

Women in Healthcare Leadership Summit

The premier transformative leadership conference to set yourself up for leadership success in Healthcare

FEATURED SPEAKERS



Dr Teresa Anderson
Chief Executive
Sydney Local Health District



Kate Munnings
Chief Operating Officer
Ramsay Health Care



Clare Douglas
Chief Executive
Cairns and Hinterlands Hospital and Health Service



Professor Christine Kilpatrick
Chief Executive
Melbourne Health



Maryann Curry
Chief Nursing Officer Estia Health
Board Member Nursing and
Midwifery Council NSW



Dr Peggy Brown
Chief Executive Officer
National Mental Health Commission



Debra Ritter
Chief Nurse
Healthe Care Australia



Dorothy Vicenzino
Executive Director, Chief Medical Officer and
Healthcare Regulation Branch Prevention Division
Queensland Department of Health



Gayle Smith
Executive Director Quality, Planning and Innovation
and Chief Allied Health Officer
Eastern Health



Garry Sinclair
Chief Superintendent and Deputy Director
Helicopter Retrieval Services
NSW Ambulance



Ilana Halliday
Executive General Manager,
Communication and Strategy
RSL LifeCare



Kylie Bennett
Director of Clinical Services
St Vincent's Private Hospital Lismore



Amanda Smith
Associate Director, Customer Experience
HealthShare NSW



Wendy Rocks
Chief Executive Managing Director
Lutheran Aged Care Albury



Elaine Krek
Founder
Prism Performance



Sheree Paterson
Managing Director
SE Paterson Coaching and Consulting



Maree Burgess
Communication and Change Expert



2018 Theme:
'Leading Through Change'

Pre-Summit Workshop

17 April 2018

Summit

18 & 19 April 2018

Post-Summit Workshop

20 April 2018

Primus Hotel Sydney

Learn to embrace and
manage change

Master essential leadership skills

Network with proven and
aspiring leaders

Become a resilient and
purpose-driven leader



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9.00 - 4.30

Reinforce your resilient self

As someone in the healthcare sector, you've chosen one of the most demanding career paths. As you progress into positions demanding leadership, you will be faced with increasing pressures on your time and workload, responsibility and critical situations. To perform at your best amidst these challenges, you must establish a strong sense of resilience and resolve. It is imperative to be proactive in defining your purpose, managing your stress learning to enhance your Emotional Intelligence to get through tough times.

In this full-day, interactive workshop, our expert facilitator, Sheree Paterson, will draw on her experience in the healthcare sector and share her leadership insights to expand and leverage your Emotional Intelligence, build your resilience and lead with strength and vision to reach peak potential as an effective leader.

Improve your understanding of self and others

- Explore the essential elements of Emotional Intelligence
- Refine your emotional competencies
- Enhance self-awareness and understanding

Lead with Emotional Intelligence and vision

- Embrace empathy and understanding to improve as a leader
- Leverage your Emotional Intelligence in the workplace
- Build leadership traits and strategies to align with your values

Manage stress and promote well-being amidst challenges

- Respond to your vulnerabilities
- Develop a healthy and positive mindset
- Handle constructive feedback in a productive way

Maintain resilience throughout difficult times

- Learn to prioritise your problems and streamline solutions
- Recognise when you need support and identify viable support systems
- Accept imperfection while striving for improvement

Expert Facilitator: Sheree Paterson Managing Director SE Paterson Coaching and Consulting

Sheree has established a strong reputation as a knowledgeable and highly engaging facilitator and coach. She has over 20 years experience working in healthcare organisations in frontline clinician, learning and development and senior management roles. During this time, Sheree gained specialised skills and experience in education, research and development, quality and safety, and cultural transformation. Sheree's extensive experience in the design and delivery of individual, team and organisational development programs in diverse geographical and professional areas means she is adept at shaping her delivery based on the unique needs of the client and context.

Sheree has successfully delivered clinical and health leadership and management programs with executives, clinicians and non-clinicians. She is attuned to the challenges health professionals face in an increasingly complex system. Sheree helps to reframe challenges into opportunities, expand leadership and management practice, and supports wellbeing. She is committed to enabling safe and effective care and a sustainable workforce.

More people? More savings!

