

Recovery & Resilience for Patients and Families Impacted by Adversity: Trauma-Informed Care



Presented by the University of Virginia Department of Pediatrics
Provided by the Office of Continuing Medical Education, University of Virginia School of Medicine and University of Virginia School of Nursing Continuing Education

May 23, 2019

**Residence Inn Charlottesville
315 W. Main Street**

Registration is limited to the first 50

Program Description

Recovery & Resilience for Patients and Families Impacted by Adversity: Trauma-Informed Care is a multidisciplinary, interprofessional, continuing education conference designed to help all members of the care team, both clinical and administrative, to recognize the signs and symptoms of trauma in patients, families, and staff. It will teach all members of the care team how to respond by integrating knowledge about trauma into policies and practices, and will seek to actively prevent re-traumatization. This training program will bring together the science of the impact of childhood trauma on the brain with evidence-based strategies to best support families and patients and mitigate the effects of adverse childhood experiences.

Educational Objectives

1. Support greater awareness in the community about the widespread impact of trauma (adverse experiences).
2. Recognize the signs and symptoms of trauma in patients, families, and staff.
3. Incorporate trauma informed responses and practices into community systems and organizations.
4. Seek to actively prevent re-traumatization.
5. Recruit more Trauma Informed Care Network members with a focus on underrepresented disciplines: medical community, police, etc.
6. Prepare a coordinated response to community violence for future use, if needed.

Faculty and Planning Committee List

Diane Pappas, MD, JD

Course Director

Professor of Pediatrics, Director of Child Advocacy
University of Virginia Health System

Deborah Vinton, MD

Medical Director, Department of Emergency Medicine
University of Virginia Health System

Kathryn B. Reid, PhD, RN, FNP-C

Associate Professor of Nursing
University of Virginia Health System

Pamela Lace, MA

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Eugene D. McGahren, MD

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Richard J. Westphal, PhD, RN, FAAN

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Mental Health Systems
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Kathleen Bunch-Meneses, MS

Improvement Portfolio Manager
University of Virginia Health System



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Thursday, May 23, 2019

9:00am – 10:00am	Registration
10:00am – 12:00pm	The N.E.A.R Science Module: Sara Robinson, LPC Neuroscience Epigenetics The ACE Study
12:00pm - 1:00pm	Lunch (on your own)
1:00pm – 2:30pm	Resilience - The Brain States Model: Brain Stem: Survival/Safety Limbic System: Emotional/Connection Pre-frontal Cortex: Executive Function/Learning
2:30pm - 3:45pm	The R.O.L.E.S Module: R ecognize, O bserve, L abel, E lect, S olve Case Review and Discussion
3:45pm - 4:30pm	
4:30pm	Adjourn

Accreditation & Designation Statements

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education, as accredited provider(s), awards **5.5 Hours of Participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to participants who successfully completes this educational activity. The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education maintains a record of participation for six (6) years.

The University of Virginia School of Nursing Continuing Education (SONCE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The University of Virginia SONCE awards **5.5 Contact Hours** for nurses who participate in this educational activity and complete the post activity evaluation.

Confirmation & Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation and EPay receipt. There will be no refunds granted for cancellation or failure to attend this conference. The University of Virginia School of Medicine or the University of Virginia School of Nursing Continuing Education reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant.

Registration

Registration and Payment available online at www.cmevillage.com

- Free for all UVA Faculty and Staff, email Pamela Lace at psl5g@virginia.edu or Kathleen Bunch-Meneses at kb4y@virginia.edu for the discount code
- \$50 for all others
- Registration will close at **midnight on 05/15/19**
- On-site registration \$100
- Free parking on-site
- Breakfast provided until 10:00am
- Coffee and water provided all day

Contact Information

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