



British Orthodontic Conference

16-18 September 2021

www.bos.org.uk



BOC
MANCHESTER 2021

Welcome

Dear Colleagues,

Welcome to Manchester!

The last 18 months have been the most challenging time both, professionally and personally, that many of us have ever encountered. We are all hopeful however that with the incredible advances of science we are developing ways of living and managing with the virus and pandemic that has torn our world apart.



The need for quality orthodontics has not gone away, and the demand is higher than ever. Whether that is the impacted canine, or a desire to improve the appearance, the aspiration to seek orthodontic treatment has placed many of us under increased pressure. We should look on this as a positive and embrace the many health improvements both functionally and psychologically we can provide. Additionally, the need to continue professional development and learning is always paramount and the British Orthodontic Conference aims to go some way to fulfil this aspiration. However, a conference is not only about learning – it is also the well-being that comes from meeting colleagues and friends. I am sure I speak on behalf of us all as I relish the time when we can meet, chat, and socialise with friends at the Orthodontic Conference.

The British Orthodontic Conference team have had a busy 18 months organising, cancelling, and re-organising a conference and it is with absolute delight that we welcome you to the 2021 BOC in Manchester on the 16-18 September. We are confident that we will be able to have a live event in September. We know many, many members and speakers will be very keen to come along, listen to a fantastic programme live, visit Manchester, socialise, and meet friends and colleagues again. However, with all the changes that have occurred it would be amiss of us not to plan alternative requirements. Therefore BOC 2021 will be the first ever 'hybrid' conference* that will allow those members and delegates who cannot travel, or overseas delegates, to be able to register and access the BOC lecture programme virtually, as well as attend a virtual trade exhibition and network with colleagues. This will be available to all delegates (whether registering to attend live or remote) to view for up to one month after BOC.

We cannot wait to bring the best conference programme to you including Phil Hammond (Private Eye's M.D., physician, broadcaster, comedian and commentator on health issues) along with the very best of orthodontic speakers. We have brought a theme of 'What I wish I'd known' and also, as is our desire for a conference programme, some great non-orthodontic presentations from the likes of Paul Redmond, Guy Parker and Tina McGuff. All presentations will have relevance towards our everyday working lives. There will also be three parallel sessions: 'Driving Private Practice', 'So you want to know about Orthodontics' for the aspiring orthodontists, and a two-day DCP programme. There is something for all the team!

Welcome

As you would expect we have a fabulous social programme with an amazing Gala night - 'Champagne Supernova' on the Friday at the Albert Hall which will be available for all to attend. And the iconic Manchester Midland Hotel and Conference Centre will be a fitting setting and a warm welcome return to BOC. As always, a big thanks to the Conference Committee and Ann Wright and all the team at BOS HQ for their unending support and enthusiasm.

Finally, it gives me great pleasure to welcome you to our great city of Manchester, and whether you are attending live or streaming in from the comfort of your home or office, I know you will all have a fantastic conference!

David Waring

Chair, Conference and Meetings and Director, Professional Development BOS

** Everyone can book with confidence - if we have to make any changes or move to a purely virtual event, you will be able to get the appropriate refund. We recognise the importance of flexibility when it comes to plans and hope this provides the reassurance our members need.*



The 2021 British Orthodontic Conference Pre-conference course is a joint venture to provide an Orthodontic-Restorative day.

Presentations will be undertaken by Orthodontic and Restorative dentists discussing the diagnosis and management of complex orthodontic/restorative cases especially in relation to hypodontia. The afternoon session will involve break out groups for hands-on seminar teaching sessions. This will be small group teaching looking at particular cases and discussing the treatment planning from both the orthodontic and restorative aspects. There will be ample opportunity to discuss particular issues with a team of specialists regarding participants' own cases from practice or hospital. Previous courses have received excellent feedback and delegates returned with updated knowledge regarding the management of these difficult cases.

