

23rd Annual

Vermont Perspectives in Anesthesia

March 7-11, 2018

Stowe Mountain Lodge

An EPIC Pass Resort

Stowe, VT

AGAIN THIS YEAR!

MOCA 2.0[®] credit will be offered. MOCA 2.0[®] is a trademark of the American Board of Anesthesiology[®].

This conference includes 3 credits in Prescribing Controlled Substances and 1 credit in Hospice, Palliative Care, Pain Management

Course Description

Please join us for this 23rd annual conference! This conference will provide anesthesiologists, nurse anesthetists, and anyone with an interest in the field of anesthesia with practical reviews and timely, informative clinical updates on a variety of topics of current interest. Participants will be able to identify and discuss recent developments and trends through comprehensive didactic sessions. Faculty includes recognized experts in their fields, both on a national level and from the University of Vermont. The atmosphere will be friendly and informal and there will be ample time for questions and discussion with faculty and colleagues.

Course Objectives

- Describe the indications for blood component transfusion.
- Discuss the role for new anticoagulant reversal alternatives.
- Describe the impact of morbid obesity on obstetric and anesthetic outcomes.
- Discuss ultrasound evaluation of fluid responsiveness.
- Describe ultrasound-guided methods for central venous catheter placement.
- Describe the origins of “pain as the fifth vital sign” and its unintended consequences on public health.
- Discuss common controversies and topics of discussion between surgeons and anesthesiologists.
- Recognize the signs and symptoms of fatigue and burnout and develop strategies to mitigate the development of burnout.
- Describe the components of enhanced recovery including multi-modal analgesia.
- Discuss data surrounding opioid prescription for post-operative pain in opioid naïve patients.
- Discuss the different constraints for NORA case management relative to OR case management.

Accreditation



In support of improving patient care, The Robert Larner, M.D. College of Medicine at the University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 17 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 17 Nursing Contact Hours.

MOCA 2.0® credit will be offered after successful completion of the evaluation component for an additional fee of \$25.

This conference includes 3 credits in Prescribing Controlled Substances and 1 credit in Hospice, Palliative Care, Pain Management.

Credit for other providers is pending.

Course Directors

J. Matthew Fisher, MD

Assistant Professor, Anesthesiology
The Robert Larner, M.D. College of Medicine at
The University of Vermont

Robert K. Williams, MD

Professor, Anesthesiology & Pediatrics
The Robert Larner, M.D. College of Medicine at
The University of Vermont

Guest Faculty

Simon C. Hillier, MD

Professor, Anesthesiology & Pediatrics
Geisel School of Medicine at Dartmouth
Pediatric Anesthesiologist
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Mark A. Levine, MD

State of Vermont
Commissioner of Health
Professor, Medicine
The Robert Larner, M.D. College of Medicine at
The University of Vermont

Stephen D. Surgenor, MD

Professor, Anesthesiology
Geisel School of Medicine at Dartmouth
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Andreas H. Taenzer, MD, MS

Associate Professor, Anesthesiology & Pediatrics
The Dartmouth Institute for Health Policy and Clinical Practice
Geisel School of Medicine at Dartmouth
Director, CHaD PainFree Program
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Christopher A. Yen, MD

Assistant Professor, Anesthesiology
Geisel School of Medicine at Dartmouth
Anesthesiologist, Intensivist
Section Chief, Critical Care Medicine
Dartmouth-Hitchcock Medical Center
Lebanon, NH

The Robert Larner, M.D. College of Medicine at the University of Vermont/University of Vermont Medical Center Faculty

Kevin R. Abnet, MD

Associate Professor, Anesthesiology

Melissa A. Covington, MD

Assistant Professor, Anesthesiology
Program Director, Pain Medicine
Fellowship

C. Matthew Kinsey, MD, MPH

Assistant Professor, Pulmonary &
Critical Care Medicine
Director, Interventional Pulmonary

Bridget M. Marroquin, MD

Assistant Professor, Anesthesiology

Donald M. Mathews, MD

Professor and Chair, Anesthesiology
Anesthesiology Healthcare
Service Leader

William C. Paganelli, MD, PhD

Associate Professor, Anesthesiology
Director, Anesthesia Informatics

Carlos A. Pino, MD

Associate Professor, Anesthesiology
Director, Center for Pain Medicine

Mitchell H. Tsai, MD, MMM

Associate Professor, Anesthesiology,
Orthopaedics and Rehabilitation (by
courtesy), and Surgery (by courtesy)

