



NASHVILLE, TN

## 24th ANNUAL PAOS CONFERENCE

Register online: [www.paos.org/cme](http://www.paos.org/cme)

Physician Assistants in  
Orthopaedic Surgery  
PO Box 10781  
Glendale AZ 85318





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**Secretary:** Karla Frick, MPAS, PA-C  
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### Address:

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### CME Committee

**Chair:** Scott Jolman, DSc, PA-C  
**Co-Chair:** Sarah Bolander, DMSC, PA-C  
**Graphic Design:** Dalan Garcia, MS, PA-C

**Business Manager:** Elizabeth Darr





## PHYSICIAN ASSISTANTS IN ORTHOPAEDIC SURGERY

PAOS acknowledges the following companies for their generous contributions to the PAOS 2024 Annual Meeting

### DIAMOND LEVEL



### GOLD LEVEL



### SILVER LEVEL



### BRONZE LEVEL



### PASSPORT SPONSOR



### EXHIBITORS

Amgen - Orthopaedics  
Arbutus Medical  
Arthrex  
BioAccess  
BioMarin

BioMarin - VOXZOGO  
BRIJ Medical  
Kyowa Kirin  
NCCPA  
Nuance Medical

Orthofix  
Select Medical  
SI-BONE



The 24th Annual Conference of the Physician Assistants in Orthopaedic Surgery (PAOS) is soon arriving and will be taking place in America's Music City, Nashville, TN. Door to door with the Country Music Hall of Fame the conference will be held at the Omni Nashville Hotel. The week will be filled with educational and updated CME lectures combined with multiple workshops for hands on learning. In addition to the quality education that our conference consistently provides, there will be access to the nation's country music history within walking distance.

We will be arranging several symposiums and workshops that allow for in depth knowledge updates in several top orthopaedic topics. We will be recruiting speakers from some of the top medical institutions within the area that includes Vanderbilt University Medical Center. We will also be engaging with other orthopaedic groups that support the local professional and college athletic programs to get up to date orthopaedic knowledge on best practices.

The Omni Nashville is located in the heart of Nashville convenient to the Ryman Auditorium, Music City, Walk of Fame, and many country music museums. One block walking distance from the Omni Nashville is Broadway Street which possesses many good country eateries combined with live music for entertainment. Social events will be available planned through PAOS to provide additional venues for entertainment and access to the town.

**I look forward to our annual conference, visiting the Music City, and meeting up in person with you all.**

**I hope to see you there!**

**Scott R Jolman, D.Sc., PA-C**  
**Chairman, Continuing Medical Education**





## LOCATION

### OMNI NASHVILLE HOTEL – HOUSING BLOCK OPEN

A special discounted room block has been arranged at the Omni Nashville Hotel.

Room Block Rates: \$215 for either single or double room, plus applicable state and local taxes. PAOS guests will receive complimentary guest room internet.

Space is limited at the group rate. Please make your room reservations early. The cutoff date for reserving rooms in the PAOS Room Block is July 30, 2024 or until the Room Block is full.

Rates will be available 3 days prior and 3 days after the Event Dates, subject to availability at the time of reservation.

**The Omni Nashville Hotel**  
**250 Fifth Avenue South**  
**Nashville, Tennessee 37203**  
**Phone: 1-800-THE-OMNI**

With a prime location in downtown, the luxurious Omni Nashville Hotel is seamlessly connected to the Country Music Hall of Fame® and Museum, offering our guests an authentic escape to Music City. Enjoy a multitude of services from the premier Mokara Spa, numerous dining outlets and easy access to the city's best entertainment!

The nearest airport is Nashville International Airport, 6 miles from Omni Nashville Hotel.

Reservation link found at:  
**<https://bookings.omnihotels.com/event/nashville/paos-2024-annual-conference-08302024>**

## LOCATION HIGHLIGHTS

- Country Music Hall of Fame and Museum - connected to hotel lobby
- Ryman Auditorium - .03 miles
- The Johnny Cash Museum - 0.3 miles
- Bicentennial Capitol Mall State Park - 1.0 mile
- Songwriters Hall of Fame - 1.2 miles
- The Adventure Science Center - 1.3 miles
- Vanderbilt University - 2.2 miles
- The Parthenon - 2.3 miles
- Nashville Zoo - 5.3 miles
- Belle Meade - 6.5 miles

## ON-SITE DINING

- Kitchen Notes
- Barlines
- Bob's Steak and Chop House
- Bongo Java Coffee House
- Rooftop Pool Lounge

## ACCREDITATION STATEMENT

This program is provided by Physician Assistants in Orthopaedic Surgery. The program was planned in accordance with AAP's CME Standards for Live Programs and Commercial Support of Live Programs.