The day will be of interest to orthodontics and restorative specialist practitioners, hospital consultants, GDPs undertaking this type of treatment and both orthodontic and restorative trainees. The course will be limited to 60 participants to enable an adequate hands-on teaching experience.

Lancaster Theatre, Midland Hotel

Registration 9.00 a.m. Programme 9.25 a.m. to 4.30 p.m. (Timing is subject to confirmation)

Orthodontic Restorative Teamwork

Chair: Richard Needham

- 09.25 **Welcome from David Waring, BOC Chair**
- 09.30 **Mariyah Nazir/Martin Ashley** MDT journey, Missing incisors
- 11.00 Coffee
- 11.30 **Jayne Harrison/Johanna Leven** Missing pre-molars
- 13.00 Lunch
- 13.45 **Case based discussions (round table) ROTATION:**
 - Martin Ashley/Susi Caldwell
 - Julian Satterthwaite/Mariyah Nazir
 - Madeleine Storey/Carly Taylor
 - Jayne Harrison/Johanna Leven

Presentation of cases (Alexandra Suite) Richard Needham

- 15.00 Coffee
- 15.30 **Case based discussions (round table) ROTATION**
- 16.15 Q & A
- 16.30 Close

Programme subject to change as circumstances demand

Session 1: Main Scientific Programme**UTG Research Session**

NHS Commissioning session runs in parallel, start time 09.30

09.30 UTG Session – Short Presentations

11.00 Coffee and Exhibition

Session 2: Main Scientific Programme**11.30 Caroline Wilkinson**

Facial depiction from human remains – uses within forensic identification and archaeological investigation.

12.15 Padhraig Fleming/Pratik Sharma - Chapman Prize 2020

'Prescription of full- or part-time Twin Block wear: A randomised controlled trial and qualitative evaluation'

12.45 Lunch and Exhibition

Session 3: Main Scientific Programme**13.45 Simon Littlewood**

Retention – science, clinical tips and comedy disasters

14.25 Grant McIntyre

COVID: Conquest of a Vicious Infective Disease

15.00 Coffee and Exhibition

Session 4: Main Scientific Programme**15.30 Claire Stevens**

Can we really have it all? The lessons I've learnt along the way and my hopes for the profession

16.00 Sarah Good

Things I have learned from hanging out with the kids

16.30 Esfandiar Modjahedpour

From diagnosis to retention. Is it clinically that easy?

17.00 Close

Programme subject to change as circumstances demand



To keep this session topical, the programme will not be published until nearer the time of the Conference

09.30 NHS Commissioning Session - Part 1

11.00 Coffee and Exhibition

11.30 NHS Commissioning Session - Part 2

12.45 Lunch and exhibition

Skill Clinics for Orthodontists

Thursday 16/Friday 17 September

Thursday

- 14.00 – 15.30 **David Spary and Emile Habib**
Wire Bending
- 14.00 – 15.30 **Richard Cousley**
Mini-implants for Molar Distalisation

Friday

- 11.00 – 12.30 **David Spary and Emile Habib**
Wire Bending
- 11.00 – 12.30 **Robbie Lawson**
Lingual Orthodontics: Tips and Tricks
- 14.00 – 15.30 **Ama Johal**
Mandibular Advancement Splints in Sleep Apnoea
- 14.00 – 15.30 **Badri Thiruvengkatachari and Maria McNally**
Forsus for Class II Correction

Programme subject to change as circumstances demand

Session 5: Main Scientific Programme

09.00 **Susan Kindelan/Claire Rooney**

Paediatric dental trauma and orthodontics - what I wish I'd known

09.40 **Ian Dunn**

Are we heading into a recession - periodontal considerations in orthodontic management

10.05 **John Scholey**

Canines - what I wish I'd known

10.30 Coffee and Exhibition

Session 6: Main Scientific Programme

11.00 **Lucy Davenport-Jones**

Orthognathic surgery - what I wish I'd known

11.30 **Anshu Sood**

Digital Orthodontics - how practice has changed?