Christopher M. Viscomi, MD

Associate Professor, Anesthesiology
Associate Editor, Journal of Regional
Anesthesia and Pain Medicine

Ralph W. Yarnell, MD

Associate Professor, Anesthesiology

Schedule

Wednesday, March 7

4:00-7:00PM Conference Registration

Thursday, March 8

6:30AM Continental Breakfast and Exhibits

7:00 Introductory Remarks
Drs. Fisher and Williams

7:15 Transfusion Therapy: Optimal Use of Blood Products
Stephen Surgenor, MD

8:15 Obstetric Anesthesiology: The Triple Threat
Bridget Marroquin, MD

9:15 What Can Your Anesthesia Information System Do for You?
William Paganelli, MD, PhD

10:15 Recess

4:00PM Refreshments and Exhibits

4:30 HOCUS POCUS —Point Of Care Ultrasound-Guided
Resuscitation
Christopher Yen, MD

5:30 Pain Monitors: Science or Science Fiction?
Donald Mathews, MD

6:30 Adjourn

Friday, March 9

6:30AM Continental Breakfast and Exhibits

7:00 Hips and Knees - What is Best Practice?
Simon Hillier, MD

8:00 Pain as the Fifth Vital Sign: The Making of a Public
Health Disaster
Christopher Viscomi, MD
This talk has been approved for 1 credit in Prescribing Controlled Substances.

9:00 Stuff Surgeons Say
Andreas Taenzer, MD

10:00 Recess

4:00PM Refreshments and Exhibits

4:30 Airway Disasters
Matthew Kinsey, MD

5:30 Fatigue and Burnout: It's All Around Us
Ralph Yarnell, MD

6:30 Adjourn

of Events

Saturday, March 10

- 6:30AM Continental Breakfast and Exhibits
- 7:00 Enhanced Recovery 2018: What You Need to Know
Christopher Viscomi, MD
- 8:00 Postoperative Prescribing of Opioids - What Should Be the Role of the Anesthesiologist?
Carlos Pino, MD
This talk has been approved for 1 credit in Prescribing Controlled Substances.
- 9:00 When the Right Goes Wrong
Kevin Abnet, MD
- 10:00 Recess
- 4:00PM Refreshments and Exhibits
- 4:30 The Olga Torbin Memorial Lectureship:
Presented by the Senior Anesthesia Resident Winner of Best Grand Rounds 2017-2018
- 5:30 The 23rd Annual Johns' Fund Lectureship
Vermont's Response to the Opioid Crisis
Mark Levine, MD
This talk has been approved for 1 credit in Prescribing Controlled Substances.
- 6:30 Reception (Families Welcome)

Sunday, March 11

- 7:30AM Continental Breakfast and Exhibits
- 8:00 NORA: Where No One Can Hear You Scream
Mitchell Tsai, MD
- 9:00 The Challenge of Perioperative Pain Management in Buprenorphine Patients
Melissa Covington, MD
This talk has been approved for 1 credit in Hospice, Palliative Care, Pain Management.
- 10:00 Conference Adjourns

Hotel Information

A block of beautifully appointed rooms has been reserved at the Stowe Mountain Lodge in Stowe, Vermont. Please make your reservations directly with the Lodge (802-760-4755 or 888-478-6938) prior to January 20, 2018 and indicate your participation in the Anesthesia Conference to receive special discounted rates: \$315 plus 10% state and local tax for single or double occupancy for studio accommodations. Suites are also available for an additional cost. There is a \$15 daily parking charge. Room rates cannot be guaranteed after January 20. To ensure room choice and availability, it is recommended that you make your room reservations as soon as possible.

Registration

Tuition Fee is \$675 for physicians, \$550 for nurse anesthetists, and \$450 for physicians-in-training for registrations postmarked by February 8th. Fee includes all course materials, continental breakfasts, coffee breaks each day, and the Johns' Fund Reception on Saturday evening. Refunds, minus an administrative fee of \$75, will be made only if notice of cancellation is received in writing by February 8, 2018. Refunds are not possible after that date.