This program is not yet approved for CME credit. Conference organizers plan to request **25 Category I CME credits** from the AAPA Review Panel (an additional 11 optional credits will be available through optional workshops or minisessions. The total number of approved credits is yet to be determined. Participants should claim only those hours actually spent participating in the CME activity.

## TO REGISTER ONLINE

Go to: [www.paos.org/events](http://www.paos.org/events)





## CONFERENCE INFORMATION

### TARGET AUDIENCE

The primary target audience of the Physician Assistants in Orthopaedic Surgery Annual Meeting is members and non-members who desire to improve their orthopaedic knowledge and skills

### OVERALL LEARNING OBJECTIVES

Upon completion of the activity, participants will be able to:

1. Examine and apply basic scientific information and technical skills in orthopaedic surgery
2. Update knowledge regarding current evaluation and treatment of commonly encountered orthopaedic conditions
3. Review current practice management including proper coding, reimbursement, and state/national healthcare legislation updates
4. Develop new clinical and technical skills to improve delivery of healthcare to patients seen in an orthopaedic practice

### FACULTY DISCLOSURE

The American Academy of Physician Assistants (AAPA) has implemented a process to identify and resolve conflicts of interest that may exist which might affect the independence and fair balance of an educational activity. All planning committee members, authors and speakers were required to disclose relevant financial relationships with any commercial interest providing support for this program. Potential conflicts of interest were resolved and documented by one or more of the following methods: 1) Altering the individual's financial relationships, 2) Altering the individual's control over content; or 3) Conducting an independent validation of the individual's presentation content. Individuals who refused to or otherwise failed to disclose potential conflicts of interest to the AAPA were disqualified from participation in planning or implementing this CME activity.

### FACULTY

Uzundu Agochukwu, MD  
Mitchell Andreas, PA-C  
Timothy Atkins, PA-C  
Sarah Bolander, DMSc, PA-C  
Bridget Burke, PA-C  
William Carpenter, MD  
Peter Casey, MD  
Robyn Chalupa, PA-C  
Camron Drake Castle, PA-C  
Naikeya Coston, PA-C  
Ashley Dalessandro, PA-C  
Sondra DePalma, DHSC, PA-C  
Aman Dhawan, MD  
Christopher Donaghe, PA-C  
Adrian Donias, PA-C  
Chuck Dowell, PA-C  
John T. Evans, PA-C  
Ginger Holt, MD  
John Huse, PA-C  
Paul Jacob, MD  
Shinje Kang, PA-C  
Katie Kita, OTD, OTR/L  
John Kodosky, PA-C  
Garret Latham, PA-C  
Lance LeClere, MD  
Laura Lewis, PA-C  
Preston Lopez, PA-C  
Jason Lunsford, PA-C  
Dawn Masternick, DPM  
Caitlyn Mooney, MD  
Daniel Moss, PA-C  
Shawn O'Keefe, PA-C  
Nicholas Patterson, PharmD  
Alicia Quella, PhD, MPAS, PA-C  
Vanna Rocchi, DO  
Ryan Rodriguez, PA-C  
David Rogers, PA-C  
Vincent Sciortino, PA-C  
John Slevin, PA-C  
Nicholas Spinuzza, MD  
Daniel Stinner, MD  
Lucas Teske, MD  
Michael Tikson, PA-C  
Joseph Vespe, PA-C  
Brian Wegehaupt, PA-C  
Jerome Wenninger, PA-C



## DAILY SCHEDULE

### SUNDAY, SEPTEMBER 1, 2024

6:00pm-8:00pm **Attendee check-in / Registration**

### MONDAY, SEPTEMBER 2, 2024

7:30am-5:00pm **Check-in/Registration**

NOON-5:00pm **Exhibitor check-in & Set up**

7:30am **GOLF OUTING**

9:00am-12:00pm **Workshop 1a: Basics of Radiograph Interpretation**

8:00am-12:00pm **Workshop 2a: Introduction to Graft Preparation**

8:00am-12:00pm **Workshop 3a: Basic Fracture Fixation and Plating Principles**

8:00am-12:00pm & 1:30-5:30pm **Workshop 4a & 4b: Introduction to MSK Ultrasound**

