



TEXAS A&M HEALTH
Coastal Bend
Health Education Center

19th Annual DIABETES CONFERENCE

Transforming Knowledge into
Action: Managing Diabetes
Chronic Complications

Course Directors

**James A. Mobley,
MD, MPH, FAAFP**

Eduardo Luna, MD

July 18-19, 2025

American Bank Center
1901 N Shoreline Blvd.
Corpus Christi, TX 78401

COURSE OVERVIEW

EDUCATIONAL NEED AND PROGRAM GOAL:

According to the 2024 CDC National Diabetes Statistics Report, approximately 38 million adults aged 18 and older, or 15% of all US adults had diabetes. Surprisingly, 9 million adults with diabetes were unaware of or did not report their condition, making up 3% of all adults and 23% of adults with diabetes. The likelihood of having diabetes increases with age, peaking at 29% among those aged 65 and older. Additionally, an estimated 98 million adults have prediabetes, yet more than 8 in 10 are unaware of it. In 2022, the total cost of diagnosed diabetes in the United States was \$412.9 billion.

This two-day conference will feature expert speakers covering key topics such as obesity management, CKM syndrome, foot care, liver health, continuous glucose monitoring, diabetes medications (including SGLT2 inhibitors and GLP-1 agonists), ADA/AACE standards of care, geriatric diabetes, mental health, nutrition, weight loss therapy, and culturally sensitive counseling. Health professionals will gain practical tools and clinical insights to enhance diabetes care and improve patient outcomes.

Target Audience: This activity is designed for primary care physicians, hospitalists, physician assistants, nurse practitioners, nurses, pharmacists, and other healthcare professionals.

Educational Methods: The format will consist of PowerPoint-assisted lectures followed by a brief question-and-answer session. Participants will also take part in poll questions facilitated through the WHOVA live polling system.

Grantor Acknowledgement: There is no commercial support for this activity at the time of printing.

EDUCATIONAL OBJECTIVES:

- Apply current clinical guidelines and evidence-based strategies to manage type 2 diabetes, incorporating pharmacotherapy (including GLP-1 receptor agonists and SGLT-2 inhibitors), obesity medications, and emerging agents targeting satiety hormone pathways.
- Integrate the use of continuous glucose monitoring systems, dietary interventions, and culturally sensitive care plans to optimize glycemic control and cardiometabolic health outcomes.
- Recognize and manage complications and comorbid conditions associated with diabetes, including cardiovascular disease, depression, diabetic foot complications, and Metabolic Dysfunction-Associated Liver Disease.
- Identify real-world barriers to care and implement practical solutions to improve access, adherence, and patient engagement in diabetes management.
- Describe the role of palliative and hospice care in supporting patient autonomy, aligning treatment with healthcare goals, and enhancing quality of life in individuals with advanced or complex conditions.

ACCREDITATION STATEMENTS:

Physicians: The Texas A&M Health Science Center Coastal Bend Health Education Center (TAMHSC CBHEC) is accredited by the Texas Medical Association to provide continuing medical education for physicians.



The Texas A&M Health Science Center Coastal Bend Health Education Center designates this live activity for a maximum of 15.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, "Guiding Patients Near the End of Life", has been designated by Texas A&M Health Science Center Coastal Bend Health Education Center for 1.0 credit(s) of education in medical ethics and/or professional responsibility.

Pharmacists: The Texas A&M Health Science Center Coastal Bend Health Education Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.



The Texas A&M Health Science Center Coastal Bend Health Education Center designates this live activity for a maximum of 15.0 contact hours of ACPE continuing pharmacy education. To receive continuing pharmacy education credit, pharmacists must participate in the session(s), and complete a reporting form, and program evaluation after the conference. This activity is knowledge-based.

Family Physicians: The AAFP has reviewed 19th Annual Diabetes Conference and deemed it acceptable for up to 15.00 Live AAFP Prescribed credit(s). Term of Approval is from 07/18/2025 to 07/19/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Nurses: This CNE activity is jointly provided by A&M Rural and Community Health Institute (ARCHI) collaboratively with Texas A&M Health Science Center Coastal Bend Health Education Center (TAMHSC CBHEC). ARCHI is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



SPEAKERS

DISTINGUISHED FACULTY

Alexander Infante, PharmD, BCPS
Clinical Assistant Professor of Pharmacy Practice
Texas A&M Irma Lerma Rangel College of Pharmacy, Kingsville, TX
Clinical Assistant Professor
Texas A&M University, College of Medicine
Department of Primary Care and Rural Medicine
Bryan, TX

Catherine M. Champagne, PhD, RDN, LDN, FADA, FAND, FTOS, FAHA
Professor (Research),
Chief of Nutritional Epidemiology/Dietary Assessment & Counseling
Pennington Biomedical Research Center
Adjunct Professor, School of Human Ecology, Louisiana State University
Adjunct Professor, Department of Food Science, Louisiana Agricultural Experiment Station, Louisiana State University System
Baton Rouge, LA

