



Lahey Hospital
& Medical Center

DIVISION OF MEDICINE
PRESENTS

Topics in Internal Medicine

October 20 – 22, 2017

The Cliff House
Ogunquit, Maine



Topics in Internal Medicine

October 20 – 22, 2017

Course Director: Bruce Campbell, M.D.

COURSE DESCRIPTION

This program will emphasize new disease management guidelines in various subspecialties; discuss practical issues for primary care providers; provide updates on current trends in internal medicine; and introduce new therapies and information relative to the treatment of patients. Course format will include lectures, question and answer periods, discussions, workshops, and case presentation sessions.

TARGET AUDIENCE

This continuing medical education activity is appropriate for healthcare providers, including physicians, physician assistants, and nurse practitioners in the areas of Primary Care, Family Medicine, Family Practice, General Practice, and Internal Medicine.

EDUCATIONAL OBJECTIVES

This activity addresses the Medical Knowledge and Patient Care ACGME/ABMS competencies.

Upon conclusion of this program participants should be able to:

Evaluate and manage: anxiety disorder; alcohol use disorder; asthma; atrial fibrillation; common rashes; diabetes; erectile dysfunction; menopause.

Review: NOAC's; current treatments for IBD; common retinal problems; Sjogren's disease; urgent care updates; osteoporosis treatment failures; recurrent UTI in women; MGUS.

Identify and understand: what you need to know about Zika; pharmacotherapy and devices for obesity.

Discuss: common causes of anemia; knee and shoulder injuries; influenza and pandemic preparedness; best practices in the management of chronic pain and how to not use opioids; medications with black box warnings.

ACCREDITATION

Lahey Clinic Hospital, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Lahey Clinic Hospital, Inc. designates this live activity for a maximum of 14.25 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF INTERNAL MEDICINE (ABIM) – MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.25 MOC in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.



AMERICAN ASSOCIATION OF NURSE PRACTITIONERS™

This program is pending approval by the American Association of Nurse Practitioners (AANP), and the American Academy of Family Physicians (AAFP).

The Cliff House, Ogunquit, Maine

FRIDAY, OCTOBER 20, 2017

- 12:00 p.m. **Registration**
- 12:45 **Welcome and Introduction**
Moderator: Bruce Campbell, M.D.
- 1:00 **Osteoporosis: Treatment Failures and Drug Holidays**
Mary Beth Hodge, M.D.
- 1:30 **A Practical Guide to the Use of Obesity Pharmacotherapy and Devices**
Amanda Powell, M.D.
- 2:00 **It's Not Just Dry Eyes – An Update on Sjogren's**
S. Christine Kovacs, M.D.
- 2:30 **Anxiety Disorder Treatments in Primary Care**
Patrick Aquino, M.D.
- 3:00 **Panel Discussion**
- 3:15 **Break**
- 3:45 **UTI/Recurrent UTI in Women**
Raffaele Bruno, M.D.
- 4:15 **Don't Ask Me "What's the Matter?" ... Please Ask Me "What Matters to Me"**
Elizabeth Collins, M.D.
This portion of the activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management credit, including .5 credits in end-of-life care.
- 4:45 **Prescribing Medications with Black Box Warnings: Informing Your Patients While Protecting Yourself**
Michael Berarducci, M.D.
This portion of the activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management credit, including .5 credits in effective pain management and prescribing of controlled substances.
- 5:15 **MGUS in Primary Care: When to Worry**
Furha Cossor, M.D.
- 5:45 **Panel Discussion**
- 6:00 **Adjourn and Welcome Reception**

SATURDAY, OCTOBER 21, 2017

- 7:00 a.m. **Registration and Continental Breakfast for Registrants**
- 7:30 **Interesting Case Presentations**
Lahey Internal Medicine Residents:
Dana Kamenetsky, M.D.
Michael Cundiff, M.D.

Moderator: Peter Soderland, M.D.
- 8:00 **Atrial Fibrillation: Update on Management Strategies**
G. Muqtada Chaudhry, M.D.
- 8:30 **NOACs: A Primer**
Mike Levy, M.D.
- 9:00 **Urgent Care Update**
Mark Gendreau, M.D.
- 9:30 **Retina Update for the Internist**
Gregory Blaha, M.D.
- 10:00 **Panel Discussion**
- 10:15 **Break**
- 10:45 **Update in Management of Type 2 Diabetes Mellitus**
Melissa Piech, M.D.
- 11:15 **Female Sexual Health and Menopause Management**
Dina Marie Garcia-Banigan, M.D.
- 11:45 **Erectile Dysfunction: When the Pills Do Not Work, The Hard Facts**
Andrew McCullough, M.D.
- 12:15 p.m. **Influenza and Pandemic Preparedness**
Daniel McQuillen, M.D.
- 12:45 **Panel Discussion**
- 1:00 p.m. **Adjourn**

SUNDAY, OCTOBER 22, 2017

7:00 a.m. **Registration and Continental Breakfast for Registrants**

7:30 **Interesting Case Presentations**
Lahey Internal Medicine Residents:
Dana Kamenetsky, M.D.
Michael Cundiff, M.D.

