

Spinals, Epidurals and Beyond
Nashville, Tennessee
September 6 – 9, 2021

PROGRAM

Monday, September 6 (5 credits)

0645 Registration & Continental Breakfast
0730 Introductions (Young)
0745 Stress Management for Health Care Providers (Zinder)
0845 PTSD and Its Effects on Health Care (Zinder)
0945 Opioid Free: Are We Crazy or Bold (Strube)
1045 Refreshment break
1100 Tomorrow's Pharmacology Today (Strube)
1200 Lunch on your own
1300 Aviation and Anesthesia: Lessons Learned From Our
Unexpected Colleagues (Zinder)

Tuesday, September 7 (6 credits)

0645 Registration & Continental Breakfast
0730 Introductions
0745 Minimizing the Risk of Post Extubation Laryngeal
Edema in Children (Herbinger)
0845 Sugammadex in Children and Adults (Herbinger)
0945 Refreshment break
1000 Scenario-based Anesthesia Pharm, with Interactive
Polling (Herbinger)
1100 Dilution Coagulopathy, Includes ACS Guidelines for
Trauma and Routine (Herbinger)
1200 Lunch on your own
1300 Local, Lipids, Toxic Events and Beyond (Strube)
1400 Physiology of Sleep (Zinder)

Wednesday, September 8 (6 credits)

0645 Registration & Continental Breakfast
0730 Introductions
0745 Spinal Anesthesia: Techniques and Dosing (McShane)
0845 Spinal and Epidurals in the Difficult Back (McShane)
0945 Refreshment break
1000 Central Neuraxial Anesthesia: Clinical Practice Update
(McShane)
1100 Clinical Techniques of Epidural Anesthesia (Reese)
1230 Lunch on your own
1330 Clinical Conundrums of Epidural Anesthesia (Reese)

Thursday, September 9 (5 credits)

0645 Registration & Continental Breakfast
0730 Introductions
0745 Introduction to the Use of Ultrasound in Epidural
Anesthesia (Reese)
0915 Clinical Applications of Epidural Anesthesia (Reese)
1045 Lunch on your own
1200 Spinal and Epidural Hands-on Clinic, 2 hours (Staff)

Accreditation: This program has been prior approved by the American Association of Nurse Anesthetists for 22.00 Class A CE credits; Code Number 1039252; Expiration Date 9/9/2021. AANA designates this program as meeting the criteria for up to 9.00 CE Credits in pharmacology/therapeutics.

FACULTY & DIRECTOR

Lisa Herbinger, DNP, MSN, CRNA

Associate Chair & Associate Professor
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Ida Moffett School of Nursing
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Birmingham, AL

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Jerry M. Young, CRNA, BS

CRNA Anesthesia Services, Inc.
Coast to Coast Anesthesia Seminars, Inc.
Cedaredge, CO

Spinals, Epidurals and Beyond

Nashville, Tennessee

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HOTEL INFORMATION & RESERVATIONS

On the banks of the Cumberland River, the **Gaylord Opryland Resort & Convention Center** is just minutes from Nashville International Airport and a short drive or riverboat cruise from downtown Nashville. The hotel offers luxurious rooms, indoor and outdoor water attractions, a full-service spa, several dining options, nine acres of indoor gardens and an indoor river with our very own Delta flatboat. For more information about the **Gaylord Opryland Resort & Convention Center**, please visit their website at www.gaylordopryland.com

For reservations, please call the **Gaylord Opryland** directly at 877-382-7299. Remember to identify yourself as a Coast to Coast Anesthesia Seminar attendee.

Important reservation & rate information: Coast to Coast Anesthesia Seminars has reserved a block of rooms at a rate of \$199 per night, plus tax. Rates are effective three days pre- and post-conference based on availability. The reservation cutoff date is August 12, 2021. Any reservation requested after the reserved room block is full or after the cutoff date will be available at the hotel's discretion.

REGISTRATION FORM

(PLEASE PRINT)

Name _____
Last First MI

Address _____

City _____ State _____ Zip _____

AANA # _____

Telephone # _____

Email _____

Charge to my ☐ Visa ☐ MasterCard ☐ Check enclosed

Account _____

Exp. _____

CVV # _____
(3 digit code on back of)

Card Holders Name _____

Total amount enclosed _____

Make all checks payable to:
Coast to Coast Anesthesia Seminars, Inc.

Mail to: 20727 Green Valley Road, Cedaredge, Colorado 81413

TUITION RATES

- | | |
|--|---------|
| ☐ Full Seminar with Clinic (22 credits) | \$ 1200 |
| ☐ Lectures only (20 credits) | \$ 900 |
| ☐ Spinal & Epidural Lectures & Clinic (W & Th - 11 credits) | \$ 800 |
| ☐ Daily rate - Monday (5 credits) | \$ 300 |
| ☐ Daily rate - Tuesday/Wednesday (6 credits/day) | \$ 350 |

Please indicate day(s) attending: M T W

Tuition Discounts:

- ☐ \$ 100 off for 2020 attendees registering for full seminar
- ☐ \$ 100 off for CRNA students in an AANA accredited program
- All discounts must be taken at time of registration
- Discounts may **not** be combined
- Cancellations: A handling fee of \$100.00 will be deducted for cancellations. Refund requests must be in writing and received by August 8, 2021.

FOR IMMEDIATE REGISTRATION

CALL (970) 275-3589 WEB SITE www.CRNAseminars.com