion
2. Subtalar Fusion
3. Lisfranc Fixation

Foot and Ankle Basics

1. Physical Examinations and How to Diagnose .
2. How to do Imaging – Recent advances-3D Printing & demonstration
3. Anesthesia, Positioning and more

Trauma

Concepts , Principles , How to plan and perform

1. Ankle Fractures –Recent Advances –Posterior Malleolus Fractures
2. Syndesmotic Injuries – Recent Advances
3. Pilon Fracture – understand injury and decide approach and Implant
4. Talus Fractures : Minimally Invasive – Which screw, from where? Plate?
5. Calcaneus : Approaches , Minimally invasive – Recent advances
6. Lisfranc - Multiple Metatarsals - Compartment Syndrome and Many more....

Tendon Issues

Principles, Identify source of pain - Recent Advances

1. Tendo- Achilles Rupture – Acute and Chronic
2. Achilles Tendinitis and Tendinopathy
3. Peroneal Tendinitis and Tears
4. Anterior Tibial Tendinopathy
5. Stage 1, 2, 3 Posterior Tibial Tendon Dysfunction - Diagnosis and Treatment.

We welcome your cases for Interaction with the faculty.



7.00 to 8.00 am : **Breakfast + Industrial Session**
8.00 am : **Session starts**
Post Lunch : **Charitable Live Surgeries and Hands on Workshop**



Workshop - After Live surgeries

1. 1st MTP Fusion
2. Medial Calcaneal Sliding Osteotomy
3. TTC Fusion

Industrial Session - 7AM To 8 AM

Sponsored by
KANOHUI
A Medtronic Company

We welcome your cases for Interaction with the faculty.

Arthritis Issues :

Principles , Identify source of Pain – Recent Advances

1. Ankle Arthritis – Non operative Management
2. Ankle Distraction Arthroplasty
3. Ankle Fusion (open, arthroscopic, and mini)
4. Total Ankle Replacement
5. Subtalar Arthrodesis
6. Subtalar Distraction Arthrodesis
7. Tibiotalocalcaneal Fusions
8. Midfoot Arthritis – Non operative and Operative Management
9. Delayed Lisfranc Injuries and TMT Arthritis – Non operative and Operative

Common Foot and Ankle Issues

Concepts, principles, management

1. Claw and Hammer Toes
2. Plantar Heel Pain
3. Neuropathic Foot and Ankle
4. Stress Fractures of the Foot and Ankle
5. Physical Therapy of the Foot and Ankle
6. Equinus Ankle
7. Osteotomies of the Foot and Ankle
8. Tarsal Tunnel Syndrome
9. Sesamoid Pathologies
10. Common Tumors of the Foot and Ankle
11. Congenital Deformities
12. Prosthetics and Orthotics and Many More



7.00 to 8.00 am : **Breakfast + Industrial Session**
8.00 am : **Session starts**
3.00 pm : **End of programme**



Industrial Session - 7AM To 8 AM

Sponsored by
KANOHUI
A Medtronic Company

We welcome your cases for Interaction with the faculty.

Ligament and Sports Related Problems

Concepts and Management

1. Foot and ankle arthroscopy
2. Acute Ankle Sprains (bracing, PT, medial ankle)
3. Chronic Anterolateral Ankle Pain
4. Ankle Instability
5. Medial Deltoid Ligament Injury and Reconstruction.

Recorded Surgical Videos

Faculty will bring with them detailed steps of surgery for visualization of each and every steps –will help you to adopt these surgical techniques in your day today practice.

Ask the Experts

Case based small multiple group discussions. Solve your doubts and query in real life practice .

Live Saw Bone Workshops

Faculty will show detailed steps of surgery – then delegates will be given hands on experience of how to reconstruct lesions of ankle and foot problems and interact one to one in each Module. Limited seats available on first register first get basis.

Live Surgeries

Minimum five and may be more on availability of suitable cases Moderated by experts in OT and Auditorium – Two Way Communication. Freely interact and clear your doubts and query instantly.



Registration Fee

Surgeons	Conference	Workshop	Physiotherapy
Up to 15 th Oct 2016	Rs. 4000	Rs. 2000	Rs. 1000
Up to 15 th Dec 2016	Rs. 5000	Rs. 2500	
After 15 th Dec and Spot	Rs. 6000	Rs. 3000	
Post Graduates / Residents**	Rs. 2000		

* Post graduates has to submit Letter from HOD.
Download pdf file from website – get signed and submit online.

