



World Health Organization International Healthy Cities Conference

1 – 4 October 2018, Waterfront, Belfast, Northern Ireland

Changing cities to change the world

Celebrating 30 years of the Healthy Cities movement

Programme - Programme is subject to change



Sunday 30 September 2018

19.00 Sunday 30 September 2018

19.00 – 21.00: Registration, Waterfront Hall, Riverside Entrance

Monday 1 October 2018

7.00 Monday 1 October 2018

7.00 – 9.00: Registration, Waterfront Hall, Riverside Entrance
Music by Blackthorn

8.30 Monday 1 October

Conference Chair: Ms Monika Kosinka, WHO Regional Office for Europe

8.30 – 10.00: WHO European Healthy Cities Business Meeting

Opening: Cllr Kate Nicholl, Chair, People & Communities Committee, Belfast tbc

Co-Chair: Dr David Stewart, Chair, Belfast Healthy Cities

Co-Chair: Ms Monika Kosinska, WHO Europe, Healthy Cities Lead

*Close of Phase VI & Preparation for Phase VII of the WHO European Healthy Cities Network
Open to all delegates, voting restricted to members of the Phase VI network*

10.00 Monday 1 October

10.00 – 12.30: Side Events

Refreshments will be available on arrival at Side Event

10.30 Monday 1 October

10.30 – 12.30: Side Events

Research on Physical Activity for Older People within Place-making and Urban Development Welcome: Cllr Sonia Copeland, Chair All Party Political Group on Older People tbc Venue: City Hall, Belfast, Donegall Square, Belfast BT1 5GS	Healthy Stadia: Promoting good health & wellbeing through sports settings Welcome Permanent Secretary, Department for Communities, tbc Venue: National Football Stadium at Windsor Park, Donegall Ave, Belfast BT12 6LU	Adverse Childhood Experiences: A trauma informed approach to early years Welcome: Deputy CEO, Health & Social care Board tbc Venue: Belfast Central Library, Royal Avenue, Belfast BT1 1EA	Better Bedford Street Welcome: Peter May, Permanent Secretary, Department for Infrastructure Venue: Ulster Hall, 34 Bedford St, Belfast BT2 7FF
Planetary Health: Building sustainable, healthy and equitable cities Welcome: Nigel McMahon, Chief Environmental Health Officer Northern Ireland Venue: PRONI (Public Record Office of Northern Ireland) 2 Titanic Boulevard, Titanic Quarter, Belfast I	Northern Ireland's Journey Towards or Away from Peace Welcome: tbc Venue: Linenhall Library, 17 Donegall Square N, Belfast BT1 5GB	Innovations in health and social care to support active and healthy ageing Welcome: Richard Pengelly, Permanent Secretary, Department of Health Venue: Assembly Buildings, 2-10 Fisherwick Place, Belfast BT1 6DW	WHO European Healthy Cities National Network Co-ordinators meeting Welcome: UK National Network politician Venue: Waterfront Hall, 2 Lanyon Place, Belfast BT1 3WH Room tbc

12.30 Monday 1 October 2018

12.30 – 14.00: Lunch, Waterfront Hall (All delegates)

14.00 Monday 1 October 2018

14.00 – 16.00: Plenary 1: Waterfront Hall
Welcome tbc

'Healthy Cities in 40 years of Alma Ata & Celebrating 70 years of the National Health Service, United Kingdom'

Welcome from Belfast: Belfast City Council Member tbc

Welcome from the World Health Organization: Dr Pirooska Östlin tbc

Co-Chair: Ms Monika Kosinka

Co-Chair: Dr Ricahrd Aldersande, Senior Advisor, WHO Regional Office for Europe

16.00 Monday 1 October 2018

16.00 – 16.30: Break, Waterfront Hall

16.30 Monday 1 October 2018

Parallel Sessions A

16.30 – 18.00 Strategic Workshop A1: Place-making in the city: different experiences	16.30 – 18.00 Learning through practice A2: Health in All Policies	16.30 – 18.00 Learning through practice A3: City policies for population & planetary health	16.30 – 18.00 Learning through practice A4: Promoting mental health & reducing suicides: urban strategies
16.30 – 18.00 Learning through practice A5: Health: a key element of urban prosperity	16.30 – 18.00 Learning through practice A6: Cultural activities: enhancing accessibility through collaboration	16.30 – 18.00 Learning through practice A7: Second chance: empowerment through community based learning	16.30 – 18.00 Meeting A8: UK Healthy Cities Network meeting: preparation for Phase VII

Parallel Session A: Presenters

Parallel Sessions A - 16.30 – 18.00 Monday 1 October 2018

A1: Place-making in the city: different experiences - Strategic Workshop

This workshop has presentations on high streets, urban regeneration in deprived neighbourhoods and a tales of ageing across four cities. But what do they have in common? They can all shed light on the experiences of healthy place-making in cities. The Copenhagen Consensus of Mayors vision of 'Healthier and happier cities for all' highlights where 'place' occupies a pivotal role between planet and people; linking human, social and urban development together.

Healthy places, settings and resilient communities are also one of five strategic directions agreed in the 'Roadmap to implement the 2030 Agenda for Sustainable Development, building on Health 2020, the European policy for health and well-being' adopted by the Regional Committee for Europe Autumn 2017.

In this session we invite attendees to discuss the action and experiences of healthy place-making in cities and renew a commitment to healthy place-making.

Abstract 135, Essen, Germany: Julita Skodra

Co-creating health-promoting neighbourhoods: urban regeneration of deprived neighbourhoods in metropolitan regions.

Abstract 328, Dublin, Ireland: Sarah Gibney

Age-friendly environments and healthy and positive ageing in Ireland: a tale of four cities.

*Abstract 294, Glasgow, United Kingdom, Gillian Dick
Connecting Nature - Bringing Life to Cities, Bringing Cities to Life*

*Abstract 152, Sant Andreu de la Barca, Spain: Isabel Sánchez
The recovery of the river slope: an example of healthy and sustainable urban planning in Sant Andreu de la Barca*

A2: Health in All Policies - Learning through practice

Developing a broad concept of health that is supported by all policy sectors within government is key to tackling major public health issues and address health inequalities among the population. A multi-sectoral approach to health requires the prioritisation of health in policies and sectors other than the health sector. The Health in All Policies (HiAP) approach aims to achieve just that. The HiAP approach sets out to develop understanding of the main determinants of health across government departments on all levels of government while also encouraging coordinated actions. Such coordinated actions generate great potential for tackling the multi-faceted health challenges that societies face.

*Abstract 118, Utrecht, The Netherlands: Miriam Weber
Health in All Policies: lessons learned and next steps in Utrecht, Netherlands*

*Abstract 301, London, United Kingdom: Emily Humphreys and Fiona Wright (2 speakers)
Developing London's Health Inequalities Strategy*

*Abstract 316, Sevenoaks, United Kingdom: Michelle Lowe
Well-being starts at home – Sevenoaks District Council's approaches to public health*

A3: City policies for population & planetary health -Learning through practice

Current rates of urbanisation in the world, particularly in cities in developing economies, make policymakers face unprecedented challenges when it comes to dealing with environmental issues and associated public health risks. Existing urban infrastructure systems are often not able to cope with the increased demand placed upon them as a result of high levels of population growth that are extremely difficult to manage. This problem persists particularly in informal urban settlement such as shantytowns. As a result, large numbers of people are exposed to poor environmental standards that harm both humans and the environment as a whole. Comprehensive and effective urban policies are needed to deal with these issues.

*Abstract 203, London, United Kingdom: Michael Davies
Complex Urban Systems for Sustainability and Health: a structured approach to support the development and implementation of city policies for population and planetary health*

*Abstract 77, Kochi, India: Shadananan Nair
Impact of increasing population and associated environmental degradation on public health in the megacities of India*

*Abstract 196, London, United Kingdom: Danielle Antonellis
Reducing fire risk in low-income and informal urban settlements*

A4: Promoting mental health & reducing suicides: urban strategies -Learning through practice

Poor mental health is an issue that affects increasing numbers of people across the globe, often leading to higher levels of reported instances of depression and suicides among the population. The associated direct and indirect costs for individuals and society as a whole are generally high, however few health strategies exist that deal with the problem of poor levels of mental health effectively.

*Abstract 198, Espoo, Finland: Riikka Puusniekka
Integrating a positive mental health approach in local government strategic management in Espoo*

*Abstract 71, Rotterdam, The Netherlands: Pascal Bisscheroux
Preventive mental health in Rotterdam*

*Abstract 141, Kaunas, Lithuania: Iveta Kučinskaitė
Implementation of Kaunas city suicide prevention model*

*Abstract 132, Belfast, Northern Ireland: Sean Devlin, Jo Murphy
CareZone Initiative – Oldpark (North Belfast)*

A5: Health: a key element of urban prosperity - Learning through practice

Effective culture planning is often overlooked within urban policy due to the traditional prioritization of, for example, infrastructure and housing. However, it can be recognized that cultural activities can play an important role in promoting people's wellbeing, particularly by boosting the social inclusion of socially isolated groups.