12.00 **Jonathan Sandler - Northcroft Memorial Lecture**

And all the roads we have to walk are winding

12.40 Lunch and Exhibition

Session 7: Main Scientific Programme

13.40 **Guy Parker**

Advertising standards in the digital age; making your advertising responsible

14.15 **Paul Redmond**

Managing, motivating and engaging multi-generational teams

15.00 Coffee and Exhibition

Session 8: Main Scientific Programme

15.30 **David Waring**

Welcome to the BOC

15.40 **Simon Carley**

Did evidence-based medicine die in the pandemic?

16.25 **Phil Hammond**

The art of living when you know you're going to die

17.10 Close

Programme subject to change as circumstances demand



Session 9: Main Scientific Programme

- 09.30 **Ama Johal**
Adult orthodontics: lessons learned
- 10.00 **Aliki Tsihlaki - Chapman Prize 2021**
Are we measuring the right things?
- 10.20 **Trevor Hodge**
BOC 2022
- 10.30 Coffee and Exhibition

Session 10: Main Scientific Programme

- 11.00 **Tina McGuff**
Nil by Mouth - Eating Disorders and Oral Care
- 11.40 **Steve Chadwick**
Prizes and Awards
- 12.10 **Nicky Mandall**
Functional appliance treatment: Do long waiting lists really matter? A multicentre RCT
- 12.40 Lunch and Exhibition

Session 11: Main Scientific Programme**Clinical Pearls**

- 13.40 **Preet Bhogal**: All that glistens is gold
- 13.50 **Ian Murphy**: A trick to make the Pontic stick
- 14.00 **Jayne Harrison**: LISA: What she can do for you?
- 14.10 **Mohammed Almuzian**: Harnessing Social Media to market, educate and set up an orthodontic practice
- 14.20 **Safoora Keshtgar**: Use floss to ligate malaligned teeth
- 14.30 **Megan Hatfield**: In praise of the video consultation

Programme subject to change as circumstances demand

Ortho TED session (Technology, Education and Design)

A series of short, dynamic and entertaining talks on a variety of topics

14.40 **TED 1** Karen Juggins

Tbc

14.58 **TED 2** Neil Hillyard

Social listening - what we can learn about marketing orthodontics from patients

15.16 **TED 3** Alix Morgan

Tbc

15.34 **TED 4**

Dental Monitoring

16.00 Close

Programme subject to change as circumstances demand



So you want to know about orthodontics - Friday 17 September

- 09.00 **Jayne Harrison**
2 4 1
- 09.30 **Richard Cousley**
How orthodontics is being transformed by 3D imaging, 3D printing, virtual planning and in-house appliances.
- 10.00 **Sarah Good**
Combining life of practice and hospital consultant post
- 10.30 Coffee and Exhibition
- 11.00 **Sarah Glossop**
Orthodontic Specialist Training - The highs and lows
- 11.30 **John Scholey**
Being a consultant orthodontist, the best of all worlds
- 12.00 JOIN MAIN PROGRAMME

Driving your private practice - Saturday 18 September

- 09.30 **Esfandiar Modjahedpour**
Therapy of Angle Class II cases with fixed appliances
- 10.00 **Guy Deeming**
Don't let the rabbits guard the lettuce: how to disrupt from within to sustain and grow your practice
- 10.30 Coffee and Exhibition
- 11.00 **Neil Hillyard**
Marketing orthodontics - building a stronger brand story
- 11.30 **Megan Hatfield**
The sessional orthodontist. Tips for working in a mixed practice.
- 12.00 JOIN MAIN PROGRAMME