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Day One 18 April 2018

2018 Theme: 'Leading Through Change'

This forum explores the challenges you'll face as a leader. You'll learn how to better align your organisation's strategic direction as the Healthcare sector evolves. You'll investigate the future of executive-level leadership and how to drive change in times of uncertainty. You'll also examine the personal and professional changes required to lead teams, influence executives, communicate with key stakeholders and embrace the challenges of senior leadership.

8.30 - 8.55 Registration and Morning Coffee

8.55 - 9.00 Official Welcome and Opening Remarks from the Chair

9.00 - 9.35 OPENING KEYNOTE CASE STUDY



Leading through the eye of the storm

Crises are highly volatile situations. They disrupt stakeholders, threaten positive workplace cultures and strain even the most resilient individuals. Clare will discuss how you must create the best opportunity for your organisation to overcome a crisis and rebuild afterwards.

- Authentic leadership through difficulty
- Establish and communicate core values
- Proactive vs reactionary leadership

Clare Douglas Chief Executive
Cairns and Hinterlands Hospital and Health Service

9.35 - 9.50 Questions and Discussion

9.50 - 10.25 CASE STUDY



Changing the unconscious bias status quo

Although progress is being made across Australia, unconscious bias still plays a role in many of our career experiences. This session delves into how you can take a conscious approach to overcoming and reversing unconscious bias.

- Current and future barriers for women in Healthcare
- Identify and acknowledge your own biases
- Take a conscious approach to overcoming unconscious bias

Dorothy Vicenzino Executive Director, Chief Medical Officer and Healthcare Regulation Branch Prevention Division
Queensland Department of Health

10.25 - 10.40 Questions and Discussion

10.40 - 10.55 Morning Tea



Women in Leadership & Management Australasia

All WILMA Members receive 10% off the Standard Rate
Sign up today at www.wilma.net.au

10.55 - 11.30 EXPERT COMMENTARY



Reframe your leadership with purpose and values

Being a leader means taking on greater responsibility, both to the people you lead and those who rely on your organisation. But what about your personal responsibility to remain authentic and driven by purpose? Who supports you through this challenge? Sheree will explore how you can reframe your leadership goals to increase your effectiveness.

- Define your purpose and key drivers
- Understand healthcare complexities
- Create a culture of shared purpose as a leader

Sheree Paterson Managing Director
SE Paterson Coaching and Consulting

11.30 - 11.45 Questions and Discussion

11.45 - 12.20 CASE STUDY



Making the jump from expert to executive

As you progress through your career, you'll have to step away from technical roles and instead use those experiences to make strategic decisions that affect your entire organisation. Your challenge is to lead strategically without micro-managing teams and individuals.

- Your role in creating a culture of trust
- Make the transition to strategic leadership
- Delegate effectively to increase efficiency

Dr Teresa Anderson Chief Executive
Sydney Local Health District

12.20 - 12.35 Questions and Discussion

12.35 - 1.35 Networking Lunch

1.35 - 2.25 INTERACTIVE PANEL DISCUSSION

Making your work-life balance work

There is no perfect equation or solution to achieve a balanced personal and professional life. Instead, you must be flexible enough to adapt to changing circumstances, plan your time and prioritise what matters most to you. This panel will discuss their experiences maintaining a work-life balance.

- Maintain well-being without compromising ambition
- Manage competing expectations
- Work smarter, not harder

Kate Munnings Chief Operating Officer
Ramsay Health Care

Garry Sinclair Chief Superintendent and Deputy Director Helicopter Retrieval Services
NSW Ambulance

Dr Peggy Brown Chief Executive Officer
National Mental Health Commission

Amanda Smith Associate Director, Customer Experience
HealthShare NSW

2.25 - 3.05 CASE STUDY



Overcoming self-doubt and striving for leadership

Health is primarily a female-dominated sector, yet representation at the top doesn't reflect this. In this session, Illana will explore what may be holding you back and offer advice on identifying and removing the psychological barriers to leadership.

- Recognise perfection as a dangerous illusion
- Understand your individual strengths
- Identify and communicate your personal value

Illana Halliday Executive General Manager, Communication and Strategy
RSL LifeCare

3.05 - 3.15 Questions and Discussion

PLUS TWO WORKSHOPS!