8:00am-12:00pm **Workshop 5: Establishing a Practice in Bone Health**

8:00-10:00am & 10:00-12:00pm **Workshop 6a & 6b: Exam of the Spine**

1:30-4:30pm **Workshop 1b: Basics of Radiograph Interpretation**

1:30pm-5:30pm **Workshop 2b: Intermediate Graft Preparation**

1:30pm-5:30pm **Workshop 3b: Advanced Fracture Fixation and Intramedullary Nailing Principles**

1:30pm-5:30pm **Workshop 4c: Advanced Ultrasound Concepts and Procedures**

1:30pm-5:30pm **Workshop 7: Casting & Splinting**

1:30-3:30pm & 3:30-5:30pm **Workshop 8a & 8b: Exam of the Foot/Ankle**

1:30-3:30pm & 3:30-5:30pm **Workshop 9a & 9b: Exam of the Hand/Wrist**

6:00-7:00pm **Minisession 1: A Primer for New PAs – What You Need to Know**

### TUESDAY, SEPTEMBER 3, 2024

7:00am-5:00pm **Registration/Check in**

7:00-8:00am **Continental Breakfast in Exhibit Hall**

7:00am **EXHIBITS OPEN**

7:50-8:00am **Welcome/Opening Remarks**

8:00-9:00am **Open Fracture Management: Where Are We At In 2024? - Daniel Stinner, MD**

9:00-10:00am **Orthobiologics: Stem Cell Therapy and Orthopaedics**

10:00-10:30am **Refreshment Break in Exhibit Hall**

10:30-11:30am **Case Series on the Collaborative Treatment of Hand/Wrist Disorders – Peter Casey, MD/Kathryn Kita, OTD, OTR/L**

11:30-11:45am **Membership Meeting/Update**

11:45am-1:00pm **Non-CME Sponsored Lunch Symposium # 1 Sponsor: JRF Ortho**

11:45am-1:00pm **Non-CME Sponsored Lunch Symposium # 2 Sponsor: Heron Therapeutics**

11:45am-1:00pm **Non-CME Sponsored Lunch Symposium #3: Sponsor: TBD**

1:00-2:00pm **Failed Back Surgery Syndrome - Uzundu Agochukwu, MD**

2:00-3:00pm **Total Hip Arthroplasty, Painful Hip, What to do? - William Carpenter, MD**

3:00-3:30pm **Refreshment Break in Exhibit Hall**

3:30-4:00 pm **Maximizing Coding Strategies in Clinic**

4:00-5:00pm **Are You Ready for a Total Shoulder? – Lucas Teske, MD**

5:00-7:00pm **WELCOME RECEPTION in Exhibit Hall**



## DAILY SCHEDULE

### WEDNESDAY, SEPTEMBER 4, 2024

|               |                                                                             |
|---------------|-----------------------------------------------------------------------------|
| 7:00-8:00am   | <b>Continental Breakfast in Exhibit Hall</b>                                |
| 8:00-9:00am   | Peroneal Neuropathy: What To Do With It<br>– <i>Nicholas Spinuzza, MD</i>   |
| 9:00-10:00am  | Advancements in the Management of Knee Instability – <i>Aman Dhawan, MD</i> |
| 10:00-10:30am | <b>Final Break in Exhibit Hall</b>                                          |
| 10:30-11:30am | Bone Health: Team Approach –<br><i>Brandon Wegehaupt, PA-C</i>              |

11:30am-1:00pm Non-CME Sponsored Lunch Symposium  
# 1 Sponsor: SI-Bone

11:30am-1:00pm Non-CME Sponsored Lunch Symposium  
# 2 Sponsor: TBD

11:30am-1:00pm Non-CME Sponsored Lunch Symposium  
#3: Sponsor: TBD

|              |                                                                                |
|--------------|--------------------------------------------------------------------------------|
| 12:30-1:00pm | <b>Poster Board Presentations</b>                                              |
| 1:00-2:00pm  | Evaluation and Management of Septic Bursitis – <i>Paul Jacob, MD</i>           |
| 2:00-3:00pm  | NCCPA Updates -<br><i>Alicia Quella, PhD, MPAS, PA-C</i>                       |
| 3:00-4:00pm  | Weight Loss Meds and the Effect of Surgery - <i>Nicholas Patterson, PharmD</i> |