Conference Syllabus (Electronic Download)

The conference syllabus will only be available as an electronic download with presentations as PDF files. Please plan to bring your laptop or electronic device with you to the conference to view both the conference materials as well as to complete the online conference evaluations via the UVM CMIE credit system. You will receive an email notification (via the email you used to register for this conference) about a week prior to the conference start date that presentations will be available for downloading. Please note: Printed syllabus, paper copies of evaluations and paper CMIE certificates will not be provided.

Transportation

Stowe is 10 minutes north of exit 10, I-89 on Route 100. The local roads leading to the Stowe Mountain Lodge are clearly marked. Burlington International Airport at Burlington, Vermont is served by several major airlines. Car rental or taxi to Stowe is available. Consult your travel agent or airline reservation desk for information. You may wish to rent a car for the 45 minute trip from Burlington to the hotel and to take advantage of the many fine restaurants and shops in Stowe Village and the surrounding area.

Stowe Mountain is now EPIC!

Stowe is now part of the Vail Resorts family. EPIC passholders can ski Stowe at no extra charge!

If you prefer a more limited pass, a single all-purpose voucher will provide the group discount rate for each person who plans to ski or ride, rent equipment, take a lesson and/or participate in any of the children's lesson programs. Only one voucher is needed per person, regardless of how it is to be used. For more Stowe information: www.gostowe.com

Stowe's interconnected cross-country ski centers provide one of the largest, most diverse trail systems in the United States. More than 150km of groomed and 100km of back-country trails criss-cross Stowe's landscape.

The Stowe Mountain Lodge offers extensive recreational facilities and superb artisan inspired cuisine. A world class spa, heated pool with swim out access and full service fitness center are located on-site.

The Jackson Arena in Stowe Village has public skating hours and Nichols Lodge offers snowmobile rentals and their own trail system. In addition, there are plenty of boutiques and lots of après ski activity in Stowe Village. Call the Stowe Area Association at (802) 253-7321 for information or visit their website at www.gostowe.com.

Vermont Perspectives in Anesthesia

NAME _____

DEGREE ☐ MD ☐ CRNA ☐ AA ☐ Other _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

PHONE _____

FAX _____

EMAIL _____

Registration Summary:

Registrations postmarked **on or before** February 8, 2018:

- ☐ \$675 Physicians
☐ \$550 Nurse Anesthetists
☐ \$450 Physicians-in-training*
**Verification by Program Director Required.*
☐ \$25 - Yes, I would like MOCA 2.0® Credit:

If yes: please provide your ABA ID #. If you do not know your ABA ID #, please call the ABA Communications Center at 866-999-7501 to obtain it.

ABA ID #: _____

Registrations postmarked **after** February 8, 2018:

- ☐ Add \$75.00

\$_____ Total Due

_____ # Attending Saturday's Johns' Fund Lectureship Reception
(Families welcome)

CRNA's: In order to award credit, the AANA requires that we provide them with documentation of nurse anesthetist attendance at the sessions. CRNA certificates of attendance will be available following the conference. Please include your AANA Membership #.

AANA Membership # _____

Pre-Order Discount Ski Ticket Vouchers (Prior to February 16th)

Discounted ski ticket vouchers will be available at registration. Vouchers may be used toward purchase of lift tickets, rentals, lessons, and children's programs (pre-registration required). Payment will be made directly to the Mountain. For detailed information about the voucher program, visit our conference webpage at www.med.uvm.edu/cme and scroll to the Anesthesia Conference. If you ask to receive the ski vouchers before the conference, they will be mailed by February 16th.

☐ Need Vouchers Early _____ # Vouchers Needed

Payment Method:

☐ To pay by credit card, please register online by visiting our website at: www.med.uvm.edu/cme and select the Anesthesia Conference.

☐ To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM CMIE
401 Water Tower Circle, Suite 102, Colchester, VT 05446
Phone: (802) 656-2292 Fax: (802) 656-1925

REGISTRATIONS ARE REQUESTED BY FEBRUARY 16, 2018.