

PRESENTED BY:
**Clinician
Reviews**
PCMG
Primary Care Metabolic Group

PROVIDED BY:
**UNIVERSITY OF
Cincinnati**
 Global Academy for
Medical Education

MEDS

Metabolic & Endocrine Disease Summit

NEW! Insulin
Workshop

**24.25 CE/CME Credits
Available**

Register
Now
SAVE UP TO \$200!

ADVANCED EDUCATION PRESENTED BY AND FOR NPs AND PAs



MEDS *West*

JULY 13-16, 2016

**JW MARRIOTT SCOTTSDALE CAMELBACK INN
SCOTTSDALE, ARIZONA**

Room rates just \$109 a night!

MEDS *East*

OCTOBER 5-8, 2016

**CARIBE ROYALE
ORLANDO, FLORIDA**

Newly remodeled!



NEW FOR 2016! MEDS now offers an Optional, Interactive Insulin Workshop.
Space is limited. *First come, first served!*

TOPICS INCLUDE:

- Diabetes
- Thyroid Dysfunction
- Obesity/Exercise
- Depression & Chronic Disease
- Pediatric Metabolic Issues
- Osteoporosis
- Cardiovascular Risk Management

- Gender-Specific Endocrine Health Issues, Including Menopause
- Adrenal Disease
- Diabetic Kidney
- Gout
- Endocrine Clinical Cases for YOU to Solve *and much more!*

Go to **MEDsummit-cecme.org** to register and for faculty videos, past meeting highlights, photos, and more!

ABOUT OUR VENUES

MAKE YOUR RESERVATION NOW AS OUR
ROOM BLOCKS WILL SELL OUT!



JW MARRIOTT SCOTTSDALE CAMELBACK INN

A luxurious retreat amidst the
Sonoran Desert

Discount room block rate:
\$109 a night

For reservations:
Call 888-236-2427

Discount Expiration Date:
Wednesday, June 15



CARIBE ROYALE ORLANDO, FLORIDA

A newly remodeled all-suite
property with free parking!

Discount room block rate: \$159
a night (2 bedroom villas with
full kitchen available for \$259).

For reservations:
Call 888-258-7501

Discount Expiration Date:
Wednesday, September 7

NEW! OPTIONAL INTERACTIVE INSULIN WORKSHOP

ADDITIONAL 3.5 CE/CME CREDITS AVAILABLE

**Saturday, July 16 (Scottsdale) and
October 8 (Orlando) 1:15 pm - 5:15 pm**

New for 2016, MEDS is offering an optional post-conference Insulin Workshop. This interactive workshop will include a case-based presentation, small groups, and a classroom-style format where you will learn a pragmatic approach to insulin management. Space is limited. *First come. First served!*

ACCREDITATION INFORMATION

CONTINUING MEDICAL EDUCATION

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

The University of Cincinnati designates this Live Activity for a maximum of 24.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants Credit Designation

The American Academy of Physician's Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by ACCME.

Nurse Practitioners

The American Association of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

CONFERENCE CHAIR



SCOTT URQUHART, PA-C, DFAAPA

Past President, American Society of Endocrine PAs
Adjunct Clinical Professor, PA Program
James Madison University, Harrisonburg, VA
Diabetes and Thyroid Associates, Fredericksburg, VA

CO-CHAIR



CHRISTINE KESSLER, MN, CNS, ANP, BC-ADM, CDTC, FAANP

Nurse Practitioner
Founder
Metabolic Medicine Associates
King Georges, VA

FACULTY



JI HYUN CHUN, MPAS, PA-C

Adjunct Faculty of Clinical Endocrinology
A. T. Still University/Arizona School of Health Sciences
Optum Medical Partners
Phoenix, AZ



DONNA L. JORN SAY, MS, CPNP, CDE, CTDC

Diabetes Clinical Specialist
Long Island Jewish Medical Center
New Hyde Park, NY



DAVIDA KRUGER, MSN, APN-BC, BC-ADM

Diabetes Specialist
Henry Ford Health System
Detroit, MI



ELLEN D. MANDEL, DMH, MPA, PA-C, RD, CDE

Clinical Professor, Academic Coordinator
Pace University
College of Health Professions
Department of Physician Studies, New York, NY



LUCIA M. NOVAK, MSN, ANP-BC, BC-ADM

Diabetes Institute of the Walter Reed National
Medical Center
Bethesda, MD



RICHARD POPE, MPAS, PA-C, DFAAPA, CPAAPA

Dept. of Rheumatology, Western CT Medical Group
Adjunct Professor
Quinnipiac University
University of Bridgeport
New York Institute of Technology, Danbury, CT



JOYCE ROSS, MSN, RNC, CRNP, CS, FNLA, FPCNA

Accreditation Council for Clinical Lipidology
President, Preventive
Cardiovascular Nurses Association
Philadelphia, PA



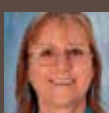
CHRIS SADLER, MA, PA-C, CDE

Past-President
American Society of Endocrine Physician Assistants (ASEPA)
Diabetes Clinical Science Liaison at AstraZeneca
Diabetes and Endocrine Associates
Tandem Diabetes Care, La Jolla, CA



R. MIMI SECOR, DNP, FNP-BC, NCMP, FAANP

Visiting Scholar, Boston College
President Emerita/Senior Advisor, NPACE
National Radio Host, Partners in Practice, ReachMD XM160
Newton-Wellesley Obstetrics & Gynecology
Newton, MA



KIM ZUBER, MS, PA-C, DFAAPA

2014 Outstanding PA of the Year
Past Chair, National Kidney Foundation
Council of Advanced Practitioners
Washington, D.C.

