INTERNAL MEDICINE FOR PRIMARY CARE: EMERGENCY MEDICINE/GERIATRICS/INFECTIOUS DISEASE/PULMONOLOGY

Aruba - Hyatt Regency Aruba Resort Spa & Casino
February 25 - 28, 2027

Thursday, February 25, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - **Emergency Med**

Common Office-Based Emergencies

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

8:30 am - 9:30 am - **Emergency Med**

Toxicology Emergencies Commonly Seen in the Office

Patients may walk into the clinic who have taken a toxic substance or drug overdose. It is important to do a detailed history, look for physical clues and determine if the patient has a toxidrome. The presentation will aid in determining who needs to go to emergency room and who can be treated in the office.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Emergency Med**

Approach to the Patient Who Becomes Unstable in the Office

Some patients come to the clinic and become unstable. What needs to be done prior to arrival of the ambulance. This course discusses the evaluation and treatment of unstable patient, initial resuscitation and transfer process.

10:40 am - 11:40 am - **Geriatrics**

Approach to the Geriatric Patient

The demographics of aging and the physiologic changes in the elderly patient; Medication use in the elderly including changes in age-related pharmacokinetics and pharmacodymamics and medication adherence; Review of risky medications often used in elderly patients

11:40 am - 12:40 pm - **Geriatrics**

Heart Failure in Older Adults

Recognition of the high mortality associated with heart failure; Understanding how to diagnose heart failure and the difference between reduced ejection fraction and preserved ejection fraction heart failure; Evidence based treatments available for heart failure

12:40 pm

Session Adjourns

Friday, February 26, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - **Geriatrics**

Urological Disorders in the Older Adult

Review common lower urinary tract symptoms (LUTS) in older adults that may progress to incontinence; Practical approaches to differential diagnoses and management of Stress Incontinence, Overflow Incontinence, and Overactive Bladder (OAB), leading to Urge Incontinence

8:30 am - 9:30 am - **Geriatrics**

Geriatric Cases

Challenging case presentations in geriatrics

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Emergency Med**

Emergency Medicine Cases

Challenging case presentations in office-based emergencies

10:40 am - 11:40 am - **Infectious Diseases**

Respiratory Tract Infections

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

11:40 am - 12:40 pm - **Infectious Diseases**

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

12:40 pm

Session Adjourns

Saturday, February 27, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - **Infectious Diseases**

Genitourinary Infections

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

8:30 am - 9:30 am - **Infectious Diseases**

Infectious Disease Cases

Challenging case presentations in infectious diseases

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Pulmonology**

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

10:40 am - 11:40 am - **Pulmonology**

COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

11:40 am

Session Adjourns

Sunday, February 28, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - **Pulmonology**

Deep Vein Thrombosis & Pulmonary Embolism

Clinical presentation: The great masquerader; diagnostic controversies; acute treatment; chronic therapy and complications; ACCP Guidelines.

8:30 am - 9:30 am - **Pulmonology**

Pulmonology Cases

Challenging case presentations in pulmonology

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- Utilize history and physical exam to determine if a patient has a toxidrome
- Evaluate a patient who becomes unstable in the office and prepare for transport via ambulance
- Utilize case-based learning to develop treatment plans for emergent in-office conditions
- Utilize a comprehensive geriatric assessment to identify potential issues in the elderly patient
- Describe the assessment and evidence-based treatment plans for heart failure (both reduced and preserved ejection fraction) in collaboration with cardiology
- Review common lower urinary tract symptoms (LUTS) that may progress to urinary incontinence, and initiate treatment options
- Utilize case-based learning to develop treatment plans for various geriatric conditions
- List common causative pathogens for various respiratory tract infections
- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Diagnose and manage genitourinary infections
- Utilize case-based learning to develop treatment plans for various infectious diseases
- Diagnose and manage patients with asthma
- Describe the current therapeutic management of COPD
- Diagnose deep vein thrombosis and pulmonary embolism and discuss appropriate therapeutic options
- Utilize case-based learning to develop treatment plans for pulmonology conditions

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

ABIM CME MOC ACCREDITED

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Emergency/Geri/ID/Pulm and deemed it acceptable for up to 16.00 Live AAFP Prescribed credit(s). Term of approval is from 2/25/2027 to 2/28/2027. Physicians should claim only the credit commensurate with the extent of the their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)

Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)

Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.