09.00	Petrina Wood Medical Emergencies
09.45	James Darcey The ortho-endodontic interface: when to take the brackets off and when to put them back on!
10.30	Coffee and Exhibition
11.00	Steve Chadwick/Colin Melrose The Class III malocclusion: a puzzle locked in a mystery surrounded by an enigma
11.55	JOIN MAIN PROGAMME
12.00	Jonathan Sandler Northcroft Memorial Lecture And all the roads we have to walk are winding
12.40	Lunch
13.40	Amin Aminian Shazzam! Finishing the ortho-restorative case: conversations to have in the lead up to debond
14.20	Susan Kindelan Safeguarding in Practice - A team approach
15.00	Coffee and Exhibition
15.30	JOIN MAIN PROGRAMME

Skill Clinics for Orthodontic Therapists

Friday 17 September

14.00 – 15.30	Pratik Sharma and Paras Haria <i>Bracket Placement</i>
---------------	--

Saturday 18 September

11.00 – 12.30	Guy Deeming <i>Digital scanning</i>
---------------	---

Programme subject to change as circumstances demand



- 09.30 **Yvonne Dailey**
Overuse of Antibiotics
- 10.00 **Darsh Patel**
Digital ortho by SmartDontics
- 10.30 **Coffee and Exhibition**
- 11.00 **Mariyah Nazir**
Mindfulness in a Mixed-Up Millenium
- 11.30 **Laura Ewbank**
Mind the gap; missing molars and their management
- 12.00 **Chris Baker**
Social Media - What has Covid-19 taught us about communication?
- 12.40 Lunch
- 13.40 JOIN MAIN PROGRAMME

Skill Clinics for Orthodontic Nurses

Saturday 18 September

- 11.00 - 11.45 **Richard Needham**
Photography Workshop
- 11.45 - 12.30 **Richard Needham**
Photography Workshop

Programme subject to change as circumstances demand

Social Programme

The social events this year will be much needed after a year of being apart and there is a change to our previous BOC format.

Thursday - There will be an early drinks reception in the Midland which will finish in time to allow you to book a meal or night out. The hospitality industry in Manchester would really benefit from your support and we would recommend gathering your friends and booking your favourite restaurants and bars early.

Friday - The Gala night is moving to the Friday night where we will be celebrating a "Champagne Supernova" at Manchester's own Albert Hall. This will be complimentary for every delegate at the BOC.

There will be food, drink and later maybe some dancing - we are really hopeful that this will be a wonderful opportunity to see old friends and new.
See you there.



Programme subject to change as circumstances demand



As everyone is aware, it has been an unpredictable year, full of trepidation and the unknown. With this in mind, we are delighted to be delivering the first ever British Orthodontic Conference in both a physical and virtual format.

We are grateful to members, guests and trade supporters for being so accommodating this year. The Midland is a departure from recent conference events which have tended to be held at specialist exhibition centres. When it became clear that Manchester Central would not be available for our 2021 dates (and at the time was being used as a Nightingale hospital), we looked for a feasible alternative. The Midland is a Manchester landmark and icon, rich in history, and we feel sure will be a befitting base for BOC 2021.

We would like to take this opportunity to say a huge thank you to all our sponsors. We could not run a successful British Orthodontic Conference without them. Sponsors include:

Platinum Sponsors:

Align

Gold Sponsors:

American Orthodontics

Ormco

Silver and Bronze Sponsors:

3M

Archform

DB Orthodontics

DD Group

Dentsply Sirona

Dental Monitoring

Dolphin

JJ Thompson

Ortho-Care

Portman

Straumann

TOC

We look forward to welcoming you to Manchester.

Please book accommodation at the Midland Hotel, the HQ hotel, through the BOS office.

The form is available on the BOS website at www.bos.org.uk

Please complete the form and email to the BOS office ann.wright@bos.org.uk

To register for the Conference, visit

<https://www.bos.org.uk/BOC2021>

Early bird rates and team booking end on 23 July.

Programme subject to change as circumstances demand



British Orthodontic Society
Registered Charity No.1073464

12 Bridewell Place London EC4V 6AP
Phone: +44 (0)20 7353 8680 Fax: +44(0)20 7353 8682
Email: ann.wright@bos.org.uk Website: www.bos.org.uk