** Workshop seats are limited for one to one interaction with faculty.

*** CME Credits applicable

Registration

Registration charges can be Paid by way of Cash Slip / Cheque / RTGS or NEFT in favour of:

Chennai INDO-US foot and ankle course

Current A/c Number: **13240200027792**

FEDERAL BANK, CHENNAI | ANNA NAGAR BRANCH

IFSC: **FDR0001324**

You may scan and send the filled Registration Form and the payment confirmation slip to **footandankle2017@gmail.com** or fill and send all details by post.

Accommodation at special tariffs arranged in the venue
(**HOTEL SAVERA**)

Buisness standard single	Rs. 3000 + Tax (per day)
Buisness standard double	Rs. 4000 + Tax (per day)

Contact: **Mr. S Madhan Raj**, Hotel Saveria
+91 9710947360 | 044 2811 4700 Ext: 1100/1874

* Accommodation charges not included in registration fee.

Conference details and registration form can be downloaded from following websites:

1. www.footandanklecourse.com
2. www.boneandjointindia.com

Submit your Innovation/Idea/Work/Technique as e-poster at meeting

1. Deadline for submission is 1st November, 2016
2. Submit e poster in the website as per guidelines and instructions.

Submit your problem case for discussion or demo Live charitable surgery

1. Collect all details and Images for case labelled in chronological order
2. Submit to Organizing Chairman.

Note

Event updates and changes will be communicated via e-mail.

Team & Supporters

Faculty

USA

Orthopaedic Surgeons
Dr. Joe Daniel
Dr. Sheldon Lin

Parekh Family Resident Scholars
Dr. Matt Crawford
Dr. Amanda Fantry

Physical Therapists
Zankhna S. Parekh, MSPT

India

Dr. SM Ajoy
Dr. Malhar Dave
Dr. Mandeep Dhillon
Dr. Abhishek Kini
Dr. Mahendra Kudchadkar
Dr. Pradeep Moonot
Dr. Sampat Dumbre Patil
Dr. Nikesh Shah
Dr. Rajesh Simon
Dr. S.R. Sundararajan
Dr. Rajeev Vohra
Dr. Balvinder Rana

Physical Therapists
Mr. Samson

International Chair

Dr. Selene G. Parekh

National Chair

Dr. Rajiv Shah

Organizing Chairman

Dr. J Parthiban

Patrons

Dr. S Soundarapandian
Dr. S Sivamurugan
Dr. S Ravisubramaniam

Regional Coordinators

Dr. S Ramesh Babu
Dr. V Singaravadevelu
Dr. Deen Mohammed Ismail
Dr. Nazeer Ahmed
Dr. G Mohan
Dr. V Vijayanarasimman
Dr. Gopinath Menon
Dr. Mohan Kumar
Dr. Gokul Raj
Dr. Krishna Gopal

Organizing Team

Dr. Prakash Selvam
Dr. M Saravanan
Dr. Milin Jaiswal
Dr. Sruthi Sivamurugan
Dr. Suranjana Ravi
Dr. Arun Kumar
Dr. AR Ramaswamy

Administration

Ms. E Vijayalakshmi
Mrs. Shylaja

Contact

Ms. E. Vijayalakshmi
9841819666

Dr. J. Parthiban
9840017871

Dr. AR. Ramaswamy
9585270002

E-mail
footandankle2017@gmail.com

Venue

Savera Hotel
146, Dr. Radhakrishnan Road,
Mylapore, Chennai - 600004

Mr. S Madhan Raj
+91 9710947360
044 2811 4700 Ext: 1100/1874

Sponsors

Diamond

Parekh Family Foundation



Platinum

KANCHLI
A Medtronic Company

Gold





THE 8TH ANNUAL PAREKH INDO-US FOOT & ANKLE CONFERENCE

Jan 6 - 8, 2017 | Hotel Savera | India

Registration Form

Registration as (Tick one): Surgeon ☐ Physiotherapist ☐

Surname:

Name:

Name on Badge:

Address for Correspondence:

.....

City:State:Country:

Zip/Pin:Mobile:Email:

Have you submitted abstract online for e Poster?: Yes ☐ No ☐

Are you a PG Student or Resident?: Yes ☐ No ☐

Submitted Certificate from HOD?: Yes ☐ No ☐

Mode of Payment (Tick one) :

Cash ☐ Cheque ☐ RTGS/NEFT ☐ Paymet Ref. No.

Conference

Workshop

Total Amount

Submit to:

Please scan and send the filled Registration Form and the payment confirmation slip to
footandankle2017@gmail.com or fill and send all details by post to Ms. E. Vijayalakshmi : 9841819666
or Dr. J. Parthiban : 9840017871

Soundarapandian Bone and Joint Hospital & Research Institute Pvt Ltd

AA -16, 3rd Main Road, Anna Nagar, Chennai - 600 040
Phone: 044-4206 6667 | www.boneandjointindia.com



Soundarapandian
Bone and Joint Hospital
&
Research Institute