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September 21, 2018



**UNIVERSITY OF
CALGARY**

CUMMING SCHOOL OF MEDICINE
Office of Continuing Medical Education and Professional Development

Pelvic Pain & Physiotherapy Workshop

Care for the Sexual Assault Patient

University of Calgary | Health Sciences Innovation Centre

COURSE OVERVIEW

This workshop provides an interactive approach to the patient with chronic pelvic pain, with particular focus and attention to the patient with a trauma history. With the use of pelvic models, participants will learn to conduct a pelvic pain assessment. This will include using principles of trauma informed care to develop an approach to examination, assessment of the pelvic floor and the review of treatment modalities.

COURSE OBJECTIVES

The intent of the workshop is for learners to:

- define chronic pelvic pain and associated medical terminology (vulvodynia and dyspareunia)
- explain causes of chronic pelvic pain and develop an approach to assess chronic pelvic pain
- complete a genital examination using the principles of trauma informed care
- identify pelvic anatomy and undertake a pelvic floor assessment
- discuss treatment options and modalities
- review how to assess and respond to psychological aspects of pelvic pain

PLANNING COMMITTEE

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Primary Care and Women's Health Physician,
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Course Brochure Available
July 2017
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