Timothy Garvey, MD, MACE
Charles E. Butterworth, Jr., Professor and University Professor, Director/PI, UAB Diabetes Research Center,
University of Alabama at Birmingham
Associate Director, Nutrition Obesity Research Center, Birmingham, AL

Eric Lawitz, MD, FAASLD, AGAF, FAPCR, CPI
Vice President, Scientific and Research Development
The Texas Liver Institute
Clinical Professor of Medicine,
University of Texas Health San Antonio
San Antonio, TX

Brandi Addison, DO, FACE, DABOM
Endocrinologist
South Texas Endocrinology & Metabolism Center, PLLC
Core Faculty, Internal Medicine Residency Program, Corpus Christi Medical Center
Corpus Christi, TX

Mary de Groot, PhD
Professor of Medicine
Indiana University School of Medicine
Acting Director
Diabetes Translational Research Center
Indiana University School of Medicine
American Diabetes Association
Emeritus Council
Science and Health Care Council Research Policy Committee, Indianapolis, IN

Eduardo Luna, MD
Endocrinologist
Owner, Valley Diabetes & Endocrinology Comprehensive Center
Clinical Associate Professor
University of Texas Rio Grande Valley
Edinburg, TX

Alexander Postalian, MD, FSCAI
Cardiologist, The Texas Heart Institute
Associate Editor, The Texas Heart Institute Journal, Houston, TX

Carolina Solis-Herrera, MD
Chief, Endocrinology Division Medical Director, Endocrinology, Diabetes, Obesity and Metabolic Health Clinics
Co-Director Center for Metabolic Health
Program Director, Endocrinology and Obesity Fellowships
Associate Professor of Medicine, University of Texas Health, San Antonio, TX

Mandeep Bajaj, MBBS
President, Medicine & Science
American Diabetes Association
Director of Clinical Operations, Endocrinology and Diabetes Division
Vice Chair for Clinical Affairs, Department of Medicine, Baylor College of Medicine
Medical Director, Baylor St. Luke's Medical Center Diabetes Program
Section Chief, Section of Endocrinology and Diabetes, Baylor St. Luke's Medical Center
Houston, TX

Christie Schumacher, PharmD, BCPS, BCACP
Professor of Pharmacy Practice and Director of the PGY2 Ambulatory Care Residency Program
Midwestern University College of Pharmacy, Downers Grove Campus
Clinical Pharmacist at Northwestern Medicine, Chicago, IL

Christopher Lucci, MD, BC-ADM
Advanced Diabetes Management/Diabetology
Owner, Diabetes and Cardiovascular of Rockport, PLLC, Rockport, TX

Amanda Killeen, DPM
Assistant Professor
Department of Podiatric Medicine, Surgery, and Biomechanics, The University of Texas Rio Grande Valley, Harlingen, TX

James Castillo, MD, FACP, HMDC
Medical Director DHR Health Palliative Care and Hospice, Cameron County Health Authority, Harlingen, TX

COURSE DIRECTORS

James A. Mobley, MD, MPH, FAAFP
Professor of Epidemiology
Sam Houston State University Health Authority
San Patricio County Department of Public Health, Sinton, TX

Eduardo Luna, MD
Endocrinologist
Owner, Valley Diabetes & Endocrinology Comprehensive Center
Clinical Associate Professor
University of Texas Rio Grande Valley
Edinburg, TX

AGENDA

FRIDAY

7:15 am-8:00 am

8:00 am-9:00 am

9:00 am-10:00 am

10:00 am-10:30 am

10:30 am-12:00 pm

12:00 pm-1:00 pm

1:00 pm-2:00 pm

2:00 pm-3:00 pm

3:00 pm-3:30 pm

3:30 pm-4:30 pm

4:30 pm-5:30 pm

Check-in / Registration / Breakfast / Visit Exhibitors

Different Strokes: The Art of Transition Antihyperglycemic Agents
Alexander Infante, PharmD, BCPS
0834-0000-25-011-L01-P

Nutrition for Patients with Diabetes: Diet, Gut Health, Myths, and Medical Advice
Catherine M. Champagne, PhD, RDN, LDN, FADA, FAND, FTOS, FAHA
0834-0000-25-012-L01-P

Break | Visit Exhibitors

Transformation in the Pharmacological Management of Type 2 Diabetes: The New Paradigm
Timothy Garvey, MD, MACE - **Keynote Speaker**
0834-0000-25-013-L01-P

Lunch

MASH: Increasing Frequency or Increased Attention
Eric Lawitz, MD, FAASLD, AGAF, FAPCR, CPI
0834-0000-25-014-L01-P

Taste and Tradition: Cultural Sensitivity in Nutritional Counseling
Brandi Addison, MD, FACE, DABOM
0834-0000-25-015-L01-P

Break | Visit Exhibitors

Psychological Conditions in Diabetes: A Review
Mary de Groot, PhD
0834-0000-25-016-L01-P