6:00pm-7:30pm Non-CME Sponsored Dinner  
Sponsor: Zimmer Biomet

### THURSDAY, SEPTEMBER 5, 2024

|               |                                                                                        |
|---------------|----------------------------------------------------------------------------------------|
| 6:30-7:30am   | <b>Continental Breakfast</b>                                                           |
| 7:30-8:00am   | <b>Podium Poster Presentation</b>                                                      |
| 8:00-9:00am   | Updates in PA Practice and Reimbursement from AAPA - <i>Sondra DePalma, DHSc, PA-C</i> |
| 9:00-10:00am  | Lumps, Bumps, and Masses: How to Avoid Missing Something Big - <i>Ginger Holt, MD</i>  |
| 10:00-11:00am | Abnormalities of the Spinal Cord: What's Dangerous and What's Not                      |
| 11:00-11:30am | Interpretation of Wrist MRI                                                            |

11:30am-1:00pm Non-CME Sponsored Lunch Symposium  
# 1 Sponsor: Bioventus

11:30am-1:00pm Non-CME Sponsored Lunch Symposium  
# 2 Sponsor: TBD

11:30am-1:00pm Non-CME Sponsored Lunch Symposium  
#3: Sponsor: TBD

|              |                                                                                                          |
|--------------|----------------------------------------------------------------------------------------------------------|
| 12:30-1:00pm | <b>Poster Board Presentations</b>                                                                        |
| 1:00-2:00pm  | Stubborn Plantar Foot Pain: What Can We Do? - <i>Dawn Masternick, DPM</i>                                |
| 2:00-3:00pm  | Patellar Instability in the Adolescent: First time versus Repeat Injuries –<br><i>Caitlyn Mooney, MD</i> |
| 3:00-4:00pm  | Addressing Provider Burnout -<br><i>John Huse, PA-C</i>                                                  |

### MINISESSIONS SESSIONS

4:00-6:00pm Minisession 2: Opportunities for PAs  
Beyond Patient Care

4:00-6:00pm Advanced Wound Closure and Suturing  
(non CME) - Sponsored by Ethicon

### FRIDAY, SEPTEMBER 6

|               |                                                                                        |
|---------------|----------------------------------------------------------------------------------------|
| 7:00-8:00am   | <b>Continental Breakfast</b>                                                           |
| 8:00-9:00am   | Why the name? Fracture Eponyms -<br><i>Sarah Bolander, DMSc, PA-C</i>                  |
| 9:00-10:00    | Evaluation and Management of Wrist Instability                                         |
| 10:00-11:00am | Addressing Hip Dysplasia with PAO -<br><i>Vanna Rocchi, DO</i>                         |
| 11:00-12:00pm | Management of In Season and First Time Shoulder Instability - <i>Lance LeClere, MD</i> |
| 12:00pm       | <b>Closing Remarks/Conference Adjourns</b>                                             |



## GENERAL INFORMATION

### REGISTRATION

Omni Nashville Hotel

Sunday, September 1, 6:00-8:00 pm

Monday, September 2, 7:00 am – 5:00 pm

Tuesday, September 3, 6:30 am – 5:00 pm

Wednesday, September 4, 7:00 am – 4:00 pm

Thursday, September 5, 7:00 am – 4:00 pm

Friday, September 6, 7:00 am – 12:00 pm

### CONTINENTAL BREAKFAST & COFFEE BREAKS

Continental Breakfast and coffee breaks will be held in the Key Ballroom 7-12 on Tuesday, Wednesday, Thursday and Friday.

### DISCLAIMER FOR ALL PROGRAMS

The methods, techniques, and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are on their own, and do not necessarily represent those of the Physician Assistants in Orthopaedic Surgery (PAOS), nor does presentation on the program represent or constitute endorsement or promotion by PAOS.

PAOS expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, and techniques.