WEDNESDAY

- 7:00 AM **Breakfast/Exhibits**
- 7:15 AM **Breakfast Symposium**
- 8:15 AM **Welcome Remarks**
- 8:30 AM **Suspecting Pituitary Disorders "What's Next?"**
Ji Hyun (CJ) Chun, MPAS, PA-C
- 9:30 AM **Adrenal Insufficiency and Cushing's Disease**
Scott Urquhart, PA-C, DFAAPA
- 10:30 AM **Break/Exhibits**
- 11:00 AM **Adrenal Disease: Pheochromocytoma and Adrenal Adenomas**
Scott Urquhart, PA-C, DFAAPA
- 11:45 AM **Dyslipidemia: 'The Changing Paradigm'**
Joyce L. Ross, MSN, CRNP, CLS, FNLA, FPCNA
- 12:45 PM **Luncheon Symposium**
- 2:15 PM **Dessert Break in Exhibit Hall**
- 2:45 PM **Obesity: The Latest Skinny on the Fat Attack**
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP
- 3:45 PM **Numb Toes and Other Woes: Diabetic Peripheral and Autonomic Neuropathies**
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC
- 4:30 PM **Cardiovascular Risk Management: Moving Beyond LDL Cholesterol**
Joyce L. Ross, MSN, CRNP, CLS, FNLA, FPCNA
- 5:30 PM **Adjourn for the Evening**

THURSDAY

- 7:00 AM **Breakfast/Exhibits**
- 7:15 AM **Breakfast Symposium**
- 8:15 AM **Case Studies in Type 2 Diabetes: You, Me, and Your A1c—Achieving Goals Together**
Scott Urquhart, PA-C, DFAAPA
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC
- 9:30 AM **Insulin Overview: What's on the Menu? Tackling the Differences**
Davida F. Kruger, MSN, APRN-BC, BC-ADM
- 9:45 AM **Break/Exhibits**
- 10:15 AM **Case Studies Continued: Audience Interaction - Stepping Up Your Knowledge**
Donna L. Jornsay, BSN, RN, CPNP, CDE
Davida F. Kruger, MSN, APRN-BC, BC-ADM

- 11:30 AM **Shades of Gray: MODY (Maturity-Onset Diabetes of the Young)**
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC
- 11:45 AM **Special Populations: New Onset Diabetes in the Elderly**
Davida F. Kruger, MSN, APRN-BC, BC-ADM
- 12:15 PM **Special Populations: Preconception Concerns of Pregnancy and Diabetes**
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC
- 12:45 PM **Luncheon Symposium**
- 2:15 PM **Dessert Break in Exhibit Hall**
- 2:30 PM **New Onset Type 1 Diabetes: "Fear Not - Easing Your Concerns"**
Ji Hyun (CJ) Chun, MPAS, PA-C
- 3:00 PM **Type 2 Diabetes in the Pediatric Patient**
Donna L. Jornsay, BSN, RN, CPNP, CDE
- 3:45 PM **Refreshment Break**
- 4:00 PM **CKD and the Diabetic Kidney: Is Albumin the Only Important Factor?**
Kim Zuber, PAC, DFAAPA, FNKF
- 5:00 PM **Type 1 Diabetes: Transition of Care from Pediatric to Adult Time, Prepared?**
Donna L. Jornsay, BSN, RN, CPNP, CDE
- 5:30 PM **Adjourn for Evening**

FRIDAY

- 7:00 AM **Breakfast/Exhibits**
- 7:15 AM **Breakfast Symposium**
- 8:15 AM **Interpreting Thyroid Labs / Case Studies in Hyperthyroidism**
Christopher E. Sadler, MA, PA-C, CDE
- 9:00 AM **Case Studies in Hypothyroidism: Clearing Up Clinical Conundrums**
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP
- 9:45 AM **Thyroiditis: "The Big Three"**
Christopher E. Sadler, MA, PA-C, CDE
- 10:15 AM **Break/Exhibits**
- 10:45 AM **Investigating Thyroid Nodules**
Christopher E. Sadler, MA, PA-C, CDE
- 11:30 AM **Diet, Exercise, Compliance: A New Narrative for Diabetes Management**
Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE
- 12:30 PM **Luncheon Symposium**
- 2:00 PM **Dessert Break/Exhibits**