Advancing Diabetes Care: Integrating Technology into Clinical Practice
Eduardo Luna, MD
0834-0000-25-017-L01-P

SATURDAY

7:15 am-8:00 am

8:00 am-9:00 am

9:00 am-10:00 am

10:00 am-10:30 am

10:30 am-12:00 pm

12:00 pm-1:00 pm

1:00 pm-2:00 pm

2:00 pm-3:00 pm

3:00 pm-3:15 pm

3:15 pm-4:15 pm

4:15 pm-5:15 pm

Check-in / Registration / Breakfast / Visit Exhibitors

Cardiology Trends in 2025: A Few (Rapid-Fire) Issues
Alexander Postalian, MD, FSCAI
0834-0000-25-018-L01-P

Obesity Management, Medications, and New Therapies
Carolina Solis-Herrera, MD
0834-0000-25-019-L01-P

Break | Visit Exhibitors

Type 2 Diabetes and Cardiovascular Disease-Role of GLP-1 Based Therapies and SGLT2 Inhibitors
Mandeep Bajaj, MBBS - **Keynote Speaker**
0834-0000-25-020-L01-P

Lunch

Cardiovascular-Kidney-Metabolic (CKM) Syndrome: Can we PREVENT Progression?
Christie Schumacher, PharmD, BCPS, BCACP
0834-0000-25-021-L01-P

Using Updated AACE/ADA Standards of Care to Prevent Cardiovascular and Renal Complications of Diabetes
Christopher Lucci, MD, BC-ADM
0834-0000-25-022-L01-P

Break | Visit Exhibitors

Recognizing, Preventing, and Managing Diabetic Foot Complications: A Multidisciplinary Approach to Reducing Amputation
Amanda Killeen, DPM
0834-0000-25-023-L01-P

Guiding Patients Near the End of Life - Ethics Topic
James Castillo, MD, FACP, HMDC
0834-0000-25-024-L01-P

REGISTRATION

American Bank Center
1901 N Shoreline Blvd.
Corpus Christi, TX 78401

Contact Information:
E-mail: cbhec-ce@tamu.edu
Phone: 361-905-2905

Checks payable to:
TAMHSC CBHEC
PO Box 61017
Corpus Christi, TX 78466-1017

REGISTRATION FEES: LIVE ATTENDEES

Live registration includes access to all sessions, conference materials, and meals.

In-Person	Days	Early Registration ends 6/20/2025	Registration ends 7/11/2025	Late Registration
Physician, Pharmacist	One Day Two Day	\$300 \$450	\$350 \$500	\$425 \$575
NP, PA	One Day Two Day	\$250 \$400	\$300 \$450	\$375 \$525
Nurse, Dietitian	One Day Two Day	\$200 \$350	\$250 \$400	\$325 \$475
Resident, Student, Other	One Day Two Day	\$125 \$200	\$150 \$225	\$250 \$325

REGISTRATION FEE: VIRTUAL ATTENDEES

Virtual	Days	Registration Fee
Physician, Pharmacist	One Day Two Day	\$300 \$450
NP, PA	One Day Two Day	\$250 \$400
Nurse, Dietitian	One Day Two Day	\$200 \$350
Resident, Student, Other	One Day Two Day	\$125 \$200

VIRTUAL ATTENDEES SYSTEM REQUIREMENTS:

Zoom is required to access the event for virtual attendees. For system requirements, please visit:
https://support.zoom.com/hc/en/article?id=zm_kb&sysparm_article=KB0060748

DISCLOSURE STATEMENT:

The Texas A&M Health Science Center Coastal Bend Health Education Center and conference planning committee reserve the right to cancel this conference in the event of unforeseen or extenuating circumstances. Topics and speakers may be substituted or rearranged as necessary to preserve quality education.

If you register as a resident, student, or other, you will not receive CME credits and will only receive a certificate of attendance.

ACCOMMODATIONS:

A limited number of rooms are being offered to conference attendees at the Omni Hotel at a discounted rate of \$164 for a single or \$174 for a double room. Concessions include complimentary Wi-Fi and airport shuttle. Reservations must be made by Thursday June 26, 2025. Book online at <https://bookings.omnihotels.com/event/corpus-christi/txa-m-diabetes-conference-room-block-202> or call the hotel directly at 361-887-1600. For added convenience, self-parking is available in the Omni Hotel parking garage at a rate of \$12 per vehicle per day.

PHOTO RELEASE:

By registering for this event, you consent to being photographed by the event organizers, sponsors, or fellow attendees. These photographs may be used in future print materials or digital media without further notification. If you prefer not to be photographed, please inform the event staff upon registration.

Register: <https://cmetracker.net/CB/Publisher?page=pubOpen#/EventID/18376>



REGISTRATION CANCELLATION POLICY:
Notification of registration cancellation must be received by Friday, June 20, 2025, to obtain a refund minus a \$50 administration fee. No refunds will be made after this date. A completed W-9 form is requested to process any refunds.