*Abstract 195, Stupino, Russia: Alexander Ratsimor
Public health program in the Stupino district, Moscow region*

*Abstract 83, Turku, Finland: Karolina Mackiewicz
Participatory urban planning for healthier urban communities – how to engage the sectors and city residents in developing cycling in cities*

*Abstract 155, Belfast, Northern Ireland: Satish Kumar, Behnam Firoozi Nejad, Steven Donnelly (3 speakers)
Assessing the spatial correlations between prosperity and mental health in Northern Ireland*

A6: Cultural activities: enhancing accessibility through collaboration -Learning through practice

Effective culture planning is often overlooked within urban policy due to the traditional prioritization of, for example, infrastructure and housing. However, it can be recognized that cultural activities can play an important role in promoting people's wellbeing, particularly by boosting the social inclusion of socially isolated groups.

*Abstract 54, Prague, Czech Republic: Jitka Bouskova
Culture planning in a Healthy City – Czech inspirations: method of evaluating culture organizations and cultural facility mapping in the city*

*Abstract 13, Kuopio, Finland: Jonna Forsman
Culture Comes Along: developing cultural participation and social inclusion in the neighbourhoods in Kuopio, Finland*

*Abstract 56, Kuopio, Finland: Eeva Mäkinen
The well-being Power Plant of eastern Finland: advancing health, well-being and social involvement*

A7: Second chance: empowerment through community based learning -Learning through practice

Public health care can often be made more effective when people have the ability to recognize the early symptoms of disease. In addition, much can be gained by increasing knowledge among the general population about healthy life styles in order to prevent diseases from developing. This requires effective learning methods and ways of dissemination.

*Abstract 219, Brno, Czech Republic: Ivana Draholová
One lesson for saving life: implementing stroke and heart attack as a topic in educational programme*

*Abstract 325, Cork, Ireland: Bernard Twomey
Sustaining a 10-year partnership between the community health and education sector.*

*Abstract 248, Cork, Ireland: Denis Barrett
Learning neighbourhoods are healthy neighbourhoods*

A8: United Kingdom National Network Meeting

18.30 Monday 1 October 2018

18.30: Leave Waterfront Hall to travel to Whitla Hall, Queen's University Belfast, tbc

19.00: Welcome Reception, Whitla Hall, Queen's University Belfast tbc
Queen's University Belfast tbc

BELFAST
1st - 4th OCTOBER 2018

Tuesday 2 October 2018

7.30 Tuesday 2 October 2018

7.30 – 8.00: Morning run, Meet at Riverside Entrance, Waterfront Hall at 7.30am

7.00 – 9.00: Registration, Riverside entrance, Waterfront Hall
Music by Blackthorn

9.00 Tuesday 2 October 2018

Plenary 2: 9.00 – 10.00: Official Opening Ceremony
Welcome by Different Drums

Welcome from Belfast: tbc

The Right Honourable the Lord Mayor of Belfast, Cllr Deirdre Hargey

Welcome from the World Health Organization: TBC

10.00 Tuesday 2 October 2018

10.00 – 10.30: Break, Waterfront Hall
Press Conference tbc

10.30 Tuesday 2 October 2018

Plenary 3: 10.30 – 12.30
Chair: tbc
Key note & Round table

12.30 Tuesday 2 October

12.30 – 14.00: Lunch, Harbours Commissioners Office (Invitation only)
Music by Ruth Corry, Harpist

12.30 – 14.00: Lunch, Waterfront Hall (all delegates)

14.00 Tuesday 2 October 2018

Parallel Session B

14.00 – 16.00 Learning Through Practice B1: Healthy Cities stories: around the world 1	14.00 – 16.00 Strategic Workshop B2: Planetary Health tbc	14.00 – 16.00 Learning through practice B3: Ageing populations: support systems to live at home	14.00 – 16.00 Learning through practice B4: Schools: key vehicles for improved health outcomes for children
14.00 – 16.00 Learning through practice B5: Co-creation; approaches in shaping public health strategies	14.00 – 16.00 Learning through practice B6: Improving air quality: creating healthy urban environments	14.00 – 16.00 Learning through practice B7: Smart technologies: designing inclusive public health interventions	14.00 – 16.00 Strategic Workshop B8: Using place to make a difference

Parallel Session B: Presenters

Parallel Sessions B - 14.00 – 16.00 Tuesday 2 October 2018

B1: Healthy cities stories: around the world 1 - Learning Through Practice

Healthy Cities share a vision for urban health, in which cities put people and their health and well-being at the centre of all their policies and actions. Healthy cities have strong political leadership, are centres of good practice and are in a unique position to learn and share knowledge, insight and inspiration in a spirit of solidarity. This is the first session of three sessions that will highlight the progress that has been achieved as part of the last thirty years of the Healthy Cities programme.

*Abstract 97, Horsens, Denmark: Ingunn Søndergaard Jacobsen
Horsens Healthy Cities – co-creating welfare for 30 years*

*Abstract 268, Sharjah, United Arab Emirates: Abdelaziz Al Mheiri
Sharjah: the first healthy city in the eastern Mediterranean region*

*Abstract 29, Bursa, Turkey: Murat Ar, Emine Didem Evci Kiraz (2 speakers)
The story of healthy cities in Turkey*

*Abstract 323, Pan American Health Organization (PAHO), Washington, USA: Adriana Stanford, Cristina Franceschini (2 speakers) TBC
Building momentum for reactivating healthy Municipalities, Cities, and Communities in the Americas*

*Abstract 312, Portugal: Manuela Calado
Portuguese Healthy Cities Network: promoting health for 20 years*

*Abstract 342, Russian Federation: Tatiana Shestakova
Implementation of the WHO Healthy Cities project in the Russian Federation: Opportunities for cooperation*

B2: Planetary Health Strategic Workshop tbc - Learning Through Practice

B3: Ageing populations: support systems to live at home - Learning Through Practice

Populations across the globe are ageing, particularly in developed economies, presenting new challenges for urban policymakers. Larger numbers of elderly people with health needs lead to increased pressures on public health systems. Having elderly people live in their own home for longer by providing care at home is one way of relieving health facilities from some of the increased demands.

*Abstract 70, Kuopio, Finland: Tuula Hartikainen
Clinical coordination centre for acute mobile integrated social and health care: developing multiprofessional co-operation and communication in acute home care*

*Abstract 276, Kuopio, Finland: Pauliina Kämäräinen
Promoting the well-being of older people through innovative safety technology - a platform*

*Abstract 298, Khon Kaen, Thailand: Rina Patramanon
Fostering healthy subrural community ecosystems by smart technologies for the ageing society in Thailand.*

*Abstract 144, Glyfada, Greece: Evanthia Evangelou
Exploring the quality of life of the users of an open care centre for older people in the Municipality of Glyfada, South Attica, Greece*

B4: Schools: key vehicles for children's improved health outcomes - Learning Through Practice

Good childhood health and wellbeing is instrumental for improving educational attainment. In addition, a healthy childhood increases the prospect of good health and wellbeing during adulthood. Schools play a central role in children's lives and can therefore act as main drivers for promoting children's health and wellbeing.

*Abstract 28, Swansea, United Kingdom: Emily Marchant
The HAPPEN Swansea project – the health and attainment of students in a primary education network.*

*Abstract 209, Matosinhos, Portugal: Luísa Salgueiro
Tackling childhood obesity using setting-specific strategies for promoting health and well-being in pre-schools and public elementary schools in Matosinhos*

*Abstract 211, Madrid, Spain: Eva Maria Martin
Childhood obesity longitudinal prevention program of Villanueva de la Cañada (Madrid, Spain): effects of various health promotion strategies on the prevalence of overweight and obesity.*

*Abstract 165, Riga, Latvia: Diāna Koerna
A comprehensive approach for preventing injuries among children*

B5: Co-creation: approaches in shaping public health strategies - Learning Through Practice

Cities play an increasingly more prominent role than they did in the past when responding to societal challenges including urbanisation, ageing populations and climate change. In order to create effective public health strategies, new alliances and relations between partners within the city, but also between cities and regional and national authorities, have become indispensable.

*Abstract 61, Helsinki, Finland: Nella Savolainen
Regional well-being reports – a tool for strategic management in Finland.*

*Abstract 250, Utrecht, the Netherlands: Hanneke Schreurs
An example of people-centered, integral and participatory public health monitoring at the local level: public health monitor in Utrecht, Netherlands.*

*Abstract 278, Udine, Italy: Stefania Pascut
City health diplomacy: co-creation and middle-out approaches for better health and sustainability.*

*Abstract 172, Kuopio, Finland: Arto Holopainen
Living Lab services promoting health in the community through participation*

B6: Improving air quality: creating healthy urban environments - Learning Through Practice

The adverse effects of human exposure to air pollution, both indoors and outdoors, is increasingly being backed up by a body of evidence. This has led to a greater emphasis on prevention of air pollution in a range of policy strategies in recent decades, that aim to improve air quality both indoors and outdoors, ranging from source control to air cleaning solutions.