Plus two separately bookable interactive workshops before & after the event



VALUE PLUS DISCOUNT

Receive up to \$400 off registration if you register and pay by 29 November 2017

3.15 - 3.30 **Afternoon Tea**

3.30 - 4.05 **EXPERT COMMENTARY**



Developing your individual strengths-based leadership approach

To achieve leadership success, you need to understand and exhibit your unique strengths. Applying this understanding will improve your results and establish your place as a responsive and efficient leader.

- The principles of strengths-based leadership
- How a strengths-based approach can increase the quality of business and industry
- Utilise your strengths to step up into your desired position

Elaine Krek Founder
Prism Performance

4.05 - 4.20 **Questions and Discussion**

4.20 - 4.30 **Concluding Remarks from the Chair**

NETWORKING RECEPTION

4:30 - 5:30PM

Make the most of your experience,
join us to network over complimentary
canapés and drinks

WHAT PAST ATTENDEES HAVE SAID

A refreshing, inspiring opportunity to
network and learn from other key people
in the industry

Excellent speakers with a good range of
diversity in topic around the central theme
of leadership

Very motivating and applicable personally
and professionally



SUPER SAVER DISCOUNT

Receive up to \$250 off registration if you
register and pay by 24 January 2017

Day Two 19 April 2018

8.30 - 8.55 **Morning Coffee**

8.55 - 9.00 **Opening Remarks from the Chair**

9.00 - 9.45 **OPENING CASE STUDY**

MELBOURNE HEALTH

Building a positive workplace culture

In the demanding Healthcare sector, you must develop a positive workplace culture to drive productivity and results while maintaining cohesion and resilience. Christine will draw on her experience to help you establish the right culture for your organisation.

- Create a culture of staff engagement
- Foster resilience in high-pressure environments
- Build trust, flexibility and creative thinking

Professor Christine Kilpatrick Chief Executive
Melbourne Health

9.45 - 10.00 **Questions and Discussion**

10.00 - 10.45 **CASE STUDY**

easternhealth

Transforming patient safety through clinical leadership

The cornerstone of quality healthcare rests on the ability for health practitioners to treat patients effectively, as well as maintaining and improving safety standards. Gayle will explore how you can empower and transform front-line service delivery to the benefit of all patients.

- Apply quality and safety leadership practices to real-time interactions with patients
- Communicate the value of change
- Translate data into real action

Gayle Smith Executive Director Quality, Planning
and Innovation and Chief Allied Health Officer
Eastern Health

10.45 - 11.00 **Questions and Discussion**

11.00 - 11.15 **Morning Tea**

11.15 - 12.00 **EXPERT COMMENTARY**

MAREE BURGESS

The neuroscience behind our conversations

Robust communication skills are essential to your success as a leader. Being able to communicate across different levels to achieve specific outcomes will distinguish you from your peers.

- Conversational agility
- Overcome conflict
- Do you communicate to empower or disempower?

Maree Burgess Communication and Change
Expert

12.00 - 12.15 **Questions and Discussion**

12.15 - 1.15 **Networking Lunch**

FOLLOW THIS EVENT

Tweet about this event using the hashtag **#WilmaChat**
and **@LiquidLearning** for daily industry updates!



EARLY BIRD DISCOUNT

Receive up to \$150 off registration if you
register and pay by 21 March 2018

1.15 - 2.15

INTERACTIVE PANEL DISCUSSION

Building your support network with mentors and sponsors

Engaging and connecting with suitable mentors and supporters is often crucial to your career success. Genuine mentors and sponsors help develop your leadership potential, and in turn, you too can play a role in developing emerging leaders.

- Put yourself on other's radars
- How to leverage your supporters and mentors
- The logistics of a give/take relationship

Debbra Ritter Chief Nurse
Healthe Care Australia

Kylie Bennett Director of Clinical Services
St Vincent's Private Hospital Lismore

Maryann Curry
Chief Nursing Officer **Estia Health and Nursing**
Board Member **Midwifery Council NSW**

healthcare

St Vincent's
Lismore
More than just a hospital.

Estia Health

NMC
Nursing & Midwifery Council
New South Wales

2.15 - 3.00

CASE STUDY

The changing nature of health and aged care

Change is inevitable. Social, political and technological changes will alter the way you provide health services, and to be successful as a leader, you will have to be comfortable being at the forefront of change. This session will discuss the overall state of health and aged care and how you can become more adept as a leader within it.

