

Creating & supporting a joined up service for

Transforming Mental Health Services for Children & Young Adults

10% card payments
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Monday 30 January 2017 De Vere West One, London



Conference Chair:

Sarah Brennan

Chief Executive
YoungMinds

Supporter Organisations:



REES CENTRE
Research in Postering and Education
University of Oxford Department of Education



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This conference is aimed at all mental health professionals in front line services who have a role in supporting young peoples mental health & well being. The day will focus on The Five Year Forward View for Mental Health set out by the government in 2016 with the aim of creating a transformed service by 2020.

Through national updates and case studies from current pilot sites this conference will detail the progress already being made to achieve The Five Year Forward View and give practical advice and guidance for professionals on how to achieve improvement within their service.

The government has pledged £1.25billion by 2020 to support improvements in children and young people's mental health and wellbeing.

The ambition over the next five years for children and young people's mental health is to support CCGs to work with partners to build effective, evidence-based outcome-focused Child and Adolescent Mental Health Services (CAMHS), working in collaboration with children, young people and families. Delivering this national ambition requires local, system wide leadership and ownership, as well as the participation of children, young people and their families.

"The costs of mental ill health – whether to the individual, their family or carer, the NHS or wider society – are stark. So today we're kick starting national action to overhaul and expand this long neglected part of the NHS. This roadmap for implementing the Five Year Forward View for Mental Health will improve access and outcomes, reduce inequality and deliver efficiencies across the local health and care economy. As well as setting out our expectations of the NHS, we have outlined how national partners will work together to provide the right enabling structures and frameworks, to support and help drive improvements in mental health over the coming years. Other organisations who have a role to play such as social care, employers, schools are also paramount to the success of this work. The need for action cannot be ignored. It is now up to all of us to make this a reality" Claire Murdoch, NHS England's new National Director for Mental Health

"We welcome the publication of the implementation plan, which provides detail on how services will reach a million more people a year by 2020/21. As chair of the Advisory and Oversight Group I will be keeping a close eye on progress and helping to make sure that the services and government departments involved are on track. The implementation plan is a step in the right direction, but we cannot afford to become complacent. The job is just beginning and we must all play our part." Paul Farmer, Chief Executive of Mind and independent chair of NHS England's mental health taskforce

"Whilst we are making important progress in improving access to effective mental health services for children and young people, there is still much to do and public and political interest remains high.... recognising the pressures which are faced by localities in transforming their services, we have reviewed and reprioritised spending on nationally-led programmes and I am pleased to be able to announce that we have identified an additional £25 million which can be made available for CCGs in 2016/17. This furtherfunding is in addition to the £149 million of new money already allocated to CCGs for children and young people's mental health in 2016/17... I should be grateful for your support in making the most of this additional funding over the remainder of this year and continuing our shared aim of improving these critical services"

Claire Murdoch National Mental Health Director, NHS England, 26th September 2016

10.00 Chair's introduction

Sarah Brennan *Chief Executive YoungMinds*

10.15 Transition from children's to adults' services for young people using health or social care services Implementing the new NICE guidance in mental health

Prof Swaran Singh

*Chair Transition from children's to adult services Guideline Committee Head, Mental Health and Wellbeing & Deputy Head, Division of Health Sciences Warwick Medical School
Honorary Consultant Psychiatrist Birmingham and Solihull Mental Health Foundation Trust & Forward Thinking Birmingham*

- the NICE Transition from children's to adult services Guideline
- implementation in practice
- priorities and challenges

10.55 Child and Adolescent Mental Health Service and Schools: Shaping sustainable system wide transformation, to close the treatment gap and ensure support is built around the needs of children and young people

Karen Cromarty

*Lead Advisor for Children and Young People
BACP*

- promoting positive mental health: difficult events that may have an effect on pupils, how schools can promote their pupils' mental health
- identifying children with possible mental health problems
- interventions & strategies to promote positive mental health
- referral and commissioning: involvement of schools in defining local services

11.20 *Question and answers, followed by coffee at 11.30*

11.50 Young Adults Perspectives

James Downs *Young Adult with Lived Experience*

12.05 Youth mental health as a clinical priority: helping GPs make youth mental health a priority

Speaker to be announced

- steps GPs can take to give our younger patients a more positive experience
- equipping GPs to deal with the common mental health problems faced by younger people
- enhanced four-year training programme in youth mental health: progress and updates

12.25 Teenage mental health: peer support in schools

Dr Fiona Pienaar

*Director of Clinical Services
Place2Be*

- Working with teenagers to support in building:
- an understanding of what positive mental health and well-being can look like
 - knowledge about managing their mental health and supporting their friends in doing so
 - skills to develop and maintain capacity to recover from difficulties (build resilience)
 - knowledge of when and how to get more specialist help

12.55 *Questions and answers, followed by lunch at 13.05*

14.00 Delivering an integrated age inclusive pathways and making sure young people don't fall into gaps

Dr Sarah Maxwell

Consultant CAMHS Psychiatrist

with Dr Uju Ugochukwu

Norfolk and Suffolk NHS Foundation Trust

- improving CAMHS Services: what is and isn't working
- how do we remove the gaps during transition to adult services?
- developing a truly integrated service from 0-25
- our experience introducing use of peer support workers
- looking forward

14.30 Case study: establishing a joined up mental health support for children and young people: Worcestershire

Representative

*Guideline Development Group
NICE*

- using a protocol which includes 2 clear pathway diagrams for quick referrals
- working with GP's to give urgent care
- working with mental health and social care partners
- our experience: a year on, moving forward

15.00 Case study: NHS and police working together: Street Triage Pilot

Yvette Hitch

*Local Police Commander
Chiltern and South Bucks*

- police and mental health services joining forces: providing immediate help and support to young people who may be experiencing a mental health crisis
- avoiding unnecessary detainment of young people, and the use of cells as a "place of safety"
- identifying the right kind of support for the individual at the point of crisis

15.30 *Questions and answers, followed by tea at 15.40*

16.00 Supporting mental health in schools

Brenda McHugh

Co-Head of Service for Schools

and Neil Dawson

*Co-Head of Service for Schools
Anna Freud National Centre for Children and Families*

- the Schools in Mind network
- the Child Outcomes Research Consortium (CORC)
- the use of multi-family groups in schools for children with behavioural or emotional difficulties and their families

16.30 What works in preventing and treating poor mental health in looked after children?

Nikki Luke

*Research Officer Rees Centre for Research in Fostering and Education
University of Oxford Department of Education*

- characteristics of ordinary care associated with mental health and well-being
- the effectiveness of assessments of mental health and wellbeing for looked after children
- the effectiveness of specific interventions
- moving forward

17.00 *Questions and answers, followed by close at 17.10*

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Conference Registration

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For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One, 9-10 Portland Place, London, W1B 1PR.
A map of the venue will be sent with confirmation of your booking.

Date

Monday 30 January 2017

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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