*Abstract 238, Porto, Portugal: Eduardo de Oliveira Fernandes
Empowering society by creating healthy urban environments.*

*Abstract 124, Belfast, Northern Ireland: Gordon Clarke, Claire Pollock
The CHIPS project: improving air quality – cycle highways innovation for smarter people transport and spatial planning*

*Abstract 81, Sydney, Australia: Alana Crimeen
Healthy airports.*

*Abstract 87, Modena, Italy: Daniele Biagioni
Urban forestation in Modena.*

B7: Smart technologies: designing inclusive public health interventions - Learning Through Practice

Policymakers have become increasingly aware of the need to engage the general population in order to be able to respond to future challenges in an inclusive way. Helping citizens to observe, understand and shape processes that adversely affect public health will ultimately lead to more effective policy choices. Smart technologies now provide new platforms to assist in this process.

*Abstract 159, Edinburgh, United Kingdom: Petra Biberbach, Cliff Hague
Technology, governance and volunteering: bridging the gap between people, place and participation.*

*Abstract 58, Kuopio, Finland: Anni Riepponen
Supporting the oral health of youth and children by multidisciplinary digital intervention in Kuopio Public Oral Health Care.*

*Abstract 98, Dublin, Ireland: Philip Crowe, Aoife Corcoran (2 speakers)
Geddesian thinking in the 21st century: three experiments in participatory mapping by Space Engagers.*

*Abstract 76, Turku, Finland: Karolina Mackiewicz
Participatory approaches in prevention and health promotion - let the user guide the development. The example of the BaltCityPrevention project*

B8: Using place to make a difference - Strategic Workshop

This session explores how 'place' and healthy place-making can be used to make a difference to people's lives. 'A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.'

The quote above is from the Copenhagen Consensus of Mayors vision 'Healthier and happier cities for all' (Feb 2018). This document sees designing urban places that improve health and well-being as key to what a healthy city needs to be engaged with. Healthy place making is very much part of a fully integrated agenda. The WHO Regional Office for Europe developed a roadmap to assist Member States with the implementation of the 2030 Agenda for Sustainable Development, building on Health 2020. This roadmap proposes the establishment of healthy places, settings and resilient communities as one of five strategic directions. Enabling measures are: Investment for health; Multi-partner cooperation; Health literacy, research and innovation and Monitoring and evaluation.

In this session we want all attendees to think through the wide variety of approaches available for cities to explore and to implement.

*Abstract 114, Glasgow, United Kingdom: John Howie
The Place Standard - how good is your place?*

*Abstract 34, Bristol, United Kingdom: Laurence Carmichael
Environment and health for European cities in the 21st century: empowering cities in international governance to make a difference.*

*Abstract 123, Sheffield, United Kingdom: Geoff Green
Social return on investment in housing modernization.*

*Abstract 62, Malmö, Sweden: Marianne Dock
Knowledge alliances connected to place.*

Parallel Sessions C

16.30 – 18.00: Learning through practice C1: Peace journeys: building resilient communities in Northern Ireland	16.30 – 18.00 Learning through practice C2: Empowering older people: active participation for healthier lives	16.30 – 18.00 Learning through practice C3: Leaving no one behind: inclusive approaches towards universal well-being	16.30 – 18.00 Learning through practice C4: Active travel & transit
16.30 – 18.00 Learning through practice C5: Promoting healthy & active environments	16.30 – 18.00 Learning through practice C6: Improving the health of children through urban design	16.30 – 18.00 Learning through practice C7: Inspiring change: inclusive arts for health & well-being	16.30 – 18.00 Business Meeting C8: Environment & Health Working Group meeting

Parallel Session C: Presenters

Parallel Sessions C- 16.30 – 18.00 Tuesday 2 October 2018

C1: Peace journeys: Building resilient communities in Northern Ireland - Learning Through Practice

It has been twenty years since the Peace Agreement was signed that formally ended the Northern Irish conflict. Despite various peacebuilding programmes have since been introduced, the legacy of the conflict remains a challenge to be dealt with. Intercommunal strife and residential segregation based on community affiliation have not gone away. Initiatives that contribute to more positive community relations therefore still have an important role to play within Northern Irish society

Abstract 256, Belfast, Northern Ireland: Eva Urban

Building peace and inclusive communities in Northern Irish theatre: healing divisions in Kabosh's 'Green and Blue' and 'Lives in Translation'

Abstract 26, Lisburn, Northern Ireland: Adrian Bird

After conflict: one community's journey to peace

C2: Empowering older people: active participation for healthier lives - Learning Through Practice

Societies across the globe are ageing: it is estimated that by the middle of the century in many developed economies a third of the population will be 60 years or older. This anticipated increase in the number of elderly people highlights the need to make sure that elderly citizens are included within the wider society and are less dependent on health facilities. Age-friendly planning and governance structures contribute to more active and healthier lifestyles for older people, thereby reducing pressures on the public health sector.

Abstract 68, Belfast, Northern Ireland: Elma Greer

Age-friendly Belfast – a brief overview.

Abstract 103, Lisbon, Portugal: Nuno Veludo

Physical activity and older people – integrated city response to promote the quality of life.

Abstract 192, Belfast, Northern Ireland: Sylvia Moore

Greater Belfast Seniors' Forum – an innovative, intersectoral, participatory partnership advocating for the place of older people in our city, our peace and our prosperity.

C3: Leaving no one behind: Inclusive approaches towards universal well being - Learning Through Practice

Access to suitable health facilities for all citizens is instrumental for achieving universal health and wellbeing across the population. However, vulnerable groups often miss out on health support due to lack of knowledge or opportunities to access facilities. The development of tailored programmes for reaching and providing health support to such groups more effectively would contribute to the inclusiveness of public health systems.

Abstract 257, Modum, Norway: Jurunn Killingstad, Malin Maurset (2 speakers)

Leisure time as part of the systematic public health promotion. Experiences from the Municipality of Modum, Norway.

*Abstract 261, Galway, Ireland: Catherine Anne Field, Saoirse NicGabhainn
Galway healthy city strategy to prevent and reduce alcohol-related harm: evaluation findings.*

*Abstract 63, Belfast, Northern Ireland: Sherlyn Logue
Giving priority to the participation of experts by experience in decisions that affect them.*

*Abstract 331, Agioi Anargyroi Kamatero, Greece: Angeliki Oikonomopoulou
Investing in the people through innovative, holistic approaches and using local resources: the example of the Municipality of Agioi Anargyroi Kamatero.*

C4: Active travel and transit - Learning Through Practice

‘A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.’

The quote above is from the Copenhagen Consensus of Mayors vision ‘Healthier and happier cities for all’ (Feb 2018). In this vision ‘place’ occupies a pivotal role between planet and people; linking human, social and urban development together.

This session allows cities to discuss ‘place’ through the lens of active travel and transit.

*Abstract 258, Belfast, Northern Ireland: Andrew Grieve
Walking the walk on active travel.*

*Abstract 224, Belfast, Northern Ireland: Chris Karelse
Promoting active travel within communities.*

*Abstract 7, Quezon City, Philippines: Angelo Paulo Mogul
The TOD suitability index (TSI): establishing a methodology for selecting sites suitable for transit-oriented developments (TOD).*

C5: Promoting healthy and active environments - Learning Through Practice

The creation of built environments that promote active and healthy lifestyles is a complex task that requires a multitude of disciplines to come together to develop a shared understanding of the impact of the built environment on health. It also requires close cooperation between the public sector and partners from the academic and private sectors in order to come to well informed policies and interventions

*Abstract 287, Bicester, United Kingdom: Rosie Rowe
Bicester Healthy New Town programme: a whole system approach to healthy place-making.*

*Abstract 188/169, Belfast, Northern Ireland: Geraint Ellis
Understanding evidence-policy interactions for an age-friendly city: a case study of Belfast / The governance of the age-friendly city: emerging findings from Belfast.*

*Abstract 333, Brisbane, Australia: Mimi Tsai
Ageing and dwelling: residents’ healthful landscape experiences in Australian aged care facilities*

C6: Improving the health of children through urban design - Learning Through Practice

The UN Convention on Right of the Child has enshrined a child’s right to play, but often a lack of suitable spaces for children to play outdoors unattended means that this right is being restricted. In addition, children are often overlooked when planning and designing urban environment, despite the importance of outdoor play for children’s healthy development. Urban environments that encourage playful activities do not only contribute to children’s health but can act to improve the health of adults as well, particularly older people.

*Abstract 106, Falu, Sweden: Birgitta Matsson, Annie-Maj Johansson (2 speakers)
Student’s participation and influence in school ground design.*

*Abstract 161, London, United Kingdom: Alison King
A child’s right to play: designing healthy and accessible play in the city.*

*Abstract 285, Udine, Italy: Stefania Pascut
Play and the city: an innovative paradigm for social inclusion, sustainability and place-making.*

C7: Inspiring change: Inclusive arts for health & well-being - Learning Through Practice

Participation in cultural activities can promote the wellbeing of people by increasing social inclusion, enhancing self-confidence and developing skills that are useful for the employment market. These outcomes can all act to improve health and wellbeing levels. Participation in cultural activities can be particularly helpful for vulnerable people that might face challenges with social participation and skills development.