### WORKSHOPS AND MINISESSIONS

Attendance at a Workshop or Minisession is by ticket only and are filled on a first come-first serve registration basis.

### HOTEL INFORMATION

**The Omni Nashville Hotel**

**250 Fifth Avenue South**

**Nashville, Tennessee 37203**

**Phone: 1-800-THE-OMNI**

Reservation link found at:

**<https://bookings.omnihotels.com/event/nashville/paos-2024-annual-conference-08302024>**

A special discounted room lock has been arranged at the Omni Nashville Hotel.

**Room Block Rates: \$215** for either a single or double room, plus applicable state and local taxes.

Space is limited at the group rate. Please make your room reservations early.

**HOUSING DEADLINE:** The cut-off date for reserving rooms in the PAOS room block is July 30, 2024, or until the room block is full. Rates will be available 3 days prior and 3 days after the event dates, subject to availability at the time of reservation.

### A ONE-OF-A-KIND NASHVILLE EXPERIENCE

*The key to Music City*

The Omni Nashville Hotel is created specifically to be an authentic expression of the city's vibrant music culture. Across from the Music City Center, this downtown Nashville hotel is a one-of-a-kind experience, fully integrated with an expansion of the Country Music Hall of Fame® and Museum on three levels.

Located on Fifth Avenue between Demonbreun and Korean Veterans Boulevard, Omni Nashville Hotel's design is a modern expression of the city's distinct character, incorporating natural materials, exposed steel and regional limestone. The multi-story hotel and expanded museum share meeting and entertainment space and bring additional restaurants and retail venues to this dynamic destination in downtown Nashville.



## FREQUENTLY ASKED QUESTIONS

### AIRPORT TRANSPORTATION

#### Ride App (Uber / Lyft)

The rideshare pick-up area is located at the Ground Transportation Center (Level 1 of Terminal Garage 2).

#### Taxi Service

There is a flat rate of \$25 to the downtown area, plus an additional passenger charge of \$1.

### PARKING AT THE OMNI

**Valet parking only** - \$69 (overnight parking)

**Self Parking** is available at the Music City Center garage adjacent to the hotel. The garage is located at 701 Demonbreun Street.

0-5 hours \$10.00

5-9 hours \$15.00

9-12 hours \$20.00

12-18 hours \$25.00

Overnight \$35.00

#### Wayfinding App

The new Music City Center mobile app is your personal guide to the Music City Center. Whenever you need help, simply open the app and tell it where you need to go, whether it's the closest restroom or how to get back to the parking garage. The app can pinpoint your location anywhere in the building and provide you with precise, turn-by-turn, photo-based directions to get you where you need to go. Just type in the room or event you are trying to find and the app will lead you there. The new Music City Center Wayfinding App is now available on iTunes and Google Play.

### AVERAGE TEMPERATURE

High – 85°/Low 64°

### ATTIRE

PAOS Conference attire for attendees is business casual. As a reminder, the meeting rooms tend to run cold, so you may want to bring a sweater.

### WILL THERE BE INTERNET ACCESS IN THE CONFERENCE BALLROOM?

There will be internet access in the conference ballroom. However, due to high demand, access may be slow. It is highly suggested that you download conference app and presentations prior to arriving.

### WILL THERE BE A PRINTED SYLLABUS?

THERE WILL BE NO PRINTED SYLLABUS AVAILABLE – ALL INFORMATION WILL BE ON THE EVENT APP

All syllabus information will be made available to attendees one week prior to the conference on the mobile event app. You will be able to print the handouts as desired or load them onto your mobile device. They will be provided in PDF format. Please look for an email from [cme@paos.org](mailto:cme@paos.org) one week prior to the conference with instructions for accessing the Event App.

### HOW DO I PRINT MY CERTIFICATE?

You will be able to view/print/email your CME certificates at the close of the conference. You will also be able to log your CME directly with the NCCPA via the [NCCCPA.net](http://NCCCPA.net) website. Instructions will be provided on the Event App.

### CAN I SIGN UP FOR WORKSHOPS/ MINISESSIONS ONSITE?

Workshops and Minisessions are filled on a first come/first served basis and will fill quickly. Although most optional sessions are filled through the registration process, some spots occasionally open up at the last minute and may be available onsite, but are not guaranteed. We strongly recommend registering for the optional sessions with your initial registration.