- 2:15 PM **Renal Medication Dosing: "The Good, the Bad and the Iatrogenic"**
Kim Zuber, PAC, DFAAPA, FNKF
- 3:15 PM **Gut Grief: Practice Points for Fatty Liver Disease & Celiac Disease**
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP
- 3:45 PM **Refreshment Break**
- 4:00 PM **Gout: What You Need to Know**
Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
- 4:30 PM **Demystifying PCOS**
R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP
- 5:15 PM **Adjourn for Evening**

SATURDAY

- 7:00 AM **Breakfast**
- 7:15 AM **Breakfast Symposium**
- 8:15 AM **Depression & Chronic Disease including Diabetes**
Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE
- 9:00 AM **Hypercalcemia, Parathyroid Disease, Vitamin D Deficiency**
Ji Hyun (CJ) Chun, MPAS, PA-C
- 9:45 AM **Refreshment Break**
- 10:00 AM **Osteoporosis: Overview, Workup, Diagnosis**
Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
- 10:45 AM **Osteoporosis: Multiple Choices. Which is Best?**
Moderator: R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP
Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
- 11:30 AM **Gender-Specific Endocrine Health Issues, Including Menopause**
Ji Hyun (CJ) Chun, MPAS, PA-C
R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP
- 12:30 PM **Finally, Endocrine Clinical Cases for YOU to Solve**
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP
- 1:00 PM **MEDS Adjournment**
- 1:30 PM **Optional Post-conference Insulin Workshop (pre-registration required)**
- 5:30 PM **Workshop Adjourns**

REGISTER NOW. SAVE UP TO \$200!

NEW! Insulin
Workshop

➔ **24.25 CE/CME CREDITS AVAILABLE**

MEDS

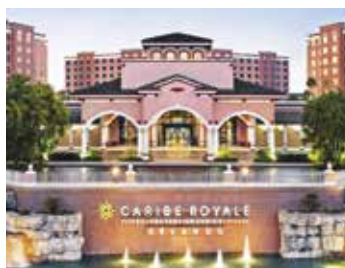
**Metabolic & Endocrine
Disease Summit**

PRESENTED BY:



JULY 13-16, 2016

**JW MARRIOTT SCOTTSDALE
CAMELBACK INN
SCOTTSDALE, ARIZONA**



OCTOBER 5-8, 2016

**CARIBE ROYALE
ORLANDO, FLORIDA**

You Won't Find a Better Value for Your Educational Dollar!

- Advanced education in high demand areas of practice
- "Right-sized" conference that offers the best of both worlds—nationally renowned faculty with ample opportunity for personal interaction and "curbside consults" with experts.
- Breakfast (Wednesday-Saturday), and lunch (Wednesday-Friday) included in your registration fee.
- Appealing locations where you can combine education for yourself with vacation time for you and your family.
- **NEW! Optional Insulin Workshop** that will refine your understanding and ensure competence in insulin management.



What Your Colleagues Say About MEDS

My husband (a physician) and I attended MEDS and were incredibly impressed by the content and faculty! Probably one of the best (if not the best) we've attended collectively.

—J.M. MSN, ANP-BC

Absolutely, hands down, the best and most informative conference I have ever attended.

—M. N. NP-C

MEDS is in my opinion the most clinically comprehensive conference in the USA today.

MEDS features an outstanding and clinically competent faculty who are genuinely interested in sharing their expertise by providing the latest and most appropriate clinical approach to patient care.

—J. R., ANP-BC, CDE

Don't think twice if you provide patient care—this is your must do conference!

—T. D., CRNP MSN

HOW TO REGISTER *Registration fee includes your breakfast Wednesday-Saturday and lunch Wednesday-Friday*



- Register online at www.MEDSummit-CECME.org
- For assistance, contact Kim Kirchner at kkirchner@hqtrs.com or 502-574-9023.
- Download our standard/group registration form online or request a registration form by emailing kkirchner@hqtrs.com.

**Group Rates
of 2 or more
available!**
Attend with a
Friend and Save!

MEDS WEST RATES			
	Until March 18	March 19- May 6	After May 6
NPs, PAs, and Other Clinicians	\$245	\$325	\$445
PCMG/ASEPA Members	\$195	\$275	\$325

MEDS EAST RATES			
	Until May 6	May 7- August 5	After August 5
NPs, PAs, and Other Clinicians	\$245	\$325	\$445
PCMG/ASEPA Members	\$195	\$275	\$325

Optional Post-conference Insulin Workshop \$50 (MEDS attendees) \$95 (non-attendees). Limited space available. *First come. First served!*

Cancellation Policy: MEDS 2016 will offer a full refund less a \$50 administrative fee as follows: Requests for refunds must be made in writing postmarked, e-mailed, or faxed prior to: June 15, 2016 (MEDS WEST) or September 7, 2016 (MEDS EAST). After which, no refunds will be granted. Substitutions are welcomed in lieu of cancellations. Refunds will not be issued to no-shows.

REGISTER ONLINE AT WWW.MEDSUMMIT-CECME.ORG