*Abstract 199, Carlisle, United Kingdom: Darren Crossley, Catherine Coulthard
Supporting inclusive arts for health and well-being.*

*Abstract 119, Horsens, Denmark: Inge Kristiansen
Horsens Healthy City: human growth through participation in culture groups.*

C5: Environment & Health Working Group Meeting

18.30 Tuesday 2 October 2018

18.30: Delegates to leave Riverside entrance of Waterfront Hall to walk to City Hall

19.00 – 21.00: Civic Reception, City Hall, Belfast

*The Right Honourable the Lord Mayor of Belfast, Cllr Deirdre Hargey
Music by Amy McAllister, Harpist
Music by Kaz Hawkins tbc*



Wednesday 3 October 2018

Physical Activity Sessions

7.00: Cycle, Waterfront Hall, city side entrance, tbc

7.30: Waterfront Walk, Riverside entrance, Waterfront Hall

8.00 Wednesday 3 October 2018

8.00: Registration, Riverside entrance, Waterfront Hall

8.30 Wednesday 3 October 2018

8.30 – 10.00: Plenary 4: Key note

Chair: tbc

Circular economy: opportunities and challenges for cities tbc
Janez Potočnik

Presentation: Back to the future in Utrecht: rethinking European cities for People, Health and Well-being at the time of the Sustainable Development Agenda

Vice Mayor Victor Everhardt, Utrecht, The Netherlands
Round table discussion

10.00 – 10.15 Orbit dance, Arts Care Northern Ireland

10.15 Wednesday 3 October 2018

10.15: Delegates to leave City side entrance, Waterfront Hall for Site Visits tbc
Tea & Coffee will be served on arrival at Site Visits

People

Innovative approaches to medicine	Regional Trauma Unit, Royal Victoria Hospital	Diversity in South Belfast
Host: Cancer Centre at Belfast Health and Social Care Trust and Macmillan Support and Information Centre. Including a visit to Botanic Gardens	Host: Emergency Department, Royal Victoria Hospital, Belfast Health and Social Care Trust Including historical tour of the community.	Host: Chinese Welfare Association and South Belfast Partnership Board Including a visit to Ormeau Park.
Places available: 20	Places available: 20	Places available: 20
Lunch venue: Ulster Museum	Lunch venue: Howard Street Restaurant	Lunch venue: George's of the Market

Place

Shaping the future development of Belfast, a Local Development Plan	Connswater Community Greenway	Supported Housing for people living with dementia and developing Dementia Friendly Communities	Public Health tour of Belfast
Host: Belfast City Council Including a tour of Belfast's Cathedral Quarter	Host: Eastside Visitors Centre Including a walk or cycle along the greenway.	Host: Belfast Health and Social Care Trust in partnership with Clanmil Housing Association, Radius Housing. Including a guided historical tour of the local area.	Host: Belfast Healthy Cities Including a walking tour of Belfast city centre.
Places available: 30	Places available: 40	Places available: 75	Places available: 25
Lunch venue: The MAC	Lunch venue: Eastside Visitors Centre	Lunch venue: Salt Bistro	Lunch venue: Clifton House

Participation

Treating conditions – exercise through prescriptions	W5 Science Centre	Early years; intervention approaches in Shankill	Belfast – an age-friendly city	Belfast – A UNESCO Learning City
Host: Active Belfast, Public Health Agency Including a tour of Windsor Park.	Host: W5 Including a walking tour of Titanic Quarter	Host: Greater Shankill Partnership Including a walking tour of Shankill Road	Host: Healthy Ageing Strategic Partnership Including participation in a tea dance	Host: Footprints Women's Centre Including a tour of west Belfast.
Places available: 40	Places available: 50	Places available: 25	Places available: 30	Places available: 30
Lunch venue: Windsor Park	Lunch venue: Titanic Hotel	Lunch venue: The Foundry Café, Spectrum Centre	Lunch venue: James Street South Bar and Grill	Lunch venue: Hadskis

Prosperity

Sustainable growth - a city region deal	Prosperity along the River Lagan	Glider - A New Mode of Travel for Belfast
Host: Belfast City Council Including a tour of Belfast City Hall	Host: Department for Communities Including a boat tour of the River Lagan	Host: Glider cross city service
Places available: 30	Places available: 25	Places available: 40
Lunch venue: Coco	Lunch venue: The Dark Horse	Lunch venue: Tedfords

Peace

A Care Zone in North Belfast	Health and Housing	Creating a shared city	Irish language in east Belfast	Inspire – Mental Health Legacy of the Conflict
Host: Care Zone Including a visit to Belfast Castle	Host: Northern Ireland Housing Executive Including a bus tour of Belfast.	Host: Girdwood Community Hub Including a visit to Crumlin Road Goal	Host: East Belfast Mission Including a tour of ancient townlands connected to Gaelic Chieftains in east Belfast	Host: Inspire Wellbeing Including a guided walking tour of Belfast City Centre
Places available: 25	Places available: 50	Places available: 40	Places available: 30	Places available: 40
Lunch venue: Crumlin Road Gaol	Lunch venue: Café Parisian	Lunch venue: Crumlin Road Gaol	Lunch venue: Skainos	Lunch venue: Northern Whig

Planet

Institute for Global Food Security	Bryson Recycling – leading social enterprise	Devenish Nutrition – Dowth Farm Visit, Co Meath*
Host: Queen's University Belfast Including a guided tour of Queen's university	Host: Bryson Charity, Mallusk Including a guided tour of the north Belfast with panoramic views of Belfast	Host: Devenish Nutrition *This site visit will leave the Waterfront at 8.00am and return at 1.30pm
Places available: 25	Places available: 30	Places available: 45
Lunch venue: Deanes at Queens	Lunch venue: Belfast Castle	Lunch venue: Dowth Farm, County Meath

13.15 - 14.30: Lunch, Waterfront Hall, for delegates not attending a Site Visit

Parallel Sessions D

14.30 – 16.30 Learning through practice D1: Empowering people for improved mental well-being: collaborative approaches	14.30 – 16.00 Strategic workshop D2: Nature and health: Place-making's contribution	14.30 – 16.00 Learning through practice D3: Young People's personal journeys: NEET (Not in education, employment, training) solutions	14.30 – 16.00 Learning through practice D4: Co-production: enhancing sustainable communities
14.30 – 16.00 Learning through practice D5: Taking action: hard to reach groups	14.30 – 16.00 Learning through practice D6: Equity & inclusion: urban, regional & national initiatives	14.30 – 16.00 Learning through practice D7: Engagement & prevention strategies: measuring the impact	14.30 – 16.00 Training D8: Environment & Health Strategic Workshops

Parallel Session D: Presenters

Parallel Sessions D- 14.30 – 16.00 Wednesday 3 October 2018

D1: Empowering people for improved mental well-being: collaborative approaches - Learning Through Practice

People that are emotionally healthy are generally better able to cope with life's challenges; build strong relationships and recover from setbacks. Empowering people to support their emotional wellbeing and to become more resilient to adversity, trauma and stress is key to preventing mental health issues developing.

Abstract 130, Rijeka, Croatia: Jadran Mandekic
Mentalfest – a festival of mental health in Rijeka.

Abstract 222, Frederiksberg, Denmark: Lone Brink Rasmussen
Promoting mental health through social interaction and mental well-being and measuring mental health in existing health initiatives may improve mental health in local communities.

Abstract 255, Waterford, Ireland: Deirdre Lindy
#KindWaterford – kindness through collaboration and participation.

Abstract 80, Belfast, Northern Ireland: Maria Morgan, Linda Armitage, Margaret Walker (3 speakers)
Top Tips for Looking After Yourself – a tool to help build emotional resilience.

D2: Nature and health: Place-making's contribution - Strategic Workshop

'A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.'

The quote above is from the Copenhagen Consensus of Mayors vision 'Healthier and happier cities for all' (Feb 2018). In this vision 'place' occupies a pivotal role between planet and people; linking human, social and urban development together.

This session allows cities to discuss 'place' through the lens nature and its contribution to health and health equity.

Abstract 187, Belfast, Northern Ireland: Ruth Hunter
Systematic review of the environmental, health, well-being and equity effects of urban green space interventions: recommendations for policy-makers, practitioners and researchers.

Abstract 113, Jerusalem, Israel: Miri Reiss
Urban nature sites as a health resource in Jerusalem.

Abstract 1, France: Zoë Heritage, Clement Bader
Health in all policies, urban green spaces and health: The GREENH-City research project with members of the French Healthy-Cities.

D3: Young People's personal journeys: NEET (Not in education, employment, training) solutions - Learning Through Practice

The growing reliance of developed economies on the service sector means that young people Not in Education, Employment or Training (NEETs) find it increasingly difficult to sustain themselves and fully participate in society. The social exclusion and marginalization of young people is not only a financial burden for society but leads to a human cost that is much more difficult to address.

*Abstract 45, Kuopio, Finland: Eija Tanninen-Komulainen
Happy: D – social inclusion and well-being for young people through design.*

*Abstract 138, Turku, Finland: Matti Mäkelä
Youth Guarantee in Turku, Finland: vision, results and best practices.*

*Abstract 154, Belfast, Northern Ireland: Stephen Atkinson
Health, wealth and happiness: young people extending their choices for learning and work in Belfast*

D4: Co-production: enhancing sustainable communities - Learning Through Practice

There is growing acknowledgement that building healthy and sustainable communities requires collective action. A challenge remains in identifying inclusive models of governance in which citizens move away from being passive recipients of service delivery to being truly engaged in the decision-making processes. Co-production offers a framework for effecting such a shift in governance models.

