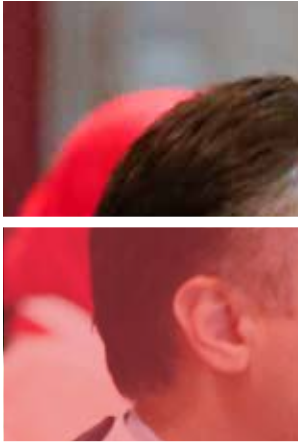


# Multidisciplinary Approaches to Critical Care



**25 January 2016**

Dubai International Convention & Exhibition Centre



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## Highlights

This year's conference is specifically designed to encourage effective teamwork and collaboration in critical care units in the GCC region

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Dear Healthcare Professional,

As the conference Chair, I am pleased to present the official programme for the Multidisciplinary Approaches to Critical Care conference, focusing on increasing the effectiveness of multidisciplinary teamwork to benefit the delivery of patient outcomes.

Although many hospitals in region have a critical care unit, their effectiveness varies. While a strong culture of multidisciplinary approaches to critical care scenarios has demonstrated improvements in patient outcomes, challenges of integration are still a reality in the Middle East.

By defining the vital roles of the critical care team members and presenting evidence of success this conference aims to encourage a more collaborative approach to critical care patients and demonstrate how this can be integrated into existing teams.

This is a must attend event for any critical care professional.

I look forward to meeting you in January.

Yours sincerely,

**Dr Ayesha Almemari**

Conference Chair  
Multidisciplinary Approaches to Critical Care  
Arab Health 2016

PS. Contact our team directly to learn more about our group discounts and early bird rates.

Call **+971 (0) 4 336 7334** or email **ahcongress@informa.com**

### Who should attend?

- Senior consultant
- Senior intensivists
- Nursing staff
- Radiographer
- Physiotherapists
- Dietician
- Medical physics technician
- Domestic staff/porters/assistants
- Physicians

### Key topics:

- Effective Multidisciplinary Critical Care Teams
- Successful Models of Integration in the Region
- Advanced Multidisciplinary Critical Care
- Challenges & Solutions

### Benefits of attending:

- Identify A Reality Model of Successful Multidisciplinary Critical Care in the Region
- Compare active Multidisciplinary Critical Care Team Scenarios
- Debate the Challenges of Integrating Multidisciplinary Critical Care in the Region
- Discuss solutions to Integrating Multidisciplinary Critical Care in the Region

## The Arab Health Congress 2016 Features 20 Conferences

For more information about other conferences, visit [www.ahcongress.com](http://www.ahcongress.com)



### Accreditation statement

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

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# Multidisciplinary Approaches to Critical Care

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**Monday 25<sup>th</sup> January**

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- 08:20 Chairpersons' Opening Remarks**  
Dr Ayesha Almemari, MD, FRCPC MSc (QSHCM),  
Consultant Emergency Medicine and Critical Care, **Mafraq**  
Hospital, Abu Dhabi, UAE
- 08:30 The Critical Care Landscape**  
Dr Musaab Al Ramsi, Consultant Paediatric Intensivist,  
Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE

## SESSION 1: Effective Multidisciplinary Critical Care Teams

- 09:00 The Nurse's role in the MDCC Team**  
Jean Du Plessis, Assistant Director of Nursing, **Mafraq**  
Hospital, Abu Dhabi, UAE
- 09:10 The Clinical Pharmacist's role in the MDCC Team**  
Danya AlMheiri, B.Sc, M.Sc CPIPP, Senior Clinical  
Pharmacist, Pharmacy Manager, **Healthpoint Hospital**,  
Mubadala Healthcare, Abu Dhabi, UAE
- 09:20 The Dietician's role in the MDCC Team**  
Elsa Nel, Senior Dietician, Sheikh Khalifa Medical City,  
Abu Dhabi, UAE
- 09:30 The Physiotherapist's role in the MDCC Team**  
Ahmed Shaban Mahmoud Abd Allah, Senior  
Physiotherapist, CME Coordinator in Rehabilitation  
Department, **Mafraq Ambassador, Mafraq Hospital**,  
Abu Dhabi, UAE
- 09:40 The Respiratory Therapist's role in the MDCC Team**  
Abdulkadir Haji Noorshe, Senior Respiratory Therapist,  
**Mafraq Hospital**, Abu Dhabi, UAE