Moderator: Robert Faust, M.D.

8:00 **IBD: What Primary Care Providers Should Know**
Amy Barto, M.D.

8:30 **Medication Treatments for Alcohol Use Disorder in Primary Care Settings**
David Van Norstrand, M.D., Ph.D.

9:00 **What You Need to Know About ZIKA**
Winnie Ooi, M.D.

9:30 **Asthma Diagnosis and Management**
Nicole Grossman, M.D.

10:00 **Panel Discussion**

10:15 **Break**

WORKSHOP I

10:45

***Workshop 1A**
The Management of Chronic Pain in 2017
An Update on Opioids, Addiction and Evolving Facts
Andrew Kowal, M.D.

**This activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management credit, including .75 credits in effective pain management and prescribing of controlled substances.*

Workshop 1B
What's that Rash?
A Practical Update on Dermatology Diagnosis and Management
Elizabeth Page, M.D.

WORKSHOP II

11:30

Workshop 2A
Evaluation of Common Knee and Shoulder Injuries
Jessica Flynn, M.D.

Workshop 2B
Common Causes of Anemia: What an Internist Needs to Know
Arthur Rabinowitz, M.D.

12:30 p.m. **Adjourn**



LAHEY HOSPITAL & MEDICAL CENTER REGISTRATION

TOPICS IN INTERNAL MEDICINE

October 20 – 22, 2017

Registration Fees: ☐ Physicians \$550
 ☐ Advanced Care Practitioners \$450
 ☐ Residents/Fellows \$200

REGISTER ONLINE:

<https://cmetracker.net/LAHEY/Catalog>

MAIL OR FAX THIS FORM WITH PAYMENT TO:

Lahey Clinic Hospital, Inc.
Continuing Medical Education
41 Mall Road, Burlington, MA 01805
Fax: 781-744-2930

Please print clearly or type all information. (Email confirmations will be sent.)

Name: _____ Degree: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

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PAYMENT BY CHECK:

Must be in U.S. funds payable to: Lahey Clinic Hospital, Inc.

FILL OUT BELOW FOR PAYMENT BY CREDIT CARD ONLY.

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Name as it appears on credit card: _____

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Please contact the Continuing Medical Education Office if you have any special needs that require additional assistance.

There will be a \$50 cancellation fee for all registration cancellations.



LAHEY HOSPITAL & MEDICAL CENTER FACULTY

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Behavioral Medicine



HOTEL ACCOMMODATIONS

Located atop Bald Head Cliff on seventy acres on Maine's scenic south coast between York and Ogunquit, the Cliff House offers breathtaking views of the open Atlantic from every room. Other amenities include an oceanfront labyrinth, a state-of-the-art fitness center, indoor and outdoor pools and whirlpools. Guests can also enjoy walking paths, nearby beaches, sea excursions, golf, shops and lighthouses. Ocean view fine dining features gourmet cuisine based on Maine raised and locally grown products. Close to the shops, restaurants and galleries of Perkins Cove, as well as the Marginal Way, a path winding among the rocky cliffs overlooking the Atlantic Ocean.

A limited number of rooms are reserved at The Cliff House until Sept. 5th at a special group rate for meeting registrants. For reservations, please call the Cliff House directly via phone at 855-210-6901, or online at www.cliffhousemaine.com.

DIRECTIONS TO THE CLIFF HOUSE

591 Shore Road, Cape Neddick, Maine 03902

Directions from the Boston area:

Route 95 North. Cross Piscataqua Bridge into Maine, to York/Ogunquit Exit 7. North on Route 1 for 3.3 miles. Right on River Road for ½ mile, bear left on Old County Road. Left on Shore Road for approx. 3 miles.

Directions from the Hartford area:

Route 84 East to Route 90 East (Mass Pike) to 290 East to 495 North to 95 North. Follow directions above.

Directions from the Portland area:

Maine Turnpike South to Wells Exit 19. Left after toll booth onto Route 109 to Route 1 South to Ogunquit. At center of town, bear left on Shore Road. Go 3 miles.

COURSE INFORMATION

<https://cmetracker.net/LAHEY/Catalog>

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