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Clinical Diabetes & Endocrinology Institute
Grand Hyatt Vail ♦ Vail, Colorado

January 24-27, 2026

This **CME** conference is provided by
Advancing Knowledge in Healthcare in collaboration
with the **Clinical Endocrine Institute**.

Join us IN PERSON for the 61st year of
this outstanding conference!



Register Now!

Questions? Email us at
info@cdei-vail.com

The Clinical Diabetes and Endocrinology Institute's 61st Annual CME Conference will feature a comprehensive program of sessions that address various critical topics, including the evolution of incretins, menopause management, personalized treatment of toxic thyroid nodules, the gut microbiome in obesity and diabetes, the expansion of the pharmacopeia for lipoproteins, sequential therapy of osteoporosis medications, GLP1-based therapies, hyperandrogenism in polycystic ovary syndrome (PCOS) across the lifespan, type 1 diabetes technology, essential knowledge for endocrinologists regarding androgen doping, hyperprolactinemia: differential diagnosis and treatment, and emerging topics in metabolic bone disorders. The esteemed faculty, comprising nationally and internationally recognized experts, will present sessions that incorporate the most recent research findings, clinical insights, and practical clinical recommendations. Additionally, the conference will emphasize the importance of clinical guidelines, ensuring that attendees gain a comprehensive understanding of the field.

TARGET AUDIENCE Endocrinologists, primary care physicians, pharmacists, and other healthcare professionals with an interest in diabetes, endocrinology, and metabolism.

ACCREDITATION & DESIGNATION STATEMENTS

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 18.5 AMA PRA Category 1 Credits for physicians. Credit to be provided for:

ACCME, ACPE, ANCE, AAPA and MOC.

Participants should only claim the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint partnership with AKH Inc., Advancing Knowledge in Healthcare and the Clinical Endocrine Institute. AKH Inc., is accredited through ACCME to provide continuing medical education for physicians, pharmacists and nursing.

ACCOMMODATIONS: Grand Hyatt Vail, Group Room Block information may be found on the website.

2025 CDEI-VAIL COMMITTEE

Co-Chairs

Susan Sherman, MD
Rebecca Adochio, MD

Executive Committee

Bryan Haugen, MD
Cecilia Low Wang, MD

Committee Members

Whitney Goldner, MD
Michael McDermott, MD
Jane Reusch, MD
Micol Rothman, MD
Amy Stanwood, NP



PROGRAM AGENDA*

Saturday, January 24, 2026

7:00 am – 9:50 am / 3:20 pm – 6:30 pm

- The Evolution of Incretins - Current Practice and Future Directions
- Reinterpreting the Women's Health Initiative for Contemporary Menopause Management
- In the Hot Seat: Personalizing the Management of Toxic Thyroid Nodules
- The Gut Microbiome in Obesity and Diabetes - Friend or Foe?
- Highlights from the ATA Thyroid Nodule Guidelines: When to Screen, Sample or Stop
- Expanding the Pharmacopeia for Lipoprotein (a) and Other Disorders of Lipoprotein Metabolism
- Panel - Challenging Bone Cases

6:30 pm – 7:30 pm:

Attendee Reception

Sunday, January 25, 2026

7:10 am – 9:50 am / 3:20 pm – 6:30 pm

- Sequential Therapy of Osteoporosis Medications
- GLP1-based Therapies - Where Does Diabetes Fit In?
- Hyperandrogenism - PCOS Across the Lifespan
- Type 1 Diabetes Technology: Interpretation, Promises and Questions
- Contested Therapeutics for Diabetes in Pregnancy
- Advances in the Pathophysiology and Management of Congenital Adrenal Hyperplasia
- Panel: We Still Have Challenges in Diabetes Management in 2026

Monday, January 26, 2026

7:10 am – 9:50 am / 3:20 pm – 6:30 pm

- What Every Endocrinologist Should Know About Androgen Doping
- Practical Tips for Managing Obesity in 2026
- Endocrine Oncology: How to Handle Endocrine Complications of Oncologic Therapy
- Fracture Liaison Service and Inpatient Zoledronic Acid
- Hyperprolactinemia: Differential Diagnosis and Treatment Implications
- Hot Topics in Metabolic Bone Disease and Imaging
- Panel: E. Chester Ridgway Thyroid Panel

Tuesday, January 27, 2026

7:10 am – 9:50 am

- Premenopausal Osteoporosis
- Thyroid and Parathyroid Dilemmas in Pregnancy—Where Guidelines Stumble
- Artificial Intelligence and Genetic Risk to Improve Thyroid Cancer Diagnosis
- Cardiovascular Risk Stratification in Endocrinology: Case Studies in CV Imaging and Lipid Management

**Titles and Times may be subject to change.*

PROGRAM FACULTY

Richard Auchus, MD

- University of Michigan
- Linda Barbour, MD
- University of Colorado Anschutz Medical Campus
- Daniel Bessesen, MD
- University of Colorado Anschutz Medical Campus
- Melanie Cree, MD
- University of Colorado Anschutz Medical Campus
- David D'Alessio, MD
- Duke University
- Robert Eckel, MD
- University of Colorado Anschutz Medical Campus
- Whitney Goldner, MD
- University of Colorado Anschutz Medical Campus
- Bryan Haugen, MD
- University of Colorado Anschutz Medical Campus
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- Harvard School of Medicine
- Benjamin Leder, MD
- Harvard School of Medicine
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- David Saxon, MD
- University of Colorado Anschutz Medical Campus
- Christine Swanson, MD
- University of Colorado Anschutz Medical Campus
- Valentina Tarasova, MD
- Moffitt Cancer Center
- Magaret Wierman, MD
- University of Colorado Anschutz Medical Campus



Register Now!

Register by October 14
to receive the
Early Bird Rate