- 09:50 Discussion: Collaboration and Teamwork to Drive Patient Care**  
Dr Ayesha Almemari, MD, FRCPC MSc (QSHCM),  
Consultant Emergency Medicine and Critical Care, **Mafraq**  
Hospital, Abu Dhabi, UAE
- Jean Du Plessis, Assistant Director of Nursing, **Mafraq**  
Hospital, Abu Dhabi, UAE
- Danya AlMheiri B.Sc, M.Sc CPIPP, Senior Clinical  
Pharmacist, Pharmacy Manager, **Healthpoint Hospital**,  
Mubadala Healthcare, Abu Dhabi, UAE
- Elsa Nel, Senior Dietician, Sheikh Khalifa Medical City,  
Abu Dhabi, UAE
- Ahmed Shaban Mahmoud Abd Allah, Senior  
Physiotherapist, CME Coordinator in Rehabilitation  
Department, **Mafraq Ambassador, Mafraq Hospital**, Abu  
Dhabi, UAE
- Abdulkadir Haji Noorshe, Senior Respiratory Therapist,  
**Mafraq Hospital**, Abu Dhabi, UAE

**10.00 Exhibition Visit and Networking Break**

## SESSION 2: Successful Models of Integration in the Region

- 10.30 ICU Design Considerations for Effective Multidisciplinary Critical Care (MDCC)**  
Dr Fayez Alshamsi, MBBS, ABIM, FRCPC, Assistant  
Professor and Consultant in Internal and Critical Care  
Medicine, Department of Internal Medicine, **College**  
of Medicine & Health Sciences, United Arab Emirates  
University (UAEU), Al Ain, UAE
- 11.00 Defining "Success" in Multidisciplinary Approaches to Critical Care**  
Dr. Abdulaziz S. AlMulaik, MBBS, FRCPC, Emergency  
Medicine, Critical Care Medicine, Head of Medical  
Education Section, Department of Emergency Medicine,  
King Saud University Medical City, King Khalid University  
Hospital, Riyadh, Saudi Arabia
- 11.30 Case Study: A Reality Model of Successful MDCC in the Region**  
Dr Yasser Mandourah, Director ICS, Prince Sultan Military  
Medical City, MOH, Saudi Critical Care Society, Riyadh,  
Saudi Arabia

**12.00 Lunch and Exhibition visit**

# Multidisciplinary Approaches to Critical Care

**Monday 25<sup>th</sup> January (contd.)**

## SESSION 3: Advanced Multidisciplinary Critical Care

- 13.00 ICU Rounds from Conference Room to Bedside**  
Dr Ziad Ghamra, MD, MS ('HQ5), FCCP, Staff Physician, Critical Care Medicine, Respiratory & Critical Care Institute, Cleveland Clinic Abu Dhabi; HealthCare Quality and Patient Safety; Fellow American College of Chest Physicians, Abu Dhabi, UAE
- 13.30 How MDCC Can Make a Difference on the Outcome of Patient Recovery**  
Dr Kalpana Krishnan Reddy, ICU Consultant, SKMC, Abu Dhabi, UAE
- 14.00 Active MDCC Team Scenarios**  
Panel Moderator: Dr Ayesha Almemari, MD, FRCPC MSc (QSHCM), Consultant Emergency Medicine and Critical Care, Mafraq Hospital, Abu Dhabi, UAE  
Panel Members:  
Edith Mattala, Unit Manger CICU, Mafraq Hospital, Abu Dhabi, UAE  
Danya AlMheiri B.Sc, M.Sc CPIPP, Senior Clinical Pharmacist, Pharmacy Manager, Healthpoint Hospital, Mubadala Healthcare, Abu Dhabi, UAE  
Ahmed Shaban Mahmoud Abd Allah, Senior Physiotherapist, CME Coordinator in Rehabilitation Department, Mafraq Ambassador, Mafraq Hospital, Abu Dhabi, UAE  
Abdulkadir Haji Noorshe, Senior Respiratory Therapist, Mafraq Hospital, Abu Dhabi, UAE  
Dr Kalpana Krishnan Reddy, ICU Consultant, SKMC, Abu Dhabi, UAE
- 14.30 Exhibition Visit and Networking Break**