*Abstract 129, Antrim and Newtownabbey, Northern Ireland: Alison Briggs, Wendy Brolly
Co-production: how to remove barriers that prevent people from participating in the decisions affecting their lives – Duneane Collective case study.*

*Abstract 254, Newtownabbey, Northern Ireland: Gavan Rafferty
Inclusive engagement for co-producing healthy places: reflections from research and practice.*

*Abstract 288, Yarmouk, Kuwait: Ghassan Alothman
Yarmouk Healthy City: reviving community engagement for a multisectoral impact.*

*Abstract 96, Torres Vedras, Portugal: Ana Umbelino
Co-construction of a healthy city: meta-analysis of participatory processes for democratic governance.*

D5: Taking Action: hard to reach groups - Learning Through Practice

Public healthcare systems around the globe have often been established for the purpose of providing good quality care to all citizens, without due attention to gender, social or economic background. Some groups of people experience more difficulties in accessing health care than others. This deficit in healthcare provision is particularly evident for immigrants, who often face social and economic marginalisation and might lack knowledge about the structure of public healthcare systems. These three case studies explore different approaches to increasing access to healthcare for hard-to-reach groups such as immigrants.

*Abstract 185, Gaziantep, Turkey: Fatma Sahin
Role of municipalities in Turkey on economic and social development: current status and activities of the Metropolitan Municipality of Gaziantep*

*Abstract 332, Farsala, Greece: Kyriaki Panagiotopoulou
Strategic planning and actions on Roma integration in the Municipality of Farsala.*

*Abstract 180, Cork, Ireland: Denise Cahill
Traveller women's perspectives on the on the underlying causes of their food choices - an interagency partnership working towards an alternative health education discourse and practice*

D6: Equity & inclusion: urban, regional & national initiatives - Learning Through Practice

The emergence of health inequalities within society can often be linked to the existence of structural social inequalities, particularly those factors that make it difficult for deprived people to escape deprivation. Addressing these factors should therefore act as a prerequisite for tackling health inequalities. This is particularly important in early childhood services, which if successful can contribute to reducing the risks for children from deprived backgrounds developing a poor health record in early life.

These three case studies explore initiatives at various governance levels that seek to address social inequalities among children to provide them with increased future life opportunities.

*Abstract 50, Swansea, United Kingdom: Nina Sunthankar Williams
Narrowing the gap in speech and language and communication skills in readiness for school in Abertawe Bro-Morgannwg (Swansea, Neath, Port Talbot and Bridgend).*

*Abstract 44, Gothenburg, Sweden: Elisabeth Bengtsson
Reducing school failures – the road to health and regional development.*

*Abstract 36, Beer Sheva, Israel: Dan Dekel-Markovich
Caries prevention in maternal and child health centres in deprived areas in Israel.*

D7: Engagement & prevention strategies: measuring the impact - Learning Through Practice

Key elements that underlie any attempt to make public health strategies more effective are the development and understanding of the population's health needs and the involvement of target groups in the planning of public health interventions. However, challenges remain around developing a set of indicators that reliably measure the impacts of community engagement models.

These four case studies explore various community engagement models in the health sector and attempt to identify a practical framework for measuring their impact.

Abstract 105, Glyfada, Greece: Evanthia Evangelou

Quality of life of local social service users in the Municipality of Glyfada, Attica, Greece: results of a pilot case study.

Abstract 314, Newtownabbey & Belfast, Northern Ireland: Karen Casson, Patricia Gillen (2 speakers)

Monitoring, measuring and evaluating the impact of personal and public involvement in health and social care in Northern Ireland.

Abstract 302, Victoria, Canada: Diana Gresku, Victoria Barr (2 speakers)

Measuring outcomes at multiple levels: a Canadian evaluation framework for healthier communities.

D8: Environment & Health Strategic Workshops

16.00 Wednesday 3 October 2018

16.00 – 16.30: Break, Waterfront Hall

16.30 Wednesday 3 October 2018

Parallel Sessions E

16.30-18.00 Learning through practice E1: Investing in early years: collaborating for better outcomes for children	16.30-18.00 Learning through practice E2: Making co-design real: improving people's lives or still a challenge	16.30-18.00 Learning through practice E3: Participation, inclusion and community for healthy places	16.30-18.00 Learning through practice E4: Living well with dementia: inclusive responses
16.30-18.00 Learning through practice E5: Natural capital: promoting environmental sustainability	16.30-18.00 Learning through practice E6: Capacity & skills to reduce inequalities	16.30-18.00 Learning through practice E7: Building resilience: tools & self-help	

Parallel session E: Presenters

Parallel Sessions E - 16.30 – 18.00 Wednesday 3 October 2018

E1: Investing in early years: collaborating for better outcomes for children - Learning Through Practice

Early childhood years are hugely significant in terms of safeguarding a child's health and wellbeing as well as its academic and social development in later life. The quality of the education settings and home learning environments, including the support that parents provide, can have a major impact on the development outcomes of children. Investment in good-quality services for children, parents and carers is therefore of paramount importance for increasing levels of wellbeing.

Abstract 21, Zagreb, Croatia: Dorja Vočanec

Development of early childhood investment policy in Croatia.

Abstract 136, Belfast, Northern Ireland: Roisin McCooey, Kevin Duggan (2 speakers)

Empowering Sure Start families in Northern Ireland – partnership and collaboration makes Sure Start work to give every child the best possible start in life.

Abstract 226, Dublin, Ireland & Belfast, Northern Ireland: Majella McCloskey, Aisling Sheenhan (2 speakers)

Empowering parents and using evidence to improve child and family outcomes in Ireland and Northern Ireland. a US\$200 million investment in early intervention.

E2: Making co-design real: improving people's lives or still a challenge? - Learning Through Practice

Public health systems can often benefit from knowledge and experience that rest within communities as opposed

to health professionals determining the most effective approaches in improving public health outcomes in atypical target groups. The co-design approach enables a wide range of people to make a creative contribution in the formulation of healthcare solutions by acting as ‘experts’ of lived experiences.

*Abstract 168, Setúbal, Portugal: Raquel Levy
Nosso Bairro Nossa Cidade – promoting life conditions in Setúbal’s neighbourhood Bela Vista.*

*Abstract 69, Belfast, Northern Ireland: Sandra McCarry
Supporting the participation of family carers in Belfast – moving beyond the tick box!*

*Abstract 125, Belfast, Northern Ireland: Kathy Martin
Building the Community-Pharmacy Partnership – bringing pharmacy and community together to tackle health inequalities.*

E3: Participation, inclusion and community for healthy places - Learning Through Practice

‘A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.’

The quote above is from the Copenhagen Consensus of Mayors vision ‘Healthier and happier cities for all’ (Feb 2018). In this vision ‘place’ occupies a pivotal role between planet and people; linking human, social and urban development together.

This session allows cities to discuss healthy place-making as mediated by participation, inclusion and community.

*Abstract 232, Oxford, United Kingdom: Azul Strong Corcoran
Barton healthy new town – an asset- and population-based approach providing equal opportunity for good physical and mental health and well-being.*

*Abstract 230, Chapayevsk, Russia: Oleg Sergeyev
Decrease of PYLL-65 after a city remediation programme and throughout Chapaevsk participation in the WHO European Healthy Cities Network.*

*Abstract 335, Bursa, Turkey: Nalan Fidan
Participatory approach to define environmental problems in Bursa and an environment management action plan*

E4: Living well with Dementia: inclusive responses - Learning Through Practice

Dementia prevalence rates are increasing due to a globally ageing population, triggering policymakers to include the provision of supportive and enabling environments for people with dementia into health strategies and programmes. The social and physical environment as well as the design of the care system can support people with dementia and their carers cope better with their condition and improve their quality of life.

*Abstract 94, Turku, Finland: Katarina Kaipainen
Reading messengers and culture godparents.*

*Abstract 300, Manchester, United Kingdom & Belfast, Northern Ireland: Emma Ferguson-Coleman, Alice Johnston, Fiona Brown (3 speakers)
Supporting deaf people living with dementia in Belfast: cultural considerations.*

*Abstract 90, Modena, Italy: Daniele Biagioni
Our House/Ca’ Nostra: an innovative project of home-based health care.*

*Abstract 329, Cambridge, United Kingdom: Stefanie Buckner
Evaluating dementia-friendly cities and communities.*

E5: Natural capital: promoting environmental sustainability - Learning Through Practice

Natural capital can be defined as all the ‘elements of nature that directly and indirectly produce value or benefits to people’ (UK Natural Capital Committee). The relationship between human society and natural spheres is often seen in terms of resources, however, policymakers are becoming acutely aware of the risks involved in depleting our natural environment beyond a limit it can’t recover.

*Abstract 52, Tunbridge Wells, United Kingdom: Luke Engleback
Natural capital health and well-being.*

*Abstract 253, Calgary, Canada: Dylan McLernon
Beehabilitation on spaceship earth.*

*Abstract 269, Jerusalem, Israel: Milka Donchin
Promoting healthy urban nutrition policy – guidelines for implementing a healthy, equitable, sustainable and safe food and nutrition policy.*

E6: Capacity and skills to reduce inequalities - Learning Through Practice

People from deprived backgrounds often suffer disproportionately from urban conditions that impact health and

wellbeing adversely. At the same time, this group of people do not benefit proportionally from interventions that aim to improve public health. Improved knowledge and skill sets can help disadvantaged people to address this gap in healthy living conditions

Abstract 227, Brussels, Belgium: Ingrid Stegeman

The INHERIT project: identifying what works to enable and empower people to behave their way to more environmentally sustainable, healthier and more equitable societies.

