



Boston Children's Hospital
Until every child is well™



**HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL**

Physician Communications

300 Longwood Avenue, LM6405.2, Boston, MA 02115

Pediatric Asthma & Allergy Updates for Primary Care Providers



REGISTER NOW bostonchildrens.org/asthmacme2016

Inquiries: cmmedepartment@childrens.harvard.edu, 617-919-3146



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Pediatric Asthma & Allergy Updates for Primary Care Providers

Friday, March 18, 2016

Boston Children's Hospital, Folkman Auditorium



Program overview

Asthma is the most common chronic illness of childhood, affecting almost 7 million children in the United States. Poorly controlled asthma limits activities, interferes with school attendance and can result, all too often, in emergency department visits and hospitalizations. Our challenge remains to provide safe and effective treatment of asthma and allergies. We developed this program to provide a forum to discuss current topics related to the diagnosis and management of pediatric asthma and allergy with primary care providers, who care for the majority of these children.

Target audience

Physicians, nurse practitioners, nurses, residents, fellows and primary care

Program objectives

The objectives of this symposium are to review selected topics of relevance to pediatric asthma and allergy providers with an emphasis on practical management. At the conclusion of this program, participants will be able to:

- describe how to assess severity in children with asthma
- develop strategies to manage patients with peanut allergies
- effectively utilize consultants for diagnosing and managing allergic rhinitis
- incorporate spirometry into the assessment of asthma severity
- teach proper techniques for medication delivery

Accreditation

Boston Children's Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Boston Children's Hospital designates this live activity for the maximum of 5.1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

Boston Children's Hospital is an approved provider of continuing nursing education by the American Nurses Association Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This symposium is funded, in part, by unrestricted educational grants. The program content was developed independently by contributing faculty. The material in the syllabus has been peer-reviewed by the course director. All materials are included with the permission of the authors. The opinions expressed are those of the presenters and are not to be construed as those of the grantors. During this symposium, presentation and discussions may include information regarding the use of drugs that may be inconsistent with or outside of the approved labeling for these products. Physicians should note that the use of these agents outside of the approved labeling is considered experimental and are advised to consult current prescribing information for these products.



Course registration

Cost: Physicians: **\$200**

Allied Health Professionals/Trainee: **\$100**

Register at: **bostonchildrens.org/asthmamacme2016**

Refund policy

Registration by credit card can be made at:
bostonchildrens.org/asthmamacme2016

Registration by check (draft on a United States bank): please make payable to Boston Children's Hospital and contact Lesley Niccolini at: lesley.niccolini@childrens.harvard.edu to discuss payment. Telephone or fax registration is not accepted. Registration with cash payment is not permitted. Upon receipt of your paid registration, an email confirmation from the Boston Children's CME office will be sent. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.

Fifty-percent (50%) refunds will be issued for all cancellations received prior to the start of the course. Refund requests must be received by postal mail, email or telephone. "No shows" are subject to the full course fee, and no refunds will be issued once the conference has started.

Disclosure policy

Boston Children's Hospital adheres to all ACCME Essential Areas, Standards, and Policies. It is Boston Children's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that Boston Children's may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

*A syllabus will be provided. To conserve paper, we will not distribute a printed syllabus. It will be available to download online one week before the conference.

Auditorium Program

8 a.m. **Registration and Continental Breakfast**

8:30 a.m. **Welcome / Introduction**

Kenan Haver, MD

8:35 a.m. **Pediatric Asthma Updates**

Kenan Haver, MD

9:10 a.m. **Atopic Dermatitis Updates**

Margaret Lee, MD, PhD

9:45 a.m. **Taking the Leap Earlier—
The Timing of Tolerance to Peanut**

Michael Young, MD

10:20 a.m. **COFFEE BREAK**

10:50 a.m. **Pediatric Asthma in the Inner City:
Can We Prevent It? Can We
Improve Management?**

George T. O'Connor, MD, MS

11:25 a.m. **Lessons Learned from the
Easy Breathing® Program**

Michelle M. Cloutier, MD

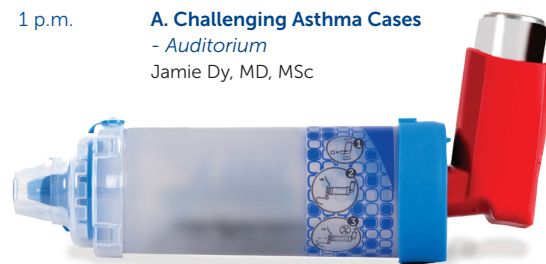
Noon **LUNCH**

Breakout sessions

1 p.m. **A. Challenging Asthma Cases**

- Auditorium

Jamie Dy, MD, MSc



Academic planners

Kenan Haver, MD - Course Director

Associate in Medicine, Division of Respiratory Diseases,
Director, Pulmonary Division Asthma Program,
Boston Children's Hospital
Assistant Professor of Pediatrics, Harvard Medical School

Lauren Giancola, RN, BSN

Division of Respiratory Diseases, Boston Children's Hospital

Course coordinator

Lenaka Maddox

Faculty

Emily Barsky, MD

Fellow, Division of Respiratory Diseases,
Boston Children's Hospital

Elizabeth Boden, RN, RSCN, NRTC—Asthma

Open Airways, Co-Founder,
Managing Director, Asthma Nurse Educator

Michelle M. Cloutier, MD

Professor of Pediatrics & Medicine,
University of Connecticut Health Center
Director, Asthma Center,
Connecticut Children's Medical Center

B. Asthma Education in Bermuda

- Byers A

Elizabeth Boden, RN, RSCN, NRTC—Asthma
Tracy Nash, RN, NRTC—Asthma

**C. Office-Based Spirometry
with Live Demonstration** - Byers B

Emily Barsky, MD

1:45 p.m. **A. Allergy Testing and Treatment
- Auditorium**

Douglas McDonald, MD, PhD

**B. Asthma Education in Bermuda
- Byers A**

Elizabeth Boden, RN, RSCN, NRTC—Asthma
Tracy Nash, RN, NRTC—Asthma

**C. Office-Based Spirometry
with Live Demonstration** - Byers B

Emily Barsky, MD

2:30 p.m. **A. Allergy Testing and Treatment
- Auditorium**

Douglas McDonald, MD, PhD

B. Challenging Asthma Cases - Byers B
Jamie Dy, MD, MSc

PROGRAM ENDS

3:15 p.m.

Jamie Dy, MD, MSc

Fellow, Division of Respiratory Diseases,
Boston Children's Hospital

Margaret Lee, MD, PhD

Division Allergy/Immunology, Dermatology Program,
Boston Children's Hospital
Instructor in Medicine, Harvard Medical School

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