## SESSION 4: Challenges & Solutions

- 15.00 The Challenges of Integrating MDCC in the Region**  
Dr Thamer Nough, Assistant Professor, Trauma Surgery & Adult Critical Care, Department of Surgery, College of Medicine, King Saud University, Riyadh, Saudi Arabia
- 15.30 Solutions to Integrating MDCC**  
Dr Ayesha Almemari, MD, FRCPC MSc (QSHCM), Consultant Emergency Medicine and Critical Care, Mafraq Hospital, Abu Dhabi, UAE
- 16.00 Chairpersons' Closing Remarks**
- 16.15 Close of Conference**



## Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution for all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

### Conference chair:

**Dr Ayesha Almemari**, MD, FRCPC MSc (QSHCM), Consultant Emergency Medicine and Critical Care, **Mafraq Hospital, Abu Dhabi, UAE**

### Activity Directors:

**Dr Michael Rodgers**, Staff Physician in the Respiratory & Critical Care Institute, **Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE**

**Dr Torbjorn Wetterberg**, Consultant Physician in the Respiratory & Critical Care Institute, **Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE**

### Speakers:

**Dr. Abdulaziz S. AlMulaik**, MBBS, FRCPC, Emergency Medicine, Critical Care Medicine, Head of Medical Education Section, Department of Emergency Medicine, **King Saud University Medical City, King Khalid University Hospital, Riyadh, Saudi Arabia**

**Abdulkadir Haji Noorshe**, Senior Respiratory Therapist, **Mafraq Hospital, Abu Dhabi, UAE**

**Ahmed Shaban Mahmoud Abd Allah**, Senior Physiotherapist, CME Coordinator in Rehabilitation Department, **Mafraq Ambassador, Mafraq Hospital, Abu Dhabi, UAE**

**Danya AlMheiri**, B.Sc., M.Sc CPIPP, Senior Clinical Pharmacist, Pharmacy Manager, **Healthpoint Hospital, Mubadala Healthcare, Abu Dhabi, UAE**

**Edith Mattala**, Unit Manger CICU, **Mafraq Hospital, Abu Dhabi, UAE**

**Elsa Nel**, Senior Dietician, **Sheikh Khalifa Medical City, Abu Dhabi, UAE**

**Dr Fayez Alshamsi**, MBBS, ABIM, FRCPC, Assistant Professor and Consultant in Internal and Critical Care Medicine, Department of Internal Medicine, **College of Medicine & Health Sciences, United Arab Emirates University (UAEU), Al Ain, UAE**

**Jean Du Plessis**, Assistant Director of Nursing, **Mafraq Hospital, Abu Dhabi, UAE**

**Dr Kalpana Krishnan Reddy**, ICU Consultant, **SKMC, Abu Dhabi, UAE**

**Dr Musaab Al Ramsi**, Consultant Paediatric Intensivist, **Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE**

**Dr Thamer Nouh**, Assistant Professor, Trauma Surgery & Adult Critical Care, Department of Surgery, College of Medicine, **King Saud University, Riyadh, Saudi Arabia**

**Dr Yasser Mandourah**, Director ICS, **Prince Sultan Military Medical City, MOH, Saudi Critical Care Society, Riyadh, Saudi Arabia**

**Dr Ziad Ghamra**, MD, MS (HQS), FCCP, Staff Physician, Critical Care Medicine, Respiratory & Critical Care Institute, **Cleveland Clinic Abu Dhabi; HealthCare Quality and Patient Safety; Fellow American College of Chest Physicians, Abu Dhabi, UAE**

# Multidisciplinary Approaches to Critical Care

25 January 2016

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| <input type="checkbox"/> Critical Care | 750                                    | 205 | 900                                    | 250 | 1,100                   | 300 |

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