Abstract 259, Belfast, Northern Ireland: Anne McCusker

Reducing inequalities: getting results.

Abstract 16, Oslo, Norway & Copenhagen, Denmark: Ingvild Little, Charlotte Iisager Petersen (2 speakers)

Scandinavian partnership to strengthen the soft skills of public health change agents

E7: Building resilience: Tools and self-help - Learning Through Practice

The term 'resilience' refers to a person's capacity to handle difficulties, demands and pressure without experiencing negative effects. Strong social networks and high levels of mental wellbeing generally make people more resilient. The promotion of resilience amongst the population can help to make people less dependent on public health facilities and can therefore help to unburden public health systems.

Abstract 284, Udine, Italy: Stefania Pascut

School and community programmes to reinforce resilience, emotional health and peace.

Abstract 120, Horsens, Denmark: Ingunn Søndergaard Jacobsen

Help to self-help – local based empowerment in Horsens Healthy City.

Abstract 299, Belfast, Northern Ireland: Fiona Murphy, Mandy Cowden

Learning through practice: how can we address loneliness?

Abstract 201, Belfast, Northern Ireland: Helen Poston

Promoting health and well-being in local libraries. Demonstrating how libraries provide people with the support and skills to become part of their community.

19.00 Wednesday 3 October 2018

19.00 – 22.00: Politicians dinner, Malone House

The Right Honourable the Lord Mayor of Belfast, Cllr Deirdre Hargey tbc

Thursday 4 October 2018

7.30 Thursday 4 October 2018

7.15: Breakfast Seminar

Role of the NGO and community sector in Northern Ireland

Presentation: Ms Nora Smith, Chief Office co3 (Third sector)

Panel: Representatives of Social Enterprise, NGOs and Community sectors

8.30 Thursday 4 October 2018

8.30: Harmony Choir, North Belfast Schools

8.45 Thursday 4 October 2018

8.45: Plenary 5: Chair: tbc

Key note & panel

10.00 Thursday 4 October 2018

10.00 – 10.30: Break, Waterfront Hall

10.30 Thursday 4 October 2018

Parallel Session F

10.30 – 12.30 Learning Through Practice F1: Healthy Cities stories: around the world 2	10.30 – 12.30 Learning through practice F2: Entry points for healthy places: Architecture and urban design	10.30 – 12.30 Learning through practice F3: Giving children a voice: successful tools	10.30 – 12.30 Learning through practice F4: Health literacy: a means to improving health outcomes
10.30 – 12.30 Learning through practice F5: Defining indicators: Multisectoral approaches to data collection	10.30 – 12.30 Learning through practice F6: Collaboration: central to developing successful and inclusive city health policies	10.30 – 12.30 Learning through practice F7: Climate Change: risk assessment and positive responses	10.30 -12.30 Training F8: Place Standard Tool Training

Parallel Session F: Presenters

Parallel Sessions F - 10.30 – 12.30 Thursday 4 October 2018

F1: Healthy Cities stories: around the world 2 - Learning Through Practice

Successful Healthy cities have strong political leadership, are centres of good practice and are in a unique position to learn and share knowledge, insight and inspiration in a spirit of solidarity. Healthy Cities share a vision for urban health, that puts people and their health and well-being at the centre of all policies and actions. This is the second session of three sessions that highlight progress and impact that has been achieved as part of the last thirty years of the Healthy Cities programme

Abstract 337, Taipei, Taiwan: Hsien-wen Kuo

The development and achievement of a healthy cities network in Taiwan, China: sharing leadership and partnership building

Abstract 156, Almaty, Kazakhstan: Valikhan Akhmetov; Altyn Aringazina (2 speakers)

Almaty as the initiator of the healthy cities in Kazakhstan

Abstract 92, Samar Elfeky, Cairo, Egypt

The Eastern Mediterranean Regional Healthy City Network, a platform for Multisectoral action for health and well-being

Abstract 341, Belfast, Northern Ireland: Joan Devlin

Belfast: Sustaining and celebrating thirty years of healthy cities

F2: Entry points for healthy places: Architecture and urban design - Learning Through Practice

‘A healthy city leads by example, with the social, physical and cultural environments aligned to create a place that is actively inclusive, and facilitates the pursuit of health and well-being for all.’

The quote above is from the Copenhagen Consensus of Mayors vision 'Healthier and happier cities for all' (Feb 2018). In this vision 'place' occupies a pivotal role between planet and people; linking human, social and urban development together.

This session allows cities to discuss 'place' the concept of 'entry points' in architecture and urban design for healthy places.

*Abstract 126, Bristol, United Kingdom: Marcus Grant
Healthy place-making: finding our strengths.*

*Abstract 157, Belfast, Northern Ireland: Agustina Martire
Streetspace Belfast: a collaborative project for an inclusive and diverse city.*

*Abstract 59, Bristol, United Kingdom: Emily Prestwood
Healthy buildings for a healthy city: is the public health evidence base informing current building policies? The implementation gap in the United Kingdom today.*

*Abstract 200, Bristol, United Kingdom: Louis Rice
Healthy architecture: a conceptual framework for the integration of public health into the architectural profession.*

F3: Giving children a voice: successful tools - Learning Through Practice

Engaging children promotes citizenship and develops ideas that provides the opportunity to develop projects on issues that directly affect their lives and in a way that addresses their needs. Cities use creative methods of engagement including digital tools to develop proposals that will improve the environment, lifestyles and citizenship. Schools play a key role in promoting citizenship.

*Abstract 205, Belfast, Northern Ireland: Chris Karelse
Healthy Places, Healthy Children – a teaching resource to support a child-led, creative approach to designing child friendly places and structured engagement with local decision-makers to affect change*

*Abstract 93, Turku, Finland: Mari Helin, Anri Niskala
A Good Everyday Environment promotes well-being and facilitates encounters*

*Abstract 305, Braga, Portugal: Sameiro Araújo
A City Built by All*

*Abstract 75, Turku, Finland: Karolina Mackiewicz
How to empower children from families with low income to take healthy choices in daily life with digital tools – the EmpowerKids project (Estonia, Latvia, Finland)*

F4: Health Literacy: a means to improving health outcomes - Learning Through Practice

Health literacy is being developed by a number of healthy cities with many of them working to establish health literacy levels amongst various population groups, particularly those that experience inequalities. This session considers the approaches being used; the level of health literacy knowledge amongst professionals and plans in progress to improve health literacy levels.

*Abstract 9, Stavropol, Russian Federation: Karen Amlaev
Project to increasing health literacy*

*Abstract 167, Beijing, China: Lil You
Effect of government-leading healthy city strategy on residents' comprehensive health literacy improvement: evaluation of Luzhou Healthy City in China*

*Abstract 11, Swansea, Wales, United Kingdom: Nina Sunthankar Williams
A call to arms - using the Director of Public Health's annual report to raise awareness of local health literacy and how it can affect health outcomes*

*Abstract 260, Belfast, Northern Ireland, United Kingdom: Anne McCusker
Health Literacy: Making Life Better*

F5: Defining indicators: multisectoral approaches to data collection - Learning Through Practice

The creation of reliable databases lies at the core of any effort to develop informed policy responses to complex societal challenges. The quality and range of the data collected often dictate the effectiveness of indicators adopted as part of public health strategies. Much can be gained from combining quantitative and qualitative datasets that provide information on a range of social determinants of health.

*Abstract 181, Cork, Ireland: Judy Cronin, Denise Cahill
A multisectoral approach to open data – Cork Healthy Cities brings key data providers together to enhance city profile information and data sharing.*

*Abstract 64, Coimbra, Portugal: Angela Freitas
A place-based approach to healthy equity in Lisbon.*

Abstract 27, Istanbul, Turkey: Handan Turkoğlu

Residential environments as a contributor to urban quality of life.

Abstract 295/296, Beijing, China: Yuting Pan, Kaiyuan Min (2 speakers)

Physical activity compliance rate and its relationship with the Healthy City Project: healthy city project evaluation in Luzhou / Satisfaction of the healthy city project and its relationship with subjective well-being: evaluation in Luzhou.

F6: Collaboration: central to developing successful and inclusive city health policies- Learning Through Practice

Strategic city plans are enhanced through the collaboration of sectors from across the city and through engagement with residents. Increased participation in actions being delivered by healthy cities are in evidence when users are enabled to participate in planning processes and in decisions around agreed actions. Implementation of policies to improve health and well-being also require participatory planning.

