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Disease Management Clinical Decisions

Irritable Bowel Syndrome

Release date: October 13, 2020**Expiration date:** October 13, 2023**Estimated Time of Completion:** 45 minutes

Description

Each lesson in the Disease Management Clinical Decisions series provides a brief, case-based review of management strategies related to the topic. Questions and multiple-choice answers about the case presented include the rationale for the correct answer. Throughout this case-based lesson, you may proceed to the next question once you answer the question correctly.

Learning Objectives

After completing this case the reader should be able to:

- Describe irritable bowel syndrome (IBS) symptoms, subtypes, prevalence, causes, and risk factors.
- Determine the appropriate initial work-up in patients with IBS.
- Select best first-line pharmacologic treatment options for an IBS exacerbation.
- Describe the role of nonpharmacologic therapies and dietary management in IBS.

Target Audience

Directed to primary care physicians including family practitioners and internists.

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this enduring material for a maximum of **0.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

ABA MOC: This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements.

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ABOHNS CC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn their required annual part II self-assessment credit in the American Board Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to satisfy the Lifelong Learning, Self-Assessment, Improvement in Medical Practice and/or Patient Safety requirements for the American Board of Ophthalmology's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting MOC credit.

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Your credit will be reported to the ABP within 30 days of claiming credit.

ABS MOC: This activity qualifies for **0.75** self-assessment credits toward Part 2 of the American Board of Surgery (ABS) Maintenance of Certification (MOC) Program.

Please Note: It is the participant's responsibility to self-report their participation to the American Board of Surgery, per board policy.

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CME Disclaimer

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Anthony Fernandez, MD, PhD

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The following faculty have indicated they have no relationship which, in the context of their presentation(s), could be perceived as a potential conflict of interest:

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Begin Activity

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