



QRC: 3367

Price

One Day : \$460 inc. GST

Two Days: \$610 inc. GST

Date

21 - 22 Feb 2019

Venue

The Carrington Shepparton
505 Wyndham St , Shepparton, VI,
3630

CPD Hours

10 Hours | 30 Mins

Shepparton Nurses' Conference 2019

Two Days - Learn Locally with Ausmed

Need for Program

Engaging in CPD is essential for all health professionals to maintain, improve, and broaden their knowledge, skills, and practice. CPD assists health professionals to stay up-to-date with changes in clinical practice and emerging new evidence in order to enhance their patient outcomes. It is also a professional registration requirement. There is a need for formal CPD to be provided directly to regional Australian nurses, midwives, and other health professionals who may not otherwise be able to access engaging and effective continuing education.

Purpose of Program

The purpose of Ausmed's local nurses' conferences is to provide health professionals who work in regional Australia with current knowledge about a range of professional and clinical practice topics that will improve the provision of holistic care.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- People with health risks will receive preventative care and education to avoid illness
- Better patient outcomes will be achieved through the application of up-to-date knowledge related to specific interventions
- Interprofessional collaboration will be optimised to enhance patient outcomes
- Patient outcomes will be underpinned by evidence-based practice, recognised standards, and guidelines

Program Schedule

Day One

8:30 Registration for Day One

9:00

Welcome and Introduction

9:15

Renee Di Giuseppe

Essential Physical Assessment Skills

Nurses are essential in the early detection of clinical triggers that may suggest a patient is deteriorating or has already become acutely unwell. Appropriate and timely assessment is known to reduce morbidity and mortality, thus improving patient outcomes. This session reviews important assessment considerations, including:

- Why do we assess our patients?
- Vitally important “vital signs” – why some clinical cues are neglected
- Top tips for quick recognition of acute deterioration
- Review of the key principles of assessment, including documentation and national standards

10:30 Morning Tea

11:00

Renee Di Giuseppe

Recognising and Responding to Clinical Deterioration

How confident are you in your ability to recognise and respond to the early signs that a patient may be deteriorating? How can you ensure that you have the knowledge and ability to take the necessary action and prevent harm? This session will identify the common types of clinical deterioration with a focus on cardiac, respiratory, and renal dysfunction. Topics include the clinical manifestations, investigations, and appropriate nursing actions of the following:

- Atelectasis
- Acute pulmonary oedema
- DVT/PE
- Hypovolaemic shock and haemorrhage
- Atrial fibrillation
- Acute ECG changes
- Acute kidney injury

12:15

Renee Di Giuseppe

When Deterioration Strikes - Great Teams Rise to the Challenge

This session will look at a low fidelity, high occurrence situation to get you working together. This short activity before lunch includes a group exercise to build on your communication and collaboration to support the provision of comprehensive care. It includes:

- How do you delegate tasks during an adverse event?
- How do you promote teamwork and why is it so useful?
- Why is communication key?

12:30 Lunch and Networking

1:30

Danielle Kennedy

Older People and Medicines

As people age, their ability to metabolise medicines changes. As many older adults take multiple medicines, it is essential that their effect on one another be understood by those administering them. In this session, you will consider how you can avoid the problems that may arise, and why medication review in older people is essential. It includes:

- Metabolism and medicines – how do we change?
- Medication delivery mechanisms – does one size fit all?
- What are the dangers of crushing medicines – are there other options?
- What are the top ten interactions to watch for?
- A note on distractions at the drug trolley!

2:45 Afternoon Tea

3:00

Danielle Kennedy

Involving Older Adults in Deprescribing

Enhancing an older adults involvement in the decision-making regarding their medication administration can have increasingly positive effects on their overall wellbeing. This session will look at the involvement of older adults in deprescribing and the responsibility that they are involved in. It includes:

- How involved should an older adult be with medication decision-making?
- What is deprescribing and why should it happen more often?
- Why should older adults be involved with their medication?
- How extensive should the education be about medication?

4:00 Close of Day One of Conference

Day Two

9:00 Commencement of Day Two

9:00

Welcome and Review

9:15

Tara Jones

Complications of Diabetes - What is Going On?

In this session, the current theories regarding the causative factors that lead to diabetes complications will be examined and discussed. Topics include:

- What are the fundamental changes that occur at the cellular level with diabetes that lead to chronic damage?
- What is the role of advanced glycation end-products in creating complications?
- Why should the thyroid gland be part of the normal diabetes healthcare check?
- Is there a difference in microvascular and macrovascular disease development?
- What is the concern if someone is on beta-adrenergic blocking agents (β -blockers)?
- How does prolonged hyperglycaemia interfere with cellular immunity?

10:00

Tara Jones

Education Complexities and Workable Strategies

Controlling diabetes is not just about regulating the blood glucose levels. By examining diabetes and its adverse effects, combined with the current trends in diabetes management and education, your skills in diabetes management can be honed. This session includes:

- What are the current recommendations for the maintenance of general health in a person with diabetes?
- What other medicines may be helpful to complement those used for diabetes control?
- Who should be involved in the process of educating a person with diabetes?
- What concerns exist with regard to current education activities?

10:45 Morning Tea

11:00

Annette Cudmore

A Palliative Approach To Care Update

This workshop will provide a comprehensive update on palliative care. It will take a look at a palliative approach to care, including managing symptoms. It will include:

4:00 Close of Conference and Evaluations

Presenters

Renee Di Giuseppe Renee Di Giuseppe is a Registered Nurse: critical care. She works in the intensive care unit at a large private hospital in Melbourne and holds a master of health science (critical care). Renee has a great passion for nursing, with experience as a clinical teacher for undergraduate nursing students. She is heavily involved in clinical teaching in the intensive care unit.

Danielle Kennedy Danielle Kennedy is an aged care Nurse Practitioner who currently works in Murrumbidgee local health district. After qualifying as a registered nurse in 1996, Danielle spent 15 years working in various healthcare settings in the United Kingdom, predominantly in haemato-oncology with a special focus in intravenous access. In 2009, she began placing PICCs and went on to develop a nurse-led ultrasound guided PICC-insertion service as a part of her master of science (cancer nursing). On returning to Australia in 2014, she entered a community Nurse Practitioner internship with a special focus on the older person and was endorsed in May 2017. Danielle is passionate about the role of Nurse Practitioners in supporting older adults in the regional and rural setting.

Tara Jones Having completed a Bachelor of Nursing at the Australian Catholic University in 1997, Tara Jones has spent most of her career working at Goulburn Valley Health in Shepparton, Victoria. Tara completed a postgraduate diploma in rural critical care, before moving into the role of clinical area educator for the emergency department and spending time teaching at TAFE and university. Tara has completed a graduate certificate in diabetes education and a graduate diploma in vocational education and training. Recently, Tara has been working in the Goulburn Valley Diabetes Centre as a credentialled diabetes educator and now a complex care Nurse Practitioner, having completed a master of nursing (Nurse Practitioner). Tara has developed the model of care for the complex care Nurse Practitioner, using a collaborative approach to patients with respiratory and cardiac disease, and she is currently working with Goulburn Valley Health in implementing the role.

To Be Determined

Registration form

Please fill out this form and mail it to: **Ausmed Education Pty. Ltd.**
121 Arden Street,
North Melbourne VIC 3051



Which program would you like to attend?

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City

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Dates

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If you do, just write it below and we will know exactly which program you would like to attend.

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