Abstract 82, Järvenpää, Finland: Tero Seitsonen, Kristina Kariniemi-Örmälä

Good life in Jamppa: collaborative development and communality project in the Jamppa suburb, 2016 – 2017. Implemented by Jamppa residents, the city acting as a platform

Abstract 51, Kadikoy, Turkey: Egecan Erdoğan

Deciphering the link between the political approach and strategic plan and municipal services: the case of the Municipality of Kadikoy

Abstract 46, L'Hospitalet del Llobregat, Spain: Cristina Santón

How to get citizens involved in designing and construction of a healthy city through communication and transversal work

Abstract 166, Győr, Hungary: Maria Miklosyne Bertalanfy

Health development planning and implementation in Győr

F7: Climate Change: risk assessment and positive responses - Learning Through Practice

As the majority of the world's populations live in urban areas, climate change is increasingly a concern with many cities focusing on the development of adaptive response plans to minimise key urban risks, as well as carrying out research with those who experience social and structural inequalities and who are most likely to experience the more negative impacts of climate change. The Mayors Initiative for Energy and Climate Change offers the opportunity for an intersectoral strategy creating healthy, sustainable and resilient environments

Abstract 10, Glasgow, Scotland, United Kingdom: Russell Jones

Weathering change: community resilience in the face of climate change

Abstract 191, Cork, Ireland: Roberta Paranunzio

Urb-ADAPT: assessing vulnerability to climate -related impacts in the Greater Dublin Region based on environmental and socioeconomic data

Abstract 283, Udine, Italy: Stefania Pascut

Promoting sustainability and contrasting climate change in Udine

Abstract 43, Çankaya, Turkey: Gülsün Bor Güner

Building resilient city by empowering women

F8: Place Standard Tool Training

12.30 Thursday 4 October 2018

12.30: Moderated Poster Walk

12.30 – 14.00: Lunch, Waterfront Hall

Universities Meeting tbc

14.00 Thursday 4 October 2018

Parallel Session G

14.00 – 15.30 Strategic Workshop	14.00 – 15.30 Learning through practice	14.00 – 15.30 Learning Through Practice	14.00 – 15.30 Learning through practice
G1: G1: Honing your professional skills: Supporting cities through engaging with healthy city research	G2: Healthy place-making in the face of challenge	G3: Healthy Cities stories: around the world 3	G4: Equity: barriers and innovative approaches with vulnerable groups
14.00 – 15.30 Learning through practice	14.00 – 15.30 Learning through practice	14.00 – 15.30 Meeting	
G5: Influencing the whole life course through setting and place	G6: Building Age Friendly Communities	G7: Place & Health Working Group	

G1: Honing your professional skills: Supporting cities through engaging with healthy city research

G2: Healthy place-making in the face of challenge - Learning Through Practice

The scope of this session will be to explore approaches to health and well-being through place in tough and unusual circumstances to identify good practice; hear from others and review what has worked and why

*Abstract 190, Belfast, Northern Ireland: Mark Hackett
Rebuilding the fractured city and the urban work of Ashton Centre in inner north Belfast.*

*Abstract 236, Turkey: Nuran Zeren Gulersoy
Creating a sustainable settlement in the earthquake-risky area: the case of Eskisehir, Turkey.*

*Abstract 3, Dublin, Ireland: Sile Ginnane
Using a collective, participative citizen-led approach to drive inclusive urban design allowing diverse people to adopt healthy and active modes of transport around their cities*

G3: Healthy Cities stories: around the world 3 - Learning Through Practice

Healthy Cities share a vision for urban health, in which cities put people and their health and well-being at the centre of all their policies and actions. Healthy cities have strong political leadership, are centres of good practice and are in a unique position to learn and share knowledge, insight and inspiration in a spirit of solidarity. This is the first session of three sessions that will highlight the progress that has been achieved as part of the last thirty years of the Healthy Cities programme, but also the challenges.

*Abstract 271, National Network of Sweden: Kerstin Månsson
Mapping the state of the Swedish Healthy Cities Network*

*Abstract 249, Dresden Leibniz Graduate School, Germany & Tongji University, Shanghai, China: Jiaying Lin
Reorient: integrating local campaign with international movement- from patriotic health campaign to healthy city program in Shanghai*

*Abstract 336, Sports University of Tirana, Albania: Qamil Dika
Applying standards of the Healthy Cities project: the case of Albania*

*Abstract 327, Ministry of Health, Muscat, Oman, Nazar Elfaki
Community participation and empowerment: findings from recent evaluation of three healthy cities in the WHO Eastern Mediterranean Region*

G4: Equity: barriers and innovative approaches with vulnerable groups - Learning Through Practice

Improving health outcomes and accessing health care for special groups of people can be challenging but by identifying the needs of these groups of people access can be increased and services delivered in a more appropriate way that will reduce inequities in health. Four case studies demonstrate how this is being achieved.

*Abstract 19, Croatian Healthy Cities Network: Selma Šogorić
Persons with disabilities: challenging health-care system accessibility*

*Abstract 233, Derry & Strabane, Northern Ireland: Louise Boyce
Making life better with access and inclusion in Derry City and Strabane District Council*

*Abstract 22, Zagreb, Croatia: Selma Šogorić
Croatian Healthy Cities Network action research into the needs of single-parent families*

G5: Influencing the whole life course through setting and place - Learning Through Practice

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This session allows cities to discuss 'place' through the lens of the life-course.

*Abstract 65, Coimbra, Portugal: Ângela Freitas
The effects of deprivation on mortality in a densely urban area: a case study of Lisbon*

*Abstract 340, London, United Kingdom: Jon Siddall
The context and complexity of Place: how people and place interact to influence health in urban environments*

*Abstract 186, Melbourne, Australia: Victoria Berquist
Action for Health - engaging youth in building healthy cities.*

G6: Building Age Friendly Communities: Approaches and Tools - Learning Through Practice

Maintaining and enhancing the lives of older people in communities across Europe requires action research to define the needs of older people; intersectoral approaches and intergenerational approaches. Empowering older people within all of these approaches is central to key to building successful age friendly communities.

*Abstract 55, Ballymena, Northern Ireland: Deirdre McCloskey
IMPACTAgewell® - co-producing a community development approach to the health and well-being of older people, led by Mid & East Antrim Agewell Partnership*

*Abstract 4, Newtownards, Northern Ireland: Vicki Titterington
Building an age-friendly age-connected Northern Ireland – age together not apart*

*Geoff Green, WHO Healthy Ageing Temporary Adviser
Creating Age Friendly Environments in Europe: A tool for local policy makers and planners*

15.30 Thursday 4 October 2018

15.30 – 16.00: Break, Waterfront Hall

16.00 Thursday 4 October 2018

16.30 – 18.00: Plenary 6: Official Closing Ceremony
*Mrs Suzanne Wylie, Chief Executive, Belfast City Council tbc
Dr Elizabeth Mitchell, Chair, Belfast 2018 Conference Steering Committee tbc
WHO tbc - Healthy Cities 2024 - Presentation poster Award*

19.00 Thursday 4 October 2018

19.00: Glider to pick up delegates at key stops and travel to Titanic Museum tbc

19.30 Thursday 4 October 2018

19.30 – 23.00: Farewell Reception, Titanic Belfast
*Celtic Dream
McStocker Celli Band*

**WORLD HEALTH ORGANIZATION
INTERNATIONAL
HEALTHY CITIES
CONFERENCE
BELFAST
1st - 4th OCTOBER 2018**

Poster Presentations

Thursday 4 October 2018

PEOPLE

Abstract 8, Stavropol, Russian Federation: Karen Amlaev
Intersectoral project on combating the tobacco epidemic in the Russian Federation

Abstract 12, Belfast, Northern Ireland: Joana Caldeira Fernandes da Silva
A partnership approach to developing Minimum Nutritional Standards for catering for staff and visitors in health and social care settings in Northern Ireland

Abstract 17, Muscat, Oman: Huda Alsiyabi
Community-based initiatives in Oman

Abstract 23, Zagreb, Croatia: Selma Šogorić
Assessing the value of counties' public health capacity-building programme in Croatia

Abstract 30, Bursa, Turkey: Murat Ar
Roma-friendly cities

Abstract 40, Çankaya, Turkey: Nilay Ogultürk
Voluntary HIV testing and counselling centre

Abstract 47, Belfast, Northern Ireland: Caroline Hughes
Action Cancer's Get Fit, Get Healthy: an evaluation

Abstract 48, Çankaya, Turkey: Ethem Torunoğlu
Healthy city, livable city – urban environment and health in the context of environmental ethics

Abstract 78, Belfast, Northern Ireland: Lucy Cochrane
Northern Exposure: a community action-based project designed to tackle the high levels of fuel poverty within Belfast working directly with health professionals

Abstract 86, Modena, Italy: Daniele Biagioni
Mental health in Italian Healthy Cities Network

Abstract 88, Turku, Finland: Hanna Dunning, Iina Lenz
Empowering middle-aged men with past addiction problems through peer group activities to develop skills for social and working life

Abstract 100, Taiwan, China: Jui Ling Yang
Preliminary study of muscle mass and weight loss on health promotion

Abstract 107, Belfast, Northern Ireland, Maresa McGettigan
The ManPowered Project: empowering men with low-risk prostate cancer

Abstract 115, Taiwan, China: Yu Rong Lou
Effectiveness of promoting smoking cessation on community health promotion

Abstract 122, Kuopio, Finland: Marjo Markkanen
Senior citizens as an asset for society – a national project coordinated by Kuopio Community College

Abstract 127, Novi Sad, Serbia: Olja Niciforovic Surkovic
"Understanding my body changes" – sexuality education of primary school children in the City of Novi Sad, Serbia