- Expectations of leaders in Health and Aged Care
- Share the ownership of innovation
- Strategies to overcome resistance to change and generate buy-in

Wendy Rocks Chief Executive Managing Director
Lutheran Aged Care Albury

Lutheran Aged Care
Albury

3.00 - 3.15

Questions and Discussion

3.15 - 3.30

Afternoon Tea

3.30 - 4.30

INTERACTIVE CLOSING ROUNDTABLE

Embracing challenges to move forward

To conclude this summit, Elaine will lead an interactive session to reflect on the challenges and advice we've spoken about over the previous two days. Get ready to join a discussion and create a plan to move forward in your leadership journey.

- Take responsibility for your leadership journey
- Think outside of your comfort zone
- Embrace and voice your opinions

Elaine Krek Founder
Prism Performance

PRISM
PERFORMANCE
Empowering Leaders

4.30

Concluding Remarks from the Chair and Summit Close

ABOUT THE EVENT

The Australian Healthcare sector is a challenging, changing and unique environment. As a woman, you make up the workforce majority, yet this predominantly female industry does not transcend into executive leadership teams. To follow your ambition and reach the top, you must master the skills necessary to overcome the obstacles holding you back.

The Women in Healthcare Leadership Summit addresses the current and future challenges you will face as you progress. This Summit delves into the many aspects of personal and organisational change, providing practical and proven strategies to overcome the obstacles preventing advancement. Inspirational leaders from across the industry will explore the challenges they've faced and share personal stories of achievement. This event will offer advice and networking opportunities crucial to your success in the pursuit of leadership excellence.

WHO WILL ATTEND

Current Leaders



Aspiring Leaders



Future Leaders



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Post-Summit Workshop

20 April 2018

9.00 - 4.30

Communicate with confidence

When stepping up into leadership, you'll have to come face-to-face with a variety of people, from patients to executives. To be successful, you'll have to develop excellent communication skills, which will assist you in distinguishing the different motivations of stakeholders, increasing your success of a positive outcome from each conversation. Focussing on honing high-level communication skills will increase your influence, make you more persuasive and assist you in standing out from other emerging leaders.

This interactive, full-day workshop will leverage the latest neuroscience research to explore how to refine your lateral leadership skills in order to achieve exceptional outcomes for you and your organisation. This unique program is designed to provide you with conversational skills that will allow you to lead calm conversations, break down barriers and improve engagement within teams and external parties. You'll leave this workshop with practical skills and the motivation required to communicate with confidence, which will make a significant impact both within and beyond your organisation.

Moving away from your comfort zone and towards collaboration

- Create the conditions for collaboration
- Unpack the components of ways of learning
- Recognise and analyse the differences between good and bad conversations

Exploring the neuroscience behind conversations

- Improve your everyday conversations with intelligent conversations
- The neurology behind feeling threatened and how to handle it
- How curiosity and the trusting mindset lead to co-creational conversations

Develop essential conversations skills

- Identify the conversational essentials required for co-creative and trusting conversations
- Practice and apply essential aspects of conversation
- Break bad conversation habits that inhibit progress

Implement your personal communication strategy

- Recognise traditional triggers and blind spots
- Understand your personal circle of influence and concern
- Create an action plan to build better team dynamics and professional behaviours

Expert Facilitator: Maree Burgess Communication and Change Expert

Maree works with leaders, teams and individuals to help them communicate more effectively to get the results they are looking for around engagement, performance and change. Maree is a people, project and change expert who is obsessed with helping other collaborate, work and play well together.

Maree has spent 30 years developing others and helping them bring out their best. She started her diverse career as a registered nurse at a major Melbourne trauma hospital, followed by several senior roles in banking before commencing her consultancy practice in 2003 and now focuses on bringing out the best in others.

Maree has a passion for working with women and building a pipeline of females ready to step up into senior roles. Her book 'The XX Project - Giving women the skills and confidence to step up in the corporate world' was published in 2015.

ALSO AVAILABLE



6TH WOMEN IN PROJECT MANAGEMENT LEADERSHIP SUMMIT

5 - 9 March 2018
Novotel Sydney Central



4TH ANNUAL WOMEN IN OPERATIONS LEADERSHIP SUMMIT

9 - 13 April 2018
Intercontinental Melbourne The Rialto



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