Abstract 128, Belfast, Northern Ireland: Jenny Dorrans
'Get cooking' ... making the most of your food parcel – a new resource for food bank users

Abstract 149, Belfast, Northern Ireland: Dolores Atkinson
No one left behind – using lifelong learning to create an inclusive and equitable city

Abstract 160, Belfast, Northern Ireland: Maresa McGettigan
Well Aware: successful approaches in cancer prevention for an ageing population

Abstract 174, Kuopio, Finland: Mari Antikainen
A Bayesian model to identify factors associated with custody decisions in social care and child protection

Abstract 189, Riga, Latvia: Nikola Tilgale-Platace
We Are for a Healthy Riga! project – to reduce social and health inequality in Latvia

Abstract 223, Turku, Finland: Johanna Ritvanen
Developing person-centred service guidance for services for older people in south-western Finland

Abstract 228, Glyfada, Greece: Evanthia Evangelou
Implementation of School Social Work Service in the Municipality of Glyfada, Greece: results of a pilot case study

Abstract 237, Belfast, Northern Ireland: Susan Gilchrist
Communicating sustainable food consumption messages: perspectives of professional and consumer organizations

Abstract 240, Belfast, Northern Ireland: Aideen Gildea
Promoting a nurturing approach in primary schools in Northern Ireland: reflections from practice and research

Abstract 275, Çankaya, Turkey: Nilay Ogultürk
We are more beautiful with different colours

Abstract 280, Udine, Italy: Stefania Pascut
Oral health as a proxy for health inequity

Abstract 297, Nea Chalkidona, Greece: Evangelia Tsapatsari
Day care centre for older people of the Municipality of Nea Philadelphia – Nea Chalkidona

Abstract 303, Velikiy Ustyug, Russian Federation: Tatiana Petunina
Social partnership in the healthy cities movement

Abstract 306, Braga, Portugal: Ana Simões
Oral health as a tool for social inclusion in northern Portugal – Braga a Sorrir programme

Abstract 312, Dubrovnik, Croatia: Miho Katicic
Strategy for equalizing opportunities for people with disabilities

Abstract 317, Zagreb, Croatia: Romana Galić
City of Zagreb – local community friendly to older people

Abstract 326, Belfast, Northern Ireland: Mark Tully
Peer-led walking programme to increase physical activity among inactive older adults: Walk with Me pilot randomized controlled trial

PARTICIPATION

Abstract 2, Belfast, Northern Ireland: Mairead Mitchell
Taking engagement to another level

Abstract 15, Belfast, Northern Ireland: Fionnuala Close
Calorie Wise: encouraging the display of calories on menus in Northern Ireland – the Food Standards Agency in partnership with district councils in Northern Ireland

Abstract 31, Vienna, Austria: Ursula Hübel
Healthy ideas for Vienna – a tool for participation

Abstract 89, Turku, Finland: Hanna Dunning, Iina Lenz
Intersectoral cooperation for health and well-being at the local level – how can we build capacity to make it a reality? Practical implementation of health in all policies in the municipalities of the Baltic Sea Region

Abstract 164, Geneva, Switzerland: Jean Simos
Theme cities: a survival guide

Abstract 171, Turku, Finland: Pia Suvivuo
Finland's family centre model – child and family services in the new environments

Abstract 176, Kuopio, Finland: Arto Holopainen
Health communities facing cyber transformation

Abstract 183, Cork, Ireland: Tony Fitzgerald
A Lord Mayor's intervention: consulting schoolchildren on what makes a healthy city

Abstract 204, Belfast, Northern Ireland: Kevin McSorley
Referring people with diabetes to physical activity

Abstract 221, Liverpool, United Kingdom: Sandra Davies
Health in all policies: a systemic approach to implementation at the city level

Abstract 267, Kuopio, Finland: Mirja Wihuri
Local democracy belongs to everybody in Kuopio

Abstract 289, Yarmouk – Kuwait City, Kuwait: Farid Al-Fozan
Yarmouk Healthy City Office: the pivotal point for success

Abstract 310, Riyadh, Saudi Arabia: Mohammed Khashoggi
Twenty years of experience, government sector role, community participation, women's empowerment, different implementation models and learned lessons from healthy cities – Saudi Arabia

Abstract 320, Villa Nueva, Guatemala: Guillermo Hegel
Primary health care, an urban challenge: the experience of Villa Nueva, Guatemala in the process of developing a municipal health policy

PLACE

Abstract 33, Bursa, Turkey: Murat Ar
Evaluation of bicycles as a mode of sustainable transport in Turkey

Abstract 37, Leicester, United Kingdom: Alan Wells
Urban healthy living: satellite-enabled air pollution monitoring and mitigation

Abstract 41, Manchester, United Kingdom
Integrated health hubs in the new health-care economy

Abstract 57, Ascoli Piceno, Italy: Rosalba D'onofrio
Urban planning and health: the community health profile as input for urban design

Abstract 73, Glasgow, United Kingdom: Jonathan Olsen
Urban landscapes, city diversity and quality of life: an objective cross-sectional study of 66 European cities

Abstract 74, Cork, Ireland: Judy Cronin
Lessons learned from a worksite walkability audit

Abstract 91, Kuopio, Finland: Aku Taira
Communal housing contributes to individual and collective well-being, the formation of beneficial social contacts between students and supports the positive progression of academic studies

Abstract 108, Carlisle, United Kingdom: Emma Dixon
Health-integrated urban planning and design

Abstract 117, Dresden, Germany: Freya Trautmann
Participatory creation of walking tours for older people in neighbourhoods – developing and implementing training courses for multipliers

Abstract 133, London, United Kingdom: Amber Morley
London's health check-up: a study into whether town planners can deliver the healthy planning principles outlined in the Draft London Plan

Abstract 137, Belfast, Northern Ireland: Claire McLernon, Gordon Clarke
A fitter future for all – impact of Sustrans active travel behaviour change in schools, workplaces and communities

Abstract 146, Kuopio, Finland: Emilia Rönkkö
Forest preschools in Finland as places of healthy learning

Abstract 148, Kuopio, Finland: Leena Auvinen
An open learning environment provides and increases well-being for everyone in the community Conference theme: place and people

Abstract 150, Leeds, United Kingdom: Becky Robertson
Changing urban green spaces to find win-win interventions to improve biodiversity, ecosystem services and the health of children 0–4 years old

Abstract 153, Glasgow/London, United Kingdom: Alison King
Reducing health inequality by activating residual green space: a Glasgow city case study

Abstract 182, Cork, Ireland: Denise Cahill
PSYCHED: initiating citywide workplace mental health promotion

Abstract 184, Limassol, Cyprus: Daphne Kleopa
Social gradient in health-related features of the neighbourhood environment in Limassol, Cyprus: the Cy-NOTES audit tool

Abstract 231, Belfast, Northern Ireland: Claire Cleland
Healthy Urban Living and Ageing in Place (HULAP): an assessment of older people's physical activity and sedentary behaviour in the social environment

Abstract 235, West Midlands, United Kingdom: Rebecca Willans
Delivering the benchmark for well-being in future high-quality housing growth in the West Midlands

Abstract 272, London, United Kingdom: Emma Hutchinson, Paul Wilkinson
Health impact of home energy efficiency upgrades: evaluation of a pilot scheme in DUBLIN

Abstract 279, Udine, Italy: Stefania Pascut
Assessing home environments and quality of life to prevent falls and promote healthy ageing among older people

Abstract 281, Udine, Italy: Stefania Pascut
Place-making and tactical urbanism to create a culture shift in urban planning

Abstract 339, Dresden, Germany: Peggy Looks
Fit in the Park – physical activity in public spaces

PROSPERITY

Abstract 104, Viana do Castelo, Portugal: Carlota Borges
The Nautical World into Our Schools

Abstract 111, Carlisle, United Kingdom: Darren Crossley
Investing in health and well-being

Abstract 139, Turku, Finland: Tanja Matarma
Effectiveness of a park renovation to improve physical activity and outdoor leisure time – Varissuo Central Park

Abstract 147, Kuopio, Finland: Erkki Soini
Predicted cost-benefit of virtual hospital 2.0 in terms of health-care capacity freed: towards potential economic efficiency with digitization and customer-responsive secondary care services

Abstract 229, Brussels, Belgium: Ingrid Stegeman
The INHERIT project: identifying what works to improve collaboration across sectors to address common societal challenges

Abstract 264, Helsinki, Finland: Sanna Ahonen
Supporting municipalities in using prospective impact assessment of decisions

Abstract 282, Udine, Italy: Stefania Pascut
Promoting social inclusion and physical activity through ethical investments

Abstract 292, Ramat Gan, Israel: Rachel Wilf-Miron
A community-based intervention applying digital technology to create a persuasive urban environment

Abstract 308, Belfast, Northern Ireland: Övgü Pelen Karelse
Sustainable urban regeneration design in Portrush

Abstract 319, Seixal, Portugal: Joaquim Santos
Sovereign debt and population health – the case of Portugal

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Abstract 112, Lolland, Denmark: Peter Sarka
The Municipality of Lolland already fulfils the climate target for 2025

Abstract 322, London, United Kingdom: Anna Mavrogianni
Urban heat vulnerability mapping: working with a London borough to translate research output



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